



Arellano University The Standard



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ARELLANO UNIVERSITY CELEBRATED ITS 128TH FOUNDER'S DAY

By Maria Nadine Roman

Arellano University celebrated its founder's 128th birthday anniversary via Facebook live using the Arellano University's official Facebook page on October 16, 2020 at 04:00 pm hosted by Mr. John Jesus Manuel. The online event was conducted to pay tribute and commemorate the legacy of Arellano University's founder, Mr. Florentino Cayco Sr.

The celebration was officially opened with a wreath laying ceremony led by Mr. Valente V. Cayco, Member of the Board of Trustees and the Vice President of Marketing. It was followed by Dr. Ma. Teresa Rivera, the Vice President for Academic Affairs who delivered the welcoming remarks and afterwards, there was a short video presentation

about the founder's life, summing up how he started until he succeeded in shaping the Arellano University that we know today.

As the celebration continued, the students presented a mixture of folk and modern dance performance. While Adrian Chino Carbonel from the Plaridel Campus did an a cappella rendition of "What a Wonderful World". Christian Galimbas, Benjamin Luis Daquina and Charlize Saboriendo Cruz from the Andres Bonifacio Campus performed spoken poetry for the founder; on the other hand Luigi Vivas from Jose Abad Santos Campus, Wendy Abawag from the Apolinario Mabini Campus and Rainier John Bonifacio from the Elisa Esguerra Campus graced the audi-

ence with amazing song numbers, lastly, Michael Cabanday Cariaga from the Juan Sumulong Campus performed reverse spoken word poetry, titled "Sa Pagitan ng Pahimakas". The Founder's day celebration reached around 4,000 viewers and 2,000 post shares.

After the special performances, the viewers were given the chance to win powerbanks sponsored by Arellano University through answering the question, "Why are you proud to be an Arellanite?" and using the hashtag #HailToTheChiefs2020. Five lucky winners with the best answers were picked, and then announced by Mr. John Manuel and will receive the prizes. The one and a half hour-long online event ended with closing remarks deliv-

ered by Dr. Eduardo Dela Cruz Jr., the Assistant Vice President for Basic Education and the Dean of School of Education.

The Arellanites surely missed the fun of having physical events and gatherings but Arellano University still found its way to deliver it to the students despite the pandemic. Hail to the Chiefs, indeed!

Parental Webinar: Supporting Children's Online Classes

By Dian Mantiles & Jake Michael Antonio

Arellano University (AU), in its mission to provide quality education, held its very first Parental Webinar for the parents of the Pre-school to Junior High school students last 13 September 2020, Sunday.

In the official Facebook page of Arellano University, a two-hour long webinar via Facebook live titled, Parenting Webinar: Supporting Children's Online Classes, ensured the continuity of quality education through its new system of learning called 'Learning Management System' (LMS) for the school year 2020-2021 that can be accessed online. The event reached more than 16,000

viewers coming from the different AU campuses.

Mr. John Jesus Manuel, an Arellano alumnus, hosted the event. He started off with welcoming the participants to the webinar. He then discussed the courses that AU offers under academic, non-academic, and specialized programs of different departments.

Shortly after, the host turned the moment over to Dr. Eduardo Dela Cruz Jr. who is the Assistant Vice President for Basic Education and Dean in College of Education from the Juan Sumulong Campus. Dr. Dela Cruz has delivered important guidelines

on how parents can support their children as they continue their education in the new normal.

"Because of the pandemic, many abnormal things came on our way. We believe that you, the parents, have the greatest roles in making our kids learn in a normal way. This is the reason why we have this webinar," Mr. Dela Cruz remarked on his opening statement as appreciation to the parents who enrolled their children despite the soaring changes in education carried by the effect of the pandemic.

Moving forward, the host formally welcomed the guest speaker from the

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JOSE RIZAL CAMPUS

"FIGHT AIDS,
NOT PEOPLE WITH AIDS"

JOSE RIZAL CAMPUS



KUMUSTAHAN TAYO! Learning in the New Normal

By Maria Nadine Roman

Arellano University conducted its “*Kumustahan Tayo!: Learning in the New Normal*” webinar last Saturday, October 10, 2020 at 4:00 pm via Facebook live on the official Facebook page of Arellano University. The online event was hosted by Mr. John Jesus Manuel, a Senior High School teacher and an alumnus of Arellano University.

The purpose of the event was to reach out to the students virtually. It is also made to address some issues and hopefully answer the students’ concerns with the help of the invited mental health advocates, Dr. Paulo Manuel Macapagal and Dr. Belen Chu.

In this episode of Arellano University’s Facebook live series, the topic revolved around mental health. When asked about what mental health is and why is there a need to talk about it, Dr. Macapagal and Dr. Chu both said that mental health does not only pertain to one’s psychological well-being but it also co-relates with the different aspects of our holistic well-being. “Our mental health’s state affects how we think, feel and act so it is important for us to take care of our mental health especially during these times that we are having a big turn of events that affects our mental well-being,” Dr. Macapagal further added.

Student guests coming from the different campuses of Arellano Uni-

versity namely, Nico Dela Rosa from Jose Abad Santos campus, Johanna Dalanda from Apolinario Mabini campus, Sister Marylou Awa-aw from Plaridel campus, Daniel Cillio from Andres Bonifacio campus, Arcie Mauricio from Jose Rizal campus and Argellyne Jean Jaelenei Moriones from Juan Sumulong campus also shared their personal experiences with regards to their current emotions towards the pandemic and how they are taking care of themselves.

The first one who got to share his story was Nico Dela Rosa, and according to him, he felt hopeful to see the busy roads of Makati again. However, he encouraged everyone to still follow the highest precaution because the pandemic has not fully subsided. Opposite to the first confession, Daniel Cillio felt sad as he was having difficulty in dividing his time towards his school work and household chores since he currently lives alone and he has nobody to rely on. He also added that he experienced anxiety attacks as a result of his loneliness.

Meanwhile, Argellyne Moriones admitted to having a hard time adjusting to the new learning environment as she was used to the face-to-face learning set-up. She also shared her empathy towards her fellow students who committed suicide due to the pressure brought by many tasks associated with the new normal. Although saddened by the news, she encouraged her fellow students to remain strong, flexible and hopeful and continue fighting for the dreams they are currently working hard for. As for Arcie Mauricio, he felt thankful and contented because he has access to the

resources and online equipment needed for his studying. But despite being able to afford online education, he still hoped that this pandemic will end soon because according to him, there are many other students who are struggling to have access to online learning.

On the other hand, Johanna Dalanda expressed her stress on how to balance her role as a daughter, a sister, a friend and a student all at once. But despite the struggles and pressure, she stated how thankful she is that she, together with her family are safe. And lastly, Sister Marylou shared that one of her fellow sisters passed away during this time of pandemic and took this situation as a test of her vocation and faith. According to her, the amount of grief she experienced brought her even closer to God and that, she managed to be strong through praying and maintaining a positive outlook in life.

After the stories of the student guests were heard, the mental health advocates gave their advice in response. According to Dr. Chu, the emotions of the students with regards to the current happenings due to the pandemic are normal. She also added that not all kinds of stress are bad. Short-term stresses can give better motivation and drive a person to be productive. She then advised the students to stay away from negative news because they attract negative energy that can cause stress or sadness.

Dr. Macapagal, on the other hand, clarified that it is normal to feel sad and that sadness should not be labeled as depression. However, he advised to watch out for one’s emotions and do not let sadness last for a longer time be-

cause that would eventually lead to depression. He also encouraged everyone to talk to their friends and family members about their feelings. He further advised to keep oneself busy or try to learn new things in order to divert one’s attention to other energy instead of overthinking.

For the closing statements, Dr. Macapagal highlighted the role of the community in promoting good mental health. “The family, school and community’s role in promoting good mental health is to raise awareness. Let us stop the stigma that when you seek for a psychiatrist, you are going insane. It is time to talk to your family, to the school’s guidance counselor or anyone in the community about your problem. There is nothing wrong when you ask for help.” Dr. Chu agreed with Dr. Macapagal, she stated that there should be a collaboration between the family, the school and the community in preventing and addressing mental health problems. Starting off with one family member who shall inform the school about a student’s mental health state, and then the community shall educate and provide information about mental health through webinars. As the two and a half hour-long webinar ended, Mr. John Jesus Manuel thanked the mental health advocates for their advice and to the student guests for giving inspiration to their fellow Arellanites.

ARELLANO UNIVERSITY

KUMUSTAHAN TAYO!
Learning in the New Normal

VIA FB LIVE

Speakers

Paulo Manuel L. Macapagal
PhD, Rpm, RPsy
Program Chair,
School of Psychology
Arellano University

Belen M. Chu Ph.D.
ETEEAP External Assessor of
Arellano University
HEAD, Center for Student
Affairs and Services of
Philippine Academy of Sakya

Guest Students

Sister Marylou Awa-Aw
Daniel Cillio
Johanna Dalanda
Nico Dela Rosa
Napoleon Guevarra
Arcie Mauricio
Argellyne Moriones

Hosted by:
John Jesus Manuel

October 10, 2020
Saturday | 4:00 PM
(Arellano University Official)

Teaching in the New Normal

By Maria Nadine Roman

Arellano University conducted its "Kamustahan Tayo! Teaching in the New Normal" webinar last Sunday, October 4, 2020 at 4:00 PM via Facebook live on the Arellano University Official page as a way to celebrate this year's World Teachers' Day. The event was hosted and moderated by Mr. John Jesus Manuel, a Senior High

School teacher of Arellano University.

With the resources like the Learning Management System (LMS), and the guidance provided by Arellano University, the teachers and students of the institution bravely faced the challenges of the new normal set-up starting last August 2020. The stories of various encounters and scenarios on how they

face these challenges since August were told by the guest teachers of this webinar who were from the different campuses of Arellano University around Metro Manila. These guest teachers include Mr. Lemuel Ritchie Cervantes, Ms. Camille Enriquez, Ms. Jessica Briones, Mr. Kim Asturiano, Ms. Mary Ann Camitos, Ms. Reiou Regie Manuel, and Dr. Rose Dedace.

The guest teachers who came from various departments of the

different Arellano University campuses mostly narrated how the new normal set-up has tested their capabilities in facilitating their students. According to Mr. Lemuel Cervantes, being a professor in the School of Hospitality and Tourism Management (SHTM) is hard especially because the lessons are more hands-on and skills applications are almost impossible to conduct without face-to-face instruction. As for Ms. Camille Enriquez, the first

two weeks of the school year has been full of adjustments not only for the students but also for the teachers. She, for instance, adjusted her teaching strategies so she would be more effective in imparting the needed knowledge to her students considering their diverse intelligences and capabilities.

Just like Ms. Enriquez, Ms. Jessica Brion, being a graduate of the pre-COVID educational system, has experienced a lot of sudden adjustments





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KUMUSTAHAN TAYO!
Teaching in the New Normal

Speakers



Paulo Manuel L. Macapagal
PhD, RPPM, RPSy
Program Chair,
School of Psychology
Arellano University



Belen M. Chu Ph.D.
ETEEAP External Assessor of
Arellano University
HEAD, Center for Student
Affairs and Services of
Philippine Academy of Sakya

Guest Teachers:



Ms. Camille Enriquez



Ms. Mary Ann Camitos



Ms. Jessica Briones



Ms. Reiou Regie Manuel



Ms. Vilma Espejo



Dr. Rose Dedace



Mr. Kim Russel Asturiano



Mr. Lemuel Ritchie Cervantes

Hosted & Moderated By:



John Jesus Manuel
Host / Moderator and a
Senior high school teacher
of Arellano University



Peter Romerosa
Classroom teacher with MA in
educational psychology and
Ph.D. student in Anthropology
and Sociology of Education in
UP Diliman

October 3, 2020 | Saturday | 4:00 PM | via FB Live (Arellano University Official)

in the methods & techniques to be used in teaching and in the utilization of the technology needed for online learning to occur. Ms. Briones was followed by Mr. Kim Asturiano who narrated that his dedication

in preparing and conducting his lessons, his patience on the never-ending inquiries of his students and his time management skills in finishing both school and household chores were being tested every day. For

him, these every day routines have been taxing because the thrill of being with his fellow teachers after a stressful day was gone.

On the other hand, Ms. Mary Ann Camitos shared that her patience in dealing with her students as well as her time management skills in imparting the lessons were tested. Next up was Ms. Reiou Manuel who narrated that she was experiencing the so-called passion of a teacher for his/her students which she has been observing her mother do since she was a child. She would now make sacrifices and adjustments for her students just like what her mother did for her students. As for Dr. Rose Dedace, she shared that College professors, just like her, have been experiencing the same scenarios and have been undergoing the similar adjustments that the Elementary and High School

teachers have been undertaking. But luckily, even with these struggles, the faculties of Arellano University have a very conducive and supportive environment which where the teachers have been helping one another in adjusting in this new normal set-up of the teaching-learning process.

As concluding messages, Mr. Paulo Manuel Macapagal, Program Chair of Arellano University's School of Psychology, Ms. Belen Chu, the ETEEAP External Assessor of Arellano University, and Mr. Peter Romerosa, a College professor in Arellano University, expressed their empathy to the guest speakers as well as to the other teachers who were watching the webinar in their struggles with this new normal set-up. Ms. Chu referred to teachers as “modern day heroes” She

also said that teachers “deserve a lot of praises and even commendation.” On the other hand, Mr. Macapagal acknowledged teachers as the second parents to their students for they are the ones who guide, comfort and support their students who are also having a hard time in adjusting. As an ending note, Mr. Romerosa encouraged their fellow teachers to continuously be a guiding light to their students in this blurry road that everyone is travelling right now.

Online Orientation on Career Opportunities in Germany

By Jake Michael Antonio

Arellano University in partnership with EDI-Staffbuilders International Inc., Philippines and C&C Human Resource Development GMBH Germany conducted a two-day online orientation last October 22 and 29, 2020 which was attended by some AU BSN alumni and BSN students who wish to work abroad in the future. The orientations were hosted by Mr. JJ Manuel and Ms. Abegail Cayco on the first day and by Mr. JJ Manuel and Ms. Tenny Cayco on the second one. AU offi-

cials such as Mr. Mario F. Sales (VP for International Programs), delivered his opening remarks, and Ms. Leonora P. Borromeo (Program Chair of the College of Nursing), conveyed her special message to those who were involved in the orientation.

Ms. Kristine Brisenio, Managing Consultant of EDI-Staffbuilders International Inc., formally initiated the orientation by mentioning that health workers most especially nurses have been

very in-demand in Germany. This made Germany a highly preferable country to practice the participants' skills as nurses. In addition to that, health workers can work in hospitals, specialized institutions, elderly care facilities, and other health workplaces of their choice. Moreover, it was mentioned that the minimum gross annual income for nurses reaches up to €25,000 which has an equivalent of ₱1,300,000 here in the Philippines proving that the aforementioned country is one of those countries which provide high wages to health workers including nurses.

Germany's country profile was also shown to the attendees in order for them to consider it as their possible career destination in the near future. It was highlighted that Germany is the global leader in terms of performance on trade logistics. Furthermore, Ms. Brisenio also mentioned the life expectancy rating in Germany with a percentage of 78.5% for males and 83.3% for females, pointing out their longer lifespan than

Filipinos due to various factors such as their health care system efficiency. However, it was pointed out that language barrier would be a primary problem for the Filipino nurses once deployed to Germany. In response to the said concern, EDI strategically partnered with C&C Human Resource Development and go4more.school Language Training Center. In just a span of 7-8 months, this group already succeeded in converting non-German speaking nurses to B1 language level. Unfortunately, due to the pandemic crisis, face-to-face language training was not advisable, thus training was pursued online, free from fees, for qualified applicants.

So far, EDI-Staffbuilders International Inc. Philippines was able to deploy 9 batches of nurses in Germany which includes a number of AU alumni. More than 200 Filipino nurses were already sent to Germany and placed in different workplaces.

In the latter part of the event, participants were giv-

en a chance to ask questions with regards to the program.

After the question and answer portion, the presence of Mr. Cesar Averia, President and CEO of EDI-Staffbuilders International Inc., Mr. Christian Hallerbarch, CEO of C&C Human Resources Development, Mr. Mathias Hallerbarch, Business Development Manager of C&C Human Resources Development, and Mr. Ralf Bultschieder, Managing Director, go4more.school Language Training Center were recognized. Each of the aforementioned individuals delivered a short message to the attendees so as to inspire them in their chosen career as health workers.

The program was concluded by Dr. Remedios L. Fernandez, Dean of Graduate School of Nursing, by giving her warm closing remarks to the AU Nursing alumni and students who participated in the said event.

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ALL AU BS NURSING GRADUATES OF 2020
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Dubria scores 4th place in National Campus Press Congress

By Maria Nadine Roman



Mark Daniel Dubria, a Grade 11 STEM student of Arellano University placed 4th under the “Pagsulat ng Agham at Teknolohiya” category in the recent National Campus Press Congress held on October 9 to November 17, 2020 with the theme, “Quenching Youth’s Thirst to Expression Amidst Pandemic Through Online Journalism”. The online writing event was organized by different online

press conference pages including Pahinang Dyorno, Alab Sanlahi, Brightfreer Art of Online Press Conference, Zodiac Online Press Conference, Sulat Kabataan, Vox Veritas, The ScientiPHic Process. Mr. Icon Matthew Monit served as the head administrator of the said event.

In a written interview, Dubria shared his experience about the recent competition he had won as well as his campus jour-

nalism journey.

Dubria has been participating in campus journalism for 6 years now. He started when he was in Grade 5. At first he joined campus journalism just to earn extra-curricular points but when he started Junior High school, he became more dedicated and passionate with it for he saw its importance in making his fellow members of the academe knowledgeable and aware of the happenings inside and outside the school that they are involved in. Furthermore, he wanted to change the mindset of his fellow Filipinos most especially the youth on their right to speak up for what is right and true through the use of journalism.

Being inspired by his family and friends who believe in him and his skills in journalism, Dubria has been enthusiastic in joining journalism competitions as well as clubs/organizations that will help him improve his skills more.

In his recent competition, the National Campus

Press Congress 2020, Dubria has undergone a long and tedious preparation process. He trained under various coaches who critique his articles up until they are almost perfect for the competition. He also read various references to prepare for the possible topics that may be given in the competition.

It was Dubria’s first time to participate in an online journalism contest. During the competition proper, he observed the differences of a face-to-face contest in journalism from an online one. A lot of the participants had a hard time attending the online sessions because of unstable Internet connection or electricity supply shortage in their locations. Compared to pre-COVID journalism contests with only 1 hour time limit in the writing of articles, the Online Press Conference gave longer time duration with a span of 10-24 hours.

But even with these differences in the New Normal set-up of the competition, Dubria was still able to learn new information, techniques and methods

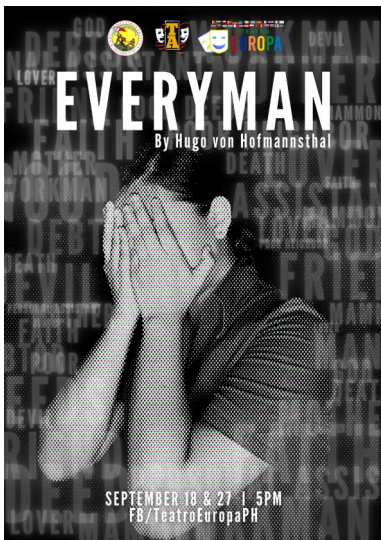
from the coaches and judges. He was also able to gain new acquaintances just like from his competitions in the pre-COVID days. Most importantly, he was able to land in 4th place with contestants from all over the Philippines as his competition.

With this new experience, Dubria has proven yet again that hard work and dedication really is the key to success in whatever goal you’re aiming for. This is what he wants to impart to his fellow campus journalists and to those aspiring to be one. Always strive to be better for the skills of a campus journalist are not merely for contests, they are the weapons for truth and justice to prevail so as to protect the honor of the Filipinos and promote peace for the entire Philippines.

Hail to the Chiefs, indeed!

Teatro Arellano: Everyman

By Maria Nadine Roman & Sheikinah Grace Sanz



Teatro Arellano in collaboration with EU Delegation to the Philippines’ Teatro Europa showcased “Everyman” by Hugo von Hofmannsthal of Austria through Facebook Live last September 18 and 27, 2020 at 5:00 PM.

Everyman is a drama that centers on morality and tells a universal story of a man in need but abandoned by all those around him. It is a story about death and the journey of a man’s faith.

In a written interview, Abbey Gonzalez, a Teatro Arellano member and the lead actress of Everyman, shared her experience in this first ever production of Teatro Arellano

in an online set-up.

Gonzalez started theatrical acting when she was in 3rd grade. She was inspired by her older sister to join various theatrical workshops since she was a child which inspired her to enhance her talents by joining theater groups such as the Teatro Arellano.

In her first ever online theatrical play, Gonzalez shared that it has become an opportunity for her to occupy her time since she didn’t have classes due to the pandemic. It has also become a way for her to practice and enhance her talent in acting most especially that it has been 10 years since her last production.

According to Gonzalez, the online set-up of Everyman was very different and was harder than the usual set-up of theatrical plays. With all the actors being in different locations, this kind of play was difficult to direct. In addition to that, props and shoots were individually done by actors for there was no production team to oversee those kinds of things. Furthermore, Gon-

zalez shared that in this online play, she cannot see her audience and their reactions which made it harder for her to discern if she was an effective actor.

But even with these difficulties, Gonzalez believes that she together with her fellow Teatro Arellano actress, Noesis Marquez, were able to give justice to their roles in Everyman and were able to showcase the excellence of the Arellanites in theater arts.

Parental Webinar

Continued from Page 1

University of the Philippines Diliman, Professor Ched Arzadon (UP Assistant Professor and Advocate to Alternative Learning System and Alternative Delivery Modes) to discuss on how parents or guardians can properly identify their role as they guide their children in the new normal mode of education.

Prof. Arzadon initially expressed her appreciation to become part of the first-ever webinar for parents conducted by AU. She then briefly expounded on the idea of how parents can facilitate home-based learning for their child. Thereafter, she presented the results from a conducted survey of administration that was broadly answered by parents. It showed the parents’ work arrangement wherein: (1) parents who work from home, had a proportion of 25.4%, which is second to the highest, and (2) non-working parents with 29.1 %, being the highest. The effects brought by the pandemic to families were also discussed by Professor Arzadon as well as the duration of time to be spent by

parents to guide their kids in online learning. Also, various opportunities in terms of family bonding and the chance to have enough rest are likely to come while the world is facing this crisis. It is essential for parents to spend quality time with their children throughout the pandemic, especially with the new environment of education.

The potential risks of the COVID-19 pandemic have strained many universities to transition into gearing with the new normal way of learning. This transition to online learning has become a challenge to both parents and students for it has made a sudden change over many things. The challenge is not only associated with academic productivity but also highlights on the importance of students’ welfare through the proper guidance of their parents and guardians.



Arellano University students,
hailed as 3rd Best Presenter in
a Fact-Checking Bootcamp

By Ricky S. Cabual Jr.

Aiming to strengthen re- search, teaching, and initia- tives against disinfor- mation among journalism educators, students, and journalists in the commu- nity and independent press organizations in the Philip- pines; the University of the Philippines Fact-Checking Lab held its second fact- checking Bootcamp this year last November 7 and 14, 2020. With the theme “Konek, Diskonek, o Lag: Remote Learning and Fact- Checking”, the UP Fact- Checking Lab invited schools from different parts of the Philippines, including our dear school – Arellano University, in a two-day event filled with knowledge sharing to fight disinformation and infor- mation. Ms. Maria Nadine Roman and Mr. Ricky Cabual Jr. represented Arellano University – Juan Sumulong Campus in the said event.

On the first day of the event, award-winning news reporter and anchor Mr. Jeff Canoy and the head of the fact-checking organization “Vera files”, Ms. Celine Samson were invited to speak about fake news and how to deter- mine facts from falsified information consequently.

According to Mr. Jeff Ca- noy, Fake News are those lies, propaganda, or misin- formation that give people the wrong idea about something. He also stated that fake news is very ram- pant whenever there is an issue, and as journalists, to deliver the real pictures is our role.

On the other hand, Ms. Celine Samson highlighted the reasons why and how to fact-check. According to her, Fact-Checking is the way to determine the cred- ibility and reliability of the news/information we are reading. She stated that it is important to fact check

because it is a journalism tradition, and it emphasiz- es accountability and pub- lic services. She then shared ways on how to fact -check. Before ending the first day of the event, the students were asked to form a group and given a task to look for recently released news or issues about remote learning to be presented on the second day.

The second day of the event which should be on the 14th of November was postponed to the 21st of November due to the dev- astation brought about by Typhoon Ulysses. During the second day, eight groups of students from different schools presented their work. With the help of the learnings they ac- quired on the first day of the event, the students pre- sented remarkable fact- checked reports about re- mote learning news/issues that had surfaced the inter- net over the course of months.

The representatives of the Arellano University – Juan Sumulong Campus pre- sented a fact-checked re- port on the lewd names found by a netizen in his sibling’s student module and the reality about the accountability on this is- sue.

In the end, three groups were awarded as the best presenters. The Arellano University - Juan Sumu- long Campus in the 3rd Place, Colegio De San Juan De Letran - Manila in the 2nd Place, and the City of Malabon University in the 1st Place.

Teatro Arellano launches DulaGim

By Maria Nadine Roman



Teatro Arellano showcased their annual Halloween play entitled DulaGim 2.0 through Fa- cebook Live last November 19-20, 2020.

DulaGim which came from two Filipino words, 'dula' at 'lagim', was first launched last year as a way for the Chiefs to enjoy the Halloween vibes in the month of November. It was made up of four different horror stories originally made by Teatro Arellano's playwrights.

Despite the New Normal set-up where face to face interactions are lim- ited and unadvisable, Teatro Arellano was still able to launch DulaGim for the 2nd time.

In a written inter- view, Marc Noesis Marquez, the Production Manager of Teatro Arella- no since 2018, shared how the theatrical group man- aged to make DulaGim 2.0 a success in a set-up that is new to the theatrical group.

Marquez shared that in this year's Dula- Gim, Teatro Arellano en- countered various prob-

lems. First is the instabil- ity of Internet connection. During the rehearsals upto the main presentation of the plays, some actors ex- perience difficulty in keep- ing up with the dialogues because of their unstable or slow Internet connection. Second is the difficulty in passing the energy to and fro the actors. "Super hirap mag-pass ng energy sa isa't -isa dahil online kayo naga- uusap ... Mostly ang webcam ang kausap mo ...Hindi mo makikita ang reactions ng iyong kabatuhan ng linya ... act- ing is reacting" Marquez shared.

Fortunately, Teatro Arellano has been a very flexible group. They were able to make adjust- ments so they can still push through with the produc- tion of DulaGim 2.0. Marquez shared that they pre-recorded the play to lessen instances of delays or lags because of the insta- bility of the Internet con- nection.

Even with these difficulties encountered and adjustments needed to be made by the group, they were still able to showcase new talents in this year's DulaGim. Thus, Teatro

Arellano succeeded in this major objective of the aforementioned production which was to introduce aspiring actors to the the- atrical stage and start hon- ing their talents in acting, directing, stage manage- ment and many more.

According to Marquez, DulaGim 2.0 was only the beginning of their online plays for they have a lot in store for the Arel- lanites in the coming months.

Marquez hopes that with this online set-up, "mas maraming taong makakapanood sa teatro, mas maraming mga tengang makakarinig sa mga istoryang hatid, at mas maraming nakaka- connect sa puso ng bawat isa."

The Standard
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AU-JRC Celebrated Teachers' Week amidst Blended Learning

By: Mary Angel A. Palma

Arellano University - Jose Rizal Campus celebrated Teachers' Week with a theme "I Teach for a Better Future. Gurong Filipino, para sa Batang Filipino". The opening ceremony was held on October 1, 2020 via the AU-JRHS Supreme Student Council Facebook Page. Dr. Sony Q. Gonzalez, Performance Audit Coordinator of Jose Rizal Campus, SH SSC President Arcie C. Mauricio and Principal Ms. Ma. Aileene DC. Cruz gave their encouraging messages and expressed their deepest gratitude for the teachers' dedication and hard-work by publishing messages on AU-JRHS SSC website.

AU-JRC held different activities and contests to honor our dear teachers. The first activity was Digital Poster Making, the entries were posted on the 2nd of October, and it showcased the talent of the students in creating digital arts about the teachers and today's new approach in learning. The following day, October 3, the event focused on appreciating memories of the students of their teachers by leaving a comment on #Drop_Your_Favorite_Teacher_Challenge that was posted at AU-JRHS Supreme Student Council page. The Spoken Poetry event was also posted at AU-JRHS SSC page on the 4th of October and it gives tribute to teachers wherein students showed their talents, knowledge and creativity to share their heartwarming and inspiring messages. On the last day of Teachers' Week educators from different clusters and SHS departments have watched video presentations created by the students in each cluster. The

winners of different contests were announced and are listed below:

The Digital Poster Making winners are:

- 3rd Place- Andrea Pangilinan of 12 HUMSS-4A
- 2nd Place- Justine Rei Tolentino of 12 ABM-2A
- 1st Place- Mark Allen Antonio of Grade 12 STEM-1A

The top 3 teachers in #Drop_Your_Favorite_Teacher_Challenge are:

- Top 3- Ms. Alleysha Dianzon
- Top 2- Ms. Jessa Escaran
- Top 1- Ms. Precious Salmingo

"You are the artist of your life, don't give the paintbrush to anyone else."

— Ms. Aleysha Rose, 2020

Photo & Source: AU JRHS SSC

"AUNited Nation with Fashion"

By: Karen Faith M. Morales

In line with the celebration of the United Nations month on October, Arellano University Jose Rizal Campus Senior High School Department held an online event that was available for senior high students, with a theme entitled "AUNited Nation Quarantine Next Top Model."

The Supreme Student Council hosted the fashionable event with an online voting contest, which was based on (or through) Facebook reactions. According to their adviser Mr. Gregorio "Greggy" Aglibut, they aligned the given theme to the UN Celebration (extend). As we are still continuing life in the new normal amidst the country's pandemic status, the students have received an opportunity to showcase their creative ideas using the art materials that they have at home. What came next was unexpected for them—that a lot of students still participated in the contest. Seventy (70) entries were submitted on this contest, and each entry battled in the top scoring. The contest consists of three (3) rounds; the first round has knocked out twenty-eight (28) entries, leaving forty-two (42) entries, then was dropped down to the last ten (10) entries in the second round. Winners are decided in this contest, and these three (3)

students deemed victorious.

In the end, Ms. Christine Buntag from 12 HUMSS-8P was crowned as the Top 1, followed by Ms. Shiela Filomeno of 12 HUMSS-2P and Ms. Abegail Deliola of 12 ABM-3A respectively.

"I'm beyond thankful that they are participating in different virtual events that we have conducted and implementing right now." said the SH SSC President Mr. Arcie Mauricio. He also encourages his co-students to keep participating in

events that will be conducted in the future and he is hoping that these future events will bring entertainment to them.

"I am a rare masterpiece, I love my flaws and flaunt my imperfections-an abstract and that way I stand out." - Christine Buntag



Picture & Source: AU JRHS SSC

"FIGHT AIDS, NOT PEOPLE WITH AIDS"

By: Karen Faith M. Morales & Jemimah Ruth S. Lim

On Thursday, December 03, 2020, the MAPEH Club of AU-JRC hosted a webinar about HIV Awareness, with guest speaker Mr. Reniel Amos Sanchez, M.A.N., R.N. via the Supreme Student Council's Facebook page. The webinar's objective was to broaden

the minds and give knowledge about HIV & AIDS to JH students of our campus, as well as spreading information as to how the infection is being transmitted.

HIV is a disease that does not discriminate. Anyone could encounter and con-

tract this disease, which is why it is important for students to be AWARE of how to protect themselves and prevent the transmission of HIV. According to the Department of Health, young people aged 15-24 years old are accounted for 29% of all new HIV infections in 2019.



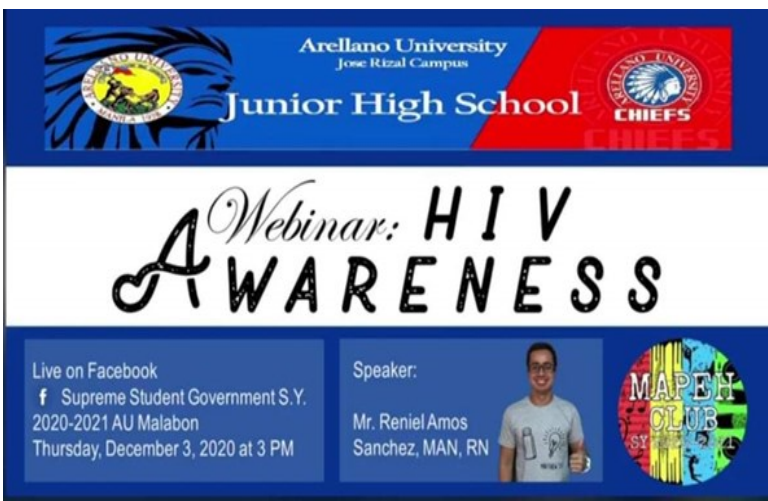
Mr. Sanchez clarified that HIV is found in specific human body fluids, which is called STD, or a sexually transmitted disease. A certain individual could be infected with HIV, if any of the following fluids would enter your body: Blood, Semen (cum), Pre-seminal fluid (pre-cum), Breast milk, Vaginal fluids and Rectal (anal) mucous.

However, it was also mentioned that many people who are HIV positive do not have symptoms of HIV infection. There is a possibility that infected individuals can have the virus for up to 10 years—sometimes

longer—without showing signs or symptoms. Alongside giving the precise information about the HIV infection, Mr. Sanchez also gave tips on ways to prevent the transmission of HIV. Based on his statement, a person could reduce the risk by practicing safe sex, being loyal to their partner, and getting tested, so they would be informed and updated about their health status, as well as their partner's.

For the last part of the webinar's objective, Mr. Sanchez discussed the stand of the Church (Catholic or Protestant) on

persons with HIV & AIDS. He informed the students that the Church is very much accepting people with the disease and does not tolerate discrimination towards them. Schools, alongside Churches, encourage everyone to discuss the topic of HIV & AIDS, especially to those students at young age. "Kailan mo ituturo ang HIV, kapag mayroon na ang kabataan? O 'yung 'pag wala pa?" said Mr. Sanchez as a part of his closing speech. Later on, he added the quote, "On this battlefield, man has no better weapon than his intelli-



HIV Awareness Webinar with Mr. Raniel Amos Sanchez, MAN, RN

Photo & Source: AU JRHS SSG

gence, no other force but his heart."

LIFESTYLE

Clever Ways to Gain Pocket Money During Pandemic

By: Ivan V. Lopez

It can be very difficult for a student to ensure our budget will last until the end of the day. Managing expenses must become our second nature as it is wiser to prepare early in case of emergency.

This is the time to decide between your needs and wants. For example, this pandemic you still have a 50 pesos allowance a day that needs to be used sensibly. You must take charge of your allowance and not let it take charge. It should not lead to stress and irritability. It is your responsibility to spend wisely because your parents worked hard for it. Wasting your allowance and not spending it wisely will an impression as though you do not care nor acknowledge the efforts that were exhausted in order to earn it.

There are clever ways to save money by using principles in economics.

First is trade off, opting for something useful instead of something that will only be used for a short period of time like spending money on junk food. Instead, start a recreational activity such as puzzles or a simple coloring task. The finished product will last longer and can be used as house/room decoration, and it will also serve as a testament of your creativity!

Second is marginal thinking, of which practicality is needed. Instead of buying clothes for a Tiktok video which will only be used one time, why not find unused clothes and re-create them as costume for your role play project and submit your project on time. This saves both time and money and you get to save Mother

Nature by recycling things that are no longer being used.

The third is the opportunity cost. Instead of buying pieces of newspaper, buy a newspaper that's good for a week or in a month. In this way, you can save money and will make you prepare always whenever you need it.

Fourth is the incentive. You can use your skill in earning extra money. For example, you can sell your service rendered by fixing computers, drawing an output, creating a layout for a brochure, or making a handicraft.

"AU-JRHS SH Department Webinar: Stress, Stress Management and Depression/Sadness"

By: Mary Angel A. Palma & Enrique S. Tibas Jr.



Mental Health Webinar with Ms. Ricka Pauline T. De Guzman

Picture & Source: AU JRHS SSC

Arellano University Jose Rizal Campus, Senior High School Department initiated a Webinar discussing about "Stress, Stress Management, Depression/Sadness", spearheaded by the Supreme Student Council on November 28, 2020 via the AU-JRHS SHS Supreme Student Council Facebook page.

Ms. Ricka Pauline T. De Guzman, a Registered Psychometrician was the webinar's guest speaker. She discussed what stress is, its possible causes and gave tips on how to deal with stress. According to her, getting some sleep, managing your time, staying connected with

your loved ones, finding a new hobby, exercising or meditation and cleaning your room or space could help you get rid and deal with your stress better. After her webinar presentation, she answered questions from students and viewers of the live program. The webinar concluded when SSC President Arcie Mauricio gave out a Certificate of appreciation to Ms. Ricka Pauline T. De Guzman for sharing her knowledge and insights to the students, teachers and other viewers.



SPORTS

AU Kwentong Sports

By: Kayla Marie G. De Jesus



#AUKwentongSports Facebook Poster from Arellano University Sports - Official FB Page

On December 5, 2020 at 4:00 PM, an event called #AuKwentongSports was held by Arellano University Sports- Official Facebook page. The event's goal was to know more about Chiefs and Lady Chiefs as they share their experiences on being student athletes. The event was hosted by Ms. Aubrey Bareno, Chief and NCAA season 95 court-side reporter, and Mr. John N. Manuel, a SH School teacher of Arellano University. The guest athletes were Justin Arana and Gelo Sablan from the Men's Basketball team, John Rafael Enriquez and Michael Bulalacao from the Men's Swimming team, Althea Javier and Tehillah Mag-Aso from the Women's Swimming team, Faye Flores and Sarah Verutiao from the Women's Volleyball, Kim Tan and Christian Dela Paz from the Men's Volleyball and Carl Rendon and C.J. Agura from the Track and Field team.

The event started with an introduction from each of the guest athletes. The program progressed when the host asked questions to the athletes about their quarantine routine and who inspired or influenced them to their

path of being a student athlete. One of the athletes' answers stood out the most and rendered gratitude from the students to their alma mater; "Nabigyan ako ng chance makapaglaro dahil sa Arellano University."

Before the event ended, a game in the form of Question & Answers were intro-

duced for viewers to participate in. When answered correctly, the participants were given prizes.

The guest athletes left a memorable phrase for us to remember. Michael Bulalacao from the Men's Swimming team said "Dream, Believe, Survive, Arellanites;" and Faye Flores from the

Women's Volleyball said "Bilang isang manlalaro ng AU, wala na akong ibang maihihiling pa." This program truly shows that Arellano University wholeheartedly gives their support and more opportunities to those students and aspiring athletes to be the best they can be.

EDITORIAL

Resuming Face-to-Face Classes

By: Alexandra Christine G. Salvo & Celine Inah H. Dela Cruz

President Rodrigo Duterte had previously announced that academic institutions can resume face-to-face classes with their students starting January 2021. As of now, the current administration and the Department of Education are undergoing pilot runs in preparation for this plan of "New Normal". Presidential Spokesman Harry Roque clarified that attendance to face-to-face classes will be voluntary, and parents' approval is needed for a student to join a class. This might be a good opportunity for college students who have to attend subjects that require on-hand/ laboratory learning. Despite this thought, I am still against the idea. Students will fundamentally have higher risk of carrying the virus in a closed room and expo-

sure to other people than their family. Moreover, there is also the exposure one can get from commuting to and from their house and school. With the increase of infection due to the recent holiday activities, it is likely that the Filipinos are not yet ready for this change. At least, not now.

With that being said, we have to weigh every pros and cons that will affect these face-to-face classes if ever it will be effective this coming January. It will never be the same anymore as it is

when everything is normal and to consider every possible thing that will either benefit or afflict negativity to the students will be of help when it comes to the effectiveness of the resuming of classes. The opinions of parents also deeply matters because it will be a struggle mostly to the ones who know their capabilities supporting their children upon facing the pandemic today. Having this implementation is a thing we need to focus about, hence consider if we are ready or not.

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Nicor brings home the bronze medal in the 2020 Global Taekwondo Online Speed

By Maria Nadine Roman



Mervonne Shayne Nicor, a Grade 9 student of Arellano University – Juan Sumulong Campus won the bronze medal in the Junior Female Heavy division of the 2020 Smart/MVP Sports Foundation Global Taekwondo Online

Speed Kicking Championships held last October 23-25. This event was organized by the Philippine Taekwondo Association with different participating countries from all over the world. In a written interview, Nicor shared her experience

about the recent competition she had won as well as her campus journalism journey. Nicor started playing Taekwondo at the age of 9. In a span of 6 years, she has already been a gold medalist in the Palarong

Pambansa in Albay and in Vigan and a bronze medalist in the same multi-sport event in Antique. She has also competed in tournaments organized by Milo and by the Philippine Taekwondo League (PTL). In her first-ever online competition, Nicor shared that she was still able to train religiously even on her own with only Sundays as her rest day. Her only struggle during the preparation process was maintaining her weight for the competition.

ment where she would have an opponent. In this online competition, she needed to speed kick more than 70 times with only a time duration of 1 minute which was very taxing. But even with the struggles that she has encountered, Nicor was still able to bring home the bronze medal with contestants from around the world as her competition.

With this new experience, Nicor has proven that discipline is really a key factor in one's success in sports. Being a student-athlete, she was able to balance and excel both in her academic life and her career as a taekwondo player.

The participants of the aforementioned event was tasked to film themselves speed kicking and upload their videos in YouTube where it would be watched and ranked by the judges. According to Nicor, the online set up of this taekwondo competition made it harder than the usual set up of the tourna-

Kwentong Sports : Stories of Hard works and Inspirations

By Mark Daniel Dubria

The Arellano University - Kwentong Sports spread good vibes and inspirational stories to all Arellanites in the different campuses via Facebook Live last December 5, 2020. This online event was hosted by Mr. JJ Manuel, teacher from Arellano University - Senior High School Department and Ms. Aubrey Bareno, NCAA Season 95 Courtside reporter. Althea Javier, Tehilla Mag-Aso, John Rafael Enriquez and Michael Bulalacao from the Mens and Womens Swimming Team, Faye Flores, Sarah Verutiao, Kim Tan and Christian Dela Paz of the Mens and Womens Volleyball Team, Justin Arana and Gelo Sablan of the Men Basketball Team, and Carl Lewis Rendon and CJ Agura from the Track and Field Team were the guest players of Kwentong Sports.

KWENTUHANG QUARANTINE LIFE

Hosts first asked the guest players about their quarantine routines. Althea Javier of the Womens Swimming Team answered that waking up early to hike before answering her modules for school has been her routine for the past months. On the other hand, Michael Bulalacao from the Mens Swimming Team said that he tried eating various foods during the quarantine period. As for Justin Arana of the Mens Basketball Team, he spent his time during the quarantine by working out. Same as Arana, Faye Flores of the Womens Volleyball Team replied that she used her time for

workouts. Kim Tan of Mens Volleyball Team responded that watering his plants, biking, playing online games and attending class had been his routine for the past months that we were in quarantine. Lastly, CJ Agura of the Track and Field Team answered that the past months had been a series of sleeping late at night and waking up late in the morning for him.

RETROSPECTIVE BLAST FROM THE PAST : INSPIRATIONS BEHIND THE SUCCESSFUL ATHLETES

The next part of the Kwentuhan with the AU athletes has tackled the stories of what and how the guests have been inspired to pursue the sport that they are in right now. Tehilla Mag-aso of Womens Swimming Team pursued her sport because of her Ate Crista who has also been an athlete of AU Womens Swimming Team. John Rafael Enriquez of Mens Swimming Team, Carl Rendon of Track and Field Team, Christian Dela Paz of Mens Volleyball Team, and Gelo Sablan of Mens Basketball Team pursued the field of sports they are in because their families and relatives are into these kinds of sports.

MEMORIES BRING BACK YOU : THE MOST MEMORABLE STORY IN NCAA

The memories still flashback, from the first game you've won to your buzzer beater win up to your last game as a Chief. Flashbacks to the hap-

py times, trainings with friends and teammates, eating foods after trainings and the games the team won. "The most memorable NCAA ko is my first time to play for AU. Ginuide ako ng mga coach ko and teammates para sa paglalaro." Althea Javier shared. "That was my first game, my first season. We're 3 peat champion but natalo kami. First time ko matalo but still masaya kasi may unity, love and respect sa team. Respeto, samahan ng aming team sa AU." Carl Rendon said. Christian Dela Paz told the host, "Yung game 1 finals versus Perpetual, 5th set and sa akin ang set play and sobrang nakakagaan na nanalo kami na ako yung last na nakagawa ng point para manalo kami."

ONE TEAM. ONE DREAM. ONE GOAL. BONDING TIME OF AU CHIEF ATHLETES

Bonding makes a team. A Team makes the dream work. If the dream works, the goal will be achieved. Kwentuhan with the athletes has also tackled the bonding times of every sports team and how they make a "ONE TEAM". Tehilla Mag-aso said that, "After training, nagchi-chikahan po kami, nagaasaran and sometimes after training sabay-sabay kami kumakain sa labas tapos kapag sabay-sabay kaming may freetime minsan po nagkakayayaan po kami magkaraoke." "Ang bonding namin as a team is yung kantiyawan habang may game kasi yung kantiyawan namin yun yung

nagpupush sa amin para mas lalo pang galingan sa game. Then every training nagaa-saran po kami na "ay hindi ka mananalo sa akin" para mapush po siya na galingan sa game. Gala-gala rin with teammates then kapag may birthday magpapa-pizza lang po." Agura replied to the hosts. "Nagsisimba, kumakain sa labas, and minsan namamasyal din kami. And kapag di kami makalabas, nagkakantahan nalang kami." Faye Flores shared. Kwentong Sports showed that sports is full of uncertainties, sometimes you win,

sometimes you lose but the best part about it is it brings those who play it and watch it happiness, and it creates special bonds between families, friends, and teammates.



ARELLANO UNIVERSITY

KWENTONG SPORTS

GUEST ATHLETES

MENS BASKETBALL



JUSTIN ARANA | GELO SABLAN

MENS SWIMMING



JOHN RAFAEL ENRIQUEZ | MICHAEL BULALACAO

WOMENS SWIMMING



ALTHEA JAVIER | TEHILLA MAG-ASO

WOMENS VOLLEYBALL



FAYE FLORES | SARAH VERUTIAO

MENS VOLLEYBALL



KIM TAN | CHRISTIAN DELA PAZ

TRACK AND FIELD



CARL RENDON | CJ AGURA

HOSTED BY:



AUBREY BARENO
ARELLANO UNIVERSITY CHIEFS
NCAA SEASON 95 COURTSIDE REPORTER



JJ MANUEL
HOST AND A SENIOR HIGH SCHOOL
TEACHER OF ARELLANO UNIVERSITY

SATURDAY
DECEMBER 5, 2020
4:00 PM
VIA

ARELLANO UNIVERSITY SPORTS - OFFICIAL

9



Maria “Biktima Clara

By Pearl Zinfandel Antoine

Hindi mabura sa ala-ala ang araw kung saan nagsimula gumuho ang mga pangarap sa kamay ng isang halimaw na nagnakaw sa templo ng aking pagkatao. Tila ako'y hinatid sa impyerno matapos lamang ang ilang minuto, habang siya'y nagdidiwang, paa hanggang ulo.

Tinig ng takot ang patuloy na sinigaw habang malaya niyang ginagalugad ang pasikot sikot na mga daan na hindi maaaring dayuhin ng kung sino man. Para akong isang laruan na patuloy niyang kinunsumo ang natitirang lakas, paunti unting nawalan ng kakayahang lumaban upang makakalas.

Matapos gamitin, naging isang balat ng kendi na tinapon na lamang kung saan nang magwagi kunin ang ninanais na laman. Sa isang iglap ay nawala ang aking saysay sa daang tinatahak. Ano pa ang silbi ng blusang puti kung ito'y namantsahan na ng itim na tinta?

Pagtapos kong sumabak sa kalamidad ng hirap at pighati, walang

alinlangan kong dinayo ang presensya ng aking pamilya upang humingi ng saklolo sa kadiliman na lumalamon sa aking puso. May takot, nanginginig, namumutla at tila'y hinigop ang lahat ng enerhiya sa aking katawan habang nakatayo sa harap ng kanilang mapanghugang mata. Bakit ako'y nagdurusa?

“Narapat lamang parusahan ang iyong katawan matapos mong ipaglandakan ang iyong balat sa madla. Narapat lamang na danasin mo ang maduming dugo ng demonyo sapagkat hindi mo inalagaan ang iyong pustura. Hindi ka na nahiya sa paglakad sa kalsada. Hindi ugaling Maria Clara ang magbuhos ng kolorete sa iyong mukha. Hinalina mo ang kasamaan, at yan ang kabayaran.”

Bakit kung sino pa ang nakunsumo ng pighati ang nakatanggap ng masasakit na salita, samantalang hindi naman namin inalay ang aming pagkatao upang gawing bagay na maari lang pagpyestahan sa tabing kanto. Bakit kami pa ang nagdurusa matapos humingi

ng tulong dahil kami ay tinratong parang isang hayop na walang awang pinagsamantalahan.

Nakabalot naman ng makakapal na tela ang katawan ni Maria Clara, ngunit bakit pinagsamantalahan parin ito na para bang tinawag niya ang taga abuso upang gamitin ang kanyang katawan sa kanyang kasiyahan? Nakabalot ‘rin naman ang katawan ng isang supling, walang kamalay-malay sa mundo, ngunit naramdaman na ng kanyang katawan ang hirap na hindi narapat?

Kahit ano pa ang aming ipang takip sa aming katawan, hanggang patuloy umiikot ang imahinasyon at pagnanais nila, patuloy kaming magiging grupo ng mga biktima. Hindi kami magiging isang biktima, kung walang mangbibiktima.

ARTIST’S CORNER



“Raise our Flag, Frontliners!”

By Claire Lizaso



“La Flora for Teachers!”

By Joshue Gloria

Feature

A Family Tragedy: Watts Family Murder Undercover

(Review to a Popular Documentary Film, American Murder: The Family Next Door)

By Jeanette B. Trope



Love is a serious crime with either happiness or tragedy as its punishment. How far will you go for love? Would you be like Shannann who died in the process of trying to put things right for her love to her family and husband? Or would you be like Chris who is now convicted for the crime he did in his family in the height of being with his mistress?

“American Murder: The Family Next Door”

directed by Jenny Popplewell is an American true crime documentary film which features the story of the Watts family murder which happened in year 2018. It was released on Netflix with 82 minutes running time and 4.4 audiences rating summary from the day it was released - September 30, 2020 right after a book written by Cherlyn Cadle which contains a letter from the convicted murderer Christo-

pher Watts was published early this year.

This movie depicts how the family, friends, neighbors and police force unravels the reason for disappearance of the pregnant Shannann Watts together with her two daughters, Bella and Celeste and how her husband Chris Watts committed the crime and tried to fool everyone through the act of innocence. Throughout the documentary are the footage along the Watts residence, in Frederick, Colorado home from the night of the crime up to the days of investigation. “Shannan, Bella, Celeste, if you’re out there just come back, like if somebody has her, just please bring her back, I need to see everybody, I need to see everybody, again, this house is not complete without anybody here. Please bring them back.”

Above is the exact statement said by Christ Watts in the news as he plays completely innocent and cool despite what he did to his family; this guy is a pretty good liar and he must be commended for that. It does not only make the film more entertaining but also it emphasize more serious-

ness in contrast, wherein the police force needed to use such apparatus as polygraph to test Chis Watt’s innocence which then he fortunately failed and afterwards resort to confessing his crime – the killing of his wife, two daughters, and an unborn son.

There are also existing documentary as Watts family murder case but what makes this film different from other is that it reveals Shannann’s personal point of view, her appeals to her family and husband, and her personal instinct through the exchange text message with her best friend, Nickole Atkinson (which most people pertain as the hero in this murder case) before the crime took place. Even so, what Netflix failed to do is to put emphasis to the moment in which Chris Watts confessed his murder to his family. There could be a smooth transition and entailed background music to make the scene more dramatic.

This murder case is such a controversy and drew different opinions through the past years. Many are intrigued to the reason why Shannann Watts and her two girls went missing suddenly.

People wonder how such a horrifying incident committed by Chris Watts occurred and seeks for some interrelated causes. Well, if you are pretty curious about it, this movie is a must watch. However, this kind of documentary film might appear traumatizing to others especially to those people with anxiety.

In either way, love can always be a blessing and a curse. It can be your greatest regret and a biggest nightmare. Killing its almost perfect family just to be with its mistress is probably one of the most foolish decisions one had ever made. “American Murder: The Family Next Door” definitely is the documentary film that tends to arouse audience’s sorrow, anger and enjoyment at once. It appeals to the audience to be extra careful even to their own family and loved ones, to be more keen and attentive and to follow their instinct.