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Arellano University

The Standard



• DECEMBER 2022 • AY 2022 – 2023 • ISSUE 1 •

HIMIG AU HIMIG NATIN

the #ONEARELLANO Virtual Concert 4.0



Featuring
**MOIRA DELA TORRE
KIYO**

with the special participation of AU Talents



30
JULY
2022

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CHIEFS EXPERIENCED AU'S MOST UNFORGETTABLE VIRTUAL CONCERT

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THE STANDARD

JUAN SUMULONG

2600 LEGARDA ST., SAMPALOC, MANILA

DECEMBER, 2022

ARELLANO UNIVERSITY

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Photo Credit: Arellano University Official



Chiefs Experienced AUMMC's Most Unforgettable Virtual Concert

By: Gwenivere Yap and Stephanie Lumongsud

The #OneArellano Virtual Concert 4.0, themed "Himig AU, Himig Natin," was effectively made possible by Arellano University as it featured Ms. Moira Dela Torre; OPM singer-songwriter and Mr. Yukihiro Rubio also known as "KIYO"; a Filipino rapper-songwriter, via Ticket2me website last July 30, 2022 as it had 5 time slots; 12:00 P.M. to 4:00 P.M., 4:00 P.M. - 7:00 P.M., 7:00 P.M. to 10:00 P.M., and lastly, 10:00 P.M. to 1:00 A.M.

The concert was hosted by Ms. Carlette Peronilla of Arellano University - Jose Abad Santos (AU-JAS) Digital Communications Department and their Technical Staff, Mr. Chep Melchor. It formally started with the introduction of Dra. Aurora Franco, the Director of AU in Basic Education for a short message as she welcomed the chiefs to the opening of the new academic year amidst pandemic.

The hosts then showcased Arellano University's minecraft versions of all AU campuses namely; (1) Juan Sumulong, (2) Jose Abad Santos, (3) Andres Bonifacio, (4) Apolinario Mabini, (5) Elisa Esguerra, (6) Jose Rizal, and (7) Plaridel Campus.

After this, selective AU athletes namely, (1) Mr. Jehf Luigi Beñas - Senior Chess Team, (2) Ms. KC Adante - Women's Volleyball, (3) Ms. Thelma Rose Tiangson - Women's Taekwondo, (4) Ms. Nicole Victoria Sasuman - Women's Volleyball,

(5) Mr. Kai Oliva - Men's Senior Basketball, and (6) Ms. Princess Bello - Women's Volleyball, proudly presented the school's quality loud and proud and the value they have benefited from Arellano University.

The event then featured the AU alumni, namely; (1) Mr. Jerome Bustarga from Jose Abad Santos Campus Batch 2022, (2) Mr. David King Escio from Andres Bonifacio Campus Batch 2021, (3) Mr. Kevin Troy Chua from Jose Rizal Campus Batch 2010, (4) Mr. Stuart Scheimer Loriga from Elisa Esguerra Campus Batch 2021, (5) Ms. Neriza Palamos from Plaridel Campus Batch 2022, (6) Ms. Maria Nadine Roman from Juan Sumulong Campus Batch 2022, and (7) Ms. Sharmaine Anne Sabarez from Apolinario Mabini Campus Batch 2022, as they extended appreciation and warm gratitude to their alma mater.

This was followed by the performances of AU Talents; (1) Basta't Maghintay Ka Lamang performed by Ms. Haneul Blue Abalos from Jose Abad Santos Campus, (2) Bicycle Ride performed by Ms. Justin Adrian Steven Garcia from Jose Rizal Campus, (3) Buwan performed by Ms. Jhennie Fe Ochavillo from Apolinario Mabini Campus, (4) Happier performed by Ms. Karanne Reyes from Plaridel Campus, (5) Sumayaw Ka, Piliin Mo Ang Pilipinas performed by Mr. Prince De Angelo A. Pelingon and Mr. Hanz Christiansen A. Pelingon from Juan Sumulong Campus, and lastly, (6) Speechless performed by Ms. Margaux Jiyasmin G. Hernandez from Apolinario Mabini Campus.

The concert officially commenced as Mr. Rubio a.k.a. "KIYO" performed his hit songs from HARANASA album and his collaborated song with Maeshima Soshi, also known as a Japanese artist/band, producer, songwriter, and beat maker; (1) Eba, (2) Nandito Na, (3) No More, (4) Pantalan Pt. 1, (5) Ikaw Lang, and (6) Okay Lang Yan. While the concert was on going, Kiyo then gave the Chiefs an inspirational message and a reminder for them to study well.

Ms. Moira Dela Torre came up next, performing her hit songs from the albums; Malaya, Patawad, Kumpas, and For The Roadies collaborated with December Avenue; (1) Before It Sinks In, (2) Malaya, (3) Kung Di Rin Lang Ikaw, (4) Kumpas, (5) Tagpuan, and (6) Paubaya.

To officially end the AU's Virtual Concert, the OPM artist, Moira Dela Torre gave a meaningful and heartwarming message to the Chiefs as she entered a new season of her life that she didn't expect and plan for.

"We don't need to have all the answers, all the time. Sometimes, the only thing we need to know is that God is with us, that God will never leave us, and that God will never forsake us. And at the end of the day, kapag walang-wala na tayo at kapag ubos na ubos na tayo, at wala tayong direksyon, may Diyos tayo na magsisilbing kumpas natin."

AU Guidance Office launches Stress Management Webinar for Teens

By: Arabella Gwyneth Alilio

The Guidance Office of Arellano University - Juan Sumulong Campus (AUJSC) conducted a webinar entitled, "Stress Management Webinar for Teens" via livestream on their official Facebook page, which was exclusive for the Grade 11 students of AUJSC, last August 8 from 10:00 AM to 12:00 NN.

Ms. Angela M. Macaraeg, Rpm, AUJSC College Guidance Counselor, was the mistress of ceremony as Mr. Daniel John Cariazo, AUJSC Senior High School Principal, delivered the opening remarks. Ms. Macaraeg started with an icebreaker game called Guess the Zoomed Picture, where the winners won 100 pesos GCash prize. The host then introduced the speaker, Mr. Michael U. Jimenez, RPSY, DIPOD. MA CLINPSY.

Highlighting how emotional intelligence is an important skill, Mr. Jimenez discussed the importance of labeling one's emotions to gain better control over them. He indicated that this would help one to become more logical than emotional when facing stressors.

According to him, healthy emotions can only be achieved by having a healthy state of mind

as the mind is responsible for processing what we experience. He stressed the importance of saying "you are what you think," to remember that a healthy mindset can be attained with healthy thoughts despite the new world we live in today.

The speaker then taught the Butterfly Hug Method, an exercise that could trigger parts of the nervous system to bring anxiety down even if one is alone.

At the latter part of the webinar, Mr. Jimenez then proceeded to address the instances when negative feelings become harmful, indicating the need for therapy. He also shared tips on how to know when an individual needs therapy, namely; (1) Sadness interfering with daily living activities, (2) Self-Harming, and (3) Harming Others. He advised that if friends or family feel like this, one must always listen and not bring toxic positivity.

The webinar formally ended as Ms. Donna Rose E. Matubang, RGC, Rpm, AUJSC Senior High School (SHS) Supervising Guidance Counselor, delivered the closing remarks.



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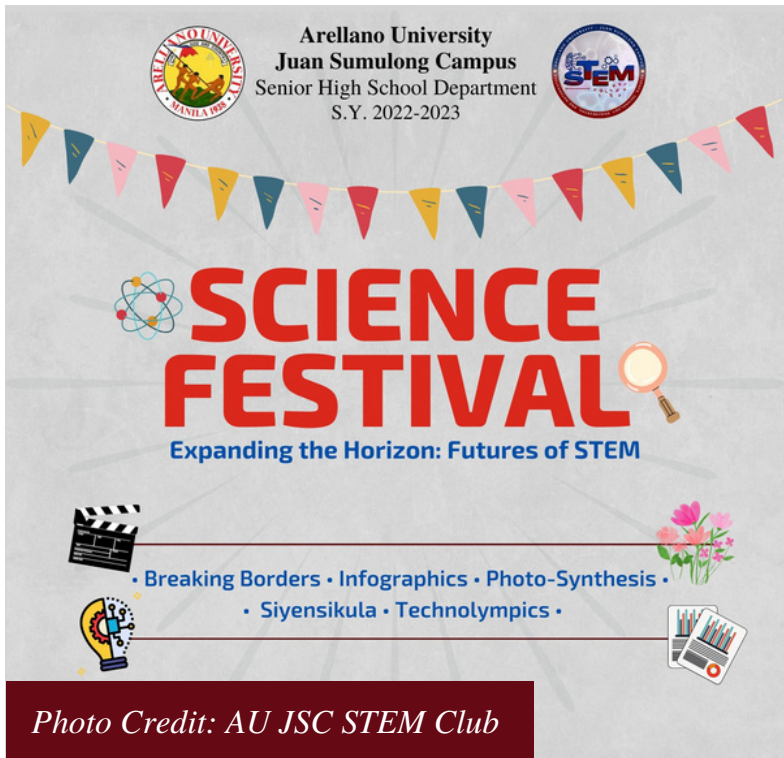
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JSC STEM WEEK: SCIENCE FESTIVAL 2022

By Jazmine Marie G. Agoncillo



The Arellano University - Juan Sumulong Campus (AU-JSC) Senior High School (SHS) celebrated the Science, Technology, Engineering, and Mathematics (STEM) Week with the theme, “*Expanding the Horizon: Futures of STEM*”, attended by STEM Students last October 4 to 7, via Zoom Teleconferencing App.

The Science Festival was organized by the STEM Club with the assistance of the Supreme Student Government (SSG) and AU-JSC SHS STEM teachers.

The four-day event was jump started by a webinar entitled “**Breaking Borders:** Different Branches of Science Webinar last October 4, 2022 with two sessions, 9:00 AM and 1:00 PM. It was hosted by Ms. Chelsie Alessandra

Concepcion, STEM Club Business Manager, along with Ms. Joeline Claire Gonzales, STEM Club Vice President and was formally started by the opening remarks of Mr. Daniel John C. Cariazo, Senior High School (SHS) Principal.

Ms. Gonzales and Ms. Concepcion introduced the first speaker of AM shift, Ms. Mary Grace Dela Cruz, LPT with a topic entitled “Nuclear Power Awareness: A Scholarly Guide”. Ms. Dela Cruz discussed the history of nuclear energy, its role on Earth, its significance to humans, the process of nuclear energy generation, and the advantages and disadvantages of nuclear energy in people’s lives.

The second speaker in the AM shift was Ms. Aiza O. Yang, LPT, MSc. Her presentation is entitled “

STEM Students’ Crusade: Unravelling the Crux of Plant Biotechnology”. Ms. Yang emphasized that biotechnology results in (1) increased crop productivity, (2) enhanced crop protection, (3) improved nutritional value, (4) better flavor, (5) fresher produce, and (6) environmental benefits. Thus, encouraging everyone to support biotech innovations in the Philippines.

The PM portion of the webinar was started with the presentation of Ms. Ma. Andrea Claire the presentation of Ms. Ma. Andrea Claire A. Carvajal, LPT, MSc, entitled “Beyond Eureka Perspective: A Deeper Understanding of STEM Research”. The first topic that the speaker discussed was the scientific method: (1) ask questions, (2) do background research, (3) construct hypotheses, (4) test hypotheses by doing experiments, (5) analyze data, (6) draw conclusions, and (7) report results.

Ms. Carvajal mentioned that topic selection, Review of Related Literature (RRL), data collection, data analysis, interpretation, conclusion and recommendation are the issues and challenges by the STEM Students according to the study of Ms. Roman (2022). She then proceeded with explaining what are basic parts of STEM research, gave some tips on how to do research, and the language and style.

“In choosing a research topic, narrow your general interest into themes and realities that can be searched, transform them into potential research questions, and be specific, interdisciplinary, evidence-based, and significant,” she added.

For the following days, 3 competitions were conducted and were participated by STEM students. Winners are:

EduCreate: An Infographics Competition - October 5, 2022 9:00 AM

Grade 11 Division

- 1st Place: Mr. Vhon Yron D. Roque of 11 - STEM 13A

2nd place: Ms. Marianne Joy R. Galimba of 11 - STEM 10B

- 3rd Place: Ms. Airra Mae B. Caguiao of 11 - STEM 12B

Grade 12 Division

- 1st Place: Ms. Lyca Kim C. Dela Peña of 12 - STEM 1
- 2nd place: Ms. Ily Chrishane A. Capati of 12 - STEM 14A

3rd Place: Ms. Almira Joy D. Diomampo of 12 - STEM 6A

Photo-Synthesis: A Photography and Writing Competition - October 5, 2022 1:00 PM

- 1st Place and Best in Writing: Mr. Chris Jerico T. Lanuza of 11 - STEM 8B
- 2nd Place: Mr. Evan E. Esllera of 12 - STEM 14A
- 3rd Place, Ms. Athena Jamhea Acevedo of 11 - STEM 18A
- Best in Photography, Mr. Edrian F. Gata of 11 - STEM 19A.

Siyensikula: A Film Making Competition - October 6, 2022 1:00 PM

- 1st Place and Best in Original Screenplay: 11 - STEM 1B
- 2nd Place, Best in Poster, Best in Editing, and Best in Cinematography: 12 - STEM 1
- 3rd Place: 12 - STEM 20
- Best Actress, Ms. Marie Tonny M. Casidsid of 12 - STEM 1
- Best Actor, Mr. Rashid Andrew Valdez of 11 - STEM 1B

Technolympics: Quiz Bee - October 7, 2022 9:00 AM and 1:00 PM

Grade 11 Division

- 1st Place: Mr. Dwight A. Ballares of 11 - STEM 3B
- 2nd Place, Ms. Mary Gold Len Egot of 11 - STEM 11B, and Ms. Ma. Louiselle M. Caponpon of 11 - STEM 13

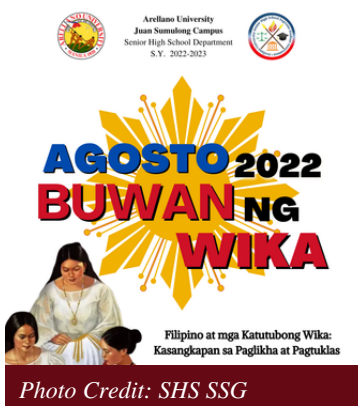
Grade 12 Division

- 1st Place: Mr. John Kennedy C. Quines of 12 - STEM 17
- 2nd Place, Ms. Mia Francine B. Agan of 11 - STEM 9A, and Mr. Eisen Blase Yve L. Puno of 12 - STEM 7.

The Science Festival successfully ended with the closing remarks of Ms. Robis by highlighting, “STEM students, don’t settle with your present success, don’t settle with your limitations. Remember the horizon of the future is limitless, and you, STEM students are the future.”

Chiefs bumida sa Buwan ng Wika 2022

Nina: Jann Patrick T. Jusi at Gwenivere Au Yap



Bilang pagdiriwang sa selebrasyon ng pandaigdigang Buwan ng Wika ngayong taon, naglunsad ang Pamantasang Arellano ng iba’t ibang patimpalak alinsunod sa tema ng Komisyon sa Wikang Filipino (KWF) na “Filipino at mga Katutubong Wika: Kasangkapan sa Paglikha at Pagtuklas”.

at pinamagatang “Masining na Pagbuhay sa Marilag na Katutubong Wika” na idinaos sa pamamagitan ng Zoom Teleconferencing app, Google Meet at Facebook livestream noong ika-31 ng Agosto 2022.

Ibinida rito ang iba’t ibang patimpalak tulad ng (1) Paglikha ng Slogan, (2) Paglikha ng Poster, (3) at Masining na Pagkukwento na pinamunuan ng Arellano University Supreme Student Government (AUSSG) at mga miyembro ng General Academic Strand (GAS) Club.

Nahati ang programa sa dalawang bahagi; Ang unang porsyon ay ang paligsahan sa paglikha ng Poster at Slogan at sa panghuling porsyon naman ay ang Masining na Pagkukwento. Sa unang bahagi ng programa, tampok dito ang mga punong-abala na sina Bb. Permarie

Lacava, Ingat-yaman ng GAS Club, at Bb. Abigail E. Nonod, Business Manager ng GAS Club. Para naman sa huli, pinamunuan ito ni Bb. KC M. Cariaso katuwang ang iba pang miyembro ng AUSSG - Juan Sumulong Campus.

Ang mga sumusunod ang mga nagwagi sa Paglikha ng Slogan.

Baitang 11,

- Kampeon - G. Lans Ivan P. Maaño (STEM 14 B)
- Unang Puwesto - G. Jhun Wayne T. Balongag (SAD 2A)

Ikalawanag Puwesto - Bb. Christine C. Rivera

(ABM 11B)

Baitang 12

- Kampeon - G. Dheniel Nicholson L. Villanueva (ICT 4A)
- Unang Puwesto - Si G. Jake Ronnel M. Banico (HUMSS 12)
- Ikalawang Puwesto - Bb. Cirea Kaizen De Vera (STEM 9A)

Ang mga sumusunod naman ang mga nagwagi sa Pagguhit o Poster Making.

Baitang 11

- Kampeon - Michael Angelo B. Lambino (STEM 4A)
- Unang Puwesto - Bb. April Mae B. Oigoan (ABM 10A)
- Ikalawang Puwesto - Bb. Annalyn Joy L. Inocencio (ICT 3A)

Baitang 12

- Kampeon - G. John Christian G. Miranda (STEM 13)
- Unang Puwesto - Bb. Pauline Ann O. Cabanting (ICT 2)
- Ikalawang Puwesto - Bb. Danica Joy DB. Bacolod (HUMSS 12)

Winakasan ni G. Peejay P. Santiago ang buong programa gamit ang mga katagang, “Isang biyaya kung maituturing ang wika. Sapagkat, ito ay ginagamit natin sa pang araw-araw na buhay. Hindi lamang dapat ito ipinagdiriwang sa Buwan ng Agosto kundi sa araw-araw.”



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As full implementation of face-to-face classes is fast approaching and the threat of diseases such as COVID-19 and Monkeypox remains, the Arellano University Supreme Student Council-Main (AUSSC) held its first-ever webinar for the academic year 2022-2023 entitled “COVID-19 and Monkeypox: Protecting Ourselves from Getting Infected” last September 19, from 9:00 AM - 12:00 PM via Zoom Teleconferencing App, which was also live streamed on their official Facebook page.

Before the program proper, the event hosts, Ms. Pauly Castillo Dumpit — AUSSC Head of Project Committee, and Ms. Mica Justine M. Flores — AUSSC Secretary, reminded Zoom participants regarding the webinar guidelines, followed by an opening prayer, singing of the national anthem, and welcoming remarks by the hosts themselves.

Dr. Teodoro “Ted” Javier Herbosa, M.D., former Philippine Health Undersecretary, former Executive Vice President of the University of the Philippines (UP) System, and the current Chairperson of Emergency Department, College of Medicine, UP - Manila, congratulated the officers of AUSSC for initiating a “very timely” webinar, as he was called upon as the first speaker of the event.

Dr. Herbosa exhibited Inter-Agency Task Force for the Management of Emerging Infectious Diseases’ (IATF-EID) National Action Plan (NAP) against COVID-19, wherein he shared the strategic plans of the government that are anchored on the PDITRM Strategy, which stands for *Prevent, Detect, Isolate, Treat, Reintegrate, and Mainstream* the new normal.

“It’s important to understand how the government [was] able to fight COVID-19 to be able to conduct the national elections and then eventually [resuming] face-to-face classes,” he explained.

He then detailed the key accomplishments of national health facilities wherein 17 out

COVID-19 and Monkeypox Webinar: “The end is almost near”

By Sean Andrei Mendros

17 regions had its own ‘One Hospital Command Center’ which caters several calls per day; Mega Temporary Treatment Facilities (MTTFs) with 18 operational sites that has over 3,000 beds and 40.19% occupancy; a total of 22 Modular Hospitals, which were built by the Department of Public Works and Highways (DPWH) with 455 beds and; public and private hospitals exceeding expectancy rates of bed availability with 36% and 25% respectively.

Community-wise, Local Government Units (LGU) were able to produce over 5,000 isolation facilities with almost 72,000 beds; while DPWH contributed 682 facilities with 26,121 beds; and lastly, the Department of Health (DOH) covered 9,039 facilities with 145,225 beds. In total, there are 106,513 trained contact tracers, with a ratio of 1:969.

“If you remember, for many months, we were always criticized by [our own people by] labeling our pandemic response [a failure]. But little did they know, [the] government and the public sector [really worked hard] to get the vaccines,” he remarked as he cited the Nikkei COVID-19 Recovery Index for May 31, 2021, when the Philippines ranked 33rd globally with a total score of 64.5.

Following President Ferdinand Marcos Jr.’s Executive Order No. 3, which allowed the voluntary wearing of face masks in outdoor settings, Dr. Herbosa encouraged those unvaccinated, senior citizens, persons with comorbidities, and individuals experiencing symptoms to always wear masks. In line with this, he shared three reasons why he wears his mask in public: (1) Humility; (2) Kindness; and (3) Community or the Bayanihan spirit.

To give an update on the current state of the country, he cited a report from Johns Hopkins University, which shows that as of September 17,



2022, the country now has a total of 3.93 million COVID-19 cases after recording an additional 2,167 cases; over 60,000 have died of the disease after tallying 35 more; a total of 168 million doses of COVID vaccines have been administered, resulting in 76.2 million or 66.2 percent of the Philippine population being fully vaccinated.

“The pandemic has not ended. We continue to have a pandemic of [COVID-19 but the end] is almost there,” he said as he ended his first topic.

Moving forward, Dr. Herbosa drew his attention to Monkeypox, a “public health emergency of international concern” as declared by the World Health Organization (WHO) earlier this year. He underlined that it is not yet a pandemic, and this declaration only signals governments around the globe to implement programs that could prevent the transmission of the disease.

“It seems that the smallpox [vaccine]—because it’s related to Monkeypox—[kind of] works for those with Monkeypox. [But] this would be a vaccination [only for] those who are exposed and at risk. So [if] you have HIV, Cancer, you’ll probably need a smallpox vaccine,” he explained.

Dr. Herbosa enumerated the symptoms of Monkeypox, which include: (1) fever for 1 to 3 days before rash, (2) rash appearance, (3) slow rash development, (4) rash distribution where it is denser on the face and present on palms and soles, and (5) presence of Lymphadenopathy. e also disclosed that there is a 10% mortality rate once infected with the disease.

With regards to Monkeypox, the Department of Health (DOH) also reminded the public to practice similar precautionary measures as for COVID-19, such as wearing masks, ensuring good airflow, keeping hands clean, and social distancing, as transmissions are also human-to-human. As of last August 22, there were 4 cases of Monkeypox in the Philippines, where the first three had travel histories while the 4th case, despite having no travel history, authorities have yet to confirm local transmissions as of writing.

Dr. Herbosa emphasized the right of every individual to health by saying, “All Filipinos must have fair, just, and equal access to health care.” In addition, the government, according to him, should also provide ‘good governance’ for the health care system to prosper.

At the end of his discussion, he quoted: “See the forest. Most everyone else will be obsessed with the trees.” After thanking Dr. Herbosa for his lecture, Ms. Dumpit announced that AUSSC would be holding another booster drive in AU Juan Sumulong Campus (JSC) and encouraged everyone to administer booster shots to promote the safety of all AU students.

The hosts then proceeded to the open forum, where Dr. Herbosa answered questions from Zoom participants and Facebook Live viewers. Following this, the Undersecretary of AUSSC, Mr. Jeffry L. Bernades, awarded the Certificate of Appreciation to Dr. Herbosa.

Before heading on to the next speaker, AUSSC Undersecretary, Mr. Bernades, facilitated an icebreaker where participants guessed the word/s that corresponded to the emojis flashed on the screen. The event committee gave a prize to Mr. Robie Andrew Manansala after

answering the first item correctly.

Dr. Fredegusto Guido David, Ph.D., an OCTA Research Fellow, a member of the Advisory Council of Experts, a professor of Mathematics at UP - Diliman, and a Postdoctoral Fellow in Biomedical Engineering at Texas A&M, was introduced as the last speaker of the webinar.

In the first half of his discussion, he presented models showing the trends of COVID-19 cases in the Philippines since 2020. Despite the decrease of cases nationally, Dr. David highlighted the fact that the National Capital Region (NCR), including its neighboring regions, is experiencing an increase in positivity rate.

After this, he showed data from last June to September, stating that the ‘60 and up’ age group tops the percentage of cases with moderate, severe, or critical conditions with 17%, followed by ages 0–4 with 10% and ages 50–59 with 9%. In the same period, the ‘60 and up’ bracket also records the highest number in terms of fatality rate with 5.14%, followed by ages 50–59 with 0.69%.

“This is an indication that [vaccines] are working to help prevent moderate, severe, and critical cases. Because this would be much higher back in 2021,” he explained.

To cap off his discussion, Dr. David shared that the Monkeypox trend in the United States, where the highest number of cases in the world is recorded, has now decreased. With only four recorded cases in the country, he noted that Dengue is “more of a concern” than Monkeypox due to the rainy season.

To formally end the event, Mr. James Andrew L. Monilla, President of AUSSC, expressed his gratitude to all the speakers, officers, and participants for their cooperation in the event as he delivered his closing remarks. “While it is legal not to use facemasks outdoors, we should still be cautious. We should [keep] those masks on in crowded spaces and in places where there is no good ventilation,” he reminded everyone in the latter part of his speech.



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PelikuLOVE, in partnership with the National Commission for Culture & the Arts (NCCA) and Philippine Studies and School of Orient African Studies (SOAS) Centre for the Southeast Asian Studies University of London, tallied over 15,000 attendees including all Arellano University (AU) campuses, Lucrecia R. Kasilag Senior High School (LRKSHS), Pamantasan ng Lungsod ng Maynila (PLM), and Polytechnic University of the Philippines (PUP), as they successfully launched their first ever week-long virtual festival, entitled, 'Shout Out Fest' featuring its theme "Maghayag at Lumikha", last September 19 to 25, via Zoom Teleconferencing app.

The festival kicked off its first day through an opening program with the greetings and remarks of the Festival's Board of Directors, starting with Palanca Hall of Famer and Playwright, Mr. Rodolfo C. Vera, as he expressed his enthusiasm towards the event.

"Finally, matutupad itong Shout Out Festival! As you know, PelikuLOVE is a community of artists that gustong i-develop not only film but also theater and hopefully, music and other performing arts," Mr. Vera said.

This was followed by National Artist for Film and Broadcast Arts & Screenwriter, Mr. Ricardo Lee by sharing his inspirational message.

"Sa kalagayan natin ngayon may sugat ang panahon, may sugat ang lipunan, may sugat tayong lahat. And isa sa mga puwede nating gawin para makatulong na maghilom ang mga sugat na iyon ay mag kuwento." Mr. Lee stated.

Mr. Raffy Tejada, Festival & Program Director of Shout Out Festival, started his speech by stressing that nine new materials had been found. It is not a vaccine, but it has the potential to be a medication and a weapon for our health, mental condition, and consciousness.

"Kaya nga ang sandaling ito ay isang pasasalamat at pagdiriwang 'Shout Out' nakarating tayo sa press-conference, 'Shout Out' at nagbunga ang sipag at pagtitiyaga nating lahat, 'Shout Out' sa ating mga collaborators, mga artista, editors, directors, siyempre sa ating mga mentors at higit sa lahat 'Shout Out' sa siyam nating mga manunulat na



PelikuLOVE: Shoutout Festival

By Feny Denise D. Arellano & Jazmine Marie G. Agoncillo

tampok sa Festival na ito." Mr. Tejada ended his speech.

Mrs. Cristina Martinez-Juan, Professor at the SOAS University of London, emphasized that hopefully they can continue this collaboration, which she thought had been really interesting and seemed like there would be so many opportunities.

For the highlight of the event, the opening program featured the premiere of trailers for the following upcoming films: "Hypertext," "No Trespassing," "When Manananggal Loves a Man," "Libro for Ransom," "Quarantine 5," "How to Make an Effective Campaign Ad," "Ilaw sa Labas ng Tahanan," and "Cooking With Love."

Prior to the showing of chosen entries for SET A and SET B, handpicked independent shorts (Daing) from the regions, universities, and other enrollees were shown, namely: (1) "When Sugar Lost Its Sweetness," directed by Mr. Julius Dela Peña, (2) "My Father is An Astro-Not," directed by Mr. Arjanmar Rebata, (3) "Pamana ni Lola," directed by Mr. Bradley Jason Pantajo, and (4) "Litanya ng mga Pinagpala," directed by Mr. Marc Noesis Marquez.

Later that afternoon, the showing of films for SET A: "Shout Out For Love" took place, starting with (1) "Libro for Ransom" directed by Mr. Rebata and written by Mr. Ralph Morales in collaboration with GIYA studios, followed by, (2) "Cooking with Love" directed by Mr. Delfin Castillo and written by Mrs. Viva Andrada O'Flynn. And lastly, (3) "When Manananggal Loves A Man" was directed by Mr. Neil Arkhe Azcuna and written by Mr. Raymund Barcelona in cooperation with the Integrated Performing Arts Guild (IPAG).

Afterwards, the premiere of SET B: 'Shout Out Xposed' commenced with the films

entitled: (1) "How to make an Effective Campaign Ad" directed by Mr. Roman Perez Jr. and written by Mr. Paul Dela Cruz in association with Pelikula Independent, followed by (2) "Hypertext" written and directed by Mr. Jovi Juan and ended with (3) "Quarantine 5" directed by Mr. Sari Saysay and written by Mr. Andrew Estacio in collaboration with Sining Banwa. On days 3 and 4, Set B was rescreened.

TalkBacks sessions were hosted by Ms. Pamela Ovejas and Ms. Marianne Naño by the end of each set, during which they recognized the students and universities present within the program. This was followed by Question and Answer portions, where the audience and participants were able to ask questions to the respective directors and writers of their films of interest.

The first day of the Shout Out festival ended with the delivered synopsis of Mr. Tejada, carefully summarizing and providing insights for each film.

"Mapupunit 'yan sa pahina ng libro pero 'pag naipasok sa kamalayan niyan, 'yung kasaysayan na alam natin, di 'yan maaaring mawala." he concluded.

For Day 2 of the Shout Out Festival that took place last Tuesday, September 20, a brief summary film was presented to the audience in order to catch up and refresh them on the previous day's happenings.

In light of the start of day 2, independent short films in the 'babala' category were broadcasted, which comprised of (1) "The Faucet Monologue," directed by Mr. Miguel Legazpi, (2) "Game of Thrones: Halalan 2016," directed by PelikuLOVE's intern, (3) "Nostalgia," directed by Ms. RA Almagro, and (4) PelikuLOVE feature "Indigo Child" written by Mr. Vera.

Preceded by SET C: 'Shout out for Truth' with films (1) "No Trespassing," directed by Mr. Dela Peña alongside Ms. Dada Grifon who was the film writer - accompanied by the La Salle Film Society of Bacolod City, (2) "Ang Ilaw sa Labas ng Tahanan," directed by Mr. Benjie Kitay and written by Mr. B. Salvador - in collaboration with Youth Advocates Through Theater Arts (YATTA), and the re-showing of (3) "Libro for Ransom." On days 3 and 6, Set C was rescreened.

Together with the re-showing of 'Indigo Child' and the designated Talk Backs for SET C, the second day of the Shout Out Festival came to a close.

The sharing of clips and videos from the first two days of PelikuLOVE's festival opened the Day 3 of PelikuLOVE's festival, which was then followed by the presentation of the short films under 'Silang Mga Walang Pangalan' with titles: (1) "Transcript from Phone of the Wind," directed by Ms. Jazz Sol, (2) "Pamana ni Lola," directed by Mr. Pantajo, (3) "Palimos," directed by Mr. Roderick Alo, (4) "Independiente," directed by PelikuLOVE intern, and the reshooting of (5) "When Sugar Lost Its Sweetness," directed by Mr. Julius Dela Peña.

The set of Talkbacks commenced with hosts Ms. Ovejas and Ms. Naño alongside the guest speakers for SET B and Set C films, which marked the end of Day 3 of the Shout Out Fest.

Day 4 of the festival begins with the pre-recordings prior to the first three days of the event, followed by the short films in 'Pag-Angkop' category including (1) "Ilihan at Kalingaw," directed by Mr. Juan Castillo, (2) "Ikaw at ang Bangkang Papelc" directed by Mr. Mark Lazatin, (3) "143," directed by Mr. Marquez, (4) "My Father is An Astro-Not," directed by Mr. Rebata, and (5) "When

Sugar Lost Its Sweetness," directed by Mr. Dela Peña.

Succeeded by the Learning Sessions for theater collaborators entitled: "Pandemic Aesthetics Theater and News Technology " with Ms. Sari Saysay, Ms. Dessa Quesada-Palm, and Mr. Steve Fernandez.

The pre-recordings of previous schedules and events were showcased, along with important highlights of the lessons learned from yesterday's learning session to kick off Day 5 of the Shout Out Festival.

Followed by the screening of short films under 'Tungo ng Liwanag' entitled (1) "Pinakanakakatakot na Multo," directed by PelikuLOVE Intern, (2) "Panhik-Panaog," directed by Ms. Flordeliz Mate & Mr. Marc Noesis Marquez, (3) "Hal-al," directed by Ms. Hillarie Ualat, and PelikuLOVE's special feature (4) "Daddy's Girl."

The Learning Session: Film Collaborators from Text to Photography, entitled "The Power of Visual Narrative," with Mr. Roman Perez Jr., Ms. Dada Grifon, Mr. Julius Dela Peña, and Mr. Arjanmar Rebata, was held as the last segment of the program under Day 5.

Short films under 'Babae', were presented for the start of Day 6 titles: (1) "Babae," (2) "Bulong," and (3) "Little," were directed by Ms. Sigrid Bernardo. Following, (4) "Limang Libo," directed by Ms. Ice Idanan, and (5) PelikuLOVE's "Dalawang Gabi," directed by Mr. Jade Castro.

Day 6 ended with the citations and awarding ceremony, which gave recognition to the films that touched the audience's emotions the most. Fan favorite films given credit were SET A's films "Cooking With Love," "Libro for Ransom," and "When Manananggal Loves A Man", and SET C's "Ang Ilaw sa Labas ng Tahanan."

The general forum, "Emerging Sustainable Practices in the Film and Theater Industry," featuring Congressman Mr. Toff de Venecia, Director Mrs. Ellen Ongkeko-Marfil, and Mr. Jarell Serencio, kicked off the schedule for the Festival's last day.

PelikuLOVE's Shout Out Festival closed with the replay of the most requested films and works by the audience.



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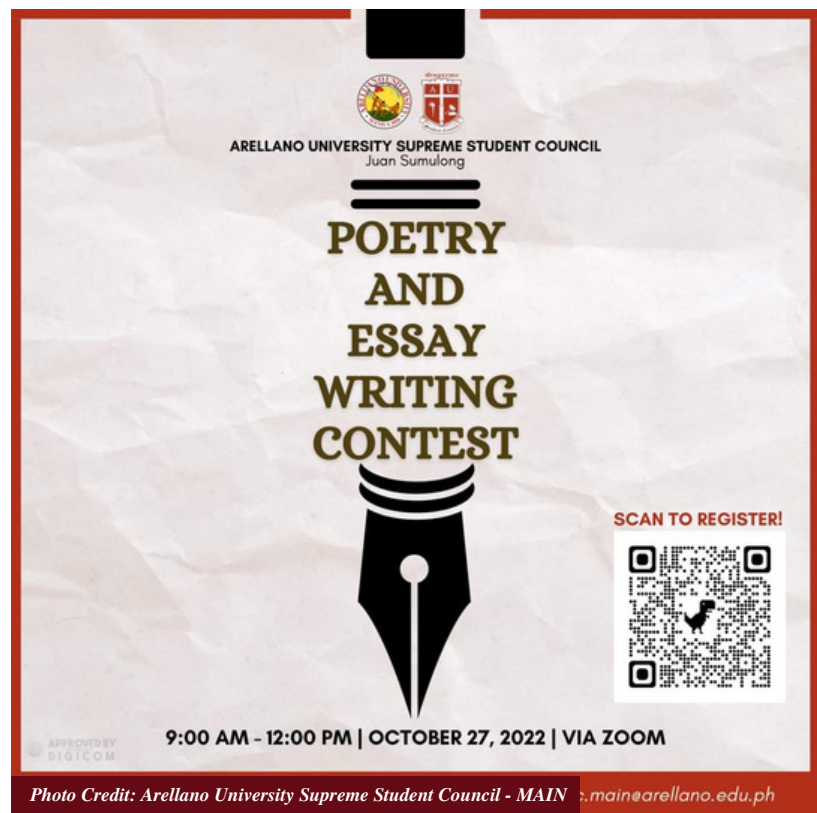
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council's secretary, Ms. Mica Justine Flores, delivered the welcome remarks.

Afterwards, reputable personalities such as Dr. Edward L. Padama, a faculty of both the College of Arts and Sciences and Graduate School of Arellano University—Manila, together with Mr. Gary A. Garay Ed. D. (Cand), MAED, a Doctor of Education candidate at Far Eastern University, and the current Head of Languages Department of Arellano University—Manila were introduced as the judges of the competition.

Before the contest proper, the host enumerated the criteria for judging for both poetry and essay writing, as well as the time allotted for each category. Participants in the poetry contest were given 30 minutes to finish their works, while one hour was granted to essay writing contenders.

When the clock had finished ticking, Ms. Ann Pearl Judar, a third-year AB Psychology

student, eased contest jitters as she shared her talent in playing the Electric Guitar through an intermission number. Thereafter, Ms. Roselinda May F. Robles, AUSSC Business Manager, presented the Certificate of Appreciation to Dr. Padama and Mr. Garay.

Mr. James Andrew L. Monilla, AUSSC President, acknowledged the effort of the participants, judges, and everyone behind the event as he delivered his closing remarks. The Arellano University hymn was sung to conclude the event.

After two days of evaluation, AUSSC, on its Facebook page, released the list of winners for both English and Filipino categories of poetry and essay writing, Saturday, October 29.

Mr. Lincoln Teodoro topped the Essay Writing - English category with a total score of 90 percent, followed by 2nd Placer Ms. Marites Raben A. Mabale who garnered 81.5 percent. Mr. Richard Glade Benedicto, the lone participant of the Filipino

category, bagged the gold after accumulating a total score of 93.5%.

For the English Category of Poetry Writing, Mr. Kyle Galito was declared champion after receiving a total score of 89.5 percent. For this category, Mr. Galito was also the lone participant.

Meanwhile, it was a tight match, between the Filipino Category writers as point disadvantage stood close. But it was once again Mr. Teodoro who ranked first in the said category with a total score of 90.5 percent, followed by Mr. Del Vincent Silva, who placed second with 89.5 percent, and 3rd Placer Ms. Frances Demition with 89 percent.

First placers took home a polo shirt, mug, and tote bag. For second placers, a shirt, mug, and tote bag were awarded, while those who finished third still received a mug and a tote bag.

Supreme Student Council Commemorates 'Indigenous People's Month' through Writing Contest

By Sean Andrei Mendros

In honor of the rich culture of indigenous communities, the Arellano University Supreme Student Council (AUSSC) launched a poetry and essay writing contest with the theme "Commemorating Indigenous

People's Month," hosted by AUSSC Head of Project Committee, Ms. Paulyn Castillo Dumpit, last October 27 from 9:00 AM to 11:00 AM via Zoom Teleconferencing App. To kick off the event, the

Inspired by the hit Netflix series 'Stranger Things,' members of the Arellano University's official publication assembled for a general orientation entitled "Welcome to the Upside Down: General Orientation of The Standard Manila (TSM) - Juan Sumulong Campus," held last October 1, 2022, from 9:00 AM to 12:00 PM via Zoom Teleconferencing App.

Mr. Earl Joshua Morales, The Standard Manila's Editor-in-Chief, led the event as the master of ceremony. Ms. Abigail Cayco, The Standard's overall adviser, left pieces of advice to the publication's contributors as she delivered her opening remarks.

To kick-off the event, a fun-filled icebreaker entitled "Hulaan Mo, Drawing Ko" was played by three groups where members tried to guess what annotators; Ms. Arbelles Faith Manzananas, Mx. Ursula David, and Mr. John Miranda drew for their respective teams.

started off the 'introduce yourself' segment for the first batch, where each had a chance to take a brief look at the different personalities by revealing their likes and dislikes to their fellow journalists.

Mr. Carlo T. Arsula, the organization's Associate Editor for English, was then introduced as the first resource speaker of the event, where he discussed the publication's Preamble, Vision & Mission, Purpose and Objective, and monthly meetings for the purpose of reporting accomplishments and plans for the upcoming month. Mr. Arsula disclosed that Mr. Morales has drafted a fresh version of the TSM logo and is currently up for approval.

He also enumerated the grounds for removal that are applicable to all members of the publication. The second batch of self-introduction commenced at the end of Mr. Arsula's discussion.

Ms. Maria Franchezca C. Ocampo, the organization's

Associate Editor for Filipino, was then introduced as the second resource speaker of the event. Ms. Ocampo discussed the duties and responsibilities of the editors of News, Literary, Feature, Sports, and Science sections, as well as the Head Photojournalist, Head Cartoonist, Head Layout, Social Media Editor, and the contributors.

The benefits and privileges of the EIC, Editorial Board & Staff and the Contributors were also discussed in the event. The third batch of self-introductions commenced at the end of Ms. Ocampo's discussion.

Thereafter, Mr. Morales discussed the calendar of activities for the school year 2022-2023, with different sets of activities prepared, including this year's general orientation. He then discussed the term of office, vacancy, grounds for removal, and the approval processes of the articles upon submission.

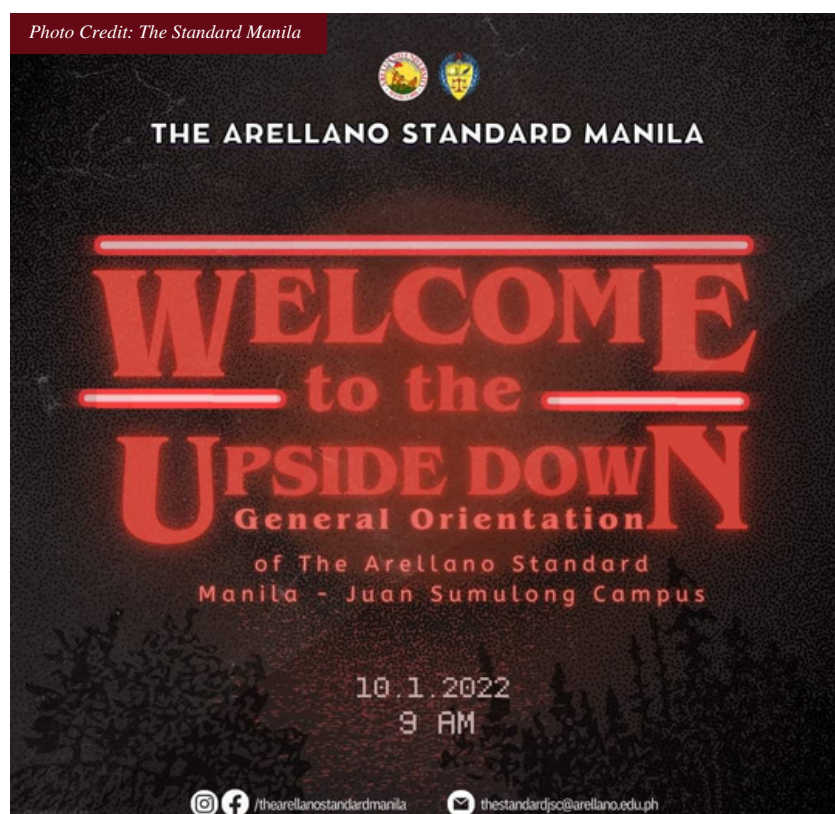
He also announced other plans including the release of ID

TSM's General Orientation: Welcoming New Members to the "Upside Down"

By Sean Andrei J. Mendros & Vincent P. Soriano

and Club Polos, collaborations with the contributors, and monthly catch up with their respective sections. After the discussion, the Question and Answer portion proceeded.

And to formally end the event, Mr. Morales left a message of gratitude. He thanked all the members who made time and effort to attend this year's orientation.





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Solutions Journalism: A Rigorous, Evidence-Based Reporting as a Response to Social Issues

by: Rhenna Mae Perez and Vincent P. Soriano

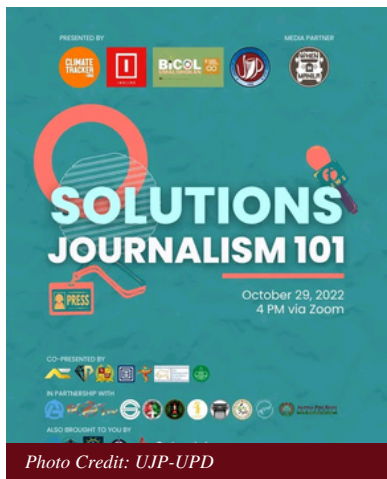


Photo Credit: UJP-UPD

As Journalism gets wider and vast, the Union of Journalists of the Philippines - University of the Philippines Diliman (UJP-UPD) conducted a webinar entitled “Solutions Journalism 101: A Solutions Journalism Workshop,” which was virtually led by Ms. Marian Abio last October 30, 2022 via Zoom Teleconferencing App and Facebook Live Stream.

The webinar was made free for everyone, especially for college students in the field of journalism and communication. It was attended by hundreds of campus journalists from different schools and universities including the ones from The Arellano Standard Manila.

Webinar reactors were introduced, namely: Ms. Adelle Chua, Ms. Biena Magbintang, .

Mr. Rome Candaza, Ms. Mavic Conde, and Ms. Katherine Sarmiento who are all in the field of journalism, communication, and advocates.

The speaker for the Solutions Journalism 101 webinar was Ms. Portia Ladrado – Solutions Journalism Network-accredited trainer and INKLINE’s co-founder.

Ms. Ladrado started with four core elements of Solution Journalism during the discussion in which she first emphasized solution journalism: (1) Covers a response to the problem and how it happened, (2) Provides evidence of impact, looking at effectiveness, not just intentions, (3) Produces insights that can help others respond too, and (4) Points out any limitations or caveats of the response. She then proceeded with the steps on how journalists identify issues or ask questions precisely as possible, to know what's missing and assess candidates to be part of the solution stories

“Solution journalism is rigorous, evidence-based reporting on responses to social problems,” Ms. Ladrado said.

Considerations for .multimedia formats to be used by journalists and publications were also discussed, such as the (1) Ability, wherein in-house skills and achievements are to be used .for it is mentioned, (2) Background, that includes culture, language, diversity, logistics, and ethics that might affect he adaptation of multimedia formats for the audience, and (3) Conversation, format which is best for newsroom to focus on as a priority.

“As a journalism trainee and as a citizen who wanted to use journalism as a form of public service, it just seemed counterproductive for me to know all of these issues and problems but not have a single clue on how to participate in or even solve these problems,” Ms. Ladrado’s quick story in pursuing solutions journalism stories and in continuously advocating for the practice.

It was followed by the discussion of the impact of solutions journalism and a clip from “A Brief But Spectacular Take on Telling the Whole Story” of Mr. David Bornstein, a co-founder of the Solutions Journalism Network, on PBS NewsHour as an example and brief explanation of solutions journalism.

As the speaker ended the lecture session, roundtable discussion followed along with the reactors, “I think the key term is evidence-based,” one of the reactors, Ms. Chua, emphasized.

On the other hand, Ms. Sarmiento first expressed her acknowledgement to the organizers and gratitude to the attendees of the event, “I would like to underscore the following: we need more journalists who aren’t afraid of the technicalities of climate topics,” she discussed as she said that journalists also need to take time to reach out to science, technical and community experts that can help with the technicalities such as spelling out difference of climate change stories from reports of regular weather disturbances or disaster risks as she also mentioned the i

mportance of providing feedback to communities.

“It is still people on the ground telling their lived experiences who are the best storytellers,” she added.

The other reactor, Mr. Cardaza pointed out influencers with bias or the so-called paid influencers to be disciplined and the needs of every youth to tell community stories with evidence and in accordance with science to bring back the trust of others to journalism.

Ms. Conde added how the elements of solutions journalism affects reporting as their most engaged report is the story they presented with the four core elements of solutions journalism.

In response, Ms. Ladrado expressed her gratitude to the reactor’s reactions.

“It’s definitely not the same as the way I have explained it but *napayaman at napalawak nila ‘yon,* (enriched and expanded by them)” she affirmed.

The Standard

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Bamboo Boot Camp With The Junior Chiefs!

by: Amanda Julianne G. Roque

In celebration of Bamboo Month, a virtual event occurred on the 8th of September, 2022, called ‘BambooNOW and Beyond: Bamboo Opportunities in 2023 and Beyond for Culture, Country, and Commerce’ hosted by Ms. Rica Gadi and Architect Jed Michael de Guzman of Bamboo Boot camp. Led by Ms. Maria Consuelo D.C. Medina, the Coordinator for the Community Development Program of Arellano University – Andres Bonifacio Campus, class officers from 9th to 10th graders were given invitations to attend the event. That said, what is a Bamboo Bootcamp? “Bamboo Bootcamp is a non-profit Non-governmental Organization (NGO) on a mission to make a better world through bamboo.”

The Junior Chiefs had a rare but remarkable experience to watch and take in a great deal of information about Bamboo opportunities from five guest speakers—recognized as legends in the Bamboo Industry, namely:

Stud Jader, a professional bamboo plate tuner; talked about the ‘Bamboo Opportunities to Rekindle Culture and Conservation of our Rich Heritage through Bamboo Musical Instruments, and its role in the socio-cultural, economic, and spiritual development of the Filipinos;

Raf Dionisio from the sector of Sustainable Community-Based Tourism discussed the ‘Bamboo Opportunities in Tourism Development, and how we can utilize bamboo as a tool to promote tourism in communities;

Bert Peeters from the Bamboo and Permaculture Sector, explained ‘Bamboo Opportunities for Agricultural Ecosystems’, how bamboo is related to permaculture, and how we can make use of bamboo for food security;

Architect Christian Salandanan of Sangay Architects focused on ‘Bamboo Opportunities to Uplift Bamboo Design and Architecture;

And lastly, Edgardo Manda—Philippine Bamboo Foundation President, talked about ‘Bamboo Opportunities for the Country. He expounded on Bamboo Nursery Development and Propagation, and how more bamboo supply is needed to sustain opportunities in the bamboo industry.

"The human capacity for burden is like bamboo - far more flexible than you'd ever believe at first glance." - Jodi Picoult.

The Appointed Young Leaders of S.Y 2022-2023

By: Gabriel Lavista

Arellano University Andres Bonifacio Campus held its annual Induction of Officers via Zoom Conference App on the 29th of September, 2022, with the theme of Authentic Service to Chiefs, with the acting inducting officer Hon. Maria Luisa Angle “Angelu” De Leon-Rivera, the City Councilor of the 2nd district of Pasig City.

Andres Bonifacio Campus did not hold back as they presented the new leaders through a magnificent swearing-in ceremony suited for the young and spirited newly elected student affairs officials where they vow to uphold their respective duties and obligations and provide authentic service to Chiefs. Mr Ralph Niño Oledan P.R.O of the Supreme Student Council and Ms Ellaine Briones SGHM, along with the SATM representative of the Supreme Student Council served as the Masters Of Ceremony.

The program started with a prayer led by the SHS Supreme Student Government and opening remarks from the Assistant Vice President of AU-PASIG, Dean Maria Paz A. Magsalin. Subsequently, the most waited for part of the Oath taking—the inspirational messages to our newly elected Student Leaders given by the following: Ms Valerie Anne C. Miranda, the High School Principal of AU-PASIG, the City Councilor of the 2nd district of Pasig City Hon. Maria Luisa Angle “Angelu” De Leon-Rivera, Ms De Leon-Rivera, above all, from the Marketing Digital and Communications Department Ms Abigail H. Cayco.

Presenting the Organizations that took part in the mass oath-taking were: Supreme Student Government-Senior High, Arellano University Supreme Student Council, The Standard: Supreme Pupil Government, Supreme Student Government-Junior High, Junior Librarians Club, Chamber of Generalists, ABM Organization, League of Social Sciences, Society of Stem Student, Cookery and Home Economics Though Friendly Society, Junior Students association of tourism management, Jr. Lites, Geared Chillers, Research Organization, Sports and P.E Organization, Bibliophile’s Haven Club, AU Nursing Society, Young Educators Society, Marketista, Junior Financial Executives, League of Information Technology Education Students, Students Guild of Hospitality management, Students Association of Tourism Management, Criminal Justice Student Organization, Psyche Infinitum Association, AU Political Science Guild, Page Turners Club.

Nearing the end of the program, the participants from the different organizations were awarded E-certificates for their participation and are now ready to perform their tasks for the school year 2022-2023. The program ended successfully with the closing remarks from the President of the Supreme Student Council Ms Alexandra Julia F. Paner, wishing the newly elected officers that they can fulfill their duties for the whole year.



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AU ABC Hosts its 3-Day Campus Journalism Webinar

By: *Gabriel Lavista*

The Arellano University-Andres Bonifacio Campus held a 3-day webinar entitled: Campus Journalism Webinar Series last October 26 to 28 2022 via zoom. The topic for the 1st day of the event was "The Role of Campus Journalism in Digital Age" Just like any webinar, it started with a prayer and followed by the National Anthem and the AU Hymn. The program was hosted by Mr. Miguel Medalla and Ms. Dianne C. Cicera, both in their 3rd year in Bachelor of Arts in Psychology. They introduced the guest speaker of that day, Ms. Vida Bianca M. Laus, a Teacher III in Pasig City Science High School and the Office of the Ombudsman CIC Adviser. She Quoted "Digital space not only brought us different spaces for telling stories but also changed the way we bring stories". After the talk, the program proceeded with a question and answer portion, energizer and a giving of the certificate that was led by Ms. Mae Angela Y. Galeon. The following day, the topic tackled was "The Difference of Old and New Campus Journalism." The program was still the same as day one. The guest speaker for day 2 is Mr. Paulo Jeremy A. Miral. He quoted "Take action because you are more than just a campus writer. A student journalist is not an ordinary student." After the talk, the program proceeded with a question and answer portion, energizer and the giving of the certificate led by Ms. Mae Angela Y. Galeon.

Finally, the last day, the topic tackled was "Writing Interesting Articles for Student Readers" The masters of ceremony for the last day are Ms. Marianne Domingo Mesina, Grade 12 student in Humanities and Social Sciences, and Ms. Maria Lorwina Babaran, 3rd year Bachelor of Arts in Psychology. They introduced the guest speaker for the last day, Mrs. Draizelle C. Sexon. She gave a talk for a second time now because she was also our guest speaker that we conducted last school year. She Quoted "As a writer, you need to make sure that your readers can understand your article. If so, then you are a good writer, and you can change the life of the reader." Regardless the fact that on that day, the classes were suspended but still, more students attended that day and the Standard Arellano-Pasig appreciated it. The program was closed by our Editor-in-Chief, Ms. Mae Angela Y. Galeon, officially.

Paggunita ng Arellano University Andres Bonifacio Campus sa Araw ng mga Guro

Ni: *Marianne Domingo Mesina*

Ipinagdiwang ng Arellano University Andres Bonifacio Campus ang World's Teachers Day noong ika-5 ng Oktubre. Ibinahagi sa facebook page ng AU-Pasig SHS Sumpreme Students Government ang isang bidyo na nagpapakita ng kanilang pagpapahalaga at pagpapasalamat para sa mga guro sa Senior High School ng unibersidad.

Pinangunahan ang selebrasyon ng mga bagong upong presidente ng bawat organisasyon at club ng Arellano Senior High School. Kasama rito ang HUMSS, STEM, ABM, GAS, Research at Jr. Lites Organization. Nagpahayag din ng pagbati sa ating mga guro ang Bibliophile's Haven, CHEFS at Sports and P.E Club. Marami pang mga organisasyon sa loob ng campus ang bumati sa mga magigiting na guro sa kanilang araw tulad na lang ng SHS Tour Guiding, MRAC Geard Chillers. At hindi nagpahuli sa pagbati ang Supreme Students Government.

Sa pagtatapos ng selebrasyon ay nagbahagi rin ng taos pusong pasasalamat sina G. Gerardo S. Larvin; Guro ng Junoir High School at Bb. Valerie Anne S. Miranda; ang Punong – Guro ng Senior High School, sa mga masisipag, mababait, mapag-unawa at maasikasong mga guro ng Arellano University Andres Bonifacio Campus.



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Kailan Hindi Naging Kasalanan ang Pagpikit?

Ni: Diane Margaret S. Villareal

Sumigaw, Bumulong, Nanahimik, Namulat, Nasilaw, Pumikit.

Katotohanan at kalayaan sa kapayapaan
Sinigaw niyong mga nanahimik, nakarinig at nagising.
Dito mo mapatutunayan

Na di lahat nang mga nakarinig
Sinisigaw ang narinig.
Na di lahat na nakapansin,
Ay binulong ang mali.

May ibang sumisigaw,
Ngunit nanatiling nakapikit.
Hindi nakaramdam dahil hindi nanahimik.
Hanggang sa unti-unti silang nabingi
Sa sarili nilang boses at pagkakamali.

Ngayon.
Busalan man ang iyong bibig,
Takpan man ang iyong pandinig,
At piringan man ang iyong paningin.

Alam mo na ang tama sa mali,
Ang katotohanan sa kasinungalingan,
At ang karapatan mo sa mga nangyayari.

Minsan hindi masama ang pumikit.
Kasalanan ang hindi paggising.

Suflan ma'y pumikit, mayroon pa rin dumilat, natauhan at nakarinig.

Halos at Sana

Ni: Allysa Mae Dy Guazo

Natagpuan kita sa pagitan ng lungkot at saya.
At iniwan mo ang pag-ibig na di mapalaya.
Para sa bawat muntik, halos at akala
Mali pala ang aking hinala,
Kaibigan lang pala.

Naaalala mo pa ba kung saan nagsimula?
Nagsimula ang lahat sa simpleng ngitian at tinginan.
Na kung saan nahuli ng buong tropa kaya nauwi sa tuksuhan.
Dumaan ang araw tayo ay nagkamabutihan.
Sa umaga, mensahe mo ang laging bungad at mensahe mo din sa gabi ang aking nakakatulugan.

Halos anim na taon na din pala ng huli kong naramdaman ang estrangherong damdamin na ito.
Sa'yo na lang pala ako magiging payapa.
Siguro kung ang tahanan ay tao, masasabi kong ikaw 'yon.

Pero ang tanga ko, ang tanga tanga ko.
Klinaro naman natin sa isa't isa na hanggang magkaibigan lamang.
Nilinaw mo na ang lahat pero ito ako,

maasa na sana maibalik mo din sa akin ang estrangherong damdamin na ito.
Sa sobra mong tapat, sapat na iyon para madurog ako sa iyong mga salita.

Nagdaan ang buwan, masaya ako dahil parang nagbago ang lahat,
Na para bang binigyan mo ako ng karapatan na maging pag - aari kita.
Sabi mo, hintayin kita, kumapit lang ako kasi malapit na.
Ngunit unti-unti ng nagiging malinaw ang lahat.
'Yong sinabi mong "malapit na", malapit ka na palang mapagod.

Napakadaya mo.
Mawawala ka at bigla na ulit magpaparamdam.
Alam mo kasing kahit ilang beses mo kong iwan,
Andito ako, hinihintay ka.
Tatanggapin pa din ulit.

Ikaw iyong saya na panandalian na ayoko ng balikan.
Dahil katulad ng buwan, aalis ka din pagdating ng araw.
Binigyan kita ng pag-ibig na sobra - sobra,
Ngunit ang nakuha ay barya - barya.

Puso na tanging sigaw ay ikaw.
Bakit ka bumitaw?
Kamay ay saglit na hinawakan ngunit nakuha mong bitawan.

Sa bawat sambit ko ng sayang, Ay isang kwento na naman ng paghihinayang.

Sa iyong paglisan ay isa lang ang aking natutuhan.
Baka nga hindi ako ang iyong kailangan.
Sana maintindihan mo na Oo, masakit magpaalam
Ngunit mas masakit maiwan ng walang paalam.

Napakaraming bagay ang nagtutugma tungkol sa atin
Ngunit kahit kailan ay hindi nagtugma ang ikaw at ako.
Baka nga hindi ako o ikaw
Baka isa lang tayong kabanata
Sa nobelang iba ang bida.
Hindi na siguro ako matatapos na mahalin ka.
Ikaw iyong lagi't - lagi sa mundo kong puno ng sana.
Huwag kang mag-alala,
Huhupa rin ang sakit,
Kakalimutan kita,
At makakalimutan rin kita.

Sa susunod na kabanata, Isusulat ko pa rin ang ating istorya.
Kahit na walang letra.
At kung may susunod pa man, Sana ako na,
At hindi na iba.

Of a Barefoot Dance And a Fantasy

By: Kyle Angela D. Evangelista

Staring blankly at the empty canvas of a grid paper,
I will my hand to move and start writing words,
Of pieces of me, I hide from most
Because many are blind to what is shown.
I sit on this uncomfortable chair.

“Tick tock, tick tock” is a melody that commands,
A lullaby that keeps me awake at night from a broken clock that knows it all.
Every day, ideas of the same old keep emerging

And it makes me wonder how they managed to come in.
The windows are shut tight and doors are blocked off.
—Abstract dreams remained as such.

I keep thinking.
It never stops. The people around me move around in a circle with heavy footsteps
And take a piece of my soul away with them,
While I tiptoe around them.
I keep thinking about how they come and go.

Alone, with a tea gone cold,
clouds of dust from a forgotten time creep in my nose, and I sneeze.
An interrupted reverie—I'm back again.

In the same place,
With the same lullaby playing in the background. I start writing.
Tick tock
Tick tock
Tick tock...

Panalo

Ni: Nirvana G. Rañeses

Dalawang minuto, kaunting minuto
Pawis na lumalandas sa pisngi
Tumingala ay parang ikinakatakot ko
Ang natitirang oras ay pilit na iwinawaksi

Parang nabibingi, nais kong pumikit
Sigawan at palakpakan ay nagsasabayan
Tambol ng puso ko'y 'di man nila marinig

Siguradong sa bilis ay parang hihikain

Isang minuto na lamang base sa hiyawan ng madla
Nang mapasahan ng bola, pinilit ko ngunit nabokya
Ingay ng pagkadismaya, naririndi na ako
Presyon na nasa kamay ko, paano na ba ito?

Tatlumpung segundo, lamang ng dalawang puntos
Bumagsak na lamang ang aking tingin sa sapatos
Hapdi ay biglang rumehistro, teka may paltos ata ako
Bakit nga ba ako nakapokus sa aking galos?

Sinuwerte na ata't hindi sila naka-iskor
Dalawang puntos, maaari ko pang mahabol

Lakas loob akong tumingala at sumipol
Kakampi'y napatingin, bola ay agad na iniabot

Tatlong segundo, parang kapos
Sinubukan ang swerte, bola ay binato
Lahat ay natigil sa hiyawan, tila ay biglang napaos
Saktong pagtunog ng buzzer, ayun, tatlong puntos

Walang tigil ang sigawan, hindi sila makapaniwala
Uuwi kaming talunan, ayun ang inakala
Ako'y nilapitan, kinuyog at binuhat na parang nasa pelikula
Ang pagkapanalo na ito ay isang himala na dapat ipagpasalamat kay Bathala!



FEATURE

ANDRES BONIFACIO CAMPUS
PAG-ASA ST., CANLOGAN, PASIG CITY

DECEMBER, 2022

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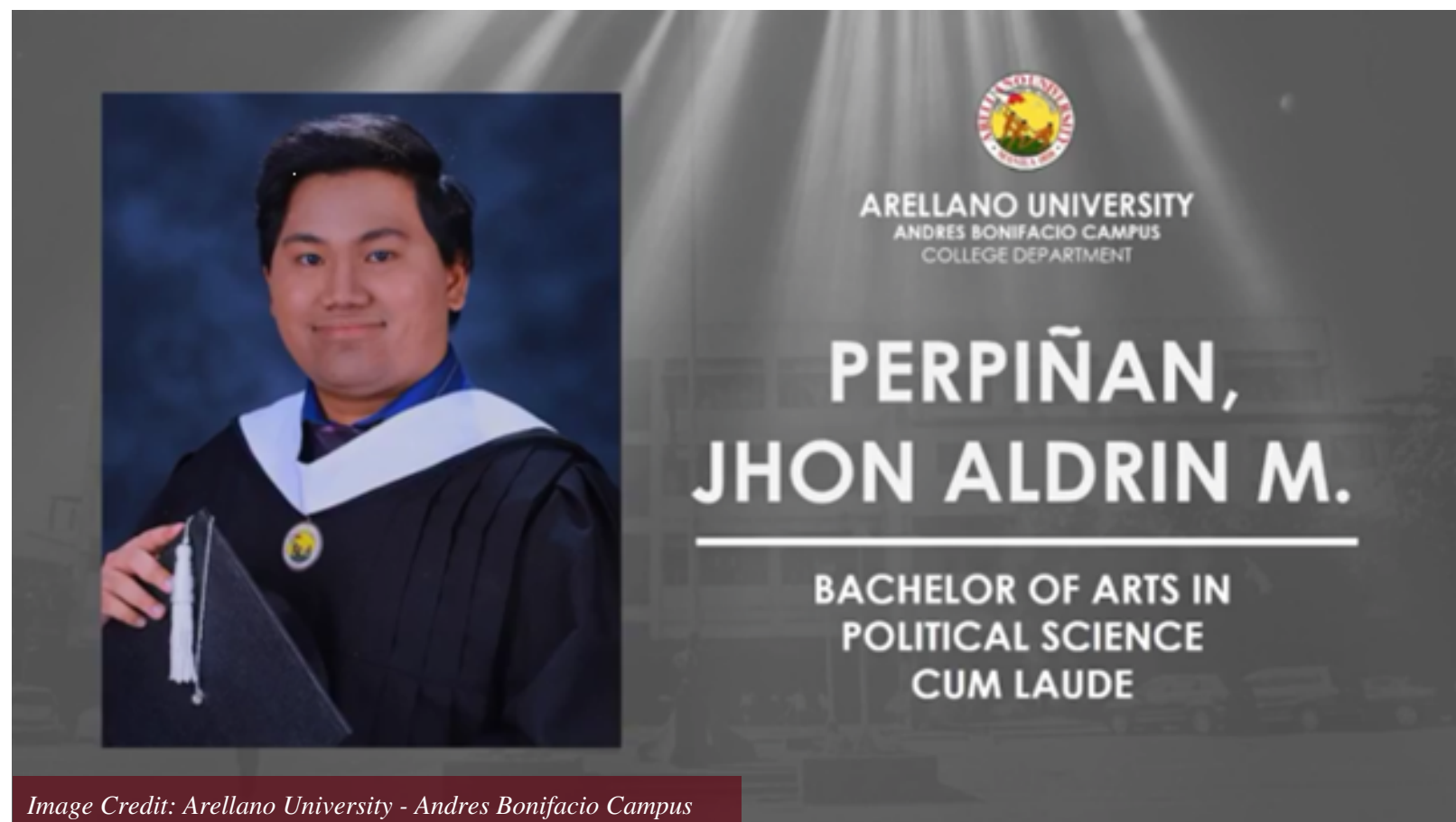


Image Credit: Arellano University - Andres Bonifacio Campus

The Collegiate Path Trails of Jhon Aldrin M. Perpiñan

By: Jeisamae Paja

The story of Jhon Aldrin M. Perpiñan's academic career started in 2018 when he attended his first semester of college as a Political Science Major at Arellano University Pasig. Although Perpiñan did not put his head down to his studies, he continued to strive by being responsible and active in making efforts to give his utmost in every task. As published by the Arellano University website, with a great deal of perseverance, he has come to finish his term in college as an academic scholar.

Perpiñan was in his second year of study when he joined the Standard Pasig Organization in 2019 and was immediately given the proposal to have the second highest position in the organization—the Assistant Editor, an offer he accepted and partaken in for two consecutive years. At the same time, serving as the vice president of the Political Science Organization. He believed it was a huge responsibility for him to handle two organizations simultaneously. As a result, Perpiñan declined to be the next Editor-in-Chief of the Standard Pasig. With that, he continued to carry out his duties as the Assistant Editor in English. Yet, he believed someone else more competent and qualified deserved the position.

"I am beyond thrilled and grateful to have been a part of the organization until the very end of my time with the university. I will always treasure the memories and experiences I gained as one of its journalists. Truly, one for the books!" Perpiñan said.

The greatest obstacle of his life presented itself to him when he was about to graduate from college—learning that his mom was diagnosed with cancer. It was heartbreaking for him; he felt like a rug was pulled out suddenly from under his feet. It was at that time that his world changed completely.

"Without warning. Without so much as a hint, I was hit with the news of my mom's diagnosis." Perpiñan says.

Upon learning of his mother's condition a few months before graduation, he still had trouble accepting the news. For him, the difficulty of acknowledging his mother's diagnosis was heavy. Due to his confusion about the reason why it happened, and the complexity of its nature that Perpiñan instead chose to grasp the matter and live with it rather than overcome it.

"To smile despite the hurt and sadness. And to hope. That's the most important thing: 'hope'. As long as you have it, nothing is impossible." Perpiñan added. Fully aware of his mother's serious illness, he kept on going, never losing sight of the track, bearing in mind to consistently put an effort to make the best of the circumstances.

The Arellano University (Official) Facebook page announced on their live stream that Jhon Aldrin M. Perpiñan, with his efforts and sacrifices, successfully graduated on October 1, 2022, with flying colours, earning himself a Latin honour of Cum Laude beside his name. He finished his major in Bachelor of Arts in Political Science at Arellano University.

On top of that, his greatest and most recent achievement of Perpiñan is clearing the admission exam for his preferred law school. Unfortunately, he was not qualified to complete the registration process due to financial problems. Nevertheless, the seemingly never-ending challenges did not limit him from getting his hands on his ideal job. Even so, he still intends to pursue a career as a lawyer when the time is right.

Perpiñan also lives his life with this motto "You are in charge of your joy, of your worth. You are your own validation" He believes that the challenges in being part of society are the social norms; of constantly being compared to and criticized for your actions and that most people rely on their happiness on validations from another. As a result, they lose sight of their value as an individual. For him, it is crucial to be conscious of the boundaries of your dependence on irrelevant individuals and what they might say about you. Perpiñan is confident that the term "irrelevant" is used for a reason. That way, he is sure that you are free to live your life how you want it. Thus, you can pursue your interests according to your terms.

Perpiñan's message to the youth is "Always have the courage to grow. Don't be afraid to take up space. Focus on the things that you really care about. That means owning your passions. Owning your dreams. Your hopes, and aspirations. Stop letting the world decide your value because you are your own validation. Never back down from your own path to success and never be afraid to fail. Failing means you are learning. Learn and get back up because you matter. Never lose sight of that fact."

Not long ago, Perpiñan joined an online organization for cancer awareness, a group that focuses on giving perception about it and encourages people to prioritize their health. A bridge that helps him know how to work around and aid his mother. He wholeheartedly appreciates and loves his mother. "I am ever so grateful for my mother who fostered a love of learning in me and has never stopped believing in my capabilities as an individual," Perpiñan says.

He also intends to find employment to pay for his education as a law student. Perpiñan will freely lead his life the way he wants to. As he prepares for law school, he will always have the courage to grow and never be afraid to fail.

HAIL TO THE CHIEFS!



SCIENCE

ANDRES BONIFACIO CAMPUS
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3 Amazing Scientific Possibilities That You May Not Have Heard Of

By: Danielle Nicole T. Marollano

“Memorizing and regurgitating are not science. Real science is a constant investigation of the unknown.”

— Abhijit Naskar

In a world full of mysteries and never-ending problems that require the discovery of a solution, Science and Research will always create new opportunities for us to learn more about the world that we live in. Such as the vaccine for the Covid-19 virus, the Molecular structure of DNA, the first image of a black hole, editing genes, electricity, and the list of many revelations made possible through Scientific investigations, hence, proving the power and significance Science had on our past, the present time, and the future to come.

Modern discoveries are the results of trial and error. One must strive to look deeper into investigations despite the challenges it brings or how ridiculous they may sound. Who knows? Your discovery could one day be recognized as one of the most beneficial contributions and memorable gifts to humanity!

Here are the Top 3 amazing scientific possibilities that you might not have heard of:

I. Meet the Real-life Iron Man Successor

Let us start with everyone’s well-known superhero, Iron Man! Meet Kiara Bain, a 22-year-old engineer from Chicago, USA. She goes by the username of @kiaras_workshop on TikTok, amassing more than 600,000 followers and counting. Engineering is a type of applied science that Kiara takes advantage of to build her completely functional Ironman suit in the garage with the help of a 3D printer, Artificial Images by Kiara Bain and UniladAdventureIntelligence, and different electronics. She started with an arc reactor in 8th Grade, proving that fiction can turn into a reality. Although the guns and beams had yet to be installed, Kiara put LED lights into the eye sockets and used a helmet that can be closed by using her chin muscle movements without any kind of buttons. It also has its own Jarvis voice system! She has a Youtube channel where she shares the development process of the Iron Man suit



Images by Kiara Bain and UniladAdventure



Photo Credit: Sciencealert.com

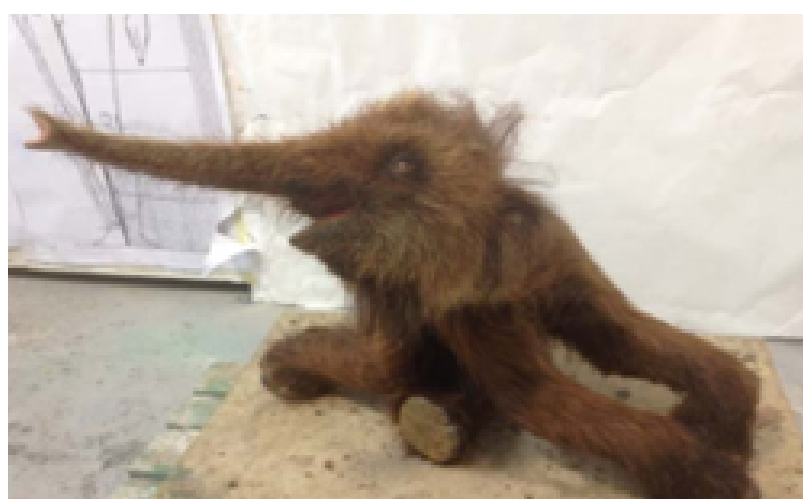
II. New Plastic-eating Worms discovered by Scientists

At the University of Queensland, Australia on June 9, 2022 scientists found a superworm with the scientific name of Zophobas morio, characterized by its bacterial enzymes inside the guts that can gain energy from digesting polystyrene, a plastic material used to make styrofoam. The discovery opens up a new opportunity for the Bio-upcycling method, where organisms such as the superworms are used instead to remove waste materials, especially plastic. However, it needs more extensive studies to have to discern whether consuming the components of plastics is harmful or not.

"We found the superworms fed a diet of just polystyrene not only survived but even had marginal weight gains,"
· Dr Rinke, one of the Scientists present in the study.

III. The Possibility of Bringing a 28,000-Year-Old Woolly Mammoth Back to Life

The idea of bringing an extinct species back to life such as the Mammoth seems like a bizarre dream. However, a research study at Kindai University, Japan, found that a young woolly mammoth dug out of Siberian permafrost in 2011 has its DNA partially intact. It was revealed that the cells from the 28,000-year-old specimen show signs of biological activities. “5 of the cells showed signs of an activity that occur immediately preceding cell division”, earthymission.com. Although Miyamoto, one of the researchers, admits that “we are very far from recreating a mammoth”, this discovery is already an achievement itself, a sign that creates the possibility of attempting gene editing to resurrect an extinct organism.



Model depicting mammoth calf, Stuttgart.
Image credit: Apotea

Melting Mountain Peaks: The Secret Threat Of Climate Change

By: Danielle Nicole T. Marollano

Glacier refers to the huge and thick masses of ice caused by the accumulation of snow found on mountains. The rise in sea levels due to the melting of glaciers is not the only consequence brought by the increase in temperature caused by climate change. The adversity had also inflicted damage to the cold peaks of such mountains in Asia, America, and especially Europe which is the most vulnerable for they are smaller. According to Summers J. in his article entitled “The Impact of Climate Change on Mountain Ranges” (2019) found on climate.org, states the melting of glaciers can change river flow, pose threat to plants and wildlife, increase the risk of floods and precipitation, extreme rockslides as well as changes in water cycles. Residents in some parts of the inland regions are also threatened because some sources of clean water came from snowmelt, therefore, the melting of its glacier can cause a scarcity of clean water. On February 7, 2021, 19 people died and 200 missing in India after the Mt. Himalayan glacier collapsed due to its avalanche. Although climate change cannot be stopped overnight, it can still be slowed down by doing your part in taking action to prevent further damage. This can be done through the practice of the 5Rs (Reuse, Reduce, Recycle, Refuse, and Rot), conserving energy use, spreading awareness, planting more trees, and the use of renewable energies. In this way, we can prevent more casualties from happening in the future.



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CHIEFS ON SAFE TALKS

By: Ella Mae Dela Rosa

Arellano University—Elisa Esguerra Campus Junior High School Supreme Student Council together with the grade level room officers celebrates the International Day of Peace by participating in a webinar entitled “Safe Talks: Tales & Takes by Youth” with the theme of “SANGKAPayapaan: Mga Sangkap sa Isang Payapang Tahanan, Paaralan at Pamayanan” on September 21, 2022, via zoom and Facebook livestream on the Safe Spaces Campaign page.

The speakers introduced themselves and shared their ideas on what “peace” means. They talked about the vitalness of peace to society, particularly to children and young people. “How will we declare that our community is experiencing its peace?” the speakers asked the crowd as the students shared their opinions.

The speakers then produced an icebreaker question called “What Is Dish?” for the student leader attendees.

The Chiefs joined and had fun competing with other student leaders.

Finally, the speakers motivate and encourage the student leaders, to promote peace, not only in the classroom but also in the larger community. At the end of the webinar, the student leaders take to their heart the lesson to become a peacemaker.



Remembering Our Dearest Teachers

By Sydelle C. Aquino

“Teaching is leaving a vestige of one self in the development of another. And surely the student is a bank where you can deposit your most precious treasures.” ~Eugene P. Bertin. Words fitly spoken in regards to the quality a teacher should possess. The teachers’ influence on their students extends beyond the classroom. They are the building block on which society is built. Their responsibility is huge as they shape the intellectual and creative minds of our society’s future. They wholeheartedly understand and cater to their students’ needs. They mold the character of their students to help them grow into compassionate and socially responsible individuals.

No matter how old we grow, we will always have some of our teachers with whom we would like to share the progress we make in our lives. They are our teachers who understand and believe in us. They are the teachers whom we run to no matter when and where we catch sight of them. Apart from being wonderful teachers, they turn out to be our great friends.

In honor of all the teachers, the world celebrates Teachers’ Day to commemorate, appreciate, applaud, and thank our teachers for providing us moral guidance and intellectual support. Teachers’ Day is a chance to let our teachers know the influence they made in our lives. Teachers’ Day is a day for teachers to rethink their role and responsibilities as a teacher and for students to understand the importance of having teachers who really care for them.

However, we must remember that Teachers’ Day should not be just another occasion. It should not only be a date, a day, given to honor our teachers. Honoring them and remembering their impacts on our lives should be done every day. It is not necessary for anyone to wait until Teachers’ day to show their gratitude towards our teachers for their constant love and support.

Let us make every day
Teachers’ Day!

"FILIPINO AT MGA KATUTUBONG WIKA: KASANGKAPAN SA PAGTUKLAS AT PAGLIKHA"

By Aira Bartolome

Arellano University Elisa Esguerra Campus Junior High School Department celebrated Buwan ng Wika with the theme “Filipino at mga Katutubong Wika: Kasangkapan sa Pagtuklas at Paglikha” on August 17, 2022 – August 21, 2022.

As the host of the celebration, Pluma Club prepared activities to celebrate Buwan ng Wika. The activities they prepared are: Paggawa ng Islogan, Pagguhit ng Poster, Pagsulat ng Sanaysay, Tawag ng Tinig, and Sagutan sa Balagtas.

All of these activities were open for Junior High School (JHS) students of Arellano University-Elisa Esguerra Campus (EEC). The adviser of the Pluma Club, Ms. Charmin Albao also encouraged JHS students to join the activities they prepared. In a show of support for the week-long event, many students joined and participated in the activities.

The celebration concludes by the announcement of the winners. The following are the winners for each events:

Paggawa ng Islogan

- Karylle Bertol
- Gerryldine Marie Baustista
- Ma. Eliana Ramos

Pagguhit ng Poster

- Sydelle Aquino
- Eingiel Ashley Gabatbat
- Rodchella Sangcap

Pagsulat ng Sanaysay

- Gerryldine Marie Bautista
- Aira Nicole Bartolome
- Ella Mae Dela Rosa

Tawag ng Tinig

- Sophia Daniela Yumang
- Lanna Stacey Dela Cruz
- Izcel Daniela Gervacio

The students enjoyed the activities not because they wanted to win but because they wanted to experience the event. For them, it is not all about winning, but rather through these activities, they were able to show and discover their talent and passion.



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FOUNDATION DAY AT ARELLANO UNIVERSITY EEC

By: Venice Garado and Raggedy Grace Anne Trono

Arellano University-Elisa Esguerra Campus Senior High School department celebrated its Foundation Week, with the theme of “Creating an Advocacy Towards Authentic Unity”,on November 14-18, 2022.

An opening Ceremony was conducted on November 14, 2022 to formally announce the beginning of the week-long celebration. As part of the celebration, all academic clubs of AU-EEC organized events in which all senior high school students can participate. Said events were held virtually via Google Meet. The events centered around the theme: “Creating an Advocacy Towards Authentic Unity”.

On November 18, 2022, the Closing Ceremony was live streamed on Facebook at 3:00 .

pm. It was hosted by Ms. Maria Krischellie Robles and Mr. Elmer Sy. Some of the students who participated in various events were presented during the livestream. An intermission by the AU-EEC Supreme Student Council officers was shown in the livestream in which they danced to the song "Good Time" by Owl City on the open court of AU-EEC. The winners of the events were also announced on the program.

The winners of the events are the following:

Masining na Pagkukuwento

- 1st place: Apple Serinas ABM12-1A
- 2nd place: Princess Betic STEM12-6A
- 3rd place: John Eric Sorsorgon ABM12-10A

Declamation Contest

- 1st place: Redz Denver Quiseo HUMSS11-10A
 - 2nd place: Emma Ruth Valentin HUMSS11-10A
 - 3rd place: Charles Darwin Cruz STEM12-4A
- Paggawa Ng Tula
- 1st place: Shaina Salazar HUMSS 12-1A
 - 2nd place: Judy Mary Bisol Tour Guiding 12-1A
 - 3rd place: Jenicah Santos Cookery 11-2P
- Short Story Writing
- 1st place: Charles Cruz STEM 12-4A
 - 2nd place: Jenuel Buen STEM 12-3A
 - 3rd place: Zenia Genecela HUMSS 12-3A
- Digi Arts (Video Editing And Poster Making)
- 1st place: John Grace P. Ople STEM 11-2A
 - 2nd place: Angelica H. Demate HUMSS 12-1A
 - 3rd place: Kristel Anne E. Soriano STEM 12-3P
- Mathinik
- Grade 11 winners
- 1st place: Trisha Althea M. Bandiola STEM 11-1A

- 2nd place: Khaize L. Sa-ad ABM 11-8A
 - 3rd place: John Michael B. Pataueg STEM 11-6A
- Grade 12 winners
- 1st place: Ashlie DS. Cabrera STEM 12-4A
 - 2nd place: Bernadette M. Nillasca ABM 12-2A
 - 3rd place: Kim Hield P. Cajayon ABM 12-9A
- Scidoku
- 1st place: Princes Venice G. Arce STEM 12-3A
 - 2nd place: Mishka Angela Gagahasia ABM 12-9A
 - 3rd place: Renz Jayson D. Dela Cruz STEM 12-7A
- Food Plating Contest
- 1st place: Rica Mae Milanes Cookery 11-2A
 - 2nd place: Cyril John Samuel Valerie Cookery 12-2A
 - 3rd place: John Paula Mendoza STEM 12-3A
- Short Film Contest
- 1st place: Altezza Miller Villariceno STEM 11-M4
 - 2nd place: Jaime B. Nicor III Tour Guiding 12-1A

Histo Quiz

- 1st place: Garcia Cyrelle ABM 12-10A
- 2nd place: Cantuba, Jenryzza STEM 11-1A
- 3rd place: Cabrera, Ashlie DS. STEM 12-4A

The event ended with a closing remark from Ms. Louella Nika F. Aurelio, the OSA SHS coordinator. She emphasized the importance of the theme of the foundation week in every challenge in one's life. She ended her speech by thanking all the staff, club officers, participants, and other people who made the event possible. Throughout the Foundation Week Celebration, the Chiefs continue to show their unity and fortitude in facing this transition period of our lives. Hail to the Chiefs!

World Mental Health Day: The AU-EEC JHS Values Week Celebration

By: Gerryldine Marie D. Bautista

The AU-EEC JHS Department Values Club (DOVES Club) organized the virtual celebration of World Mental Health Day with the theme of “Make Mental Health & Well-being for All a Global Priority” on September 26-30, 2022.

For the week-long celebration, the Junior High School students were given a chance to raise awareness about mental health through their masterpieces as they joined different contests and events such as Poster Making, Essay Writing, Face Painting. Slogan Making, and Spoken Poetry. for poster, slogan, and face painting contests the 5% of the judging criteria are from Facebook reactions.

The following are the activities hosted by Values Club and the winners of each activity:

- Poster Making Contest
- First Place: Rodchella Sangcap
 - Second Place: Rheana Avrill Angeles
 - Third Place: Jeremy Christian Cruz and Ma. Eliana Ramos
- Essay Writing Contest
- First Place: Alexandra Louise Sinco
 - Second Place: Gerryldine Marie Bautista
 - Third Place: Eingiel Ashley Gabatbat
- Slogan Making Contest
- First Place: Izcel
- Spoken Poetry Contest
- First Place: Izcel Deniela
- Face Painting Contest
- First Place: Ella Mae Dela Rosa
 - Second Place: Le Anne Vioya
 - Third Place: Psalm Musika Bacani

- Gervacio
 - Second Place: Ella Mae Dela Rosa
- The winners received prizes such as t-shirts and bags with AU logo. Throughout the week-long event, the participants, through the showcasing of their talents, showed their advocacies concerning mental health and its relation in creating a mindful and healthy community.
- Congratulations to all chiefs who participated, Values

Club's officers, and especially to Ms. Jo-Ann Hilarion, the DOVES Club adviser, who made the event possible and guided the participants accordingly. It is truly a worthwhile experience to make mental health & well-being for all a global priority.

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GEN. LUNA ST. COR. ESGUERRA ST., BAYAN-BAYANAN, MALABON CITY

DECEMBER, 2022

ARELLANO UNIVERSITY

ISSUE NO. 1 A.Y. 2022-2023

The Chiefs Took the Oath!

by: Donn Jessie C. De Guzman

The Office of Student Affairs (OSA) hosted the Oath-Taking Ceremony for the newly elected and appointed club officers on Tuesday, September 13, 2022 via Google Meet.

The oath-taking ceremony was conducted by Marielle Angela B. Cruz, the AU-EEC Office of Student Affairs (OSA) branch head. The ceremony starts with prayer and the signing of the National Anthem and AU Hymn. It was

followed by an opening remarks from the AU-EEC Principal, Ms. Julaida David, as she welcomed the new officers and advisers from various organizations. An introduction of the officers of each organization followed.

Afterwards, different student organizations from the Senior High School Department and the Junior High School Department took their oath of office. The Supreme Student Government (SSG) then showed a video

resentation introducing the club officers.

The following are the official Student Organizations who participated on the event:

Senior High School Department:
AU-EEC SHS Supreme Student Council
HUMSS Club (HUMSS Republic)

- ABM Club (Certified Future Accountants and Tycoons)
- STEM Club

- (Sci- π - TERS Club)
- H.E. Club
- GAS Club (The Generalist Club)
- ICT Club (Tribe of the Conquerors)
- Industrial Arts Club
- Sports Club (The Varsity Chiefs)
- English Club
- Filipino Club (Samahan ng Gabay ng Wika)
- The Standard
- Hiraya Ensemble
- Digital Arts Club

After their oath, Ms. Marielle Cruz gave her closing remarks,

Ms. Cruz quoted in her statement that; "Being a leader is no easy game, you are given a chance to lead like our new officers, [and] do it with dignity." As the event ended, the newly sworn student leaders were left with a challenge to face the changes they will encounter as the school enters its transition from online to face-to-face classes. May our leaders lead with wisdom and compassion towards the student body

Science Day in Arellano University EEC

by: Aya Denise B. Faustino

Arellano University-Elisa Esguerra Campus (AU-EEC) together with the Sci- π -ter (STEM Club) celebrated Science Day, with the theme of "Science for the People", on September 29-30, 2022. The week-long event was open to all strands on the campus, and many students participated in the exciting activities prepared by the STEM Club.

To start the week-long event, an opening ceremony was held via Google Meet on September 29, 2022.

The ceremony was hosted by Ms. Juztynne Dhenielle Alcantara and Ms. Alecia Mae Cuizon. In the Opening Ceremony, Ms. Maria Lourdes G. Mudlong, AVP of AU-EEC, gave the opening remarks to begin the week-long event. It was followed by an inspirational message from Ms. Julaida C. David, AU-EEC Principal, and Ms. Donita Germono, the STEM Club adviser. It was then followed by a discussion of the contests' mechanics and criteria for judging. Afterwards, Ms. Rwyn Medina, AU-EEC

alumna and Batch '22 valedictorian, and Ms. Marga Lee Lucenesio gave their closing remarks.

Listed below are contests organized by the STEM Club together with the list of the contest's winners:

Mini Science Experiment

- Gold Medalist: Charieme Prado
- Silver Medalist: Vanessa Mamaril
- Bronze Medalist: Christina Lane Tuazon

Scientist Cosplay

- Gold Medalist:

- Jenuel Buen
- Silver Medalist: Am Aserht Lacrete
- Bronze Medalist: Limar Tremotcha

Science Wordsmith

- Gold Medalist: Kyla Brecia
- Silver Medalist: Alyanah Javellana
- Bronze Medalist: Vanessa Mamaril

Science Quizbee (Grade 11)

- Gold Medalist: Shan Javellan
- Silver Medalist: Alyanah Javellana
- Bronze Medalist: Dave Ruiz

Science Quizbee (Grade 12)

- Gold Medalist: Jechiel Bisagas
- Silver Medalist: Dirk Dinglosa
- Bronze Medalist: Angeline Dumila

Congratulations to all who took part in this enjoyable event, especially the winners, as well as to the STEM Club for making it possible for the students to showcase their ideas and skills, improve themselves and learn new knowledge. Hail to the Chiefs!



LITERARY

ELISA ESGUERRA CAMPUS

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Bituin

By: Elmer Sy

Tayong lahat ay nabubuhay
Dahil sa'ting mga pangarap.
Sinong tao sa mundo
Ang dito'y walang paglingap?

Ito'y katulad ng ginto
Na dapat linangin at kinikiskis,
Upang kislap ay makita,
Sa saya ng buhay, mabigkis.
Ang pag-abot sa pangarap
Ay paglakad sa dilim;
Asahang masasaktan
At maka-aapak ng patalim.
Ngunit ang mga karanasan
Ay matibay na sandigan,
Nang maging malakas
At makamit ang mga inaasam.
Ang parangap
Ay 'di lang isang pangangarap.
Ito'y pagkilos, pagtitiyaga,
Paghihintay at pagharap.
Tandaan, 'di ka bigo.
Nais mang bituin ay 'di
nahawakan;
Malaman na maraming bituin
Na sa iyo'y nakalaan.
Mistulang patay
Ang taong 'di nangangarap,
Na maaring at puwedeng
mahimlay
Sa isang pagkurap

Ang mangarap ng mataas
ay pag-aasam na wagas.
Ito'y magtutulak sa isang tao
Sa matamis na bukas.

Marangap tayo
hangga't kaya nating mangarap;
Sa buhay ng tao
ito'y mahalagang sangkap.

Kung magpapadaig
Sa bawat hamon ng buhay.
Ang pangangarap ay
malilimutan;
Sa pasakit ng mundo'y
matatangay.

Paglipas, Pasimula

By: Elmer Sy

Sa paglipas ng panahon ay
pagbabago ng lahat.
Buhay ay umiikli; oras ay
namamatay ng dilat.
Ang tanging bata sa isipan ay
ala-alang kidlat
Na 'di malilimot hanggang
mata'y 'di na muling dumilat.

Sa paghakbang sa daan ng
buhay dapat may saya,
Sapagkat iyan ang magsisilbing
gintong ala-ala
Sa pagkulubot ng balat at
paglabo ng mata
At sa paghina ng pandinig at
paglimot sa pagkabata.

Kayamanan, pera, at katanyagan
ay walang silbi
Kapag ikaw ay nasa loob na ng
kahong puti.
Kaya't habang buhay,
pagmamahal sa iba'y ipamahagi.
Maubos man ang pera kabutihan
sa isipa'y mananalagi.

Ang pagtulong sa kapwa 'di
lang naman sa salapi,
Kundi sa pagdamay at pagtulong
sa oras ng pighati.
Mabuhay tayong sa mga labing
palaging may ngiti;
Tumulong tayong sa puso'y
bukal walang pagkukunwari.

Masarap mabuhay sa nasa
'buti'y walang pagtitimpi;
Masarap mabuhay kung ang
lahat sa labi'y may ngiti.
Sa huling bahagi, kabutihan ang
siyang nagwawagi
Kung ika'y ganito, sa mata ng
Diyos ika'y natatangi.

Hanga Ako Sa 'yo

By: Elmer Sy

Sa mga sedundong ang isip ay
nalilito,
Minutong nasasaid laman at
lalim nito.
Sa oras na tiwala'y wala na sa
sarili mo,
Araw na 'di na kayang
lumakad-takbo.

Sa sandaling 'di mo na alam
ang gusto;
Panahong nalulunod kana sa
mundo;
Sa yugto na ang puso't isip ay
blangko;
Bawat puntong malapit ng
sumuko.
Salitang 'di makatakas sa bibig
mo;
Planong paikot-ikot lang
sa'yong ulo;
Sigaw at paghihinagpis na
naghahalo,
Sugat-bigat na pilit dumaragan
sa'yo.

Tugmang walang maayos na
punto,
Musika't saliw na aliw sa buhay
mo;
Lirikong nais umalpas sa ibang
ibayo,
Hiyaw at sigaw na ibig mo ng
ibato.
Huwag kang malito ano mang
lalim nito.

Sarili ay laging tanggapin; 'wag
tumakbo
Mali man ang kinahantungan
mong kanto,
Batirin na 'di 'yon ang landas-
tapos mo.

Gawin ang mga magpapasaya
sa'yo.
Huwag makinig sa sasabihin ng
mundo.
Ano man ang kaharapin at
landasin mo,
Mabuting walang pagsisisihan
sa dulo.
'Di man ngayon makamit bituin
mo,
Sana'y mabatid may oras para
sa rito.
Mali man tingin nila sa'yong
pagkatao,
Ang mahalaga: walang
tinatapakang tao.

Magpatuloy lang sa mga
pangarap mo.
Isang araw lahat ng iyo'y
tataglayin ninyo.
Kailangang magkamali para sa
pagkatuto;
Katulad ng titulo nito: HANGA
AKO SA'YO!

Ang Kuwento Ng Polboron

By: Elmer Sy

Noong una,
Nna ang kayo.
Kalaunan
Ay nagkalayo.

Kung tunay,
Walang dahilan
Kahit pa
maraming humadlang.
Hindi mababasag,
magkaisang bato
Na nagkaisa.

'Di na wagas.
Pagkakakapit kamay
Ay dumulas.
Pinabawaan,
Pumulas,
Lumampas
At tumakas

Koneksyon
ay 'di maiwawala.
Dahil
Pagkatuto ay
Dala-dala
Hangin
Na dadampi
Minsan
Sa alaala.

'Di tugma
Ang Polboron
Sa Polboron.
Bakit?
Dahil
Parehas sila
Na kailangan
Ang tubig.

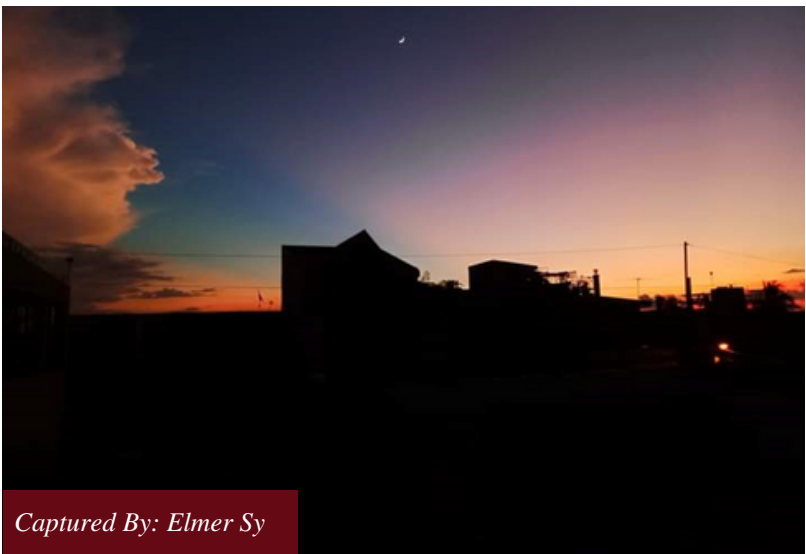
Ako ang Tanong at Sagot

By: Elmer Sy

Oras ng kalungkutan,
Palaging tulala.
Tanong sa Itaas, "Bakit?
Sino'ng may gawa?"
Nag-iisip ng mga bagay-bagay,
'Di mapakali ang mata,
Hagilap ng sagot sa tanong
Na ako rin mismo ang gumawa.

Paulit-ulit
Ang mga tinig ng tanong sa aking
isip.
Pabalik-balik
Ang mga sagot sa ulo ko'y
sumisilip.
Hanggang sa mapagod na lang
At tuluyang maka-idlip.
Kinabukasan.
'Yon na naman ang gagawin
Sa halip...
At hanggang natuton ko na
Ang dahilan o sanhi,
Na parang bagay
Na pag-aari ko, ngunit 'di ko
mahingi.
Dahil ako o ang sarili ko rin
Ang nagkait ng saya't ngiti;
Ako pala ang 'di nagbigay
Sa sariling pilit na humihingi.

Ngayon ay batid ko na ang
dahilan
ng aking paghikbi:
Ako rin pala ang dulot
ng lungkot at aking 'di pag
ngiti.
Dahil ako'y nagpalamon
sa lungkot na bumati;
Dapat pala'y 'di pinansin
nang 'di nausog ang ngiti sa labi
Kalimutan ang nagdulot;
dalhin ang aral na napulot;
Pansinin ang mga bagay
namakakatulong sa paglimot.
Muling balikan
ang mga masasayang bagay na
nalimot.
Tayo ang gumawa ng tanong;
Tayo rin ang makakasagot



Captured By: Elmer Sy



Captured By: Elmer Sy



THE STANDARD

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Photo by: Clarence James Rojas



The Mabini Students' leadership abilities were exhibited once again

By: Clarence James Rojas

One of the goals of every educational institution is youth development, and the result of this was demonstrated by student leaders from Arellano University, Apolinario Mabini Campus, as they stepped up to be the outfit officers for the newly established Makati City Council Community-Based Scouting program. Their previous expertise in leading an organization with various leadership styles helps them to take the trust of other members as they conduct their elections.

The first-ever community-based scouting program for Makati City Council was formed by the Boy Scouts of the Philippines-Makati City Council and Rescue Recon One, a nonprofit organization. Each of the youth leaders of the Rescue Recon put a lot of effort and passion into making this happen. The goal or purpose of establishing this institution is to follow the vision and mission of the Boy Scouts of the Philippines to acquire competencies to become responsible citizens and capable

leaders.

When the organization begins to need a new set of leaders, Arellano University Chiefs' leaders step forward to serve and demonstrate their abilities. An organizational election was conducted last September 18, 2022, via Google Meet and was facilitated by the Institutional head Macel Naomi Negrado, and the Unit Leader, John Carl Binos. The participants are different youth leaders of Rescue Recon and Boy Scout

of the Philippines-Makati City Council. The election was conducted successfully, which resulted in being the elected Senior Crew Leader for the first outfit, Eagle Scout Clarence James Rojas of ABM 12-A. In their separate roles as Outfit Scribe and assistant Senior Crew Leader, Outdoorsman scouts Barbie Lustre and Brian Bernardino, both from STEM 12-B, will assist him. Moreover, the newly elected officers noted that this outfit will always be open to different partnerships

that will benefit the youth.

There are many excellent leaders out there who require our advice as they hone their abilities to serve the people. This experience demonstrated to us that our leadership skills are not limited to school-based initiatives.

The Tassel Is Worth the Hassle: Keep Soaring High, Keep Dreaming, and Make Things Happen, Chiefs!

By: Jerick Louis Dican

September 29, 2022 at 1:00 in the afternoon finally ended the long wait of our graduates. This day was a big and worthwhile day for our senior students as they graduated from senior high school at Arellano University-Apolinario Mabini Campus. The Standard-Apolinario Mabini Campus would like to express its sincere appreciation to our grade 12 students for their exceptional accomplishments for the academic year 2021-2022. The school expresses gratitude for their dedication, commitment, and participation in the school community throughout the academic year, regardless of the online environment. Graduation is a very big milestone in our lives. That is why anytime they announce ABM, STEM, HUMSS, ICT, GAS, and the like, each strand responds with cheers in the remark. A lot of you did well in high school and put in more than a year of learning, so congratulations on your accomplishments. You have worked hard for four years and put in a lot of effort to get to this point. Despite the various difficulties you faced in Grade 12, you persevered in maintaining your commitment to your objectives, whether they were

professional or personal. The school will undoubtedly be pleased with each and every one of you and hopes that you will use this opportunity to help you succeed in the future.

Not just our senior high school students are celebrating their joyous day, but also so many celebrities who have graduated, and they are able to show us that it doesn't matter how old you get, you will always achieve and be your genuine self. On the same day, Kapuso actor Mike Tan graduated from Arellano University with a Bachelor of Arts in Psychology. While this may not have occurred on our campus, Mike Tan's announcement on his Instagram account that he had graduated from our beloved university ignited the blazing hearts of all Chiefs. The Arellano University-Apolinario Mabini Campus wishes all of the graduates a happy graduation and hopes that you had as much fun as the faculty, staff, and administrators did working with you throughout this process. As a result of your hard work and dedication, the school already sees that you all have a bright future ahead of you. All of these years have now come to a close, and you are finally graduating! We are hoping for the best for you in the future. We are all so proud of you!

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SERIES IN 2022: PHILIPPINE FILM INDUSTRY PAVES THE WAY TO ORIGINAL FILIPINO STORIES

By: Felecity Bataller Villanobos

For many years in the Philippine film industry history, the focused topics were mostly on Philippine adaptations of foreign movies and series. In 2022, both GMA and A to Z channels, the well-known media and entertainment networks in the Philippines, released three of the country's original stories. GMA released “Lolong” the story inspired by Kapuso Mo Jessica Soho's segment about the attacking crocodiles in the country, and “Maria Clara at Ibarra”, the portrayal of Jose Rizal's timeless novels Noli Me Tangere and El Filibusterismo with a touch of the modern generation's culture. 'Darna' is the most awaited comic series by Mars Ravelo for the A to Z channel, about a Filipina heroine dealing with the challenges facing the country.

Filipino viewers and critics had different reactions and reviews of the film. The positive reactions to the films focused on promoting Philippine culture and literature. In maintaining the original flow of the stories, while connecting culture and tradition, the series addresses the issues and ways of living of the modern generation of Filipinos.

Criticism is inevitable in the film industry, especially in terms of action scenes and special effects. As the series flutters and captures the heart of the viewer through the

storyline, characters, and cinematography, critics affiliate with the expected high-quality Filipino-produced films. This is a meaningful thing for Filipinos, especially the critics and enthusiasts of Filipino films, as the Philippines continues to develop, empower, and innovate all of the country's literature to be told.

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Photo Credit: fandom.com

The Most Famous Misconception in Spider-Man.

By: Prince Jheffyrutzen Angeles

FEATURE

As a celebration and dedication to 60 years since our neighborhood friend has been bringing us pure joy in comics, as well as 20 years since its first movie adaptation captured the hearts of many fans, a sports writer and a fan who is saved by Spider-Man will write about him! Similar to the title, this article contains a mind-blowing theory about the friendly neighborhood superhero who everyone loves! Have you ever got the opportunity to watch the Spider-Man: No Way Home film? If you haven't seen it I may say that there might be spoilers in this article. Nevertheless, most fans indicated that 3 different individuals identified themselves as Peter Parker, a man with powers identical to those of spiders. These individuals can shoot webs, swing through objects that webs can reach, and could also climb walls. The same goes in Spider-Man: Into the Spider-Verse, spidey fans also saw numerous personas that had the same spider powers as well. These two films have shown us that the whole entity isn't left by just one spider-man, but each universe individually has its own!

Numerous fans like myself who have watched the films have knowledge that yes, there are numerous individuals who attain this despicable power. Additionally, they know that there are people from different multiverses who play the same "Friendly Neighborhood" hero in their communities. There is a difference though when a film of this historic franchise is shown compared to the basis of it all, the Spider-Man comic series. The fact from comics is that these individuals who possess power are destined to have them. Throughout the movies and renditions, it has consistently been portrayed that Peter got his spider powers by accident after biting a spider. Comic books are based upon the so-called "Web of Life and Destiny," the source of power and every "Spider-Totem" is connected to this web. In a comic strip in some released issue of the Web of Life and Destiny, it is shown that all of them are connected somehow to the web, from their personas. There are also numerous “Great Totems” such as “The Great Weaver” who is entitled to pick who is destined to attain such powers, and “The Gatekeeper” who manages the forces connected to the web of life. Spider-Man today is known to be portrayed by most of the film franchise's fans to be the only person who possesses these spider prototype powers not until the Into the Spider-Verse film was released. This is also crucial to enlighten knowledge by fans who adore both comics and films of the franchise that it was really meant to happen. With resources like the internet, and webpages that fans made for other fans to read, it is in our hands to read and absorb knowledge responsibly.

Source:

Marvel Fandom's “Spider-Totems” page

<https://marvel.fandom.com/wiki/Spider-Totems>

Marvel Fandom's “Web of Life and Destiny” page

https://marvel.fandom.com/wiki/Web_of_Life_and_Destiny

The Most Famous Misconception in Spider-Man”



LITERARY

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Lawa

Isinulat ni: Maria Isabelle Bien

Sa paglalim ng gabi, randam ko rin ang paglalim ng aking bawat hininga. Wala namang tubig na sa akin ay nakapaligid, ngunit tila ako'y nalulunod sa mga naiisip. Patuloy na nagmamasid, napapansin ang parte ng tubig na namumukod tangi sa pag agos. Malalim na buntong hininga ang aking pinakawalan.

Kasing lalim ng lawa ang mga pumapasok sa aking isipan. Sing lawak ng lawa ang aking mapaglarong imahinasyon. Hindi mapigilang napapikit at sa aking pagdilat, hindi ang lalim o ang lawak ang aking unang napansin, kundi ang kagandahang taglay na nakakubli sa nakakatakot na imahe.

Sing lalim man ng lawa ang aking mga iniisip, sing lawak naman ng langit ang aking dahilan upang lumaban. Hindi dahilan ang lalim sa pagsuko, at mas lalong hindi dahilan ang bilis ng agos sa hindi pag-kapit. At kagaya ng lawa, kakalma rin ako pagdating ng araw.

Matang makasalan

By: Clarence James Rojas

Kung ano-anong kabuktutan ang aking nasilayan. Mga bagay na ito'y walang pinipiling lugar at kaganapan. Simula sa'king tahanan hanggang ako'y makarating sa lansangan. Wala akong magawa sapagkat ako'y binulag ng aking kapaligiran.

Bawat ngiting aking nakasalamuha, bitbit nito ang mga matang animo'y may gustong ipakita. Hindi ko magawang komprontahin sapagkat kakaiba ang mga pustura. Gusto ko na lamang pumikit, at magpanggap na walang nakita. Nakapapagod nga talaga ang magbulag-bulagan kaya't nagawa ko na lamang ikatha ang aking mga nasilayan.

Ayaw ko na muling makasaksi nito kaya't binulag ko ang matang makasalan. Ngunit hindi ako dahilan ng aking pagkabulag, kundi ang aking kapaligiran.



BIGAT NG HINAHANGAD

Isinulat ni: Adrian Lanopa

At ang utak mo'y di na gumagana,
Pati ang tuhod ay susuko na,
Pipiliin mo bang magpahinga?

Marahil ang mundo'y sinasabing huli ka na,
Di randam ang asensong nangyayari tulad sa iba,
Di ka na nakakasabay sa patuloy na pag-agos ng mundo,
Kinukumpara mo ang sarili mo sa mga taong tingin mo'y dapat kalebel mo.

Minamadali mo ang lahat pero di kita masisi kung yun ang gusto ng utak mo.
Nasanay sa bigat na binibigay ng paligid mo,
Na kahit pahingay'y isang malaking pagtatalo,
Kumpara sa dami ng bagay na iyong inaasikaso.

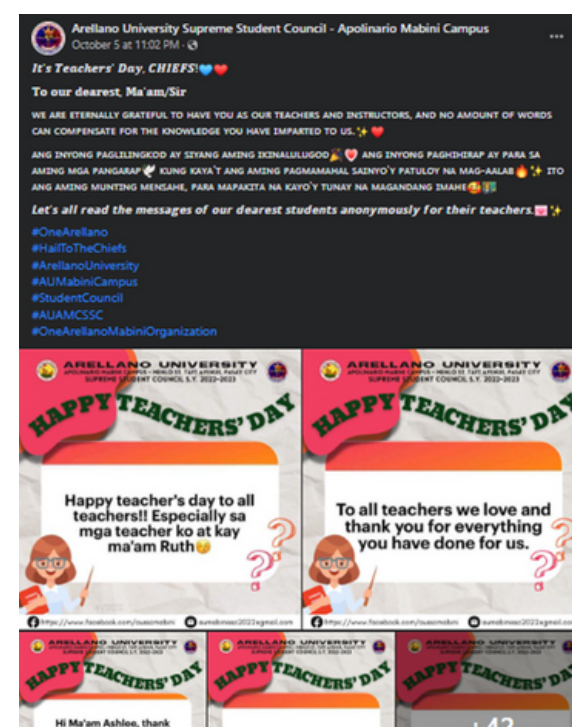
Babangon sa umagang handa na ang nakapilang gawain.
Orasang tumatakbo na gustong pahintuin.
Sakaling makahinga at makapagbigay ng oras para sa atin,
Nananalangin na ang lahat ng pagod ay maging sulit din.

Patuloy na lumalaban para sa kaginhawaan,
Matupad ang pangarap na matagal ng pinanghahawakan,
Inaasam na tuluyan ng maisakatuparan,
Ang buhay na matagal ng inaasam-asam.

“Transformation of Education begins with Teachers”: Mabini Chiefs takes part in Celebrating Teacher's Day

By: Darell James Oracion
FEATURE

A teacher's responsibilities extends beyond the four walls of the classroom. They have the ability to spark each student's creativity, instill hope, and cultivate a passion for learning. We commemorate Teachers' Day in order to honor this unique bond! Once again, the Supreme Student Council comes up with a creative idea for celebrating Teacher's Day. As a platform, NGL.link was used by the Student Supreme Council to send messages to their teachers in an anonymous manner. This idea is appealing among Chiefs because it is both trendy and entertaining. The Student Supreme Council posted the anonymous messages on their official Facebook page and left the teachers wondering who sent those. The sweetness and humor of all the messages made the teachers astonished.



As part of Teachers' Day, posters and greetings were posted on some of the student organizations' FB pages, such as HUMSS Organization, Senior Executive Association, and STEM Society. They greet their teachers online to show them how much they appreciate their dedication and work as teachers. With their thoughtful yet kind gestures, students show their love and respect for their teachers and convey their best wishes to them. It was a day to celebrate for both the teacher and the students. Even though students had to celebrate the day virtually, they showed their love and appreciation through small acts of kindness. It was a day to remember every teacher whose knowledge, love, and influence made a difference in students' lives.





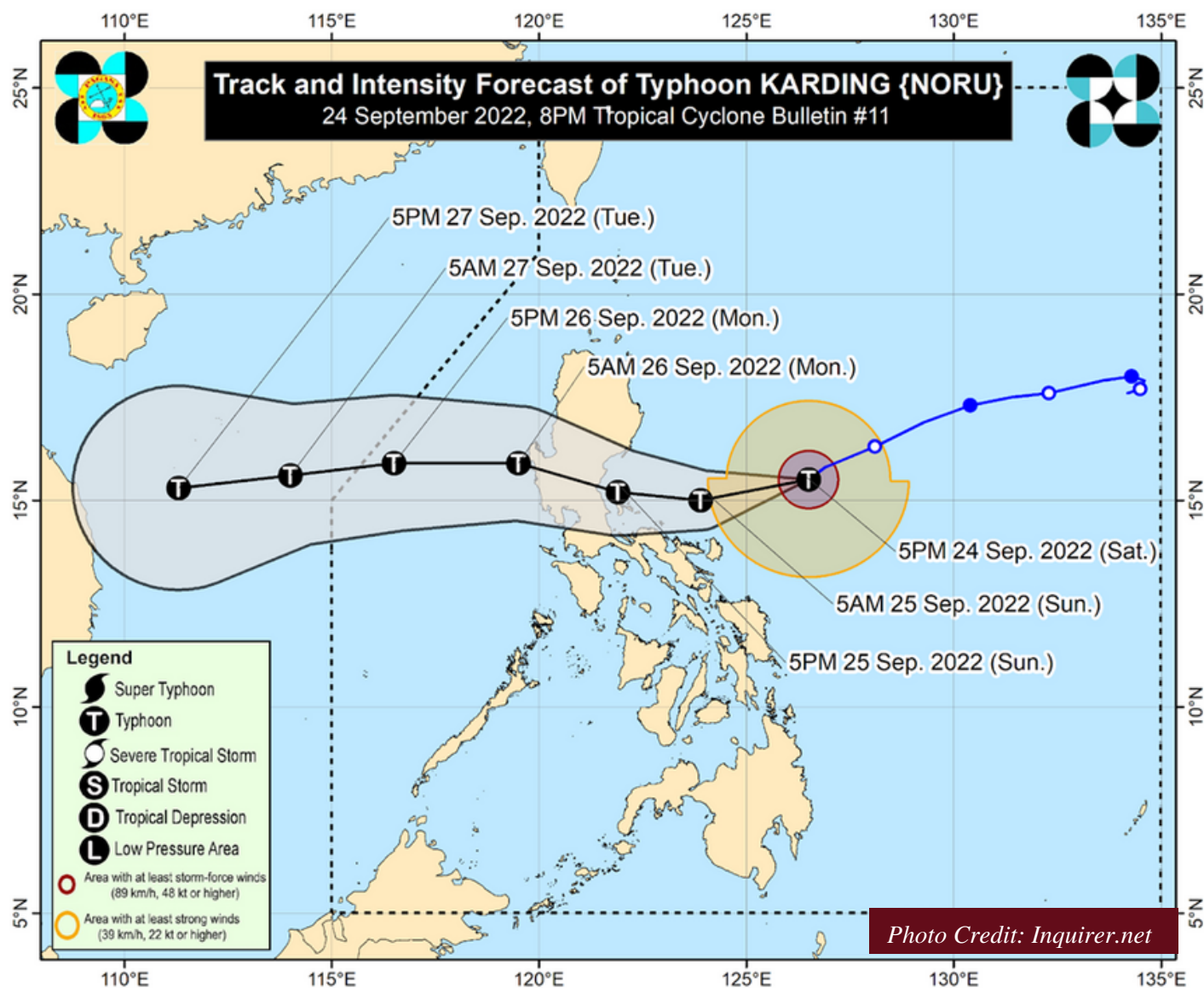
SCIENCE

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Ang Bagsik ng Bagyong Karding

By: Jainelia Imperial

Isang low pressure area (LPA) ang namataan sa Philippine Area of Responsibility nitong huwebes, Setyembre 22. At nagdala ito ng pabugso-bugsong hangin sa ilang bahagi ng Pilipinas lalo na sa mga lalawigan ng Luzon, at kalaunan in-annunsiyo na ng Philippine Atmospheric, Geophysical and Astronomical Services Administration (PAGASA) na ito'y ganap nang signal no.1 sa mga bayan ng Isabela, Nueva Vizcaya, Quirino, Timog na bahagi ng Cagayan (Peñablanca, Tuguegarao City, Iguig, Solana, Tuao, Enrile), Kalinga, Mountain Province, Ifugao, Aurora, at sa mga hilaga at silangang bahagi ng Nueva Ecija. Ang bagyong Karding na tinatawag din sa (Typhoon Noru) sa ibang bansa, ay siyang naging pang-labing isang tropikal na bagyo ng Pilipinas na naitala ngayong taon. Ayon kay Obet Badrina isang espesyalista sa panahon mula sa PAGASA, ang Bagyong Karding ay may layong 795 kilometro patungong silangang bahagi ng Tuguegarao City sa lalawigan ng Cagayan at lumalakas mula 85 kilometro hanggang 150 kilometro bawat oras. Ilang araw itong inantabayanan ng PAGASA hanggang sa idineklara na nila itong umabot na sa pinakarurok na lebel ng bagyo, na siyang naging super typhoon. At ang lugar na may malaking pinsalang natamo, ay ang lalawigan ng Bulacan, na limang rescuer ang nabawian nang buhay dala ng sobrang lakas na hagupit ng bagyo.

Nagkalat sa mga social media ang mga hinaing ng mga taong nadamay at naapektuhan ng bagyo, nagkaroon ng mga donation drive sa tulong rin ng ibang mga gobyerno at mga pasilidad na handang magbigay ng tulong.

Nilisan rin ng bagyo ang Philippine Area of Responsibility nitong lunes, Setyembre 26 na nasa 585 kilometro pa-kanluran ng Dagupan City, Pangasinan, ayon sa huling naitala ng PAGASA. Humina ang bagyo bago ito dumako sa panibagong bansa na Vietnam na siyang may bilis ng 20 kilometro bawat oras. Sa pagka-kalkula at pag-aaral na ginawa ng PAGASA inaasahang may mga susunod pang bagyo na darating sa ating bansa, Laging mag-ingat at maging alerto ang kanilang payo.

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STUDENT LIVES MATTER AS EDUCATION DOES TO THEM: RE-OPENING OF FACE TO FACE CLASSES IN SCHOOL

By: James Polo

Two years ago, the World Health Organization (WHO) declared a public health emergency which caused our country, Philippines to temporarily close schools due to the highly contagious Coronavirus disease 2019 (COVID-19) pandemic which also caused a high rate of deaths and presents an issue to the country's economy, and education.

Presently, as schools around our country gradually open up, the World Health Organization (WHO) implemented safety protocols which is supported by the truthful data being given by various institutions "Checklist to support schools re-opening and preparation for COVID-19 resurgences or similar public health crises", the issue should be regularly amended by the National Guidance along with the contingency planning based on local transmission rates as evidences in conclusion that will be made at the national and local levels. This addresses risk assessment about the present local epidemiology cases, system and capability to adapt to the school, health assessment of the students, teachers and staff existing inside the school and pre-emptive measures, which are hand hygiene and respiratory etiquette. Second, physical distancing. Next, is the use of facemasks inside the classroom of school. Then, environmental cleaning and ventilation of the campus and classroom. And lastly, respecting procedures for isolation of all people with symptoms. Others such as behavioral aspects, curriculum expectations, responses in line with national and local public health protocols, monitoring and surveillance, contingency planning are also included. It is crucial to arrange a safe and sustainable environment at the same time adhering to public health guidelines while inside the classroom to minimize disease transmission.

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EDITORIAL

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Stepping Towards Gender Inclusivity

By: Kathleen Untalan
Juan Sumulong Campus

We were born either a man or a woman, a blank canvas. We grow, we flourish, and we paint the empty space. We are expected to varnish with the stereotypical pigments; blue for boys and pink for girls. However, some people paint with colors that are neither blue nor pink. How will they live in a world where they are deemed different? How are we going to act if we are long taught that the only colors in the spectrum are blue and pink?

Before, words like "bakla" and "tomboy" were often seen as an insult. "Sayang matalino sana, kaso bakla." These are the words you can hear from people which simply imply that gays or bisexuals can't possess admirable traits. Since we live in a country heavily influenced by Christianity, being a part of the LGBTQ+ (Lesbian, Gay, Bisexual, Transgender, Queer,...) community seems to be an abomination.

We have been fighting for gender equality and inclusivity for quite some time now. Abuse and discrimination against the LGBTQ+ community sparked movements in society, one of which is the SOGIE (Sexual Orientation and Gender Identity and Expression) Equality bill. But the fight to stop the stigma was never easy.

When the late Senator Miriam Defensor-Santiago and

Akbayan Representative Etta Rosales filed the first version of the SOGIE Equality bill in the 11th congress in the year 2000, it was pending for 17 years. The said bill was then re-filed in the 14th congress but only reached the committee level. More senators tried filing the same act in the 15th and 16th congress, but to no avail; their voices were never heard.

In the 19th congress of the year 2020, the senate panel approved the revised version of the bill proposed by Senator Risa Hontiveros, the SOGIESC (Sexual Orientation, Gender Identity, Gender Expression, and Sexual Characters) Equality bill. However, this doesn't end here alone. The bill must undergo several legal processes. After decades of fighting against oppression, we are now a step closer to success.

Last August 2022, Miss Trans Global 2020 Mela Franco Habijan posted a statement on her Twitter account addressed to The Department of Education (DepEd). Habijan felt disappointed with the country's education system when she saw the viral photo of three gay high school students who had their long, maintained hair, cut in obedience to their school's policy. According to her, "Education for all" is not exclusive to two genders. She calls for the reiteration of the Gender-Responsive Basic Education Policy or DepEd Order No. 32, s.2017.

The social media was inspired by the empathy of Mela Habijan. That's why it is no surprise that her post would become viral and later on featured in several news outlets such as the Manila Standard and the Philippine Star. Soon enough, DepEd released a memorandum

signed by Education Undersecretary Revsee Escobedo and Assistant Secretary Francis Cesar Bringas that instructs the "strict implementation" of The Gender-Responsive Basic Education Policy or DepEd Order No. 32, s.2017 in all Grade Schools and High Schools across the region.

In September 2022, a transgender teenager in Leyte was featured by ABS-CBN News when her appreciation post from her Facebook account went viral. "I'm very much blessed and grateful at the same time for being in a school that totally accepts LGBTQIA+ members of society." She quoted after her school-Leyte National High School-gave her permission to wear her desired uniform. This finally concludes that schools are indeed becoming more deferential and inclusive.

Regardless, the fight will never be over. The disease that corrupts compassion is within us, and the only way to finally end the stigma is to kill the monsters that lie upon one's self. Community roles are not exclusive to pink and blue. Let people paint their canvas with rainbows. Our world is capable of achieving greater heights if and only if we break the barriers against different social groups.

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Diversity in Education, Inequity against LGBTQIA+ students in the Philippines

By: Christine Leigh Chan
Jose Abad Santos Campus

On August 15, 2022, Mela Franco Habijan, Miss Trans Global 2020 and LGBTQIA+ advocate, posted on Facebook her letter to Vice President and DepEd Secretary Sara Duterte-Carpio regarding the concerns of queer students as face-to-face classes are implemented for Academic Year 2022-2023.

"Trans girls in particular are being asked to cut their hair and are mandated to wear the prescribed uniform for male students - a stressor building anxiety and fear among them," Habijan stated in her letter, she also included online resources as justification that gender-related problems cause mental health issues and other academic incompetence in students.

She also mentioned in her letter DepEd's Gender Responsive Basic Education Policy in 2017 (DO 32 s 2017), which protects LGBTQIA+ students and

teachers from discrimination and violence and encourages their inclusivity in the community.

"Sadly, some of our educator friends are still unaware of this policy," Habijan asserted. She requested an appeal to reiterate and ensure the proper implementation and preservation of the said policy across the country.

Habijan reposted the letter on August 19 while waiting for the response from VP Duterte and other DepEd officials.

"Dearest Friends, I plead: please help us amplify our call for inclusion in our DepEd schools and CHED universities and colleges," she said in the post.

Months after sending the letter, we can see on Habijan's Facebook page that she is sharing pictures of students and teachers from different campuses in the country who are allowed to go to school in the gender they identify as.

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Pag-gilotina ng Kumpiyansa

By: Marc Angusto
EDITORIAL CARTOONING





EDITORIAL

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LGBTQIA+ advocate urges VP Duterte, DepEd to ensure transgender inclusivity as full F2F classes return

By: *Sophia Manalo*
Apolinario Mabini Campus

Everyone is preparing for the start of face-to-face classes, with 24,175 private and public schools, or 46% of schools nationwide, preparing to welcome back students. Habijan raised a concern regarding about transgender students being forced to cut their hair and change their clothes. Mela Habijan, an actress and advocate, appealed to the Department of Education (DepEd) to ensure that its policy against gender-based violence and discrimination in schools was implemented upon the return of face-to-face classes.

Ms. Habijan wrote, "We are receiving messages from trans and nonbinary students from different regions. They are afraid and asking for help because they want to go to school in an expression that is consistent with their gender identity—in a way that their expression of being trans and nonbinary will not be stifled."

Sadly, some of Habijan's educator friends are unaware of this policy. "The Department of Education and the Commission on Higher Education, to whom he intends to appeal, have work to do. By doing this, I am once again making an appeal to you to ensure that DepEd Order 32, section 2017 is implemented and preserved in all regions of the Philippines," Habijan wrote to the vice president.

It is encouraging to see that there are advocates who understand how transgender students feel about cutting their hair for face-to-face classes, as transgender people believe that not cutting their hair will not affect their academic performance.

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Photo Credit: Bria Homes

Uniporme Ko, Kasarian Ko

By: *Rocelle Christine D. Lacuesta*
Elisa Esguerra Campus

Pambabae o panlalaki?

Iyan ang tanong ng mga estudyanteng transgender sa kanilang mga guro at mga paaralan ngayong nagsimula na ang transisyon mula distance learning pabalik sa face-to-face classes. Isa sa kanilang alalahanin ay kung ano nga ba ang unipormeng dapat nilang suotin bilang isang estudyanteng transgender? Dapat bang magsuot ang mga estudyanteng trans woman ng panlalaki dahil iyon ang "tanggap" ng nakararami? Dapat bang magsuot ang mga estudyanteng trans man ng pambabae dapat dahil iyon ang "akma" sa kanilang "kasarian"?

Isang balita mula sa Tacloban ang lumaganap tungkol sa isang estudyanteng trans woman na pinayagan ng kanyang eskwelahan na magsuot ng unipormeng pambabae. Marami ang nagpakita ng kanilang suporta sa pagbabagong ito ng isa sa mga mahigpit na batas sa isang paaralan na tungkol sa unipormeng dapat isuot ng mga estudyante. Ngunit sa kabila nito, karamihan pa rin sa mga paaralan sa bansa ang hindi nagbabago ng pasya at patuloy pa rin sa patakarang ang unipormeng pambabae ay para sa mga "babaeng" estudyante at ang unipormeng panlalaki ay para sa mga "lalaking" estudyante.

Tama nga ba ang hatol na ito? Hindi ba ang ibig sabihin ng pagiging trans woman ay pagiging isang tunay na babae at ang pagiging trans man naman ay nangangahulugang pagiging tunay na lalaki?

"Uniform help trans people express [ourselves]." Ayon kay Reign Charita, isang estudyante at isang trans woman. Sa isang panayam, kaniyang ibinahagi ang kanyang opinyon sa polisiya ng mga paaralan kung saan hindi pinapayagan ang mga estudyanteng transgender sa malayang pagsusuot ng unipormeng magpapahayag sa kanilang gender identity. Ipinarating niya rin na ang pagsusuot ng unipormeng pambabae ay nakakatulong upang madagdagan ang kaniyang self-esteem at kumpiyansa sa pagharap sa ibang tao.

Ayon sa mga paaralang hindi pa rin pinapayagan ang kanilang mga estudyanteng transgender na magsuot ng unipormeng nagpapakita ng kanilang gender identity, ginagawa nila ito upang "protektahan" ang kanilang mga estudyante mula sa diskriminasyon at mas matinding pangungutya. Ngunit pinili namang tumutol dito ni Charita at sinabing mas dinadagdagan pa nito ang diskriminasyon sa mga katulad niyang trans woman at pati sa iba pang transgender na estudyante.

"It is not about protecting members of the LGBTQIA+ community, it [only] adds fuel to the fire of discrimination." Ito ang kaniyang pahayag nang tanungin kung ano ang opinyon niya sa sagot ng mga nasabing eskwelahan. "Kung lumaki ka sa community na open sa LGBTQIA+ community... mas maiintindihan kami."

Kung iisipin, tunay na maaaring makadagdag sa diskriminasyon sa mga transgender ang hindi pagpayag ng kanilang mga paaralan sa pagsusuot nila ng napiling uniporme. Kung ang paaralan ay hindi pumapayag sa

kanilang pagsusuot ng uniporme batay sa kanilang gender identity, maaring maging dahilan ito para mas kutayin pa ng mga estudyanteng ignorante sa isyung ito ang mga miyembro ng LGBTQIA+ community, partikular na ang mga transgender.

May ilan pang kaso kung saan ang mismong mga tauhan pa ng paaralan ang harapang nagpapakita ng diskriminasyon sa kabila ng polisiya ng DepEd na Gender Responsive Basic Education Policy na may layuning protektahan ang mga estudyante mula sa diskriminasyon tungkol sa kanilang kasarian at sekswalidad.

Isang halimbawa nito ay ang sapilitang pagpapaikli ng buhok ng mga trans woman kung saan hindi sila papapasukin sa loob ng paaralan kapag mahaba ang buhok. Minsan ay ang mismong guro ang maggugupit sa kanilang buhok sa harap ng kanilang mga kamag-aral.

"Why not listen to [us] students if they want to protect [us]." Ani Charita. Bilang mga estudyanteng biktima ng diskriminasyon, sila ang nakakaalam kung anong klase ng pangungutya ang ibinabato sa kanila, kaya bakit hindi sila ang pakinggan ng paaralan?

Kaya naman ganun na lamang ang tuwa ni Charita at ng mga estudyanteng LGBTQIA+ nang sa wakas ay magkaroon na ng kompromiso sa pagitan ng kanilang paaralan at sa mga katulad nilang LGBTQIA+ advocate tungkol sa kanilang pagsusuot ng uniporme. Sa wakas ay maaari na nilang isuot ang unipormeng tunay na makakapagpakita ng kanilang gender identity.

Ito naman ang iniwan niyang mensahe para sa mga paaralang tutol pa rin sa malayang pagpapahayag ng gender identity sa tulong ng uniporme: "Sana ay mas i-open, at mas magkaroon sila ng kaliwanagan. Buksan nila ang mga mata nila sa senaryong ito, at i-eradicate ang ganoong klase ng mindset dahil dulot lang iyon ng pride nila. Sinasabing tanggap nila, pero pagdating sa ganitong usapin, hindi pumapayag. Dahil yun sa pride nila. Ayaw lang talaga nila." Dagdag pa niya: "...We are in the new era, new world where the LGBTQIA+ community is part of our community."

Mahirap para sa iba ang pagtanggap sa mga miyembro ng LGBTQIA+ community; ngunit katulad nga ng sinabi ni Charita, nasa panahon na tayo kung saan ang LGBTQIA+ community ay parte na ng ating komunidad. Kung iisipin, lagi naman silang parte ng ating komunidad, pinili lang ng nakararami na hindi sila kilalanin at tanggapin. Ang paaralan ang isa sa mga institusyon kung saan dapat naipapadama sa mga estudyante ang pagtanggap at diversidad, kaya sana ay magkaroon na ng kalayaan ang lahat ng estudyante na ipakita sa kanilang mga kamag-aral ang kanilang gender identity sa tulong ng pagsusuot ng unipormeng kanilang napili.

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GENDER EQUITY: Acknowledging LGBTQ Community in a Fault- Finding Society

By: *Celine Inah J. Dela Cruz*
Jose Rizal Campus

We recognize people who have been long battling about how to show who they really are, not primarily because they are ashamed of it but because of the fear of how other people will see or treat them; instances when they had to pretend and mask themselves of something “acceptable” only to feel acknowledged in a fault-finding and conforming society. LGBTQIA+ community is one of the significant examples. And when these people who are a part of that community also slowly start to unmask and accept themselves without the need for approval from others, is when society still hinders them.

But fortunately, some people are ready to express what they want to say and fight not only for themselves but for others. Truthfully, a strong and willing voice can make so much difference. This is what Mela Franco Habijan, an advocate, proved to everyone.

In a Facebook post last 15th of August 2022, LGBTQIA+ advocate and Miss Trans Global 2020 Mela Franco Habijan encouraged DepEd’s Secretary and also Vice President, Sara Duterte about transgender non-discrimination on the return of schools’ face-to-face classes. Habijan expressed sentiments regarding the fear of the students who want to wear a uniform that shows their chosen gender identity which is why the advocate sent a letter to the DepEd Secretary and Vice President Sara Duterte to strengthen the Gender Responsive Basic Education Policy (DO 32, s 2017).

The incident of the three discriminated young students who were demanded to cut their long hair considering the return of face-to-face classes, and a cum laude graduate's edited picture during a ceremony due to assumed "cross-dressing" also strengthened the stir of the issue.

Habijan also clarified that the Gender Responsive Basic Education Policy ensures acknowledgment, recognition, and loss of discrimination for LGBTQIA+ students and teachers in all DepEd schools in the country. However, the problem is that school heads and teachers are not entirely aware of this policy which is why it is unexecuted.

A couple of weeks after addressing the concern to DepEd, Habijan received a reply and enthusiastically shared on a Facebook post last 2nd of September about winning the battle and being heard.

The memorandum restates the strict implementation of and compliance to DepEd Order No. 32, s. 2017 titled Gender-Responsive Basic Education Policy. According to the policy, it imparts to communicate fundamental education issues relevant to gender and sexuality. It is to avoid all kinds of “gender-related violence, abuse, exploitation, discrimination, and bullying, and to

promote gender equality and non-discrimination in all governance levels.”

The advocate who fought and stood firm ended the post by saying “TAOS-PUSONG PASASALAMAT SA PAMUNUAN NG DEPED, SA PAKIKIISA SA LABANG ITO! CHEERS TO INCLUSION!”

Mela Franco Habijan, without a doubt became the voice of those who struggle in this fight. With the bravery and compassion that the advocate showed, we are all hoping for the prejudice against LGBTQIA+ community to vanish and for everyone to have a healthier and open mind.

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THE RAINBOW STUDENTS

By: *Mae Angela Y. Galeon*
Andres Bonifacio Campus

The rainbow community is speaking their voice again through the Miss Trans Global and LGBTQIA+ advocate, Mela Franco Habijan. The Lesbian, Gay, Transgender, Queer, Intersex, Asexual +, also known as LGBTQIA+, raises a concern to our education sector about the rights of our young gay community. In the Filipino traditional classroom setting, the teachers make boys wear pants & polo, clean haircuts & no piercings. On the other hand, girls are required to wear skirts & blouses, and tidy themselves. With our culture, even if you are a transgender student, you are still required to wear & do what you are expected depending on your birth sex. It is understandable that the schools/universities have their own rules & regulations, but Mela Franco Habijan is reminding the DepEd to reiterate and fully implement the DepEd Order No. 32 of 2017, the Gender-Responsive Basic Education Policy. She said that this call should be heard by our current DepEd Secretary, VP Sara Duterte because wearing uniforms that the transgender students are not comfortable with, give them anxiety and fear.

Schools and universities are called the children's second home because they spend a lot of time and years inside the school. Aside from their homes, it is a place where the foundation of their human personality is built. Schools and universities should be a place wherein they feel safe, accepted, and free to do what they want with proper guidance.

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The LGBTQIA+ Community and Their Fight for Freedom in the Philippines

By: *Daniela C. Laoreno*
Plaridel Campus

Miss Trans Global 2020 and LGBTQIA+ advocate Mella Franco Habijan urge Vice President Sara Duterte, also the Department of Education (DepEd) Secretary, to ensure the inclusivity of transgenders in school as full face-to-face classes return on August 20, 2022.

The talk about the inclusivity of transgender brought a spark when Habijan in a Facebook post shared a letter she sent Vice President Duterte, which she raised about transgender people being barred from coming to school in the gender they identify as. According to her, trans girls are being asked to cut their hair and are mandated to wear the prescribed uniform for male students which gives anxiety and fear among students.

In recent years, policymakers and school administrators in the Philippines have acknowledged that bullying of LGBTQIA+ youth is a serious issue and have developed initiatives to address it. A Child Protection Policy was implemented in 2012 by the Department of Education (DepEd), which is responsible for supervising primary and secondary schools. It was created to address bullying and discrimination in schools, including that based on sexual orientation and gender identity.

The Anti-Bullying Law of 2013 was passed by Congress the following year. Its implementing rules and regulations list sexual orientation and gender identity as prohibited justifications for bullying and harassment. These rules haven't been properly implemented, despite looking good on paper. Numerous LGBTQIA+ youth still encounter bullying and harassment at school in the absence of proper implementation and monitoring. LGBTQIA+ students and teachers must feel welcome and safe in schools. Everyone should have equal access to opportunities and services, regardless of sexual orientation or gender identity. A comprehensive anti-discrimination law is needed in the Philippines to protect LGBTQIA+ students and teachers. The removal of the uniform and the restriction on hair length should be approved to begin protecting students and teachers from discrimination based on sexual orientation or gender identity.

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THE STANDARD

JOSE ABAD SANTOS

3056 TAFT AVENUE, PASAY CITY

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Arellano University Supreme Student Council -Jose Abad Campus SY 2022-2023.

By: Ryan Guevarra

This year, on August 11th, the table for the Arellano University Supreme Student Council—Jose Abad Campus—was open for elections, announcing that two party lists would be participating in the latter. The first party list was named "D.A.S.U.R.V.," also known as "Determined and Affable Students with Undebatable and Respectable Virtues," and consisted of 14 candidates with respective running positions. On the other hand, there is the L.A.B.E.L. Party List, which stands for "Leaders with Accountability in Building Exemplary Leadership," with 16 running candidates.

Both parties have committed their courage and willingness to uphold their virtues and responsibilities as public servants of their alma mater. Each candidate has stated their desire to serve, but each position they seek is only for one person. And the decision was bestowed on each Arellano University-Jose Abad Campus student as they practiced their prerogative to suffrage, even if it would only be implemented virtually.

Meanwhile, on August 17 of the same year, the AUSSC-Pasay finally announced the winners of this election on their official Facebook page. The school is rooting for you; they know you will do great at whatever you put your mind to. Congratulations, and let your "chief" spirits conquer



Courtesy: Arellano University Supreme Student Council - Pasay - College Department/Facebook Page

SCALE OF JUSTICE: LECTURE ABOUT BASIC HUMAN RIGHTS

By: Zakhary Corey Simangan

Justice has been served. The Parliamentarians of Arellano University Jose Abad Santos Campus delivered an illuminating symposium on September 30, 2022, covering talks about fundamental human rights.

In the company of guest speakers, Atty. Chel Diokno and Atty. Luke Espiritu, the colloquium, was able to share a two-hour discussion and carry out a "Question and Answer" segment prepared by political science students of Arellano University.

Labor rights lawyer and former senate aspirant, Atty. Luke Espiritu disputes the repressive rule of the governing class towards the minority. He illustrated instances of arbitrary power exercises and how we could safeguard our human rights by challenging our status quo and fostering a degree of empowerment for the weaker members of society.

Another former-senatorial aspirant, educator, and human rights lawyer, Atty. Chel Diokno encapsulated fundamental constitutional rights and their significance in protecting us from abuse and promoting our welfare. He instantiated three common grounds of our individual and collective liberty to attain civil, political, economic, social, and cultural justice to demolish atrocities committed on human rights.

Hence, the Scale of Justice webinar was a thought-provoking forum for students who aspire to defend, uphold, and restore human rights.

AUJAS College Induction A.Y. 2022-2023, Pinasinayanan!

By: Jocel Anne Pagaduan

Pinasinayanan na ang Induction sa AUJAS College Department para sa taong panuruan 2022-2023 noong ika-30 ng Setyembre, 2022.

Layunin ng induction na maipakilala ang mga student leaders ng Unibersidad at hasain ang kanilang mga kakayahan sa pamumuno. Nagsimula ng sakto alas-nuebe ng umaga hanggang alas-singko ng hapon ang naturang birtuwal na programa sa Zoom, na dinaluhan ng iba't ibang club sa campus sa pangunguna ng College Supreme Student Council.

Kasama rin sa programa ang The Standard AUJAS, Commission on Elections, Business and Commerce Society, Junior Financial Executives, College of Arts and Sciences Society, Psychology Society, The Parliamentarians, Hotel Management Society, League of Tourism Students, Young Educators Society, College of Information Technology Education Student Society, AU – Pasay – Society & Student Nurses, at Philippine Society of Medical Technology.

Masungi Georeserve: A Treasure Worth Fighting For

By: Ma. Juliana C. Gaboy

With just an hour's drive from Metro Manila, the Masungi Georeserve from the Rizal Province is a gem of rock formation and forest that is a hit among tourists. It offers a breathtaking view of the Sierra Madre Mountains. The development of this conservation project dates back to the year 2000. While the staff of Masungi has preserved the area for years, the threat of the illegal encroachers remains a challenge to this day, a challenge that protecting this paradise entails danger that its rangers have long accepted.

In 2000, the department of environment and natural resources tapped blue construction to convert the land into a conservation park. "We saw promise in the land," says Ben Dumailang, the founder of masungi reserve. Two decades later, the Masungi Georeserve is now one of the top destinations in Rizal Province. But guarding the Masungi Georeserve is not an easy task. And its most significant challenge is land speculation.

Over the years, ben's staff in masungi faced threats from influential people who wanted to claim the land with the government forces who colluded with them. On July 25, 2021, 2 Masungi Georeserve rangers were shot in the head and neck.

The coming of the Masungi Georeserve is an era. This, including the awards it garnered, was the only protection the Masungi Georeserve was getting.

Masungi Georeserve is now recognized globally for its efforts toward conservation and reforestation. The Masungi Georeserve was hailed as one of the world's most innovative and sustainable tourism projects by the United Nations World Tourism in 2019. Ben, his daughters, and the forest rangers guard the Masungi Georeserve vow to continue protecting the land.



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Picture Credit: The Standard - Jose Abad Santos

The Standard hosts a Webinar battling Fake News

By: Althea Denise Aclan

The Standard AUJAS hosted a webinar with the theme “Honing The New Era Of Competent Chiefs: Battling Fake News in Journalistic Writing” via Zoom Conference, held last Saturday, November 19, 2022, at 10am. The spreading of fake news continues to accelerate and influence people’s perceptions of different events. In this webinar led by the guest speaker, Ms. Ansherina Jazul shared her knowledge on how to spot fake news and assess credible information and also included the source of evaluation. The audience of this webinar is the Office of Student Affairs (OSA), Former Standard Members, College Students, and Senior High School Students of AUJAS.

Edukasyon: Nakaraan, Kasalukuyan, at Hinaharap

Ni: Tyrone Balanquit

Edukasyon ang susi sa inaasam na kinabukasan, Kinabukasan na hindi maaring ipagkait kanino man. Bawat hadlang at pagsubok ay kayang lagpasan, Lalo na kung handa kang makatanggap ng bagong kaalaman. Nagsimula sa pagkukulay ng mga hugis, Hanggang umabot sa pagsulat ng letra gamit ang mga lapis. Natutong gumamit ng ballpen at papel para maisulat lahat ng nais, Magsulat at umintindi ang layunin ng bawat isang nagnanais. Makapagtayp at makapasa ang kasalukuyang pagnanasa ng karamihan, Umintindi ay hindi na ang kagustuhan.

Makapagtapos at magkapera na ang nais na paruonan, Sapat na ba ang iskrin at mikropono para ito’y matagumpayan? Pero nalalapit na ang pagbabalik ng pisara at tisa, Pakikipagsalamuha ang inaabangan ng bawat isa. Pagintidi at pagsulat, magbabalik na nga rin ba? O sadyang nakalimutan na ito at dapat nang mangamba. Oh edukasyon susi ng inaasam na kinabukasan, Bakit sa panahon ngayon isa ka sa sinusuklam. Sulit pa ba ang paghihirap na tinatamasa ng kabataan? O tama ang desisyon ng iba na magpaalam?

Hail to the Chiefs: Virtual Graduation for Batch 2021-2022

By: Jessica Nicole Benavides

Due to the pandemic, the events on campus were conducted virtually, and the school's graduation is one of them. The virtual graduation of Batch 2022 happened through Zoom Conference, and the Arellano University Official Page posted live videos on Facebook. Each campus department has a respective date and time for virtual graduation.

- *Elementary: September 26, 2022, from 10:50 a.m. to 12:00 p.m.
- *Senior High School: September 28, 2022, 8:00 a.m. to 12:00 p.m.
- *College: October 1, 2022, from 8:00 AM to 10:00 AM

The virtual graduation began with a prayer, followed by the singing of the National Anthem, the Patriotic Oath, the Arellano Hymn, and an introduction to the virtual graduation. Instead of marching on stage physically, the graduates' names were pronounced by teachers while flashing their graduation photos on the screen. Batch 2022 awardees and organization members were acknowledged and recognized in each department.

Return of the Chiefs: Hybrid Face-to-Face Classes for School Year' 22-'23

By: Bernadeth Araman

For the first time in over two years, Arellano University - Jose Abad Santos Campus formally reopened its doors to all students for face-to-face orientation on November 2-4, 2022, as thousands of students trooped back to school after two years of online learning due to the threat of the Coronavirus Disease (COVID-19). learning due to the threat of the Coronavirus Disease (COVID-19).

AU-JAS Campus will continue to use a hybrid system, which combines in-person and online learning, as its modality until next year. As part of safety protocols, students had to undergo a temperature check, and alcohol sprays were placed at the school entrance to ensure regular disinfection of students. Face masks were mandatory for everyone, including students, teachers, and non-teaching personnel.

AU JAS CELEBRATES HUMSS Week 2022

By: Kate Cassandra Salvo

Last October 26-28, when the collaboration event of the Supreme Student Council (SSC) and Humanities and Social Science (HUMSS) Club, HUMSS Week hit the celebration on the calendar. This occasion came with four activities and a webinar hosted for Senior High School students, and it left a massive impact on the campus.

HUMSS Week commenced by surprising us with the essential advocacies of the contestants from Grade 11 and 12 students in the Advocacy Video Contest, followed by the thrilling Trivia Quiz Bee on day one. The next morning, the event greeted us with spectacular works on Photo Essay Contest and ended with a blast of the breathtaking Debate Contest. On the last day of the HUMSS week, they fed us the great lesson of Mr. Kenneth Nyl Canatoy Oresco and wrapped the event off by announcing the winners.

Here are the victors of the HUMSS Week, from the first activity, the Advocacy Video Contest, JONAKES from 11-STEM 6, and TRES ADVOCACIAS from 12-HUMSS 3. Meanwhile, the Trivia Quiz Bee was topped by Jaire Diaz, followed by Johsmyn Fernandez in second. On Debate, we have the best Debaters from Grade 11, Charlene Santos and Jaire Diaz, and from Grade 12, Zakhary Simangan and Kate Salvo.

Lastly, in the Photo Essay Contest, we have Jessica Benavides claiming the 1st spot in 12th Grade and Andrei Califormes in 11th Grade.

A TIMELESS DEDICATION TO OUR TEACHERS

By: Joshua L. Fernandez

Every September and October, we celebrate the heroic actions of our beloved teachers. Despite having a lot of turmoil, they did not use that as an excuse to give light, provide knowledge, and guide their students to the right path where they belong. Different schools celebrated Teachers’ day in their own unique way. The Supreme Student Council of Arellano University - Jose Abad Santos Campus, fired it up by using their platforms to express their gratitude to every teacher in every department by using the hashtags #WalangSiguroSaGuro and #TeachersDay2022. The SSC – AU JAS SHS prepared a gimmick where the students can support their dearest subject teachers or advisers. The Filipino Department won, garnering a whooping 1,011 reactions and 220 appreciations and greetings in the comment section.

It is indeed a joyful month-long celebration, not just for the teachers but also for the students of Arellano University. The commemoration of our beloved teachers was made possible thanks to the students of Arellano University and SSC-AU JAS SHS.





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STEM Students are Fashionistas!

By: Aleah Kim M. Aguirre

The Pride of STEM Club recently celebrated STEM Week with the theme, "Expanding The Horizon: Futures of STEM". The highlight of the said event was the "AU-ECO Fashion Show", branded was not only the most difficult but also the most time-consuming activity that the Pride of STEM prepared for this year's celebration. This activity's objective is to display the future that shows appreciation for our nature and reminds us that the future of our nature is in our hands.

The STEM students have shown great ability in time management and showcased their creativity through recycled outfits. They turned pieces of trash into great masterpieces. As the winner of this contest, Kaia Azalea Aranjuez of 11 STEM 8A took first place. When she was asked "What are your thoughts while creating your winning gown?" she replied. "To be honest, I felt pressured and stressed while working on the gown; it's because I have a ton of

schoolwork to do and I don't know how to balance all my work. But it was the happiest and most memorable day that happened to me because After the announcement of the winners, Kaia greatly expressed her gratitude towards her section, thanking them for all the efforts that they made for this contest. "I felt grateful. It was my first time winning a competition. I cried when I saw myself as a champion.

I'm proud of myself because at first I was not expecting to win, and after the announcement, I couldn't believe that I won. Section 8A deserves all that achievement." Show.

The STEM Week celebration was a blast for all STEM Students. They consistently demonstrated that they are not only brilliant but also have excellent fashion sense. The STEM students of Arellano University Jose Rizal Campus are adamant that no matter what situation we find ourselves in, it is not a sufficient excuse to stop showing our skills and abilities and having fun while we are still dealing with this pandemic.

AU-JRC Bayani ni Juan!

By: John Michael P. Baliton



Photo Credit: Nathaniel Abonales

Naging matagumpay ang pagsasagawa ng patimpalak ng Supreme Student Government (SSG) para sa paggunita sa Araw ng mga Bayani. Ang nasabing organisasyon nagdaos ng **Heroes Portrayal na mayroong temang "Heroes**

Portrayal: Bayani ng Bansa, Bayani ng Bawat Pilipino"

na ginanap noong ika-30 ng Agosto, taong kasalukuyan sa pamamagitan ng Facebook page ng Supreme Student Government - Jose Rizal Campus.

Isa sa mga aktibong nakilahok ay si **Nathaniel Abonales** mula sa ika-sampung baitang. Ang kanyang ginaya na bayani ay ang ating pambansang bayani na si Dr. Jose P. Rizal. Ayon kay Nathaniel, pinili niya itong gayahin dahil para sa kanya ang indibidwal na ito ang naging dahilan kung bakit muling nabuhayan ng loob ang mga Pilipino na ipagtanggol

ang kasarinlan ng Pilipinas

Karagdagan pa rito, naibahagi rin ni Nathaniel na kailangan nating sariwain ang araw ng mga bayani sapagkat sa pamamagitan nito ay nabibigyang halaga ang mga bayaning nagbuwis ng kanilang buhay para sa ating minamahal na bansa na kung saan lumaban sila para sa ating kalayaan kaya sa tuwing sasapit ang araw ng mga bayani, marapat nating ipagmalaki ang bayan at ipagdiwang ang araw nila bilang pasasalamat para sa kanilang sakripisyo at mga nagawa.

AU-JRC Kaisa sa Pagdiriwang ng Buwan ng Wikang Pambansa 2022

By: Gillian P. Alcantara

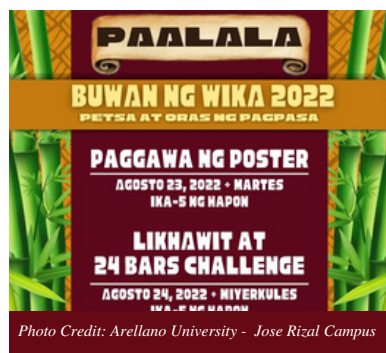


Photo Credit: Arellano University - Jose Rizal Campus

Ang Arellano University - Jose Rizal Campus ay naki-isa sa pagdiriwang ng selebrasyon ng Buwan ng Wika na may pang kalahatang tema na "Filipino at Katutubong Wika: Kasangkapan sa Pagtuklas at Paglikha" nitong buwan ng Agosto hanggang Setyembre taong 2022.

Sa pangunguna ng AU-JRC Supreme Student Council SHS at College Department, malugod na nagbukas ng mga bagong oportunidad para sa mga batang CHIEFS ang kanilang hinandang patimpalak kung saan tampok ang mga mag-aaral na maipamalas ang kanilang angking galing sa larangan ng sining, musika at talino.

Ang nasabing programa ay idinaos sa kanilang Facebook

Page na AU-JRC SHS Supreme Student Council at AUSSC-JRC College .

Isa sa mga tampok na patimpalak sa selebrasyon ay ang TAGISAN NG TALINO kung saan ipinamalas nina Julia Marie Garcia mula sa Grade 11 HUMSS 1A at Angela Lonceras mula naman sa Grade 12 ABM 1A ang kanilang galing sa pag-isip ng mabilis at pagsagot ng mahusay sa binabato na mga tanong. Kanilang napatunayan na karapat-dapat silang nagwagi sa unang gantimpala.

Hindi naman mag papahuli ang mga mag-aaral na may natatanging galing sa pagkanta at paglikha ng kanta. Ang mga nagsipagwagi sa inilunsad na LIKHAWIT at 24 BARS CHALLENGE ay sina:

- Warren Espiritu, 12 STEM 9A - LIKHAWIT
- Jhonrey Albienda, 12 ABM 2A - 24 BARS CHALLENGE

At sa larangan ng sining, handog ang nagsipah wagi ng unang karalangan sa

Paggawa ng Poster at Slogan mula sa SHS at College Department.

Paggawa ng Poster:

- Noel Andan (12 STEM 6A)
- Czelle Jea M. Macasaquit (4th year - BSBA)

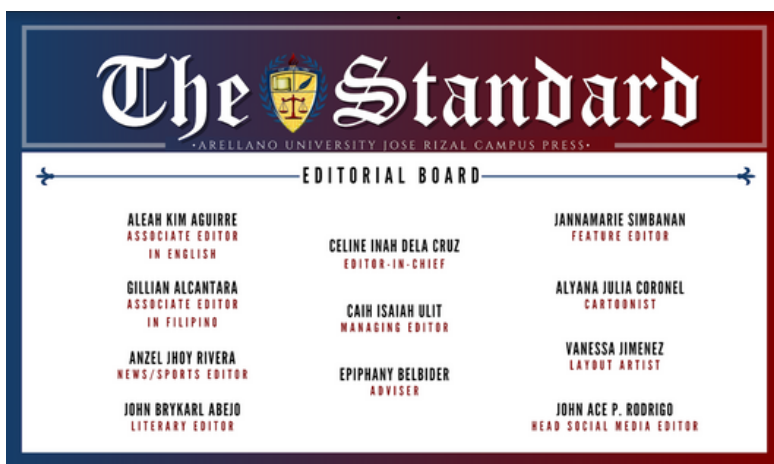
Paggawa ng Slogan:

- Czelle Jea M. Macasaquit (4th year - BSBA)

Ang Jose Rizal Campus ay kaisa sa pagdiriwang ng buwan ng wika upang pagyamanin at palawakin ang paggamit ng wikang Filipino sa makabagong panahon. Kaya bilang isang mag-aaral, importante ang pagsali sa mga ganitong patimpalak upang isulong ang ating adhikain na payabungin ang Wikang Filipino, Wika Natin.



Photo Credit: Supreme Student Council - JRC





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Girl Power: AU-JRC' Student Councils are Led by Women

By: Jannamarie L. Simbanan

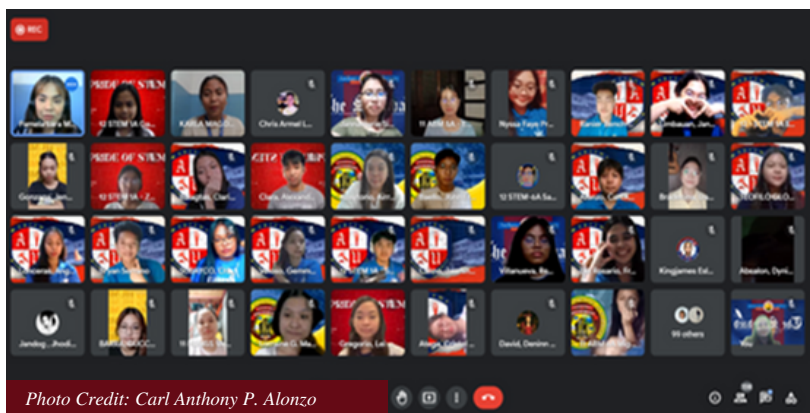


Photo Credit: Carl Anthony P. Alonzo

The virtual oath-taking ceremony for student leaders that was conducted at Arellano University Jose Rizal Campus last September 2022 introduced us to different student bodies on the campus. This event brought students from different organizations to signify the start of their term of office. The program also introduced the three newly appointed Supreme Student Council presidents and to get to know them better, here are their platforms, leadership records, virtues, and some more interesting facts that make them stand out.

Positive leadership skills, responsibility, and being a good role model are what define Ms. Syann Crystalline Payongayong. A 15 years old, grade 10 student who is presently the SSG President for

AUJRC Junior High School. She gave up some of her priorities to live up to the obligations and responsibilities of a moving-up student, and a council president. Ms. Payongayong has been in SSG for 4 consecutive years now. She came from being a Grade 7 Representative to a P.R.O, then the Vice President, and look at where she stands now – the President. While she has prior knowledge of how the work flows, this pandemic has never been easy for her. According to her, she encountered difficulties with the council programs as it is purely online; a lot of barriers to effective communication are present such as slow internet connection, noise, and schedule conflicts. With different adversaries, she and her council managed to pull through with her latest program called

'Heroes Portrayal', and she hopes to create a comfortable, and healthier school environment in AUJRC, particularly for her constituents. She is the one in charge of the fun, lively, and engaging Buwan ng Wika celebration in the Senior High School Department. Ms. Franchezca Venice Sianghio is 18 years old, and a grade 12 STEM student. She is a loyal CHIEF who has been studying at Arellano University for 12 years now and has been in council service for 4 years. Ms. Sianghio is the epitome of a consistent and persevering president that she proved, as she is being bombarded with tasks, and responsibilities, she always manages to pull through with her excellent time management skills. She ended the interview by saying, "My message to aspiring leaders is, do not immediately give up on the difficulties you will face and enjoy what you are doing. Not everyone is given the opportunity to become a leader. So, if you are in that position, value it and do your best always!"

Ms. Jasmin Rindi Kumar, 22

years old, with a 4th year BS in Tourism Management is the newly elected SSC President for AUJRC college. Currently able to understand 4 languages, she took understanding every student to another level. Aside from that, Ms. Kumar had experiences that are deemed helpful in reaching where she is now. For example, she had multiple positions in SSC for the college department from the previous years ranging from Feature Auditor, Business Manager, and Treasurer. She was also a committee leader in different career orientations in different webinars this 2022. She stated that she is innovative, and a determined person; wherein no one can stop her from doing something when she sets her mind to it. When she was asked why she wanted to run as a council president, she stated, "I want to do something to leave a legacy before I leave the university like I always do. I can see myself capable of this position and I want to do something better for all students that will add some interest to their studies and enjoy the life of being a student before they step up after graduation."

The Memoriam of Queen Elizabeth

By: Angel Anne L. Ramirez
FEATURE

Monarchy is indeed the oldest form of government in the United Kingdom. Whereas, the Head of State in a monarchy is either a king or queen. Furthermore, Queen Elizabeth, the most recent monarch of the United Kingdom, died on the 8th of September 2022 at the age of 96. Leaving the throne in favor of her son, King Charles III, who was anointed on the same day. Queen Elizabeth II reigned for the longest period of any British monarchy, 70 years and 214 days.

"We mourn profoundly the passing of a cherished sovereign and a much-loved mother," King Charles III said at her funeral. Likewise, Prime Minister Liz Truss, the current Prime Minister of England, also paid tribute to the deceased Queen, emphasizing her late works and the contribution she shared during her term. To acknowledge the new holder of the throne, she concluded her speech by saying, "And with the passing of the second Elizabethan age, we usher in a new era in the magnificent history of our great country, exactly as Her Majesty would have wished, by saying the words, God save the King."

Also, throughout her legacy, Queen Elizabeth has been featured in various cartoon animations such as Minions (2015), The Simpsons, Paddington, and The Queen's Corgi. Undoubtedly, this shocking event about the Queen's demise was "felt around the world", just as the new King said.

AU-JRC PREPARATION FOR FACE-TO-FACE CLASSES BY NOVEMBER

By: Amber Vixen A. Parungao

A student orientation and parent-teacher meeting was held on October 28, 2022, in the AU-JRC JHS Department to get ready for the start of in-person classes. On November 2, 2022, JHS students will attend a face-to-face student orientation. The following week, they will only have two days of in-person classes and three days of online classes. The first week will be made up of online classes on Monday, Tuesday, and Wednesday and in-person classes on Thursday and Friday. The following week will be the opposite, with in-person classes on Monday, Tuesday, and Wednesday and online classes

on Monday, Tuesday, and Wednesday and online classes on Thursday and Friday. The JHS school day runs from 7 am to 11:30 am, with asynchronous classes continuing after that.

Arellano University - Jose Rizal Campus follows a strict protocol for COVID-19 where students must present their vaccination card and school ID upon entering the campus. Then, they will undergo temperature checking; if it is high, the student will be directed to a holding area where they are monitored in the meantime. However, if their temperature remains high after

5-10 minutes, the school working personnel will provide a KN95 mask, and fill out a health form before calling their parent/guardian to pick them up.

Likewise, before entering the classroom, they must wash their hands in the hand-washing area with the provided soap and water. Furthermore, the teacher will greet them at the entrance to each classroom and check to see whether their name is on the list of students in that section.

Also, there are chair numbers assigned to each student to make sure that all students have

their own seats and do not switch.

Canteens will also be closed during break time. Hence, the school encourages students to bring their food or packed lunches to have something to eat inside the classroom and to avoid contamination and other threats. A Wellness Covid kit is also required for students to bring to in-person classes.

Whereas face masks, hand sanitizer, sanitizing wipes, tissue, soap, and a thermometer are all included in the kit. Nevertheless, AU-JRC ensures safety among their students against COVID-19 threats..



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Creativity in Full Speed

By: Caih Isaiah Jan R. Ulit



In celebration of STEM week for the school year 2022-2023, the Pride of STEM club organized and executed three activities under the theme "Expanding The Horizon: Futures of STEM," wherein Car Architecture is one of those thrilling activities. The mentioned activity thrives on not only producing something aesthetically pleasing but also pushing the participants to explore more since their vehicles must move without them holding them manually. Creating that kind of masterpiece is certainly crafty and complicated, but the STEM students undoubtedly showcased their amazing skills and excellent task analysis to which they expanded their visions.

shing the participants to explore more since their vehicles must move without them holding them manually. Creating that kind of masterpiece is certainly crafty and complicated, but the STEM students undoubtedly showcased their amazing skills and excellent task analysis to which they expanded their visions.

An abundant number of STEM students participated in the activity, and each of them demonstrated their versatility and resourcefulness by using recycled materials as the foundation and component of their work.

Moreover, Marielle Bernice I. Junio from 12 STEM 1A, who is also fond of cars and crafts, became the champion for this category as she got the highest combined points from the judges and Facebook heart reactions. Despite having many choices, she decided on constructing a jeepney model because, in her opinion, it is the best option given her familiarity with its design and the fact that she is Filipino, so that vehicle is part of the culture and identity

of her nationality.

Moreover, Ms. Junio named her model "CHIEFNEY", a combination of the words jeepney and CHIEFS, whereas CHIEFS refers to Arellano University students. She envisions her jeepney model being used for free transportation of AU students as face-to-face classes begin and transportation fees keep rising. Thus, this was her first time winning as a champion of a contest, so the gratitude in her heart is overflowing, thanking everyone who supported her along the way to victory.

Overall, the STEM Week celebration was spectacular. Both STEM students and educators enjoyed the events and activities. The main highlight of the activities is that many students demonstrated artistic abilities as well as positive values such as sportsmanship.

Learn on Tiktok

By: John Ace P. Rodrigo

FEATURE

Have you heard? TikTok is a social media platform for creating, discovering, and sharing short films. The software provides a forum for everyone to express themselves through lip-syncing, dancing, humor, and singing. Users can also create videos and post them online.

We all enjoy spending time with this app, so it quickly became well-liked since it offers both enjoyment and different knowledge in each of its articles and videos.

But did you know that we can also use it to gather knowledge and learn for our studies because there is a lot of educational content that helps?

We can expand the capacity of education because we are in the new generation of social media apps.

We can observe and gain a lot of knowledge on this social media platform, including how to shoot and direct videos, gain confidence, and unleash our creativity.

That's why TikTok content has become included in activities in schools because they believe that it will entice students to participate in activities since apart from entertaining them, it also gives the opportunity to express their various abilities and to learn.

Unrealistic Beauty Standards

By: Jhodhelyn Rei G. Detablan

OPINION

Perceptions of beauty and body types differ by society and have advanced considerably over time. People are raised from a young age to live up to the unrealistic imposed by society.

beauty standards They must be slender, skinny, sexy, narrow-waisted, plump, light-skinned, dark-skinned, tall, with toned arms, and slew of other characteristics that have become toxic in today's generation. With our generation being able to have access to other people's faces that are supposed to be the "ideal beauty" that everybody should have, it is easy to forget that those beauty standards are ambiguous and vary greatly across cultures and time.

Beauty standards have become toxic because they reinforce racism, colorism, and sexism. Because society is obsessed with gaining or losing weight, wearing attractive clothing and being afraid of .

Ariel As Colored

By: Shania Heart G. Tumala

FEATURE

The timeless story and song were enough to attract everyone's interest in Disney's live-action version of The Little Mermaid (1989) from the moment it was revealed. Ariel as Colored on contrary, caused much more waves and noise on social media. With the casting of an african american character in a tale which was labeled as taboo, together with the number of racial fans, what future does the african american community have in the realm of the children's media?

This was predictably met with backlash from more conservative fans, including those who were rooting for the film prior to the Ariel reveal.

Most movies can get away with having african american characters, but because The Little Mermaid is a children's film, conservative audiences perceived it as inaccurate. While Disney always changes the appearance of the story's characters, the matter gets even more controversial when it comes to children's media and transforming a white character into a black character.

This, however, brings joy to others. The teaser was brief, but its impact was far-reaching, as young african american girls first saw themselves depicted as one of Disney's all-time favorite princesses. "She's like me!" a young black girl said in awe from a Tiktok video. Even



though a culture war is taking place on social media sites, at least one individual appeared to suggest that the #NotMyAriel camp had a point. Furthermore, someone tweeted, "You're right, she's not your Ariel," addressing fans who refuse to

accept Ariel as black, then saying, "Because it's someone else's turn to see themselves in The Little Mermaid." Indeed, that person seeks to point out that the other fans already had Ariel portrayed as a white character, so it is now their turn.



FEATURE

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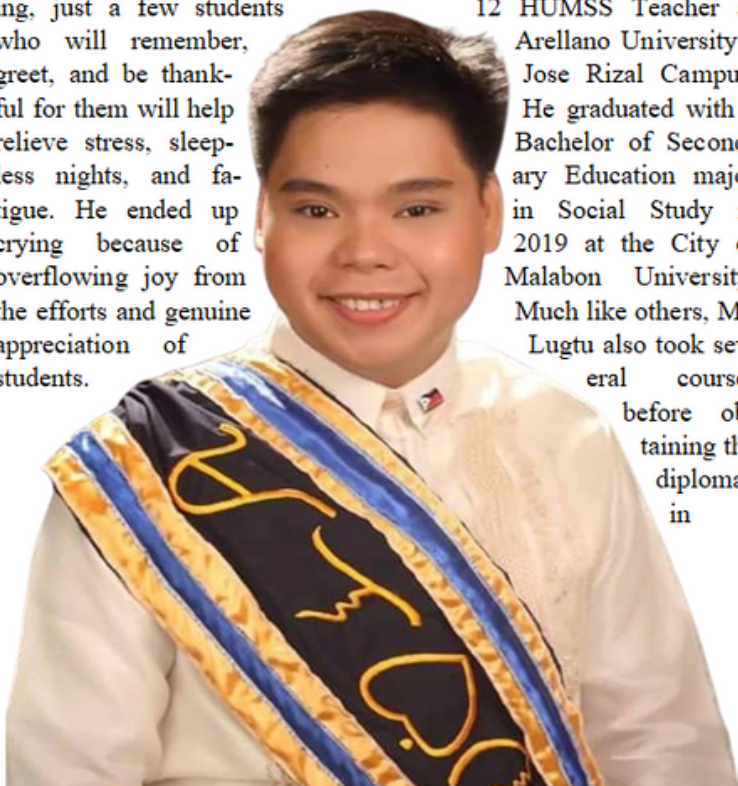
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AUmazing Teacher

By: Anzel Jhoy Rivera

The Teachers' Day Celebration of Mr. Claro Gerna Lugtu last October 05, 2022, was memorable. He shared with his co-teachers that even though their work is demanding, just a few students who will remember, greet, and be thankful for them will help relieve stress, sleepless nights, and fatigue. He ended up crying because of overflowing joy from the efforts and genuine appreciation of students.



Whereas, sincere appreciation and love from students are things money cannot buy.

Furthermore, Mr. Lugtu is a 12 HUMSS Teacher at Arellano University - Jose Rizal Campus. He graduated with a Bachelor of Secondary Education major in Social Study in 2019 at the City of Malabon University. Much like others, Mr. Lugtu also took several courses before obtaining the diploma in

Bachelor of Secondary Education major in Social Study. Before graduating with his degree, his first desire was to be a lawyer, but because of reality and being poor, he could not afford to be a lawyer so he chose practicality.

Arellano University means a lot to Mr. Lugtu since it gave him a chance to be employed, earn money, progress, develop his skills, grow personally, unfold every student's talent and continue his teaching passion.

He is very grateful for teaching at this school because he met students whom he could impart and learn something new. Similarly, he is thankful for the co-teachers that help him lighten his work and gain new knowledge. Mr. Lugtu's message for aspiring teachers is to have passion and profession in life because teaching is not a joke. It necessitates being confident and having a great mastery of everything you want to focus on, wherein one must have the will to impart knowledge to the students and guide every student because they are the next leaders of our country.

After all, knowledge and information are very vital to our society.

"A true teacher does not terrorize ignorant students because a true teacher knows that it is his job to cure ignorance." - Miriam Defensor Santiago.

Mr. Lugtu's principle in teaching is to cure ignorance because, as a teacher, he has to give bonafide and factual information to every student.

The Peak

By: John Brykarl P. Abejo
LITERARY

As the north wind blew all its breeze,
The world became an empty rift,
The bustling places, now in shambles;
The cries of people heeded much long
As the south wind blew its breeze offshore,
The special place in our hearts is no more.

Things have changed and so has time,
This chance we sought which now is nigh;
A better future is now constructing,
The people united in conducting,
The people's cries, now are smiles
As the world rejoiced for the peak of time.

The time has come for the people to rise,

To reach the peak of greater heights,
In order to find the place they seek,
They have to climb toward the peak,
And they'll smile once more,
As they see the place they've been longing for.



Picture Credit: Awan Bank



To Soar, Once again

By: Cloe Nicolai B. Tiozon & Renalita Lyn D. Villanueva
LITERARY

An eagle's greatest nightmare
Is to be caged and feel the wrath of despair,
To be challenged by more than what it can bear,
Makes life seem so unfair.

But just as there is light to every darkness,
A calmness after the wilderness,
The eagle managed to escape
And flew to the lake.

Locked up, the eagle couldn't feel or see,
But now, it can feel the winds drifting amicably
And the glittering lake flowing freely
On a steady descent, the eagle perches on a tree.

It takes in the feeling of freedom once again,
It survived, it's still alive, and it will rise once more
Like a phoenix rising from an ashen plane
It takes a last look at the lake, and at the sun the eagle soars.



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Pelikulove's SHOUT OUT FESTIVAL

By: Jonilla Vinson Medado

The **Pelikulove** was introduced to the **CHIEFS** of **Arellano University** with their **Shout Out Festival; Maghayag at Lumikha, An Online Film and Theater Mentoring Festival of Hybrid Shorts**, the chosen entries is viewed at the Shout Out Festival where the stories that are shouted got featured last September 19 to 25, 2022

Pelikulove is a combination of the words Pelikula (Filipino for "film") and Love. Because they believe both art and love have the power to change the world, combining the two makes it even more powerful. When the pandemic hit in 2020, they affirmed how important art is in reviving the country's spirit and bringing people together

towards a worthy cause. Their passion is for you to find your place doing what you love. Along with the best mentors in the industry, helping you free yourself from what constrains you and reach your true potential with likeminded artists.

The Pelikulove organized and hosted the Shout Out Festival: Maghayag at Lumikha, which is a seven-day culminating program featuring nine (9) films and theater shorts from the enrollees of the National Artist for film and broadcast Ricky Lee and Palanca Hall of Fame Awardee Rody Vera's writing masterclasses. These are the "Libro for Ransom", "Cooking with Love" and "When a

Manananggal Loves a Man" for set A, set B features the "How to Make an Effective Campaign Ad", "Hypertext" and "Quarantine 5", for the last set C features the "No trespassing", "Ang Ilaw sa Labas ng Tahanan" and "Till Human Voices Wake Us and We Down". There are also virtual discussions, talkbacks, and Q&A with the artists and mentors. In Pelikulove, they believe that you have the power to inspire, move people, and break chains, and it starts with taking that leap of faith. It is never too late to pick up the pen and start your journey with Pelikulove.

You can visit their website at <https://pelikulove.com>

AU FOUNDER: 130th Birth Anniversary

By: Argy Kym Legarda

MANDALUYONG, Philippines – The Arellano University had gathered to commemorate the institution's founder Florentino Cayco Sr's 130th birth anniversary. This inspirational event was held on October 16, 2022. This event was organized by the university to appreciate the honor of being part of the institution and to introduce the founder's life while reminiscing his thoughts and giving renewed life to his teachings.

The program started with a video introduction about the university. The event then moves on to the Arellano University Plaridel Campus Minecraft virtual tour.

Mr. Jim Imperial Rentoria delivered the event, where he began with an inspirational opening and introduction of the event. The assistant vice president, Dr. Ponciano Menguito, then made a flower offering for the founder. The event officially started with an opening prayer, followed by the national anthem and the singing of the Arellano Hymn.

To further capture the audiences' attention and to also give a preview of the event's itinerary, the vice president for academic affairs, Dr. Maria Teresa N. Rivera, began with her welcoming and opening remarks. The program proceeded with some inspirational messages that would encourage its participants to embrace the privilege of understanding the founder's thoughts and putting them into practice.

"This celebration is meant to share some thoughts of our founder, who in his time was larger than life itself and has wisdom that addresses today's

changing needs of schools and society" – Dr. Rivera.

The performances by the talented students coming from different Arellano University campuses added to the event's entertainment for the attendees. Following that, the alumni gave messages for the university's founder as well as their memorable experiences from their time there and how the university helped them prosper as individuals. Furthermore, the program highlighted the random thoughts of the founder about education from his writings, the Magus of Progressive Education.

As part of the tribute to the founder, the AUPC has created a documentary film about Florentino Cayco, Sr., telling his narrative of integrity and truthfulness. The film portrays the life of Cayco, Sr. before he became the founder of Arellano University. Since he took over as institution's leader, it has brought about rapid progress. As a result, a simple and ordinary school has gained recognition.

For the participants, a brief trivia competition was organized prior to the event's formal conclusion. Following that, Dr. Ponciano Menguito gave his closing remarks, expressing gratitude to all of the attendees as well as reverence to the founder. The celebration was indeed wonderful—filled with reminiscence and gratitude.

It is true that the institution's success was fulfilled not only by the founder's tireless efforts, refined abilities, and extensive experience as a teacher, but also by his enthusiasm in fostering young people's minds as the future pillar of our nation.

LABSTERrific Simulation in Arellano University

By: Jhodie Conde

Have you ever think of experiencing virtual lab simulations to practice your skills in different fields of Science in a fun and risk-free learning environment? Well that is all possible through the help of Labster.

Labster is a website created by Mads Trillinggaard Bonde and Michael Bodekaer Jensen in Copenhagen, Hovedstaden, Denmark year 2011 where students can explore life science at the molecular level and look inside the machines they are operating by way of engaging 3d animations.

It can be accessed by searching <https://www.labster.com> using the internet browsers of your computers and IOS phones.

The website is open to all and has a free access to more than 250 Labster simulations that is why it became popular to many school around the world including the different campus in Arellano University (AU).

The free trial version of Labster provides eligible educators with 30-day access to the full ecosystem of learning and teaching resources including more than 200+ virtual lab simulation but what is more exciting and need to be grateful about Arellano University is that the teacher and students here have a full access in Labster.

Labster gives a lot of benefits such as making the job of educators easier and having the students to experience a high

quality science education in every situation especially when there is lacking of equipments for lab works.

"I can say that during this pandemic, Labster is very timely and efficient in delivering science experiments to the students since today we cannot meet our students face to face." said by Mark Obed A. Gozon, STEM Coordinator, Senior High School Department, AU Plaridel Campus.

Indeed, Labster is a terrific creation that offers us various simulations such as multiple language, featuring diverse characters on screen and accommodating hearing and visual impairments, it made us experience uncomplicated study but is extraordinary.



THE STANDARD

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AUPC SSG Senior High Election: Virtual Debate 2022

By: Mara Francia Tanghal

MANDALUYONG, Philippines – The Arellano University Plaridel Campus provided their students a significant and competitive SSG election debate of the Senior High School department.

The virtual election debate was conducted via Zoom last August 23 2022. It commences after a short period of preparation. Three students—Karen Joy Anotde, KC Jane Sanche, and Kyle Nuguid—hosted the event. A brief overview by the hosts was followed by the singing of the Arellano hymn, the national anthem, and an opening prayer.

Furthermore, the students introduced themselves as the program's hosts and welcomed the faculty members from each department who were present. The SHS Coordinator, Ms. Kaycee Escarilla, began by providing an overview of the event's itinerary in her introductory remarks, followed by acknowledging the professors and expressing encouraging messages for the potential candidates. After that, Ms. Alona Javillaona, the former SSC president of S.Y. 2020-2021, presented the party-lists and conveyed her support for the aspiring candidates by giving advice as they begin their journey to becoming effective leaders.

The hosts once more gave a brief outline of the event's objective and important

mechanics. The candidates were then given the opportunity to speak. Following the party-list introduction, they stated their name and revealed reasons why they were running for election.

Each candidate from the four party-lists performed their utmost to convey their sincere intention for the position they sought. Moreover, they discussed their platforms and the projects they would undertake if elected. Each platform has excellent ideas that are certainly beneficial to their fellow students.

At last, the long wait was over, the AUPC SSG debate had officially started. Each party-list had five minutes to ask each other questions concerning the objectives in their platforms, to which they must respond. Each candidate did their best to defend their stance, capture the audiences' attention and hearts, and establish their worthiness for the position they are competing for. The debate was finally done after that.

The hosts have provided information regarding the date of the upcoming announcement of the elected officer, as part of the closing remarks. To sum up, the event was unquestionably impressive and had come to a successful conclusion.

Perseverance

By: Sr. Marylou Awa-aw

LITERARY

Once a dream becomes the goal, and the goal becomes the meaning of life.

The journey becomes so meaningful, when we consider the individual experiences we encounter along the way.

To someone who sees challenges and difficulties as part of the journey they are part of a rewarding process in an optimistic mind and heart.

We may have difficult days, which may make us look more closely at our physical, mental and spiritual limitations

Exhaustion, sadness, and grief are all common results of stress. Keep in mind that even though times can be tough, there are also wonderful moments to remember.

Our family, who have assured us of their love, care and support along this journey,

and to our confidante, with whom we have shared laughter and tears, as we have developed our skills together in our chosen field.

With our teachers shaping us to be the best version of ourselves, under the guidance of pearls of wisdom.

The ability to persist through difficult times is a source of encouragement, that can help us keep going despite obstacles.

The motivator that drives us beyond our survival, and leads us to our successful path.

The word that inspires us on our journey into creativity. The word that inspires us to stay on track.

If you keep going even when things get tough, you'll eventually reach your goals and make them a reality out of perseverance.



Captured By: Sasin Tipchai

Battleground

By: Aira Fonte

LITERARY

How about you, my fellow students
What do you feel and
How do you feel
Can you even name it,

It's okay to not know what you might be feeling
Becoming aware of not knowing is a real thing
Hopefully, as the goes by we'll all know
For now, we stand in faith hoping that the battle will end

The Standard

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HINDI KA NAIIBA

Ni Beteena Nicole Granados

Pareho nating sinisilayan ang
paglubog ng araw sa Kanluran;
Pati na ang muling pagsibol
nito sa Silangan,
Hindi man tayo pare-pareho ng
kasarian,
Ngunit hindi ito rason upang
sa'ting panig— diskriminasyon
ay mamagitan.

Kalalakihan, kababaihan o kahit
ikatlong kasarian,
Huwag kang manlalait nang
walang dahilan.
Tayo'y pantay-pantay, anumang
estado sa buhay.
Iba man ang 'yong kasarian,
walang may karapatang ikaw ay
diktahan.
Lahat tayo rito sa mundo ay
hindi perpekto.
Napakaraming bagay din na
hindi pa talaga sigurado;
Ngunit isa lamang ang mayroon
pa tayong magagawa para dito,
Maghayag ng katotohanan at
hindi mga kuro-kuro.

Bilang kabataan at
mamamayan,
Imbis makinig sa mga
kamalian,
Piliin mong magtuwid ng
baluktot na isipan—
Sapagkat hindi puwedeng
manaig ang diskriminasyon sa
kasarian, Huwag nang mag-
alinlangan, namumukod-tangi
ka sa kalawakan.

Alas dose na ng hatinggabi,
kasabay ng pagpintig ng relo
sa gitna ng sala ay ang
pagpindot sa kaniyang gadyet
upang maisumite ang
natitirang gawain. Tila'y hindi
na maidilat ang kaniyang mga
mata habang binubuklat ang
susunod na pahina ng
kaniyang aklat. “Diyos ko,
kailan ba matitigil ang mga
dapat gawin? Hindi na mawari
ng aking katawan ang dapat
unahin.” Bulong nito sa sarili
habang patuloy na kumikilos

Photo Credit: Red Buble

SI PARUPARO AT SI GAMUGAMO (ISANG PAGSAMO)

Ni Earl Morales

Ikaw ang saya sa umaga,
Ako ang higa sa gabi.

Ikaw ang indak sa kanta,
Ako ang uyaying
sinisinta.

Ikaw ang kulay sa
liwayway,
Ako ang malamaya sa
buhay.

Kinamumuhian mo si Luna,
Kinasusuklanan ko si Sol.

Subalit—
Pangimbulo'y 'di ko mapigilan,
Tingin nila sa aki'y kalaban.

Suklam, takot, poot
Samantalang sayo'y tuwa
at lugod.

Ngunit hindi kita
magawang masisi,
Dahil sariling pakpak
mo'y 'di saksi.

O manlilikha,
Kailan kaya ako
makikita?

ANOD

Ni Maria Franchezca C. Ocampo

Muling pag-agos ng tubig sa kahabaan ng estero; Na mistulang
pagtakip ng dilim sa umaga ng tao. Musmos na ngiti't, ingay ng halakhak
ang tanging mundo, Masalimuot na kapalaran ang ibinabato.

Pagragasa ng bagyong sumira sa kanilang buhay, Pagguho ng lupa't
paggiba ng tahananang sinuray. Pinta ng trahedyang naghahatid ng matinding
lumbay, Pagkalunod ang naging daan sa mga buhay na pinatay.



ALAS DOSE

Ni Pearl Zinfandel Antoine

ang kanang kamay sa
kuwadernong kulay rosas na
binili sa pinakamalapit na
tindahan mula sa parehong
daan na tinitirahan.

Sa gitna ng kaniyang
pagkasubsob sa listahan ng
gawain, ay ang biglang
pagbalibag ng pintuan sa gilid
ng kaniyang kinauupuan,
kasabay ng kumukulog na
tinig mula sa mga
nakatatandang parte ng
kanilang tinatawag na tahanan.

“Aba'y kahit lunurin mo ang
iyong utak sa mga katagang
iyan, hindi pa rin sapat ang
iyong pinapakitang abilidad.”
Umaalingasaw ang amoy ng
alak; kasabay ng
nakapangingilabot na hatid sa
pakiramdam dahil para bang
tinatadtad ng masamang
elemento ang bawat titik na
lumalabas sa bibig nito.

Pinagsawalang-bahala at
tiniis na parang hindi ito
nanunuot sa kaniyang puso.

Lumipas ang halos limang
minuto nang walang humpay na
pagbubunganga na nagmumula
sa isang taong lagi niyang
hinahangad na makakakita ng
kaniyang halaga't pagsisikap.

“At sa paulit-ulit na
pagkakataon, ang aking
pinaghirapan ay muling
natapon. Lagi kong ipagdarasal
na sa tamang panahon ay
makita nila ang buong pusong
pag-aalay na aking binigay,
para marinig lamang mula sa

kanilang mga labi ang mga
salitang nagsisiwalat na masaya
silang ipagmalaki ang aking
pagpupursigi.”

Kasabay ng buwang
bumabalot sa paligid habang
tinatahak ang pagkaubos ng
kaniyang lakas— ay siya
namang paglandas nito sa
katawang naabusado dahil sa
kayod-marinong ginagawa nito
para lamang sa hiraya't
pangarap. Sa pagod at kahirapan
araw-araw, may pag-asa pa bang
matapos ang siklong ito?

Heart on a String

By Stephanie Grace M.
Lumongsud

As she walked through shards of
glass,
He never thought it would be the
last,
He will grow older and reach the
age of 88,
She will be forever young, out of
the infinite.

Flashbacks whispered so near,
So close to him, yet everyone
could hear.
She was the one he wanted to keep
so dear,
But the heavens took her from him
out of fear.

With her looks like that of an
angel,
He figured out that he had chosen
someone so well.
It is so well that even the gods
could tell,
That a hundred years is not
something they sell.

Now, he knows he has to wait,
As he let himself fall into destiny's
bait,
He'll follow her and knock on
heaven's gate,
If he's lucky, he might be
welcomed by her fate.

At midnight, as he turned 89,
He felt so satisfied and fine.
To the world, he bid his goodbye.
To her, with his eyes closed, he
said, “Hi!”



LITERARY

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Infinite Fortress

By Stephanie Grace M. Lumongsud

Silence led sirens call for another wail,
Tragedy was masked with no more than a huge veil,
I trailed the crooked line being the prettiest and smartest,
As tricky as a river otter and a lady like no other,
If only I could be that perfect;
The eyes I yearn to look into would notice me,
The reciprocal I was dying to have would be kept by me,
But then I knew my esse was left in neglect;
As the rays of the sun kissed my cheek,
My limbs grew so weak,
As I noticed dreadful shadows behind the sun,
I chose not to run.

The Knight whispered a rainbow to my yawning,
To my surprise, I felt the wind blowing,
It pulled me forward like a swing going upward;
As if it was telling me to not act coward,
But there is no sun with no certain high in the sky,
And I cannot stand alone without being a Gemini,
If only I could do more than just behave;
Breaking rules putting me in handicap is what I would crave,
As if I am willing to bury those vessels of cliché to its grave,
If I do every single thing with delight,
I would never strike a sword worthy of my might,
And would even ask the stars to never leave my night.

With the blindness inherited from the sun,
I need not dilly-dally
The castle opened one of its doors as it greeted me;
A cattleya was handed to me as the Knight had said,
“You have never left the princess” bed,
Seeing you now in this garden I revisited,
I now hand you over to the prince instead,
But keep in mind that once the both of you had wed,
You might become the happiest,
But never once will I regret seeing you in your darkest,
Your spark never left, only dimmed,
Not even in a cruel way was it rimmed,
But it is like that of a water you failed to test.”

I woke up with the scent of a bare chest,
And I heard a hummingbird rustling carefully in its nest,
I felt an arm around me as I lent my ears,
“My princess, you were having a nightmare.”
As I turned around, His face lifted my fears,
His eyes reflected my tears,
His touch felt more than a fortified wall,
At that moment, I felt the opposite of being small,
Then He said, “I heard you and, in my eyes,
You were never like that of the other being a single flower,
You are an entire field; you need not bother.”
With that, I said, “I would never want to wake up and love another.”

Torch Bearer

By Ursula David

Passion, artistry, and grit
Some are born to fit; some are cut for it.
But I, an avant-garde amateur, am an earthen mound.
"Beauty made of chaos," — hermit on the ground.

Density slaps thy cavalier
A deranged musketeer
In screeching agony, take thy heart
Madness — all in the name of art

Phantasm mutes my chaos.
Reality is the villain of my ethos.
Destroying my subsistence, slowly annihilating my very own existence.

I'm no Phoenix, just a viscous substance.
Like Prometheus, bound to his own trance
Waiting impatiently for a Heracles miracle
Torment shaped me into being cynical; at its most grievous pinnacle

Up the Olympic hill I ran,
In pursuit of the legendary penman
The Invictus in me, a glimmer of eudemonia
I slumped with ergophobia.

Caught up in the torch as it smoldered,
Until stirred by the heavens' winds,
The bearer loses its moment.
A taste of upside-down hell

AGENDA

By Pearl Zinfandel Antoine

Oh, it is me.
Just another day with just another not-so-great piece of cake
It is like one day after another where the day stays like it was.
Having a routine that remains a routine
Without breaking even a single thing.

Until then one day you decided to take minutes of the schedules in between.
Let me see my agenda- oh wait,

You have taken one to two, and even to three momentums.
Suddenly, it does make me wonder how such a breaking of silence will work once we step into a single room.
No, please, oh dear— please.

Left in a standstill, with no direction to go
In life where I need to choose, which way do I follow?
Is it the mind which tells me that love is overdue,
Reminding me of all what have you put me through?

Or is it the heart that whispers kindness,
Where does it tell me to forgive nonetheless?
Despite the void, I try so hard to fill
When my chest no longer remembers how warmth truly feels?

Do not take my words on the wrong scheme.
I have nothing to do with daisies, butterflies, and a cup of coffee.
Certainly, someone who will be defined as cards, inks, rings, and dark little things.

Therefore, if a wonder comes along or wonders about promises or some type of weird lore
I am no one to be in the pages of yours, for I declare myself as someone who does not deserve an open door.

I'll see you when the time comes or maybe see you when the bell rings.
But as the eyes meet, pardon me—
For I have no emotions for you to seek.

LEGARDA
Ni Earl Morales

Sa ugong ng mga bagon,
Sa hamon ng kahapon.
Sa'yo ako uuwi,
Ligaya kong, Legarda.



Captured By: Earl Joshua M. Morales



FEATURE

JUAN SUMULONG CAMPUS
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Captured By: Earl Joshua M. Morales

Commuting Experience of Non-Manila Resident Senior High School Students in the First Face-to-Face Classes

By: Jon Averiel M. Reolada

It's Arellano University's first face-to-face class for its students. And I can see from their faces that they are enthusiastic about attending their first day of face-to-face classes. It's hard to believe that the last time all of us ever attended school onsite was way back in 2020—after two years of struggling with online teaching. Although there were many challenges and difficulties in making face-to-face classes possible, it has been well thought out for the whole university. I think we can all agree that we're better able to listen and study if we're learning in school rather than at home.

Blended learning, as they say, is the new normal. Students sometimes attend in-person classes and other times participate in distance learning. Even though the majority of the students want face-to-face classes to be implemented, we should keep in mind that in-person classes also have their cons. One of which, we can safely say, is commuting.

Out of the 29 students who took the poll, 38% are non-Manila residents. The purpose of this survey is to know why a minority of students chose to study at a distant school and faced the challenges of commuting there.

Because I myself am a non-Manila resident, I will also have to deal with the challenges of commuting until the end of the school year. Of the 11 students who are non-Manila residents, I wanted to share the experiences two of them have had commuting to school.

Rain, a Quezon City resident, chose to study at Arellano University despite knowing the challenges of commuting because he had heard about their good educational system. The route that he took the first day he went to school was a long one. First, from his home, he needed to walk to a tricycle station to get him to the road where jeepneys take passengers.

After getting inside the jeepney, he then gets off in Anonas, where he needs to take the LRT. Upon entering the train full of passengers, Rain stands for about seven stations before getting off. And from there, he walked all the way to school. Rain commuted to school for about 40 minutes, and by the time he got there, he was worn out and exhausted. It all took him about 50 pesos back and forth, considering that the LRT is still free for the students. It is expected that free LRT rides will only last until the fifth of November, so no more free rides for Rain.

JD is a student all the way from the capital city of Rizal, Antipolo. He chose to study at Arellano University because it is one of his dream schools. JD, similar to Rain, also takes the LRT to school. First, he had to walk two to three minutes from his house to the jeepney station, where it would take him to the LRT station in Antipolo. And from there, the long journey begins. He said the only problem with him taking the jeepney is the traffic. And after that, he can finally relax inside the air-conditioned train. His trip took approximately an hour and a half to get to school. He leaves early so that he also arrives even before time. The expenses he had come up with were about 80 pesos back and forth. He stated that even after the long trip it took him to get to school, he didn't even find himself tired or exhausted.

Even though the majority of students do not need to travel from one city to another, we should also be aware of the difficulties that commuter students will have to endure for an entire academic year. It must just take some getting used to, I suppose. Rain will eventually start to get used to the way JD does.

THE LEGENDARY CLASSIC

By: Nathaniel Roman



Time travel is one of the most interesting topics in all of fiction. There are a ton of different perspectives and opinions regarding time travel and it has become a widely famous concept. This has led the entertainment industry to greenlight many films using the concept of time travel over the years. Time travel, however, is only a concept that while interesting, requires a heart to become a masterpiece. That is something that the 1985 film *Back To The Future* succeeds in, resulting in its explosion to fame.

Back To The Future is a 1985 science fiction film written by Robert Zemeckis and Bob Gale. It stars Michael J. Fox, Christopher Lloyd, Lea Thompson, Crispin Glover, and Thomas F. Wilson as the main characters of the movie. The concept for *Back To The Future* was created by Gale and Zemeckis in 1980. After multiple joint failures, they were anxious for a hit movie, but the concept was turned down more than 40 times by different studios because it wasn't deemed good enough to rival the time's top comedies.

The plot focuses on teenager Marty McFly as he discovers a new world of time travel along with his friend and companion, Dr. Emmet Brown. With his genius friend finally inventing the time machine to which he devoted his entire life, Marty is whisked back to 30 years where he meets the younger version of his parents.

Accidentally interfering with his own birth as well as his siblings, young Marty is challenged by the strange world he finds himself in and must make sure that his parents fall in love to ensure that he maintains his existence long enough to make it *Back To The Future*.

"It can't be done, can it?"

When watching a movie, there must always be something positive and life-changing to learn. *Back To The Future* delivers all this and so much more. The story is compelling to the point where it leaves you wondering if they will succeed or fail. The characters are very relatable, having the same problems and responses as we do. This is a masterpiece that is watched by many to this day and is deserving of the title *Legendary classic*.



SCIENCE

JUAN SUMULONG CAMPUS
2600 LEGARDA ST., SAMPALOC, MANILA

DECEMBER, 2022

ARELLANO UNIVERSITY

Climate Change: The Change

By: Pamela D. Delos Reyes



Photo Credit: Ferdi Rizkiyanto

Climate change—most of you probably heard it from your Science Teacher’s lesson in school, on a daily news broadcast, or from environmental activists’ protests. It’s a term that has been heard over the years but was never understood—or had always been neglected. As Super Typhoon Karding runs through the country, there was no change in climate change; it has yet again highlighted its detrimental effects.

According to the United Nations (UN), climate change refers to long-term shifts in temperatures and weather patterns. It can affect our health, ability to grow food, housing, safety, and work. As the long list of damaging effects it brings appears, the long pause from awareness and action adheres. Like a morning alarm clock, it looks like people and the system needs a strong and surprising wake-up call—one of which is a super typhoon.

Similar to how people suddenly remember the mountains of Sierra Madre, climate change is something that has repeatedly been ringing in everyone’s ears as Typhoon Karding surges the Philippines. A civil engineer and wind dynamics expert, Joshua Agar, told INQUIRER on September 30, 2022, that the country may see stronger typhoons in the future due to climate change. “Expect typhoons like Karding that are small in size but with super destructive winds near the eye.” Agar quoted. These types of statements alone could stir up sheer panic in the masses.

As the community and whole nation succumb to fear with the massive damages brought by Karding on agriculture, infrastructure, and death tolls widely recognized through the five volunteers in Bulacan renowned as the new heroes of the country, the majority awaits the urgency of the system’s reform, for the immediate plan of action—a true sense of authority that doesn’t depend on the resilience of the Filipino people; one that recognizes that individual efforts couldn’t change the way climate change is right now.

At a recent UN Forum held last September 6, 2022, in Manila, the plan of attaining holistic climate justice and equity, as well as proper climate financing, is one of the goals they proposed.

Environment Secretary Maria Antonia Yulo-Loyzaga said, “Without global transformation and adequate financial resources dedicated to solving the climate change problem, which has reached emergency status, any agreement will be meaningless.” Later on, Yulo-Loyzaga’s statement was seconded by Robert E.A. Borje, Climate Change Commission (CCC) vice chairman and executive director as he quoted, “Urgent delivery of needs-based climate finance on loss and damage is crucial to transformative climate actions by at-risk developing nations. Gone are the days of empty commitments — now is the time to implement, to deliver actions with results.”

Climate change indeed grew to change as time flew but it didn’t grow weaker like what people had aimed to; rather, it has only become stronger and bigger. Contradictory to that are the changes the nation has made. We’re walking on a linear phase wherein there are no heightening improvements but heightening damages instead.

Even though we could technically receive a “change” for the risks we pay because of better and wider growth of some plants due to global warming and climate change—as study shows, or through the benefits of the economy for the businesses related to this matter, it doesn’t change the fact that these short-term positive effects might cause us—or had already been causing our long-term problems.

“The climate crisis has already been solved. We already have all the facts and solutions. All we have to do is to wake up and change.” Greta Thunberg, a popular and young climate activist said on TEDx Stockholm around December 2018.

Through those vast changes in the extremity of climate change, this thing truly depends on our hands. With our individual efforts, together with the acknowledgment of scientists’ and experts’ calls and means, over and above the cooperation and amelioration of the state and the system, we could definitely combat climate change—if and only if; we allow ourselves to be part of the change.

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Defying Improbabilities: Steven Paabo grabs 2022 Nobel Prize in Medicine for his improbable research

By: Kenneth Ivan B. Pagdanganan



Photo Credit: Frank Vinken/Max Planck Society

Swedish geneticist Steven Pääbo successfully grabbed the 2022 Nobel Prize in Physiology in Medicine in October, featuring his once improbable discovery about “discovering concerning the genomes of extinct hominins and human evolution.” 25 years ago, Pääbo and his team began the research after discovering 40,000 years old bones from a Neanderthal, our closest human relative.

TAKING A BOLD RESPONSIBILITY

Many people did not believe nor support the study conducted because it was too impossible or improbable. Steven wanted to focus on the Deoxyribonucleic acid or DNA of the Neanderthals; however, DNA is said to degrade after 521 years. Instead, the adjunct professor at Okinawa Institute of

Science and Technology focused on the mitochondria to pursue the progress of the study.

At first, due to the lack of instruments and the state of technology, it was difficult to create an accurate structure to back up his research. Fortunately, as the years passed, his bold responsibility began to bear fruit as a result of technological advancement. The Nobel Committee praised Steven for his determination in the study,

"Through his pioneering research, Svante Paabo accomplished something seemingly impossible: sequencing the genome of the Neanderthal, an extinct relative of present-day humans. He also made the sensational discovery of a previously unknown hominin, Denisova." Steven's success also made him question himself based on the contemporary issues the society is encountering, all about racism.

OPENING EXPERIMENTAL DEVELOPMENT

"Sometimes I think it's interesting to think about if Neanderthals had survived another 40,000 years, how would that influence us?" Pääbo stated. "Would we see even worse racism against Neanderthals, because they were really in some sense different from us? Or would we actually see our place in the living world quite in a different way when we would have other forms of humans there that are very like us but still different? We wouldn't make this very clear distinction between animals and humans that we do so easily today." The distinctive qualities of the two, although related, can be significantly observed. Other scientists, paleontologists, and even archaeologists have attempted to take a deeper dive into the study, but they were unsuccessful in obtaining the answers to the fundamental questions on the surface that made Steven stand out. He was able to present evidence of the human bones of a Neanderthal, particularly in the finger that was later found inside a cave in Siberia. The 67-year-old

professor thought it would be much clearer if he was not influenced by his mother and father, who are also working in the same field.

A GENERATIONAL SCIENTIFIC DISCOVERY

Steven Pääbo's father, Sune Bergström, also won a Nobel Prize in 1982, shared with John R. Vane and Bengt I. Samuelsson for their successful discovery of prostaglandins and other related substances. However, it was his mother, not his father, who had the most influence on him. Pääbo said he was a bit sad that his mother could not experience it. His mother was into science, so she encouraged Pääbo to be exposed to it. "She... was very much into science, and very much stimulated and encouraged me through the years. My father and I did have some contact, too, and he took a big interest in my work, but it was not as close a relationship as with my mother." Steven Pääbo won a total of 10 million Swedish Krona, which is roughly around 910,000 U.S. dollars. Until this day, empirical experiences like Steven's are proof that you can always defy improbabilities. You will be able to contribute to and change society through science if you have enough courage and determination.

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In the first century A.D., Petronius Arbitrator created a doll that moved like a human being. While in 1557, Giovanni Torriani invented a wooden robot that could collect the Emperor's daily bread from the shop. The 19th century was also full of innovative robotic inventions, such as Edison's talking doll and Canadians' steam-powered robot.

However, these historical discoveries may have planted the initial seeds of inspiration for the contemporary robot. The scientific development in robotics in the 20th century outnumbered prior accomplishments a thousandfold and was then utilized in the medical field.

Robots are revolutionizing the way operations are carried out in the medical community. Eric J. Moore, Professor of Otolaryngology-Head and Neck Surgery, stated that in 1985, the first surgical robot, PUMA 560, was utilized in a stereotaxic operation in which computed tomography was used to assist the robot as it placed a needle into the brain for biopsy. However, it was a process that was previously prone to mistakes due to hand tremors during needle insertion.

There were several cases when robots assisted in surgeries and these are among them:

(1) The da Vinci Surgical System allows surgeons to have more exact control over a variety of treatments. The da Vinci System uses magnified 3D high-definition vision and controls that strap to a surgeon's wrists and hands to perform tiny, precise incisions that human hands would not be able to do otherwise. This gives doctors more control, and because the technique is less intrusive than standard surgery, patients recuperate faster.

(2) The Cyberknife is a robotic surgical system that uses submillimeter accuracy to deliver radiation treatment to malignancies. The CyberKnife technology, developed in the 1990s, is currently utilized to treat cancer in hospitals and treatment centers across the United States. It is said that the procedure is non-invasive and reduces radiation exposure to

Medical Specialists alongside Robotics: A Combination in Healthcare

By: Jazmine Marie G. Agoncillo



Photo Credit: Daily Sabah

healthy organs and tissues.

(3) The automated and portable Xenex Germ-Zapping Robot disinfects whole hospital rooms in minutes using pulsed, full-spectrum UV rays that destroy a variety of infectious germs. It is intended to minimize hospital-acquired infections (HAIs) like Methicillin-resistant Staphylococcus aureus (MRSA) by eliminating the germs that cause them, which can be particularly resistant to therapy. Along with the previously indicated benefits of robots in the medical profession, the following disadvantages exist: (1) The high expense of putting in a robotic surgery system can raise the price of surgical treatment as surgical robots are expensive to maintain.

(2) The amount of time it takes the robot to execute the surgeon's directions. (3) It may create several complications in surgeries, and (4) robots will replace people, resulting in urban unemployment.

Robots are present all around us, whether they are automated robots that construct our automobiles or virtual assistants who help us through human-computer interaction. However, how far can robotics prosper in the field of medicine?

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PH Investing in R&D: A Key to a Progressive and Decent Environment

By: Kenneth Ivan B. Pagdanganan



Photo Credit: Getty Images

Whenever an illness or disease is featured on the news, many Filipinos are immediately threatened without knowing its intensive explanation and development. They are prone to misinformation or commonly known as “fake news.” The problem has brought various circumstances to the Philippines right now. Amid the ongoing health crisis brought on by COVID-19, which turned into a pandemic, many illnesses and diseases developed and surged around the globe. But, how do scientists and microbiologists discover these illnesses? How can the government help to solve these issues? Does the government invest enough in this field? This is because of research and development conducted by them. Without research and development, we would have suffered more than what we are experiencing now. This is why the Philippine government should focus and invest more in research and development.

As of 2020, the Philippines allocated only 15% of its total GDP to research and development, which is less than the one percent suggested by the United Nations Educational, Scientific, and Cultural Organization (UNESCO).

Recently, the Philippine Council for Industry, Energy, and Emerging Technology Research and Development (PCIEERD) executive director, Enrico Paringit, stated that the sector is targeting raising its budget allocation to 16.13 billion Philippine pesos from 2022 to 2024. With over 397 project proposals received, they need to have 6.44 billion PHP to fund them.

He added, “R&D should form the backbone of interventions, especially when people’s lives are at greatest risk. Our scientists and researchers have shown that they are quick to respond to the pandemic—rolling out technologies such as locally-made personal protective equipment, resource monitoring apps, and use of analytics for science-based and data-driven decision making.” Indeed, R&D plays a crucial role in helping developers quickly respond when the place is at risk. Through R&D, the Philippines would have a better environment for Filipinos to have a sustainable country to live in.

According to the latest statistics tallied by Statista, the United States of America is the top global investor in research and development as of August 5. This year, the country has allocated 679 billion U.S. dollars, followed by China, which is expected to raise it to 551.1 billion U.S. dollars. These countries focus on growing the field for the following reasons: (1) it may reduce poverty; (2) it helps the country to build a stronger economy; and (3) it contributes largely to a country's planning on how it can be sustainable.

Unlike the U.S. and China, the Philippines is a developing country and has a huge economic gap. However, the very reasons they are attempting to avoid are the problems that the country is currently facing. The Philippine Statistics Authority, or PSA, said that 19.9 million Filipinos have been experiencing poverty, which represents 18 percent of the Philippines’ population. This is about a percent or two higher than the recorded population living in poverty in 2018 — 17.67 million Filipinos.

Introducing research and development empowerment may help to encourage young people to have an apparent hope of becoming successful and emerging scientists, microbiologists, and other health-related and developmental study fields.

As a developing country, this can build a huge momentum for economic, social, and political development, as it is key for a country’s remarkable progression. Science and technology could be the core of prevention, cure, and maturation. Investing in research and development is what the government must prioritize at the moment, for it will have long-term effects, helping us to create a country with decent knowledge nourished with facts with the help of science.

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Science and Technology to succor Food Insecurity

By: Pamela D. Delos Reyes



Photo Credit: European Public Health Alliance

From data collected by the United Nations International Children’s Emergency Fund (UNICEF) in 2014, it was stated that “Every day, 95 children in the Philippines die from malnutrition.”. After 8 years, in this year 2022, nothing has changed. As Manny F. Dooc phrased it in his column on BusinessMirror, food insecurity is considered the “next pandemic.”

The Philippines is known to be an agricultural country blessed with natural resources. Despite this fact, there is an alarming surge of food scarcity that hinders Filipinos from achieving the United Nations (UN) 2nd Sustainable Development Goal (SDG), which is “Zero Hunger”.

It is known for a fact that the issues of hunger and malnutrition already exist within the country and people share the same struggles with the world as a whole. “There is no peace with hunger and we cannot combat hunger without peace,” said Spanish Prime Minister Pedro Sanchez. The Ukraine-Russia war along with the global pandemic and poverty indeed caused the means of the world’s food and nutrition to fully falter.

However, as stomachs started to empty, there are yet remaining sources of solutions that would help the masses mitigate these challenges through the assistance of Science and Technology.

Succor PH’s Agricultural Science for Food Security

According to an article published in Science.ph, the agriculture sector is considered “the backbone of the Philippine economy”. Thus, it is clear how much of a change the majority could make by strengthening Agricultural Science in our country.

Recently, the Philippine Long Distance Telephone Company (PLDT) and Smart proposed an idea about urban gardening that encourages Filipino households to grow their food to access it with safety, nutrition, and sufficiency. This project eases food shortages and contributes to a more effective food supply chain.

Meanwhile, amidst the pandemic, the Department of Science and Technology (DOST) continues to give aid, projects,

projects, training, and studies to sustain better plants and livestock in our country.

Succor PH’s Technology for Food Security

Along with the enrichment of the agricultural sector, experts also delve into the revamping of technology in our country. Through modernization and digital transformation within farming, livestock, and fisherfolk, individuals could attain greater means for food and nutrition.

From a symposium held by INQUIRER titled “Food for Thought”, the head of the stakeholder management team, corporate communication of PLDT and Smart, Stephanie Arlino mentioned that “Technology plays an important role in improving production, linking producers and buyers, and just overall improving the lives of our farmers.”

As PLDT-Smart prompts Digital Farmers Program, Pilipinas Shell Foundation, Inc., commonly known as PSFI, and their Integrated Farming Bio-Systems launched Shell Training Farms and other projects that would help farmers enhance their skills, adapt to digital systems, and increase food production in the country.

Meanwhile, the Philippines’ notable ability in technology was highlighted as state university students named “Team Paradocs” became one of the chosen finalists for the Association of Southeast Asian Nation Data Science Explorers or ASEAN DSE.

Prince Jewel Federe is currently a BS in Computer Science student, while Kim Carlo Monloy studies a BS in Molecular Biology and Biotechnology. This duo held an impressive proposal that would increase sustainable food production through community gardens and vermiculture hubs.

They pitched an idea of upcycling food named as “Earthleigh project” which lets people grow their crops through gardens and use the leftovers to feed worms, a process called vermicomposting. Aside from this, they also included developing a mobile app that would guide people with the information they needed to start and sustain the aforementioned community gardens and vermiculture hubs.

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PHOTOJOURNALISM

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Putik ni: Beatriz Anne L. Gallo

BAGONG MAYNILA.

Pagbabalik-tanaw sa kasaysayan ng Pilipinas sa makabagong lagusan na nagkokonekta sa Intramuros at Manila City Hall.



Photo and caption by: Carl John D. Bauyon

Unexpectedly captured

A turtle hatchling was seen by some residents of Tali Beach Subdivision. From being a clutch, a newborn turtle emerges from its egg under the sand on Friday, October 30, 2022, at the Sunset Beach Nasugbu, Batangas.



Photo and caption by: Carl John D. Bauyon

WE CAN'T STOP THEM FROM COMING

A vacationer Seize Li Sanbuenaventura took a high step from the wave that came to her.

The waves hit hard from the mid-sea to the shore of the sea at the Secret Beach Nasugbu, Batangas last Friday July 15, 2022.



CARTOON

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COVID-19 Moonshot!

By: Rain Rio
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Same Old Problem of Face To Face Classes

By: Jean Echiverri
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Midnights

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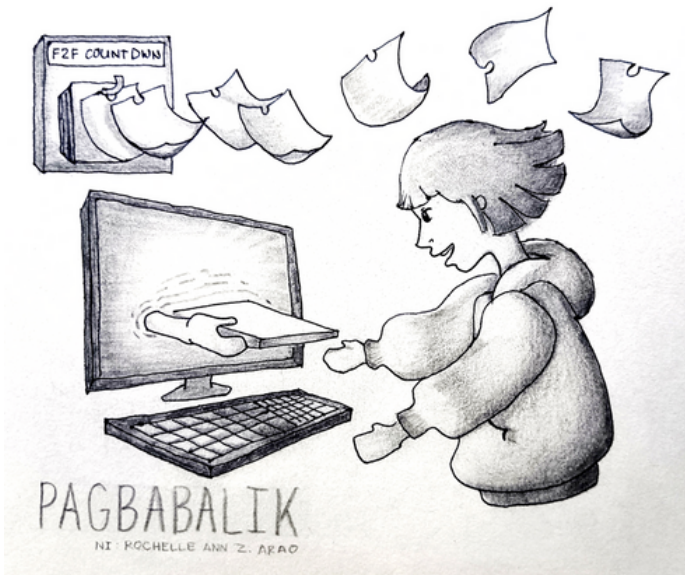


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Vax and Mask: Road to COVID-19 Freedom

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Liwanag Sa Dilim

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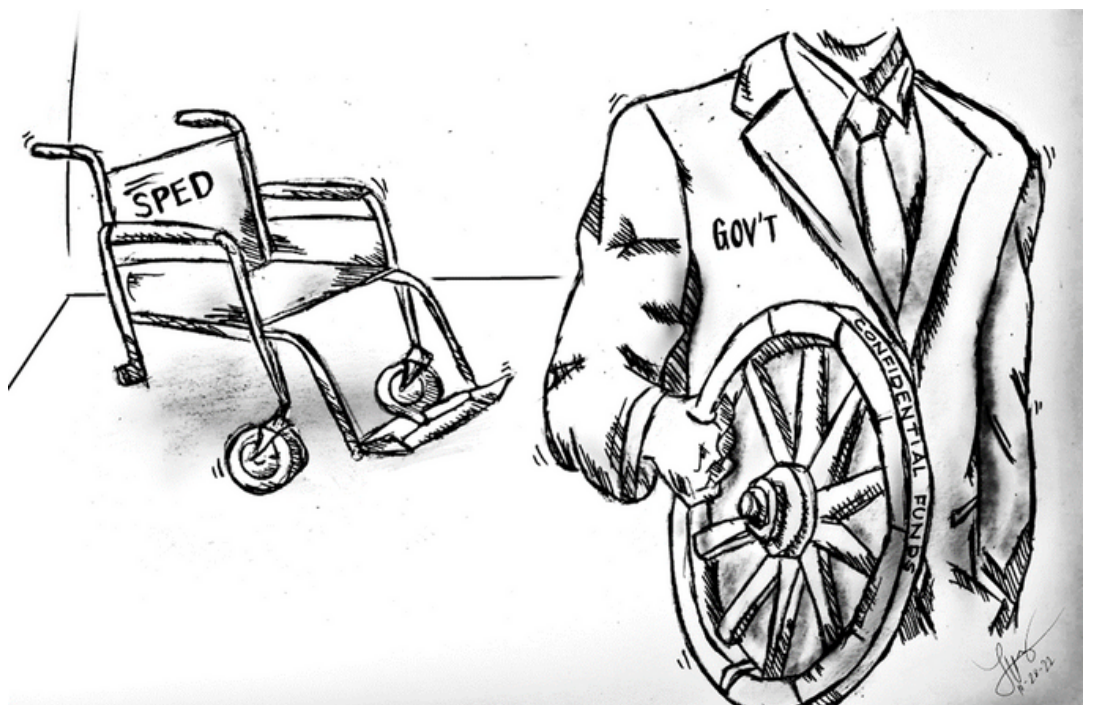
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Gender Equity

By: Alyana Julia Coronel
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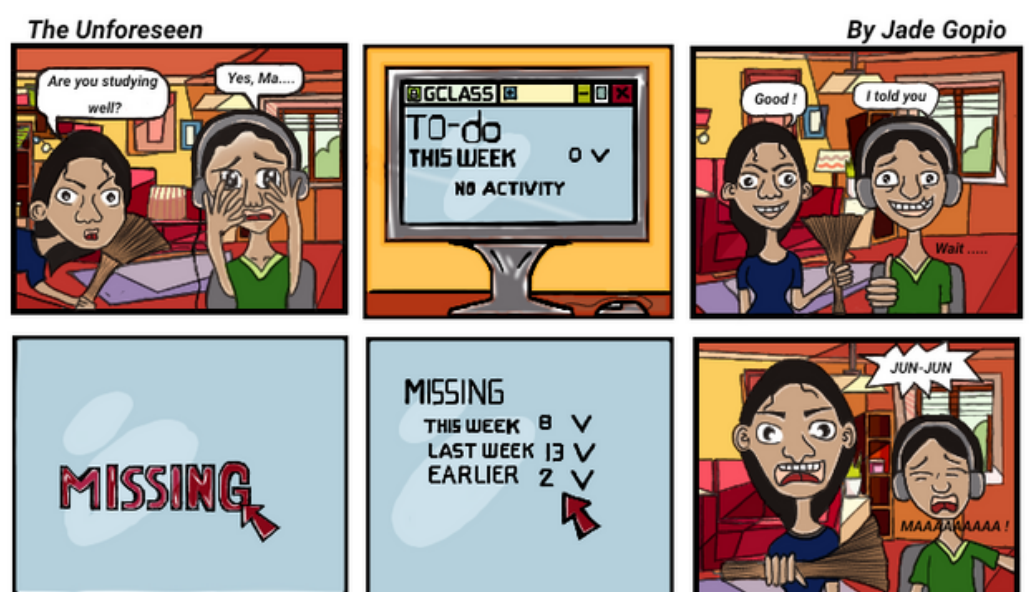
ZERO BUDGET FOR SPED SCHOOLS FOR 2023

By: Leilah Paras
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Uniporme Ko, Kasarian Ko

By: Reymund C. Diocton
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Unforeseen

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SPORTS

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NCAA SEASON 98: ARELLANO TAKES NO. 5 SPOT AFTER FIRST ROUND

By: Carlo T. Arsula

Juan Sumulong Campus

The Arellano Chiefs ended the first round on a low note after succumbing to a 80-82 defeat against the LPU Pirates, in the NCAA Season 98 men's basketball tournament, at the FilOil EcoOil Centre, Tuesday, October 11, 2022.

Axel Doromal continued to be the bright spot in Arellano's menace journey this season, recording a game-high 21 points, two rebounds, and a pair of assists. The second highest scorer for the Red-and-Blue was veteran Shane Menina with 12 points.

Patrick Montano led the Pirates with a stellar performance, who scored 16 points off the bench while grabbing seven rebounds. Starters John Barba and Mclaude Guadana scored 15 points and fourteen points, respectively, as they put up a balanced scoring effort en route to a cardiac finish.

Scintillating first half

The Arellano Chiefs took advantage of Pirates' early struggle on offense, trailing them in the first few minutes of the first period as Doromal scored a lay-up which was followed by a three-pointer from Shane Menina that gave them an early 8-point deficit. It wasn't until LPU's Coach Malabanán prompted to make a shot call where they took some early offensive woes and relied on their stark defense to pad their advantage, Pirates took the lead, 10-13, halfway into the opening period; thanks to Mac Guadana and John Barba's aggression in the paint.

Padaña and Oftana traded shots from beyond the arc with 57.4 left in the quarter, as Guadana joined the showdown with another three for Pirates, leading the Chiefs by five. Cade Flores made it possible to cut the deficit to 3 after a rebound shot via Doromal. The first quarter ended with the Chiefs being down to LPU, 19-22.

(Continue Page 43)

Photo by: Arellano Sports

A learning experience: Arellano Chiefs falls into early exit at Shakey's Super League

By: Kenneth Ivan Pagdanganan

Juan Sumulong Campus

It was not an easy bracket at all.

Arellano University Lady Chiefs ended their campaign early with a 1-2 record at the Shakey's Super League after falling to the Ateneo De Manila University Blue Eagles and National University Lady Bulldogs. With two UAAP podium finishers, Arellano was drafted in Group C and was interpreted as the bracket of death. Their campaign was held inside the Rizal Memorial Sports Complex and lasted for about three weeks.

The journey was tougher than expected for the Chiefs as they succumbed their first game to the Ateneo Blue Eagles via straight sets but a close fight loss of 14-25, 28-30, and 17-25 on October

Starting with shaky rallies, Trina Abay, the team captain of Arellano stepped up as she contributed points for her team in the set. But, on the other hand, Faith Nisperos, Vanie Handler, and AC Miner led the Blue Eagles, which

(Continue Page 42)

PH Reps Creamline place 6th on Asian Women's Volleyball Cup

By: Kenneth Ivan Pagdanganan

Juan Sumulong Campus

The Creamline Cool Smashers, who were hailed as the 2022 PVL Invitational Conference champions, wholeheartedly represented the Philippines at the Asian Women's Volleyball Cup from August 21 to August 29 inside the Philsports Arena. They have successfully ranked sixth among nine countries, making it the best-placed finish ever for the Philippines, led by Michele Gumabao, Jema Galanza, and Tots Carlos. Even with the absence of their team captain, Alyssa Valdez, due to dengue, it did not hinder the potential of the team to perform because of their gelling and chemistry.

The Philippines debuted as one of the game openers against Vietnam. The team fell short following the absence of their setter, Jia De

Guzman, and their head coach, Sherwin Meneses, due to health protocols. Kyle Negrito stepped up as their main setter, and even if they struggled to convert points from their defense, Kyla Atienza stunned everyone with her defensive specialist skills as she showed her digging prowess against Trần Thị Thanh Thúy's attacks, known as T4. The jitters can be easily observed in the first to middle part of the game, but they have shown their efforts to try snatching a set against the Vietnamese team in the third set, 31-29. They lost against the

(Continue Page 42)



Photo by: Arellano Sports



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Photo by: Asian Football Confederation

Accomplishing HER-Story: PH Filipinas clinches FIFA World Cup slot for the first time

Written by Kenneth Ivan Pagdanganan - Juan Sumulong Campus

After over two decades of drought, the Philippines successfully entered the FIFA Women's World Cup.

The Philippine women's football representatives escaped Chinese Taipei through a heartstopper match inside the Shri Shiv Chhatrapati Sports Complex in Pune, India, as Sarina Bolden helped the Filipinas secure their historic victory over Chinese Taipei with her last penalty shot, 4-3, to finally secure a spot on the FIFA Women's World Cup 2023 that will happen in New Zealand and Australia in July 20 to August 2023.

Finishing in 3rd or 4th place, the Philippines joined China, Japan, and South Korea in occupying a world cup slot after defeating Chinese Taipei

in the quarterfinals, but then lost to South Korea, which was hailed as the tournament's runner-up. It has not been an easy journey for the PH team since their opening game against Thailand, where they lacked players due to COVID-19 health protocols. Fortunately, it did not stop the fireball performance of Filipinas and they won 1-0 against the Thais, courtesy of Chandler McDaniel at the 81st minute of the game.

They lost against the Aussies in their second game via a dominating game for the Aussies with a 4-0 scoreboard led by Samantha Kerr,

Dominique Randle, Emily van Egmond, and Mary Fowler. But it did not hinder the Filipinas' determination to bombard the Indonesians and advance to the quarterfinals in a 6-0 fashion. Katrina Guillou scored an impressive yet early goal in the first six minutes of the game.

Their last qualifying match off to the semis was a crucial and their most difficult game, which made them remarkable for Philippine women's football as they are the first-ever representatives for the country to grab a ticket to the FIFA World Cup 2023.

Seen with tears, it was a prophecy granted by the 2005 Philippine Women's National Football Head Coach, Ernest Nierras, who believed that Filipinas will make it on the world stage at the right time.

A month-long tournament will be held from July to August in 2023. On October 22, 2022, the 2023 FIFA Women's World Cup seeding took place at Aotea Center, New Zealand. Philippines was seeded in Group A along with the host, New Zealand, world No. 12 Norway, and world No. 21 Switzerland.

A learning experience...

CONTINUATION FROM PAGE 41

was enough to demolish AU's defense pattern. The Chiefs were able to perform better on the next set with the phenomenal offense of Laika Tudlasan and Pauline De Guzman. They even had the lead and the advantage for most of the set. Unfortunately, the errors made the most of their momentum and destroyed their opportunities to seal the set, 30-28. The Gandler-Nisperos tandem on the third and final set was the key to defeating the Chiefs, leaving them with a no-win and a losing record.

The Lady Chiefs were able to redeem themselves the next day as they unleashed their plays against the Jose Rizal University Lady Bombers. Trina Abay, Nicole Sasuman, and Laika Tudlasan were consistent in the game as Cuenca's defense was reliable and sufficient to sustain AU's momentum and runs. In the end, they swept JRU, 25-21, 25-21, and 25-17.

Their match against the reigning UAAP champions, the National University Lady Bulldogs, was their deciding match if they were going to advance onto the playoffs. The trio of wingers—Michaela Belen, Alyssa Solomon, and Princess Robles—as well as the tower built by Sheena Toring were too hot to handle for Pauline De Guzman, Laika Tudlasan, and Trina Abay. The Lady Bulldogs stole the show in straight sets, 9-25, 17-25, and 14-25.

However, the loss of the Arellano University in Shakey's Super League will not distract the Chiefs to aim higher and get stronger as they return to prepare for the upcoming NCAA season and reclaim the championship title. They may have ended their campaign, but coach Roberto "Obet" Javier believes it was a perfect opportunity for them to come tougher.

After all, it was a learning experience for the NCAA's reigning silver medalist.

PH Reps Creamline...

CONTINUATION FROM PAGE 41

The Cool Smashers once again failed to make an upset against China on August 23. Nonetheless, their performance with the comeback of Jia De Guzman and coach Sherwin Meneses motivated the team to give a better clash inside the court. Jia's drop balls highlighted the game as well as the deadly spikes countered by Michele Gumabao, who has a high spiking efficiency rate. They even had a good score advantage in the middle parts of the second and third sets, but the discipline of the Chinese gained tremendous effort to sweep the Philippines, claiming its second straight loss, 25-16, 25-22, and 25-20.

After suffering from back-to-back losses, the Philippines successfully retaliated on Iran by winning a thrilling four-setter match inside the arena on the next day. Jema Galanza amazed the audience as well as her opponents because, despite her height, she was still able to be the leading scorer for her team. With the scores of 25-19, 25-22, 20-25, and 25-14, it gave them a motivational boost to continue their winning streak against the young team of South Korea, 25-18, 25-13, and 25-17. Ranking third out of five teams, as the team was set to face Thailand in the playoffs match-up.

The perseverance and determination of the Cool Smashers impressed the Thai team as they battled in a rollercoaster four-setter match. Even Pornpun Geudpard praised the Philippines after the game for their majestic performance. "They play very well, and they make our team crazy." Sometimes [during the game] they make us crazy about how [they did that]. They want to gain [points] from our team. Every mistake they make is like, "Whoa!" "[So] I feel like, Oh my God, I cannot play a little performance," Pornpun stated. Gumabao led the team with 13 points, enough to sustain a four-setter loss, 18-25, 25-23, 20-25, and 9-25.

What made the Philippines emotional was their classification match against Australia, whom they've never beaten on the PWNVT's entire AVC journey. The Resbico team upsets the Aussies in a five-setter match led by Carlos and Domingo. While interviewing, Jia De Guzman and Jema Galanza were in tears as they made history for the Philippines after winning against Australia, 21-25, 25-19, 19-25, 25-18, and 15-12. This made their classification ranking to be determined against Chinese Taipei, where they lost but were content with their AVC 2022 journey on a higher note.



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NCAA SEASON 98: ARELLANO TAKES NO. 5 SPOT AFTER FIRST ROUND

By Carlo T. Arsula
Juan Sumulong Campus

Axel Doromal, lone-starter on the floor, opened the second quarter from a left-wing that cut LPU's lead to just one, 21-22. Looking to continue their momentum in the second quarter, Chiefs challenged the red-and-silver team with a neck-to-neck battle, giving them just a two to four point lead in sequences. Cade Flores closed the period through a mid-range jumper, 42-44, Pirates still leading.
Game of runs

Both teams' offenses started to get going at the start of the third quarter, as the Chiefs scored five quick points off of a three and dribble penetration play. This was matched by the Pirates' big man Umali as he aggressively stifled Arellano on defense, tallying two consecutive boards, 54-51.

Axel Doromal continued to be the spark plug of the team as he gave Chiefs' last eight points off two three-pointers and a lay-up from the top of the key to erase the lead, 54-54. However, the Pirates went on a scoring explosion and answered with a stifling 14-2 run—propelled by their trademark defense and mastery on the fastbreak. The Chiefs were not able to match their opponents' firepower and fell behind, 14-2 run, at the end of the third quarter, 58-70.

Not enough firepower

The Chiefs started the fourth quarter with a high-octane offense. After Pirates' Montano opened the scoring for his squad, the Chiefs went on a 15-7 run, which was capped by a Abastillas lay-up off a good defensive sequence.

As both teams could not find the bottom of the net, the game lost its action for several minutes until Umali broke the ice with a quick offensive drive at the 2:55 mark. Doromal answered by converting a lay-up of his own with 1:29 left in the fourth period. After Guadana successfully faked a three-point shot to Valdez, Menina fired a crucial three and cut the lead to three, 78-81, with 48.6 left in the regulation. Despite that, Chiefs failed to capitalize as Menina missed a heavily contested three that led to the game-winning free throws of Lyceum to set the final score, 80-82.

Upsetting Tally

Legarda-based squad settles to a dangerous 4-5 slate, joint fifth with Perpetual Altas.

Though there are three teams who are yet to play their last games, the first round of the tournament is officially finished as CSB solidifies their hold at the first seed with a record of five wins and one loss after eight games.

Last season's bottom finishers, LPU and JRU made a surprise after making an entrance in second and third seed, respectively, while college rivals San Beda and defending champions Letran are in a deadlock for fourth place.

On the flipside, last season's runner up, Mapua, is still trying to find their groove as they settled for second to the last in standings, while season's school host, EAC, are off to their inferior start of the season after getting a winless record in first round.

Heroes of Legarda

Arellano University's Axel Doromal emerged as the scoring leader after the first round of the NCAA Season 98 men's basketball tournament after posting his double digit performances in almost all matches, averaging a league-best 17.00 points through nine games.

Cade Flores, playing his first year for Arellano, led the league in rebounding, averaging 10.4 boards after nine games. He was ahead of EAC's Allen Liwag, who averaged 10.2 rebounds; Benilde's Wil Gozum (9.8 rebounds) and Letran's tough man King Caralipio (9.6 rebounds). n assists, senior Shane Menina, who averaged 4.8 dimes per game, placed

I third in the overall stats of assists leaders after the first round as LPU's Benzo Navarro topped with a 5.8 per outing.

Aiming for searing second-round start

As of press time, Arellano Men's Basketball Team will promptly resume NCAA action this week with the start of the second-round schedule of the NCAA Season 98 Men's Basketball Tournament—with their latest game, against the Letran Knights, unfolding this Friday, October 21, 2022, at 3:00 p.m.

The red-and-blue team will then be competing against the LPU Pirates on Wednesday, October 26, 12:00 p.m.; the EAC Generals afterwards, Wednesday, October 29, 12:00 p.m.; the San Beda Red Lions on November 2, Wednesday, 12:00 p.m.; the SSC-R Golden Stags on November 4, Friday, 3:00 p.m.; the JRU Heavy Bombers on November 6, Sunday, 3:00 p.m.; the Mapua Cardinals on November 9, Wednesday, 12:00 p.m.; the UPHSD Altas on November 15, Tuesday, 3:00 p.m. and the CSB Blazers on November 20, Sunday, 3:00 p.m.

All games will still be at the FilOil EcoOil Centre with live spectators at full capacity permitted onsite.

Eala Kumamada sa 2022 US Open Girls' Competition

By: Nashlei Angeli Liki
Juan Sumulong Campus

Gumuhit sa kasaysayan si Alexandra Eala bilang kauna-unahang Pilipino na nakasungkit ng Grand Slam Singles title, matapos patumbahin si 'reigning' French Open girls' singles champion Lucie Havlickova ng Czech Republic, 6-2, 6-4, sa 2022 US Open Girls Singles Competition na idinaos sa Flushing Meadows, New York City, ika-11 ng Setyembre.

Sinilyuhan ni Eala ang kampeonato nang kapusin ang nag-aapoy na tira ni World No. 3 Havlickova sa huling set ng laro, 6-4.

"Buong puso ko itong ipinaglaban, hindi lang para sa sarili ko kundi para makatulong din ako sa kinabukasan ng Philippine tennis. So hindi lang to panalo ko, panalo natin 'to," pahayag ni Eala matapos ang laro.

Isang ibong walang pakpak naman si Havlickova sa unang set pa lamang ng laro, makaraang tapyasin ni Eala ang kaniyang pagkakataon gamit ang naninibasib nitong banana at block shot, 6-2.

Samantala, ginising ni Havlickova ang natutulog na diwa ni Eala nang manguna ito matapos ang asintadong backhand smash makaraang magsimula ang laro, 1-2.

Si Eala rin ang kauna-unahang Pilipino na nakasungkit ng dalawang junior doubles grand slam title at nagwagi ng tatlong bronze medal sa 31st Southeast Asian Games sa Hanoi noong Mayo.

Sa kabilang banda, naghatid naman ng pagbati si Pangulong Ferdinand "Bongbong" Marcos Jr. kay Eala sa pamamagitan ng Twitter post nito. "It is with an immense sense of pride and joy that I congratulate Alex Eala on her historic win at the US Open Junior Girls' Singles Championship. Another Filipina has raised our flag and made our nation proud."

"What a way to start my Chairmanship of the PSC. My own niece giving the country another reason to be proud and to celebrate. Amazing!" saad ni bagong Philippine Sports Commission (PSC) chairman Noel Eala sa pamangkin nito.

Kabilang din si Senator Pia Cayetano sa nagbigay ng pagbati sa atleta. "With the right training and exposure, Filipino athletes can excel in the world stage. Thank you and Mabuhay, Alex Eala, for being a shining inspiration to our youth and to our nation with your win at the US Open. Until your next victories! #HERstory."



Photo by: Alexa Eala's Instagram



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Photo by: ESPN.com



FBWC 2023 sa Pilipinas Handa nang Umarangkada

By: *Nashlei Angeli Liki*
Juan Sumulong Campus

Abala ang Pilipinas para sa paparating na FIBA Basketball World Cup 2023 sa ika-25 ng Agosto hanggang ika-10 ng Setyembre taong 2023, katuwang ang Indonesia at Japan na kabilang din sa nakatakdang maging punong-abala para sa prestihiyosong patimpalak na magaganap sa bansa.

Naglabas na ng plano ang pangulo ng Samahang Basketbol ng Pilipinas (SBP) na si Al Panlilio na magkakaroon ng 40 mainit na pagtutuos sa Smart-Araneta Coliseum at SM Mall of Asia Arena, habang 12 naman sa Philippine Arena ukol sa nangyaring pagpupulong na pinangunahan ni SBP chairman Senator Sonny Angara kasama ang board members ng Philippine Basketball Association (PBA), University Athletic Association of the Philippines (UAAP), National Collegiate Athletic Association (NCAA) at iba pang pangunahing organisasyon ng basketbol.

“Showcasing the Philippines, this will be the biggest basketball event to be hosted in the country. Since 1978, we have not hosted a tournament of this magnitude,” ani Panlilio.

Noong Mayo 2022, bumisita na ang iba’t ibang opisyal mula sa FIBA na sinamahan ng Local Organizing Committee (LOC) para mag-inspeksyon sa Mall of Asia Arena sa Pasay, Smart Araneta Coliseum sa Quezon City at Philippine Arena sa Bocaue, Bulacan na pagdarausan sa bansa ng World Cup 2023.

Napabilang naman bilang assistant coach ang best-winning head coach ng Barangay Ginebra San Miguel, Tim Cone at ang UAAP champion coach ng UP Fighting Maroons, Goldwyn Monteverde. Kasama rin sa mga napili sina Chot Reyes at ang dalawang beteranong international coaches na sina Nenad Vucinic at Jong Uichico.

Inanunsyo rin na si Miss Universe 2018 Catriona Gray ang isa sa magiging local ambassadors sa magaganap na bakbakan kabilang ang dating miyembro

ng Philippine National team; LA Tenorio, Jeff Chan, Larry Fonacier at Gary David.

“We have been working for this since before the World Cup in China in 2019. During this pandemic, we’ve had a lot of virtual meetings. We’ve been having board meetings at the level of MVP (SBP Chairman Emeritus Manny V. Pangilinan) and the heads of the other host countries the past year. We’ve been discussing the budget and other matters,” pahayag ni Panlilio.

Dagdag pa ni SBP Executive Director at Spokesperson Sonny Barrios, nagsimula na rin silang manghingi ng suporta mula sa gobyerno, Office of the President, Kongreso, at Department of Tourism upang makatulong sa pag-oorganisa ng patimpalak habang nasa plano pa rin ni Barrios ang makipag-ugnayan sa MVP Group at San Miguel Corporation, dalawa sa pinakamalaking taga-suporta ng sports competition sa bansa.

Nagbigay din ng suporta ang bagong chairman ng Philippine Sports Commission (PSC) na si Noli Eala at hinikayat ang sambayanang Pilipino na suportahan ang programang ito na maaaring makapagpataas ng reputasyon ng bansa sa isports at inaasahang makakapagpasok ng malaking kita sa bansa.

Ayon sa pag-aaral ng FIBA mula sa nakaraang World Cup 2019 bago ang pagtaas ng kaso ng COVID-19, umabot sa \$396 million o PHP22.6 billion ang naging kita ng bansa mula sa pondo nitong \$38.6 million o PHP2.2 billion.

Sa kabilang banda, puspusan na ang paghahanda ng Team Gilas para sa nalalapit na kompetisyon at inaasahang aangkinin ang torneyo dahil sa mahabang pag-eensayo nito at ang homecourt advantage para sa koponan.



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98th Season ng NCAA, Balik Bakbakan sa Bentahe

By: Nashlei Angeli Liki
Juan Sumulong Campus

Muling nagbabalik sa tanikala ang National Collegiate Athletic Association (NCAA) sa ika-98 Season nito na may temang “Achieve Greatness Everyday”, na pinangunahan ng Emilio Aguinaldo College sa Araneta Coliseum at iniere via GMA at GTV channel, ika-10 ng Setyembre 2022.

Malugod na inanunsyo ni Chairman and CEO of GMA Network Inc., Atty. Felipe Gozon, ang mga isports na idinagdag kabilang na rito ang swimming, track and field, beach volleyball, junior basketball, volleyball fiesta, at ang muling pagbabalik ng cheerleading competition.

Kabilang din sa mga pagbibidahan ng mga atleta ang Men's Volleyball, All Star Basketball at Volleyball games pati na ang muling gaganaping birtuwal na taekwondo at chess.

Binigyang-diin naman ni Season 98 Policy Board President Dr. Jose Paulo Campos ng EAC, ang kahalagahan ng pagbibigay inspirasyon sa mga atletang mag-aaral na maging mahusay sa lahat ng kanilang ginagawa araw-araw.

“For the past two seasons, we have seen the resilience of our member-school communities and student-athletes. As we begin Season 98, the Philippines’ first collegiate athletic competition remains steadfast in instilling values in our students: ‘Achieve Greatness Every Day.’ We continue to inspire everyone to do their best in everything they do, every day. And we are honored and grateful that our new home, GMA Network thru GMA Synergy is with us every step of the way,” ani Dr. Campos.

Kabahagi ni Dr. Campos sa NCAA Season 98 Policy Board sina Mr. Francisco Paulino V. Cayco (Arellano University), Rev. Fr. Clarence Victor Marquez (Colegio de San Juan de Letran), Representative Mr. Stephen Fernandez (De La Salle-College of St. Benilde), Dr. Vincent K. Fabella (Jose Rizal University), Atty. Roberto P. Laurel (Lyceum of the Philippines University), Dr. Reynaldo B. Veja (Mapua University), Rev. Fr. Aloysius Ma. Maranan, OSB (San Beda University), Rev. Fr. Rafael Pecson, OAR (San Sebastian



Photo by: Arellano Sports

College-Recoletos) at Dr. Anthony Jose M. Tamayo (University of Perpetual Help System DALTA).

Gayunpaman, binigyang pagkilala rin ang NCAA Season 98 Management Committee: Mr. Estefanio Boquiron Jr. (EAC), Rev. Fr. Victor Calvo Jr., OP (CSJL), Mr. Pedro S. Cayco (AU), Mr. Manuel Raymond A. Castellano (CSB), Mr. Efren Jose V. Supan (JRU), Mr. Hercules P. Callanta (LPU), Mr. Melchor P. Divina (MU), Atty. Jonas Florentino D. Cabochan (SBU), Rev. Fr. Gergelio M. Dareges Jr., OAR (SSB-R) at Mr. Francisco P. Gusi Jr. (UPHSD).

Namayagpag ang pagbabalik ng pinaka-aabangang “Pista ng Atleta” na pinagbibidahan ng Sparkle Artist mula sa GMA Kapuso bilang muse sa parada ng 10-member schools na pinangasiwaan muli nina Manolo Pedrosa, former beauty queen Rabiya Mateo, at NCAA Resident Martin Javier.

Nagniningning ang ‘muse’ ng Arellano University Chiefs na si Lianne Valentin sa kaniyang star-studded royal blue Filipiniana gown, kasama ang flag bearer na si Karl Laurence Cabal sa Pista ng Atleta na sumimbolo sa Dinagyang Festival ng Iloilo.

Kaugnay nito, mala-pistang pagtatanghal naman ang hatid nina Jessica Villarubin, Thea Astley, Sean Lucas, Mannex Manhattan, Ken San Jose, Rochelle Pangilinan, Gueco twins at ng NCAA Cheerleaders, habang si Mark Bautista naman ang umawit ng National Anthem at sinundan ng pag-awit nina Villarubin, Astley, Bautista, Anthony Rosaldo, Jeremiah Tiangco at girl group XOXO ng theme song sa season na ito.

Ayon kay first Vice President at Head ng GMA Regional TV at Synergy Mr. Oliver Victor B. Amoroso, ang season na ito ay paghahanda na rin para sa ika-100 season ng NCAA at mga darating pang mga taon.



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Photo by: Julius Domondon
JULIUS DOMONDON

Chiefs Panalo Laban Sa Generals

By: Raven Gabriel Cruz
Elisa Esguerra Campus

Nakamit ng Arellano University Chiefs ang kanilang unang panalo sa opening game ng National Collegiate Athletic Association (NCAA) Season 98 Men's Basketball Tournament na ginanap sa Araneta Coliseum noong Setyembre 10, 2022, matapos nilang talunin ang Emilio Aguinaldo College sa iskor na 63-58.

Hindi naging madali ang unang

yugto ng laro para sa Chiefs matapos mapako sa 5-0 ang iskor sa unang tatlong minuto. Sa pamamagitan ng dalawang magkasunod na reverse layup ni Menina ay nalamangan ng Chiefs ang Generals sa iskor na 11-9.

Nanatiling malakas ang mga Heneral sa second quarter matapos nilang lamangan ng siyam na puntos ang Chiefs sa

iskor na 23-32. Pitong minuto sa ikalawang yugto, nabawi naman ng tambalan nina Menina at Flores ang kalamangan ng kalaban at nakalamang pa ng dalawang puntos para sa Chiefs. 33-35 na pabor sa Chiefs ang iskor sa pagtatapos ng first half.

Maganda ang naging simula ng Chiefs sa ikatlong yugto nang makalamang sila sa umpisa ng

laro sa iskor 42-39. Agad namang nabawi ng Generals ang iskor at naitawid sa kanilang pabor ang third quarter sa iskor na 46-47.

Inumpisahan ni Menina ang fourth quarter sa pagtira ng isang three-point shot na siyang dahilan upang makuha nila ang unang kalamangan sa huling yugto ng laro sa iskor na 49-47. Agad itong nabura ng Generals matapos ang magkasunod na pagbasket na nagresulta sa iskor na 49-51.

Naitabla sa 55-all ang laro, mahigit dalawang minuto bago matapos ang fourth quarter. Agad namang sinundan ng magkasunod na tira nina Tolentino at Menina na nagresulta sa iskor 59-55 pabor sa Chiefs.

Makapigil-hininga ang huling 11 segundo ng laro matapos na matagumpay na maipasok ni Ralph Robin ng EAC Generals ang binatong three-point shot, dahilan para mai-angat ang iskor ng Generals sa 59-58. Sinundan naman ito ng foul na nagresulta sa dalawang free throw para kay Menina na matagumpay nya namang naipasok na nagresulta sa iskor na 61-58 pabor sa Chiefs.

Pitong segundo sa fourth quarter, ikinasa ni Robin ang isang three-point shot na magbabago sana sa takbo ng laro, ngunit nagmintis ito limang segundo bago matapos ang laro.

Muling napatawan ng foul ang EAC Generals na nagresulta ng dalawang free throw para kay Menina na parehas na nakapasok sa basket. Natapos ang laro sa iskor na 63-58. Ang nagwagi ay ang AU Chiefs. Sa kabuuan ng laro, nakapagposte ng 15 puntos at 5 rebound ang key player ng Chiefs na si Shane Menina, habang 13 puntos at 6 na rebound naman ang iniambag ni Axel Doromal upang maipanalo ang laro.

"From the first until the third quarter, we rotated. Come the fourth, we had to control with man-to-man (defense). Whoever we needed in the team in the fourth, we also put in," pahayag ni Arellano head coach Cholo Martin.

Ang panahong ito ay isang magandang simula para sa Arellano University Chiefs sa Season 98 ng NCAA. Nawa'y maging matagumpay ang Chiefs sa kanilang mga susunod na laban.

NCAA Season 98, Umpisa Na!

By: Raven Gabriel Cruz
Elisa Esguerra Campus

Pormal na binuksan ang 98th season ng National Collegiate Athletic Association (NCAA), kaakibat ang temang "Achieve Greatness Everyday" sa Araneta Coliseum noong Setyembre 10, 2022.

Dinagsa ng mga taga-suporta at tagapanood ang venue para masaksihan ang Opening Ceremony ng NCAA. Ang seremonya ay dinaluhan din ng mga bigating artista mula sa GMA Network, ang telecast partner ng NCAA para sa Season na ito.

Natunghayan sa pagbubukas ang parada ng mga kalahok na paaralan. Ipinakilala din ang Emilio Aguinaldo College bilang host school para sa Season na ito.

Bukod sa mga larong pampalakasan tulad ng basketball at volleyball, tampok din para sa Season na ito ang mga larong chess, swimming, track and field, taekwondo, at cheerdance



Photo Credit: spin.ph

competition. Gaganapin ng face-to-face ang mga paligsahan maliban sa chess at taekwondo na gaganapin online.

Kasunod ng Opening Ceremony ay ang Opening Game ng NCAA Season 98 kung saan magtatapat ng Emilio Aguinaldo College Generals at Arellano University Chiefs.



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Photo by: Arellano Sports

Arellano Chiefs: Nagtagumpay sa ika-6 na pwesto sa NCAA Season 98

By: Ricky Caballero
Plaridel Campus

Nagbabagang mga laro ang ipinamalas ng Arellano Chiefs mula atake hanggang depensa kontra sa iba't-ibang unibersidad sa Men's Basketball Tournament ng National Collegiate Athletic Association (NCAA) Season 98, Setyembre 10-Oktubre 11, 2022.

Dinaig ng Arellano Chiefs ang Emilio Aguinaldo College Generals (EAC) sa 63-58 na laban sa pinagsamang puntos ni Shane Menina- 15 points, five rebounds, isang assist at steal at kina Axel Doromal at Neil Tolentino sa 13 at 10 puntos upang sungkitin ang unang tagumpay sa season.

Sa pagsabog ni Kim Aurin ng University Of Perpetual Help System DALTA ng 27 puntos, sinagot ito ng Arellano Chiefs sa 19 puntos ni Axel at 13 points at pitong assists ni Menina upang gibain ang

DALTA sa dikitang laban, 61-59. Pinigilan ni Cade Flores sa 18 puntos, dalawang triples at nine rebounds ang Colegio de San Letran sa pagbulusok nito bilang dating kampeonato, 72-69.

Mula sa pagka-foul ni Flores, 59-54, kontra Mapua University Cardinals para ukitin ang 59-56, hindi nagpatalo at siniguro nina Axel at Menina ang pagkapanalo na nagpakawala dalawang tres kasama ang 28.7 ticks para buhin ang 29 puntos, 64-59.

Tuloy pa rin ang laban ng mga Arellano Chiefs sa kabila ng pagkabigo sa Jose Rizal university (JRU): 70-67, College of St. Benilde Blazers: 84-72, San Beda Red Lions (SBU): 96-61, Lyceum Pirates (LPU): 82-80, at kontra San Sebastian Golden Stags (SSC-R): 60-51.

"Powerful and Wise because he survives and thrives in all conditions", ito ang kahulugan ng simbolo ng Indian Chief kaya sa kabila ng pagkabigo, may pagkakataon pang makabawi sa Second Round. Arellano Chiefs, matagumpay sa NCAA Season 98

Nagbabagang mga laro ang ipinamalas ng AU Chiefs mula atake hanggang depensa kontra sa iba't-ibang unibersidad sa Men's Basketball Tournament ng National Collegiate Athletic Association (NCAA) Season 98, Setyembre 10-Oktubre 11, 2022.

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Former Chief, Justin Arana making waves in the PBA

By: Dhenniz Hizon
Andres Bonifacio Campus



Photo by: Julius Domondon

It has been said that Justin Arana is a scaled-down counterpart of June Mar Fajardo. However, the Converge rookie claimed that he is still a very long way from playing at the same caliber as the six-time PBA MVP.

Going up against the league's veterans as a rookie in the biggest league in the nation is incredibly difficult. It doesn't appear to be the case in Arana's case though! Since being picked in the first round of the 2022 PBA Draft, this 6'6" tall rookie from Arellano University has been performing incredibly well.

This Converge FiberXers big man is frequently praised by the team's coaches, fans, and other big

en in the league like Beau Belga and June Mar Fajardo, both of which provided him some career guidance as he embarked on this journey.

As he has such a significant impact on his team, Arana continues to be one of its most important players. Justin made the winning shot for his team in their most recent game on Sunday (November 13, 2022), and he honors his coach Aldin Ayo for giving a rookie like him the opportunity to make the crucial shot. The FiberXers' victory sealed a playoff spot and gave them their seventh straight victory in this conference.

This CHIEF is clearly on the rise! Hail to you, Justin!

ALEX EALA, ANOTHER PINOY PRIDE!

By: Shane Nicole C. De Leon
Jose Rizal Campus

from.

In Flushing Meadows, New York City, Alex Eala made history after defeating No. 2 Czech Lucie Havlickova to win the US Open Girls singles title with a 2015 – Wins in the Dubrovnik Dud Bowl Championship for girls aged 11 and younger in Croatia

2017 – She received Tennis

Europe's Double Player of the Year title with Indonesian Priska Madelyn Nugroho. 2018 – Awarded Overseas Player of the Year by Tennis Europe. 2020 – She leads the Philippines to its first spot in the ITF World Junior Tennis in April after defeating Hong Kong, 2-0, in the quarterfinals of the Asia/Oceania qualifiers in Kuala Lumpur. This is the first time in

26 years.

2021 – Won the First ITF Senior Title & Top 1000
2022 – Alex became the first Filipino to win a tennis Grand Slam singles title after beating World No.2 Lucie Havlickova of the Czech Republic, with scores of 6-2, 6-4.



Photo Credit: ABS-CBN News

Another pride of the Philippines! A First Filipino Tennis Player won the Juniors Single Grand Slam award named Alexandra Maniego Eala who is now 17 years old. Eala

began playing Tennis at the age of four and entered her first competition two years later. She came from an athletic family so no wonder where she might have learned much knowledge