



Arellano University

The Standard

The Official Student Publication of Arellano University



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ARELLANO'S LADY CHIEFS HISTORIC THREE-PEAT

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PHOTO BY: ALEJANDRO JUANCHO

The Spark of Success

Academic: Paul Ivan C. Zacarias

Let us all applaud our College and Senior High School department, for winning 2nd runner up at the ANIMAFEST that has been held at Adamson University - Theatre last January 26, 2018.

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FEATURE

The Standard Pride

Angela Magpantay is a Psychology graduate from Arellano University – JAS and a former Photography Manager for The Standard during her batch. This has given her the opportunity to compete and bring home the bacon in the inter-branch competition of feature writing.

“Being a part of the Standard doesn’t mean that you’re only focused on one task. You’ll handle your specialization but you got to learn the others’ field and scope. They will maximize your potential and help you grow throughout your term.”, she says.

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Andres Bonifacio Campus Crowned as Mr. & Ms. AU 2019!

By: Aleona Seriel Buatis & Princess Raihanah D. Macawadib



AU-Andres Bonifacio Campus held the Mr. and Ms. Arellano University 2019 for the College Department with a theme of “Capturing the True Beauty and Intelligence of Arellanites in today’s Philippines’ most Challenging times” at the campus quadrangle.

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Education is Our Future

By Lorabelle Castillo

On February 26 to March 1, 2019, the Career Fair for all of the college departments at the AU-PC took place. With a different approach and techniques showcased by the college students, they promoted and encouraged the Senior High School to enroll to their course and program.

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Jamming with EEC

By Jenrick Sison

On the 20th of February 2019, Elisa Esguerra Campus held its very first In-Campus Concert.

At around 1:30 pm, the students began to arrive and the campus grounds begins to be filled with the distinct chatter of an excited crowd.

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OPINION: Transport Modernization, Trash It or Implement It?

By Hannah Joy Santander

Jeepneys became a symbol for our country and distinguishes us. But, traditional jeepneys are being phased out, especially the old ones, due to the Public Utility Vehicle Modernization Program (PUVMP) launched by the Department of Transportation in 2017.

This has the goal to make our country’s trans-

portation more efficient, more environment-friendly, and safer. Throughout the launch year until recently, transport strikes have been conducted by the jeepney drivers, most notably the transport group Pagkakaisa ng mga Samahan ng mga Tsuper at Operators Nationwide or PIS-TON.

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A NIGHT OF REVELRY IN ARELLANO

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JUBILEE YEAR OF COLLEGE OF NURSING BATCH '94

By Amira A. Floro



“There is nothing beyond the reach of determination”.

- Mr. Cesar Gerente

ARELLANO UNIVERSITY, LEGARDA- Homecoming is an annual event when high school, college and university alumni are invited back to their alma maters to celebrate the bond they have with their schools.

Homecoming also provides an opportunity for reconnecting with old friends, for having a good time and for ladies to show off their latest trends. The gentlemen are less enthusiastic about trends, but they do anticipate going to the homecoming accompanied with each other.

Each school has its own unique traditions for celebrating homecoming, including the membership of the, t-shirts and souvenirs to remember the unforgettable moment of being together.

Last February 22, 2019, the College of Nursing Batch '94 celebrating their Jubilee Year at the Little Theatre in the Juan Sumulong branch. The program was hosted by Mrs. Sonia M. Dignadice, Director of Alumni Services. Father Joseph Jil

Alonso of Our Lady of Loreto Parish initially presided the mass before officially starting the event.

The batch caught up with each other by introducing different alumni and their various professions. The highlight of the program was reminiscing their college days, celebrating their achievements and emphasizing the importance of giving back to their alma mater. They ensured each other that this will be a yearly celebration and that they vowed to keep the Arellanite spirit together.

One of their alumni, which is Mr. Cesar Gerente a Police Officer Senior Executive Course 2018-04 of Chief of Anti-Kidnapping Group Illigan Satelite Unit and also a nurse, said that he remember the girl he likes and that girl inspire her to pursue to reach the dreams that he has. The gratitude to his alma mater give him a wonderful life that he had achieved and dreamed. He felt grateful to his alma mater who give him a wonderful life that he had achieved and dreamed.

> FROM PAGE 1

Ecstatic screams welcomed the start of the 81st Foundation Week of Arellano University. From February 18 to 23, the week-long event honored the founding of Arellano University back in 1938 and held concerts, field demos, exhibits, and seminars from different departments.

One of the biggest highlight of the event was the annually awaited concerts where students could freely let their eager hearts out by singing along to some bands or artist. This year, Arellano University were graced by a prominent rock band that is *Parokya ni Edgar*, millennials' current senti artist, *I Belong To The Zoo*, and the up and coming band, *Down By 18*.

Each band gave out a tremendous performance that made each Arellanite's night a memorable and gratifying one. Down by 18 performed a couple of cover songs including *ALAPAAP*, a song originally sang by *Eraserheads*, to which the audience responded with joyous claps. As the day went to slumber, *I Belong To The Zoo* filled the twilight with melodic and soft sounds that made the atmosphere more sentient.

And before introduc-

ing the last band to play, the hosts and Arellanites welcome and congratulate the AU's Lady Chiefs for winning the Women's Volleyball Tournament for the third time. The ladies also expressed their gratitude by dancing to the popular online dance craze challenge *Baby Shark*. It was at that moment too that the host announced that Arellano University is the official host for the NCAA Season '95 next year.

The night ended with the highly anticipated band, *Parokya ni Edgar*, performing their greatest hits such as *Buloy*, *Silvertoes*, *Para Sa'yo*, and even *Harana*, a song they rarely sing at live events. The students highly admired frontman, Chito Miranda, not only for being a great performer but by being a considerate person as he gave out water to the audience and reminded the boys to behave properly towards the girls. He also invited two Arellanites to sing the parts of *Gloc 9* and *Francis Magalona* in the song *Bagsakan*. They ended their set by singing *One and Only* and *Halaga* that left the audience with nostalgic feelings.—
GABRIELA B. MENDOZA



ANNUAL JOB FAIR 2019

By Dian J. Mantiles



skills and many more. If applicants don't match the same expertises, there are still more company and agencies of their choice.

"It was a privilege to all the graduates of our alma mater to be able to experience this kind of annual job fair. This event fosters an early career growth to our fellow Arellanites and it enables them to create an optimistic view of job picking." said by Ms. Claire Marie Lizaso, a former Marketing student.

Substance Abuse Prevention Seminar

By Anne Cogolio

The Central Guidance Office conducted a seminar which tackles about Substance Abuse Prevention on January 28, 2019 at Little Theater, Arellano University - Juan Sumulong.

With the rampant increase of juveniles getting involved in drug-related cases nowadays, the objective of the seminar is to disseminate and inform students the risks of harmful and excessive usage of substances such as illicit and pharmaceutical drugs, alcohol, and tobacco.

Guest speaker Ms. Ruby Rosa A. Velasco, a licensing officer, shared her insights and knowledge regarding the particular matter. Ms. Velasco implied that substance abuse, to put it simply, is the dependence on addictive substances such as

drugs and alcohol. Substance addiction is a complex disease and quitting usually takes more than a strong will. It changes the brain in ways that make quitting hard, even for those who want to.

Fortunately, researchers have found treatments that can help people recover from these addiction and lead productive lives. Drug abuse prevention begins with education, spreading the word regarding the dangers of drugs to oneself and to the community. These programs are just the beginning. Drug prevention programs seek to involve the family, community or workplace in the prevention process.

Students raised their concerns during the open forum in which Ms. Velasco obliged to answer. The program was ended

by Ms. Ludivina Alonzo's closing remarks.

As Oche Otorkpa have said on one of his noble works, *The Night Before I Killed*, *"Your decision to kill your addiction will become a reality only if you believe and reinforce the fact that you have the capacity to do it."* Keep in mind that change starts in you.



Photo from Guidance Office

For more inquiries and personal counselling, you can visit the Central Guidance Office located at Florentino Cayco Hall, Ground Floor. You can also reach them via phone on 734-7371 local 312/313 or through email: guidance@arellano.edu.ph

“La Revolucion Delos Santos”
by Teatro Arellano

By Shekinah Grace Sanz



Photo from Teatro Arellano



Photo from Marketing Office

For those interested, Teatro Arellano is giving free workshops for those talented and dedicated Arellanites, if you want to be part of our growing family kindly visit the page of Teatro Arellano or Contact Mr. Noesis Marquez: **0906-465-7110**

Before hitting the stage of Arellano, Teatro Arellano showcased their second production in Pasinaya 2019 at Center Cultural of the Philippines last February 3, 2019 and after one and a half month of rehearsals, “La Revolucion Delos Santos” by Em Mendez as their last production for SY 2018 -2019 was opened to the Arellano community last February 12-13, 2019 at the Little Theatre.

The two successful productions of the pioneering batch of Teatro Arellano shows how much dedication and passion they are putting in by balancing academics and theatre as they want to promote arts and culture thru theatre.

After watching the shows, I asked Mr. Kobe Aguilar, one of the students of Arellano University about his feedback on the shows so far and he said, *“The play was realistically portrayed by the actors. Teatro Arellano gave their very best for the last production, from Ang paglilitis kay Mang Serapio to La Revolucion Delos Santos, they really managed to execute the play well and they really gave their all. More power and more productions to come!”*

During the 7pm show last February 13, 2019, Mr. Em Mendez, the writer of “La Revolucion Delos Santos” watched the show of Teatro Arellano. After the show, Mr. Mendez gathered all the members of Teatro Arellano and gave a short yet powerful speech whilst ending it with an inspiring advice -- “Don't give up on theatre.”



THE FIGHT FOR THE CROWN:
MR AND MS AU 2019

By Sheikinah Grace C. Sanz

The search for the next Mr and Ms. Arellano University – Legarda, the most awaited event of this school year 2018-2019 happened last January 30, with the theme “The Hunger Games: A peek into the future” at the Plaridel Hall Lobby and Quadrangle.

The Rehabilitation and the Institute of Accountancy had bagged the titles of Mr and Ms. Arellano-Legarda 2019. Mr. Tyrone Jordan Endaya and Ms. Kimberly Leduna will represent the Juan Sumulong Campus in the Inter-Branch search for Mr. and Ms. Arellano University 2019 in Plaridel Hall Lobby and Quadrangle of AU-Legarda on March 1, 2019.

At exactly 7 PM, the candidates paraded down the stage in their amazing introduction outfits. This year Mr. and Ms. Arellano-Legarda were on fire because of the crowd that supported their department’s representatives. The stage became more wonderful with the two amazing hosts from the Supreme Student Council, Mr. Jefferson Chester and Ms. Aubrey Bareno.

After the Introduction, the candidates back to the stage wearing their futuristic outfits. After slaying the runway, the first batch of minor awards was given out. Mr. and Ms Photogenic were given to candidates’ number 8 and 6 Mr. Asly Chua and Ms. Rachel Marie Caro. Next, Mr. and Ms. Congeniality award were given to candidates number 9 and 3 Mr. Nicko Vargas and Ms. Louella Maxine Brillo.

After the minor awards, the pride of Arellano University when it comes in dancing. The Chief-stilletos, an Arellano University dance troupe, performed and made the crowd livelier. The candidate were gorgeous and classy in their formal wear. The hosts announced the Top 3 major awards, which were the Formal Wear, Casual wear and the Best in Talent.



Photo by Alejandro Juancho

The Formal Wear were given to Mr. Zabiullah Afghanzo and Ms. Maxine Brillo. Next is Casual Wear, which were given to Mr. Mico Teng and Ms. Rachel Marie Cano and the Best in talent award were given to Mr. Tyrone Endaya and Ms. Girlie Agbayani.

After the hosts announced the winners of major awards, the hosts announced the top 3, and the pageant went right away to the Question and Answer portion, which tested the confidence and intellect of every candidate. To break the crowd’s tension Ms. Therese Francisco, the winner of this year AU Idols-Legarda and also the winner of AU Idols-Interbranch gave a wonderful performance.

And after her performance, Mr Jefferson Chester and Ms. Chiejoke Chamaka gave their last walk as Mr. and Ms. Arellano University-Legarda 2018. Afterwards, the hosts announced the winner of this year Mr. and Ms. Arellano University - Legarda 2019. The 2nd runners up were given to Mr. Mico Teng from Education Department and Ms. Girlie Ann Agbayani from Rehabilitation. Next is the 1st runners up were given to Mr. Zabiullah Afghanzoy from Business Administration and Ms. Loella Maxine Brillo from Business Administration. And the winners who got the title were Mr. Tryrone Endaya from Rehabilitation and Ms. Kimberly Leduna from the Institute of Accountancy.

MUSLIM
AWARENESS
EXHIBIT

By Dian J. Mantiles &
Christine Maye Galopo

In inclusive Islamic exhibit with the theme “Root for our identity, basis of our Unity” was opened for the entire students last January 11, 2019 at the Plaridel Hall in Arellano University Manila.

The exhibit was organized by Mohammed Ibrahim Mahmoud, president of Muslim assembly at Arellano University Manila.

It was accomplished to foster Islamic awareness among the students regardless of their belief system and religion. The details were placed on the table and adjacent board through the exploit of relevant images. The two-day exhibit promoted not only educational and accurate display about the religion but also allowed everyone to experience the common aspects of Islamic culture: wearing hijab and abaya, getting a taste of dates, and offering a free book about Islam for further reading.

“For me, their art exhibit was astonishing and the Muslims in the exhibit are very accommodating. They also used to explain their Islamic culture to enlighten us from numerous questions we were curious about!” Hanna Shane S. Antonio, 4th year AB English student said after her Islamic exhibit experience.

The exhibit was extended until the 12th of January where everyone else were given more time and opportunity to check the exhibit or have another take on what the displays had to offer.



Photo by Dian J. Mantiles



Photo from MSA FB Page

Feature

CONDOMS FOR FREE!

By Dian J. Mantiles

In our present society, teenage pregnancy is constantly growing. Though the proportion rate has lowered some in the previous decades, it is still a large problem nowadays. The increasing inclination of young women becoming mothers at early age brings our society to a complex and shocking state. This particular dilemma in our society is basically affecting the naive lives of teenage girls today. Early childbearing inflicts distant and long-term devastation to young mothers, the infant within their wombs, and the entire society. As a matter of fact, teen births comprise multiple destructive outcomes in health, social and economic phases within the communities. Other negative factors are the high risks for premature birth and low birth weight for infants, childhood affliction, infant’s morality, minimize educational and instructive states of opportunity for the teenager mothers, impaired mental development for the children, increase in childhood behaviour problems, poor academic performance, and increased threats of child abuse.

Teen pregnancy is a social problem not resolved in developing and some developed

countries. In our country, Philippines, the ignorance about sexuality and reproduction both in parents, teachers and adolescents increases the early beginning of sexual relationships and of unwanted pregnancies. Extreme poverty and being the son or daughter of an adolescent mother are risk factors of repeating the early pregnancy. Young Filipinos have limited access to sex education and services, especially if they are underage and unmarried. This is the basic reason why there are still many young Filipinos are not using any form of contraception or protect in against sexually transmitted diseases and infections when they are having sex for the first time.

For the conclusion, families should take a collective responsibility of talking to the teenagers about pregnancy and relationships so that they will be aware of whatever that occur if they are in any relationships. Secondly, the federal government should invest more of the effective teenage pregnancy programs to minimize the increasing rates of this case. Whether we like it or not, we are part of the society, and we are accountable for any crisis that will come along.

THE STANDARD’S 2ND
NEWS WRITING WORKSHOP

By Gabriela B. Mendoza



Photo from The Standard-Legarda

The Standard’s Arellano University- Legarda hosted its second News Writing Workshop last February 2, 2019 at the Little Theater and was attended by representatives from different campuses namely Elisa Esguerra, Jose Rizal, and Jose Abad campus and even by non-editorial students.

The workshop’s purpose was not only to enhance their skills but also having an in depth understanding towards the art of news writing. It was also a way for campus journalists to perceive the true meaning of being a journalist.

Every speaker had shared the constructive and interesting different aspects of news writing. Atty. Frederick G. Dedace, the vice president for Human Resources of Arellano University and director for Legal Affairs and also a former

editor-in-chief of Arellano Standard, talked about the basic structures of news writing and its do’s and don’ts. He shared his experience as a campus journalist of AU The Standard and the hardships the newspaper had gone through. He also reminded everyone that an editorial board doesn’t necessarily have to have lots of members. What’s important is that the both of you have the passion to write the truth.

Second guest speaker was Ms. Gladys Mae Zabala Argonza, a current member of the Ship for Southeast Asian and Japanese Youth Forum, National Youth Forum on Heritage Network and Yaru Nu Artes Ivatan and is taking her MA Philippine Studies in UP Diliman. She talked about the features of news writing and even

answered questions relating to how investigative research relates to the work of journalism.

Lastly was Mr. Joseph Christopher DT. Briana, an English instructor in Don Bosco College specializing in Linguistics, Campus Journalism, English for Specific Purposes, Preparation and Evaluation of Instructional Materials and Development Reading, who gave an informative talk about the correlation of linguistics and journalism.

“Campus journalism molds discipline and students’ awareness with regards to political, social and/or educational issues” said Argellyne Jean Jaelenei Moriones, a first year Political Science Student who attended the workshop because of her passion for writing. Being a former campus journalist during her high school years, she found the workshop to be transformative and expressed how she wants to be a campus journalist again by hopefully taking part in the editorial board of The Standard next school year.

When she was asked what insight she earned from the event she answered, “[Being a campus journalist helps] students [to] develop a sense of responsibility when it comes to content and accurate information.”

THE STANDARD

Arellano University Juan Sumulong Campus Press

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PHOTO BY ROMELITA COMIA

MAKE A SPLASH

By Frances Andrea Dennise E. Peña

Last February 21, 2019, the SHS Grade 12 students of SPORTS and STEM had their swimming lessons held at AU-AMC for their PE 3 class.

Swimming is considered by most experts to be one of the best forms of physical exercise and provide a low-impact workout, while being able to relieve stress and feel good.

Students had their proper swimming attire and swimming equipment. This recreational activity consists of various motions that propel the body through water.

SHS Grade 12 students experienced this wonderful swimming lesson because of our Physical Education Coordinator Mr. Fedelito Bocabo Jr.

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As one of the projects to lessen air pollution, the modernized jeepney would be great as it uses electricity instead of fuel. No harmful smoke comes out from the vehicles. Not only does it lessen pollution, but also reduces the risk of people developing complications with their body, especially their lungs. Other than that, having these vehicles would be safer than old jeepneys aging 15 years or older. This program includes goals such as more spacious jeepneys, disciplined and competent drivers, fair regulations, safe and comfortable travelling and predictable travel time.

All of this sounds great. Lesser risks and safer for people and the environment. But what about the people who are affected by this change? The estimated cost for the jeepney replacement is around ₱1.4 million to ₱1.6 million. Including interests and payment periods, it would total to around ₱2.1 million. Transport groups claimed this program to be “anti-poor” as it is already hard to earn a living as it is. They also pointed out that companies might mo-

nopolize this industry and have higher fares.

Transportation means are very important for majority of the citizens as we use it daily. It is truly wonderful that the government is taking steps into having a cleaner and greener environment, but there are the downsides that accompany this greatness.

Firstly, people would be losing their source of income as small-time operators may shut down, unable to afford replacements. Companies may take advantage of this and raise fares making it more inconvenient for the people. This should be thought out carefully and offer assistance to the already existing jeepney operators and drivers. There are already implementations of buses, tricycles and jeepneys which are using electricity and it has been amazing. People may say that removing the jeepneys may remove a known symbol of our country, but the design of the electric jeeps can always be redesigned. Taking care of the only place we can live in is honestly more important than the aesthetics and symbols.

A Step into The Future

By Sherlyn Joy Recto and Lois An Aguilar

The students were be graded on their confidence, communication skills and using English language. Faculty teachers gave suggestions and comments to the student that can be their source to improve their self and to have confidence to face the interviewers.

Top Serve Goes to AU-AMC

On February 18-22, interviewers from Top Serve Service Solutions arrived at AU-AMC to hold the students’ final interviews. Held at the school’s Review Room, students set their appearances in their best business wear, along with their resumes, to meet the Job Fair’s requirements.

The strands ABM, HUMSS, STEM, ICT and GAS took part of the final interview. The interview had multiple interviewers that tended to the students in groups of three which flowed fast and efficiently.

The interviewers were very informative and helpful to the errors the students have made in their manners, gestures, as well as their resumes. They have encouraged them to do even better in the future.

This was served as one of the milestones of an Arellano student for their successful future and AU-AMC are there to help and practice the students to achieve their dreams.



PHOTO BY SARAH FEDELIN



G12 HUMSS GOES TO PETA

By Michaela Kathlene Besinga

Last 27th of February 2019, the Grade 12 HUMSS strand were fortunate to receive a chance to experience an amazing workshop at the Philippine Educational Theater Association or PETA.

Everyone from the department were divided into four groups to ensure that they will experience a cohesive learning with the said activity. Guided by the members of PETA, students learned different things that focused on performing arts.

The first part of the workshop was an intro-

duction about the association’s history followed by activities led by the friendly and gleeful staff. Activities such as roaming around the room with some instructions and games incorporated the important things about performing arts afterwards.

After the short and precise discussion, group activities followed that tested the students’ creativity for they had to visualize a certain scenario or place given by the leaders. The students’ sense of being aware or “woke” about the country’s current problems was emphasized. Their visualization was improved by showcasing the

before, during, and after that have had or might happen with the scenario given.

Furthermore, creative writing also was tested when the students were asked to create a cinquain poem related to their scene. The last part of the activity took place in PETA’s box theater where students performed on stage about their diverse topics.

It was indeed a great experience for the HUMSS students for they have obtained great and fresh knowledge with their workshop at PETA as a part of their work immersion.

“One Movement, One Voice, One Commitment”

By Adah Beatriz A. Galdones

Last February 1-4, 2019, only four of us - Soheila Venice Venzon, Moises Ladislao Pasco, Sam Elnathan Galdones, and I – were chosen to represent AU-AMC Elementary Department for the 10th Young Men’s Christian Association or YMCA of Manila Junior Leaders Campference that was a six- hour car ride to Teacher’s Camp, Baguio City.

There were many enjoyable activities in the camp, such as the search for the Mr. and Ms. Campference, academic contests such as chess, on the spot drawing, slogan making, a quiz bee, a spelling bee and more.

As part of our activi-

ty, we also went to the Philippine Military Academy to see the amazing drill. The drill was done the previous day, which we missed it. Instead, we looked at the tanks and canons in the area.

I learned many things in the conference. I should think before I speak and be “makadiyos, makakalikasan, makatao, at makabansa”. I also learned that YMCA created volleyball and basketball.

I was glad that I was part of the Campference, we get to represent our school, meet new people, learn new things and experienced new adventures.



Unleashing Creativity: Speech Choir 2019

By Prince Tecson

The lights were off, chants surrounded the room. Students in black shouted as they perform their piece. These are the common things we see in the annual speech choir; but this year, we're in for a twist.

The Junior High School English Club of AU-AMC held the Speech Choir Competition every year to honor the English Month Celebration. And this year was different, the students' performances were filled with new ideas and creativity. It truly showed the heart of the Mabinian Students for Arts and Literature.

The opening remarks were given by Ms. Lydia Terrado, (JHS & SHS Principal.) Her message is about the importance of celebrating the Englsish Month and how it can help empower the students for the future.

The competition started with the Grade 7 level performing the "Oh captain! My Captain" by Walt Whitman. It was followed by

the performance of the Grade 8 students of the piece "The Seven Ages of Man" by William Shakespeare.

The program then proceeded to the Grade 9 with their unique presentation of "The Creation" by James Weldon Johnson. Last to perform were the grade 10 students with their piece "The Road Not Taken" by Robert Frost.

Everyone was in awe with the effects, chants, and the twists that the students showed. At the end, 7- Bonifacio won in the Grade 7 level, while the 8-Gumamela claimed the winning spot for the Grade 8 level.

The deserving 9- Narra was the winner for the Grade 9 level while the 10- Newton was named both the winner for the Grade 10 level and as the overall champion for this year's speech choir. This successful event truly showcased the beauty and the hidden talent of the students in Arts and Literature.

Mock Defense Defended!

By Jave Mary Lacea

Innovation is an application which creates new ideas, thoughts or imaginations. In the world of science, people do not just study the phenomenon, animals, humas, and etc, but also innovate new applications or products that are helpful to the environment.

Last February 19, 2019, the AU-AMC Senior High School Department conducted an Investigatory Project Mock Defense for all Grade 12 STEM Strand students wherein they had to present their innovations through the panels. The mock defense consisted of four panelists: Mrs. Bernadette De Guzman, Mr, Christopher Tristan Sunga, Ms. Sharmaine Corpuz and Ms. Nikka Ella Tala. All of them are well known in the field of Research and Science.

There were lots of products presented, most of them using eco-friendly materials. One of the examples of the innovative products is a thread made from the banana midrib or the

center line of the banana leave as an alternative for abaca, which is known for the real supplies of threads and fabrics.

Creating new set of ideas help people think that in a small simple thing they can turn it into a big innovation.

Students from STEM Strand would like to extend their heartwarming gratitude to Mr. Jason B. Fabia, (Biology and STEM Coordinator), Ms. Sarah Lee Fedelin, (Physics Teacher), Ms. Charlotte Barangan, (Physical Science Teacher) and Ms. Glaisa May Gaño, Chemistry Teacher and also to the Adviser of the Research Investigatory Project.



PHOTO BY JASON FABIA

Ecobricks: A New Way to Recycle

By Sam Galdones



There are 25 trillion pieces of plastic debris in the ocean and every day. These plastic debris not only make the ocean water dirty but also endanger the lives of marine creatures.

Imagine a sea turtle getting stuck in a plastic bag, or a dolphin getting choked by a plastic straw, or even worse, fish swallowing small pieces of plastic. And guess who eat that fish?

Plastic waste is one of many types of wastes that take too long to decompose. Normally, plastic

items can take up to 1000 years to decompose in landfills. But the plastic bags we use in our everyday life take 10-1000 years to decompose, while plastic bottles can take 450 years or more.

If we keep on producing the same amount of plastic waste that consume at present, eventually there will be more plastic in the ocean than there are fishes and that is an alarming environmental and worldwide concern. The question now is what can we do with all the plastic waste that we have around us now?

One of our solutions can be eco-bricking. When we segregate, save, and pack plastic into bottles, we can create building blocks that can be used over and over again. An Eco-brick is a plastic bottle packed with clean and dry plastic to a set density to make an eco-friendly and reusable building block. These are used to make furniture, garden spaces, and even full-scale buildings such as schools and houses.

Together, we can make environment-friendly spaces that enrich our community and remove plastic from the earth's biosphere. Together, we can transition from plastic to ever greener harmony with Mother Nature.

This schoolyear, AU-AMC Elementary Department has adapted this solution in lessening the plastic waste in the campus. Each pupil was challenged to fill his or her own empty plastic bottle with plastic waste until it is compact enough to be an eco-brick. All eco-bricks will then be collected and planned to be used in making plant boxes this coming summer.

VIVA HUMANISTA!

By Alyssa Dayon

mance awed everyone and won him the singing competition.

On the second day, the 30th of January, the HUMSS Organization held a quiz bee competition among the senior high school students of all strands to test the knowledge and sportsmanship of every participants. The classes of HUMSS and STEM showed exemplary performance during the quiz bee competitions for their representatives won the single and group rounds of the said event.

On the third and final day on the 31st of January, the event was exclusive

to HUMSS students only. There was a team building activity headed by the HUMSS Department teachers that advocates better camaraderie and companionship among the students from Grade 11 to Grade 12. As the event closed, it was full of love and appreciation towards each one's sacrifices and hard work to make the event possible.

The teachers and students certainly did have a great time forming better connections and relations towards each other. With these activities and events, students and teachers can contribute to each other's growth and the community's.

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PAROKYA NI EDGAR ROCKS AU JAS

by Jamie Jane Gutierrez



PAROKYA NI EDGAR brings the house down as they perform their hit rock novelty songs. [Photo by Ronnel Maramot]

Rock icon Parokya ni Edgar brought the house down as they performed their novelty songs for Arellano University's Foundation Concert last February 19, 2019 at Jose Abad Santos Campus' Quadrangle.

The concert featured other artists like I Belong to the Zoo, Down by 18 and Traffic Jam. Folk artist I Belong to the Zoo opened the show around 4:30pm and ended their act with their hit single, "Sana". They were followed by bands Traffic Jam and Down by 18, performing their own songs and ended their set with a rendition of Bamboo's popular song, "Hallelujah".

Parokya ni Edgar started their set at seven in the evening with their song, "Buloy". After

every performance, they would say "thank you" and assure the safety of the audience. "Okay lang mag-enjoy, tumalon, natural lang yan pero, Pare, 'pag may babae sa harap o gilid mo, gagawin mo lahat para 'di sila matamaan o masaktan," as per Chito Miranda, the band's frontman.

After a small talk with the audience, they began their performance again with the songs "Sayang", "Silvertoes", "Harana" and "Inuman Na". The audience was hyped up even more and began shouting when Miranda said, "Pare, bitin pa 'di ba? Bitin pa! Kaya mag-text na kayo, "Mommy, Daddy, ayaw pa nila bumaba!" They even apologized to the school administration for ex-

tending their performance for an hour.

To spice things up a bit, they called two people from the crowd to sing their song, "Bagsakan". The audience also requested the band to perform "Your Song — My One and Only You". The concert ended with Parokya singing one of their hit songs, "Halaga".

"It was a great concert! I enjoyed it so much! Wishing to have more concerts to come!", said Anna Marie Garcia, a delighted Senior High School student who attended the show. "It was a solid and fun night. Thank you to all the bands who performed and to Arellano University for making this happen," said Raven Dela Cruz, a college student.

AU JAS celebrates Peace Pole

by Joy Delos Santos

The "Peace Pole World-wide Celebration 2019" is a day made to commemorate the diversity of religions around the globe and bring them together to pray for world peace. It is celebrated every first month of the year to welcome the New Year with prayers and peace.

The day was celebrated in Arellano University — Jose Abad Santos on January 30, 2019 with the theme "May Peace Prevail on Earth". The program started at 9 AM, which was emceed by Ms. Sofia Amor Morales, AUSSC Secretary. Opening remarks were then delivered by Ms. Eleine Visda, Office of Student Affairs (OSA) Branch Head. There was also an intermission number by the emcee herself together with Mr. Iman Patrick Kiamco.

The prayers then began and were offered by three representatives from three different departments — Ms. Maricel Dinong from the School of Hospitality and Tourism Management, Ms. Louella Oclares from the School of Computer Science, and Ms. Noraisa Sarip from the College of Nursing. The program concluded at 10 AM with closing remarks given by Ms. Vanessa Faye Cas, the student council's P.R.O.

PolSci holds Thanksgiving Party

by Mariel Catalan

Political Science students staged their year-end party at the Arellano University Jose Abad Santos Campus Lobby last December 20, 2018 to celebrate The Parliamentarians' successful events, and came "united as ever in the pursuit of progress" as they welcome the new year with confidence.

College of Arts and Sciences (CAS) Dean Pastora Ligayu attended said event and gave a message showing her ever support for the students.

Highlights of the event were the set of games administered by the officers of The Parliamentarians and the presentation of the organization's accomplishments proving a very fruitful year it had been for them.

The president of The Parliamentarians, John Alec Cudal, gave a few words for the closing remarks.

When asked about Cudal's plans for the next academic year in an inter-

view with him, he says, "I'm planning to run for the position of AUSSC President. It's about time to act and do what I think is right and will truly benefit, not just my course mates or my department, but all the students of AU JAS."

Furthermore, he adds, "We're going to open the [AUSSC] office for all the departments and it will never be limited to a single department or group. The voice of the students will be heard and necessary actions for their good will be the main goal of my administration if I will be elected."

AUSSC elections will be conducted on February 26.



Tuition Fee Hike

by Mica Caresusa

Last February 22, 2019, Arellano University Jose Abad Santos (AU JAS) Campus called for a meeting at the University Library regarding the university's tuition fee increase.

Deans of different departments, representatives from senior high school, some college students, faculty members and JAS Assistant Vice President

Mr. Gary C. Huang attended the meeting.

The people involved addressed the reasons behind the increase, as well as each of the attendees' stands and opinions on the issue. To sum it all up, further improving the school services is everyone's main reason for agreeing with the fee hike.

The assembly ended well with closing remarks from Mr. Huang.

FEATURE

INTRODUCING AB ENGLISH

by Joshua Diolola

Still confused which course you should take up in college? Are you into language studies, writing stories, novels and communications? Then, Bachelor of Arts in English is the best fit for you!

Bachelor of Arts in English is a four year degree course under the College of Arts and Sciences in Arellano University Jose Abad Santos Campus. It is designed to help students who want to be globally competent in their crafts as English Majors. The CAS faculty is dedicated in providing the necessary skills and trainings needed to nurture a student's potential as a writer, a language educator, a communication specialist and other related jobs.

Moreover, AB English students' mother organization in the university is the official student publication, The Standard. Aside

from the academic and monetary incentives campus journalists receive, their writing skills are being molded, which is undeniably applicable for their studies and will surely help them tremendously when applying for jobs.

Graduates of AB English can pursue various careers in academics, broadcasting, performing arts, publishing, advertising, proofreading, journalism, human resources, law, etc. Alumni of AU JAS who took up AB English are currently content writers, feature writers, proofreaders, language proficiency evaluators, and administrative staff. There are also who are law students that used the course as their pre-law.

AB English may not be known by many but it is apparent that it is reliable to lead a student to the dream job they wish to attain.

The Standard JAS holds Open Mic

by Christine Joy Malaca

Arellano University Jose Abad Santos (AU JAS) Campus' The Standard held an event last February 18, 2019 at the Open Lot called "An Open Mic: Let Your Heart Speak" in celebration of the month of love.

The program started around three in the afternoon, with participants from both senior high school and

college. The event encouraged everyone to perform or share through an open mic and thus, the participants presented spoken poetry, confessions, speeches and shout outs. The event was a huge opportunity for students to let their emotions and creativity be free. Some from the audience even gave their own advice to some students.



SHS students participate in open mic. PHOTO BY JERIEL FAUNE

Everyone who joined were given pre-loved books and new school supplies as a token for taking part.

"No man is an island", as

the saying goes. The open mic let the participants feel that they had someone to share their thoughts to even just for a day.

The Standard JAS is looking for new writers, photo-journalists and layout artists! For inquiries, visit our FB Page: TheStandardArellanoU



BUSINESS AND COMMERCE STUDENTS

by Maria Liza Cabel

The Arellano University Supreme Student Council (AUSSC) of Jose Abad Santos Campus started 2019 with their annual event, Mr. and Ms. Arellano University wherein once again, they impressed the crowd with their arrangements and planning which gave the affair a successful outcome.

It was held at the University Quadrangle on January 14, with the theme “Innovation of the Old Generation”.

Each department had its own representatives to showcase. All possessed beauty, talent and brains as these six females and seven males competed for the crown: College of Medical Laboratory Science’s Channelou Cacharro and Kenneth Vidal; College of Nursing’s Ma. Theresa Ipulán and

Iman Patrick Kiamco; College of Arts and Sciences’ Kimberly Rose Calimlim and Panfilo Bayacag; School of Business and Commerce’s Ma. Lyndee Baloja and Laurence Delos Santos; School of Computer Studies’ Louelah Mae Rarang and John Paulune Roque; School of Education’s Romnick Bangate; and School of Hospitality and Tourism Management’s Azynette Mae Deleon and Bryan Odtohan.

The pageant was divided into two parts: the Talent night and the Coronation night. The first part showcased the contestants’ skills and talent.

The coronation, on the other hand, is more extravagant as it featured the contestants’ production wear, vintage theme wear and formal wear. After the

awarding of minor awards, the top 3 were announced, promptly followed by the Question and Answer portion. The remaining candidates took their final walk as they were being serenaded. Before the announcement of winners, Ms. Sofia Amor Morales, the AUSSC secretary delivered the closing remarks.

Both Business and Commerce candidates, Laurence Delos Santos and Ma. Lyndee Baloja, were crowned as this year’s Mr. and Ms. AU Pasay 2019. All cheered for their favorite candidates, no matter what the course and year level. Even the professors and deans also rooted for their representatives.

It is nice knowing that this kind of occasion unites everyone even just for a night.

ALUMNI



> FROM PAGE 1

Not only did Angela soar high during her time as a student, she is also raising the bar in the real world as she currently works as an Executive Assistant to the Office of the President in one of the top shipping companies in the Philippines and Southeast Asia.

“Being part of the real world is ten times harder than what we think it is! You are now responsible to pay for your bills, and save up for your future if you don’t want to experience the YOLO motto. You’ll be the ‘I am now an adult making adult deci-

sions”

As she continues to strive in life and keep pursuing her goals, Angela never did forget her roots even as she looked at the future and what it has in store for her. She credits her journey as a student in AU JAS for being the ground and platform that prepared for the real world, and of course her challenging yet fun time as a part of The Standard.

When asked if she has any message to the current and future members of the organization, Angela not only left us with words to motivate ourselves to do better, but she also highlighted an important lesson:

camaraderie and family.

“This will test you and your group. Your willingness, determination and initiative to help, contribute, learn and complete your task will establish a good barrier to make your foundation strong and effective. Sacrifices are always present to any kind of organization. Issues and complains as well. But here’s the thing--without these aspects, you won’t grow as a group. That group will be your family while you’re in AU JAS. Your test now is to keep it, keep that family till the end of term.” - MIGUEL CAMPOS

THE STANDARD JAS
BATCH 2015

PHOTO BY: TOP
JOSELITO CALEON

BOTTOM ANGELA
MAGPANTAY



SHE DID THAT!: A Tribute to Filipinas in Art

In honor of women’s month this March, The Standard JAS features Filipinas who



DWEIN BALTAZAR
Cinema

Baltazar is a screenwriter and director who made waves last year at various film festivals with her two award-winning films, *Gusto Kita With All My Hypothalamus* and *Oda Sa Wala*, that both touches on women’s issues. She will be conducting lectures on screenwriting and directing at Cinema Centenario on March 23 and 31.



ELAINE CASTILLO
Literature

Castillo is a Fil-Am writer whose debut novel, *American is Not the Heart*, received widespread acclaim both in the United States and in the Philippines. Her novel touches on the Filipino experience in America, as well as the conditions of working class queer women. The book is available at various local bookstores.



LIZA CRESPO
Architecture

Crespo is an architect pioneering sustainable green building designs and residences in the country. Formerly based in New York, she brings sustainable design in the PH through Liza Crespo Ecotecture, her firm. She was one of the first Filipino architects certified as a LEED (Leadership in Energy and Environmental Design).



EIZA JOCSON
Dance

Jocson is a contemporary dancer and choreographer, and a visual artist. She is a recipient of the 2018 CCP 13 Artists Award for her triptych work that probes on the representation of the dancing body in the service industry. She is commissioned to do a new performance work in Sharjah Biennale 2019.



SHAIRA LUNA
Photography

Luna is a self-taught fashion and advertising photographer, previously known as Promil’s “gifted child” back in the 90s. Aside from her commercial works, she is noted for her nostalgia-tinted photos. She recently released a visual short story collection entitled *Playing Long After Us*, published by Summit Books.



LIV VINLUAN
Visual Art

Vinluan is a visual artist whose range varies from paintings to mixed media pieces to 3D structures. She has been nominated and shortlisted for several art prizes. Her work, titled *Nung Gamba-lain Yung Sayawan*, will be featured in this year’s Art Fair Philippines, wherein she will “bring textile quality to paper”.



LEANNE & NAARA
Music

Singing-songwriting duo Leanne and Naara are known for their smooth and soothing songs like their hit singles, *Again* and *Someday*, which easily made them one of the local music scene’s most sought-after acts. They recently dropped their new single for 2019 titled *Overboard*, available for streaming.

FEATURE

On Passion and Social Pressures: Insights from IV of Spades’ Bawat Kaluluwa MV

by Jeriel Faune



OPM is far from being dead.

Our local music industry is flourishing and thriving with inimitably talented artists, particularly in the independent music scene. Indie rock band *IV of Spades* is definitely one of them.

The three-piece outfit recently dropped the music video (MV) for their song “Bawat Kaluluwa”, shortly after releasing their debut album ‘*CLAPCLAPCLAP!*’ In collaboration with Two Fold Media, like the band’s previous MVs, the creative direction and stunning cinematography never failed to please but what’s noteworthy about this new MV is its meaningful message – both in its music and visuals – that I infer focuses on one’s sense of purpose and passion.

As kids, some already know what they want to pursue in the future, whether it’s business, science or the arts. Then again, life doesn’t always go the way we want it and end up engaging in different careers either out of necessity or as imposed by social norms. For instance, in our country, a lot of us are discouraged in pursuing fine arts or humanities courses at a young age. “Passion and happiness won’t buy you a meal,” as they say. The pre-chorus verse of the track cleverly summa-

rizes this as “*Pinosas ang kamay ng bata / Upang ito’y maging isang sunod-sunuran...*” and because we have this tendency to please other people, we shackle and trap ourselves (best symbolized by the goldfish in the MV) to the standards of the world, forever fitting in.

The same could be said for the boy in the MV, as he finds himself lost in the woods in his dream. He encounters and is haunted by another version of himself as the video progressed. It’s noticeably a metaphor – the boy is lost and continues to lose his way as he goes further away from his own aspirations. His passion (as represented by the clone) haunts him, waiting to be followed. Ultimately, he chases the elusive twin, stumbling in the process.

The boy felt like giving up, as anyone would feel when we think it may be too late or we can’t do it, but the trio offers hope in the bridge of the song, singing “*Subukan mo lang, subukan mo lang / At makakaya mo / Baka sakaling matanaw ang nawala...*” There is hope in trying.

I think it’s impressive of IV of Spades to send important messages to their listeners, the young ones especially, and in the case of *Bawat Kaluluwa*, I deem it’s to not lose sight of your passion and live life the way we chose it to be, not as what others dictate it to be.

Leadership Towards Success

by Ricky Gabilo

Arellano University Supreme Student Council (AUSSC) of Jose Abad Santos Campus conducted their *miting de avance* for the election of new council members for the next school year last February 23, 2019 at one in the afternoon at the University Lobby.

Two party lists introduced their roster and promoted their platforms they seek to implement if they are elected. LEAD Partylist began and followed thereafter by the LA INDEPENDIENTE Partylist.

For La Independiente, their platform is called I.S.O.L.I.D. — the “I” stands for information dissemination, “S” stands for student welfare, “O” stands for

organizational support, “L” stands for learning innovation, “I” stands for involvement of society, and “D” stands for dynamic project.

On the other hand, the LEAD’s platforms are connectivity among students, faculty department, and the student council. They long for humble servanthood by doing more and less talk regarding adopting the old successful activities of the previous administration. Lastly, they seek to improve and enhance the ideals of every student when it comes to leadership and governance.

After the platform presentation, both parties debated and addressed situational problems in AU JAS presented by the COMELEC officers and the audience.

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A Week for the Political Science Society

By Mohamm Saheb Castulo

The Political Science Society held their Political Science Week last January 30 to February 9, 2019. They started their week with the Battle of the Brains: A Political Science Debate intended for Political Science students. It was conducted using the Asian Parliamentary format which composes of two teams- the Government side which is the affirmative and the Opposition side which is the negative. Dr. Rodrigo Costales headed the panel with Prof. Valerie Miranda, English professor and Prof. Florencia Membrebe, Political and Social Science Professor.

The Government side was composed of Alleta Camero (Prime Minister), Irvinzor Gallardo (Deputy Prime Minister), and Rainier Ace Cordero (Government Whip) while the Opposition side was composed of Jhon Aldrin Peripinan (Opposition Leader), Amadeus Quiaoit (Deputy Opposition Leader), and Jonel De Leon (Opposition Whip).

It adopted the following resolution: “Resolved, that Taiwan be recognized as a state by the United Nations”. They were given 7 minutes each to rebut and deliver their arguments. In the end, the Opposition side prevailed in the said debate with Mr. Jhon Aldrin Peripinan recognized as the Best Speaker and Best Debater.

On the second day, they held the Quiz Bee in Philippine History, Philippine Government and Rizal, which was open to all College students at the AU-AB Lobby. The event proper started at 2pm with the Invocation and singing of the Philippine National Anthem.

Dr. Rebecca M. Gallardo, Dean of the College of Arts and



The AU-AB Community rocking out at the 81st Foundation Week concert.

Parokya ni Edgar Invades Andres Bonifacio!

By Ma. Laura Jessica P. Calvadores

Wild screams could be heard from the students of AU-ABC as Parokya ni Edgar performed in the campus quadrangle last February 22, 2019.

And who wouldn’t scream? Parokya ni Edgar is a legendary band that even today’s generation are still singing their songs. With just hearing their name, we just can’t help but fall in love with their songs all over again.

The Chiefs warmly welcomed Parokya Ni Edgar as they made their last stop on the last day celebration of the 81st Foundation Week of Arellano University with the theme of “The Horizon”. This culminating event was

Sciences, gave her opening message. It was participated by six departments. The Quiz Bee ended up with AB English winning the 1st place followed by the Criminology and SBA as the 2nd and 3rd placers, respectively.

The celebration of the Political Science Week ended with a film showing and a Symposium on Federalism and Cyber Bullying with Dr. Rodrigo Costales and Prof. Rolando Panaligan as speakers.

hosted by Mr. Sherwin Punla from the School of Hospitality and Tourism Management. All the students from Senior High School to College Departments, as well as the alumni, were invited to come and watch the most awaited performances.

But before the band performed, various artists and bands showcased their masterpieces. And AU-ABC was just so proud to present Traffic Jam as the opening act. They are an upcoming band composed of SHS students who competed in the Final Eliminations of NCAA Battle of the Bands 2018. They performed their own rendition of *Kung Ayaw Mo Na*.

It was then followed by I Belong to the Zoo,

which serenaded the hopeless romantics with their heart-breaking songs. Argee Guerrero, the front man of the band had the audience reminiscing in a wistful intimate experience with “Porter”, “Courage”, “Balang Araw” and “Sana”.

Down by 18 took the spotlight by singing some Eraserheads’ nostalgic songs that made all the students sing along with them.

The night’s chill started to embrace the audience; yet they were still hyped waiting for the main act. Hearing the strum of guitar and seeing Chito Miranda, Parokya Ni Edgar’s front man, finally taking the center stage just made the audience ever wilder. The band first performed “Buloy” followed by some of their famous songs such as “Para Sayo”, “Silvertoes”, “Inuman Na”, “Harana”, and “Laging Mong Tatandaan”.

When *Bagsakan* performed, Miranda called for two volunteers to take the late “Master Rapper” Francis Magalona and Gloc-9’s fast-flowing vocal parts in the song.

To end the concert, the band performed “Your Song” and “Halaga”.

What made the concert special was the fact that at the end of every song, Miranda never forgets to say his gratitude for the support that Parokya ni Edgar always receives.

It was surely a night of memories that as long as music is going on, will always be remembered.



TOP: AU-Jose Rizal Campus
BOTTOM LEFT TO RIGHT: Chiefs Dance Company and Unknown 2.0

AU Showdown: A Showcase of Talents

Arellanites are known for their many talents and one of those is heating up the dance floor. Last January 30, 2019, held at the AU-ABC, students from all Arellano University campuses showcased their creativity and talents in the friendly competition *AU Showdown 2019*. It was organized to recognize the ever-talented students from the Elementary, Junior High, Senior High and College Departments of all Arellano University campuses.

The program began with the Opening Prayer led by Yshmaella S. Dela Cruz, the AUSSC-Pasig Secretary. The Head of the OSA, Professor Ronald F. Acob, gave his welcoming remarks to be followed by Assistant Vice President, Maria Paz A. Magsalin.

The showdown kicked off with the Elementary Division followed by the Junior High Division, the Senior High Division and finally the College Division in which all campuses participated on this year’s Showdown.

After the performances from the different divisions, the AU Dance Company graced the dance floor with an intermission number.

AU-JRC were crowned as the Champion for the Elementary, Junior High, and Senior High Divisions while Andres Bonifacio Campus claimed a back-to-back win for the College Department.

The program ended with the closing remarks of Prof. Robert John O. Robas, the Adviser of AUSSC-Pasig.

Yet again another successful AU SHOWDOWN it was. To all aspiring dancers out there, start warming up for next year’s AU-Showdown! - **JOSHUA DAVID IGNACIO**



Top 5 Mr. and Ms. Arellano University-Pasig 2019

> FROM PAGE 1

What an unforgettable moment for Arellano University-Andres Bonifacio Campus for winning in the recently held Mr. and Ms. Arellano University Inter Branch 2019. For the very first time, our very own representatives from the Junior High, Senior High, and College Departments brought home the titles. It was surely a tough night as they competed with the different representatives of each Arellano Campuses. But as what is always said in beauty pageants, only one will win the crown. No words can express

how proud the whole Arellano University-Pasig community is of this achievement. We proudly congratulate Shushara Maiso and Andrew Linus Hernando, Mr. and Ms. Arellano University 2019 Junior High Department; Miracle April Ides Ellis Kildoyle and Renz Anthony Salgado, Mr. and Ms. Arellano University 2019 Senior High Department; and, Jhanna Allysa Calingo and Danielle Q. Garcia, Mr. and Ms. Arellano University 2019 College Department! Congratulations to all the winners. May you keep your true beauty, wit intelligence, and confidence as you strive harder in fulfilling your advocacies.

- Male**
2nd Runner-Up : Davies Bombales
1st Runner-Up : Rod Angel Alcantara
Mr. Arellano University-Pasig 2019 : Danielle Garcia
Female
2nd Runner-Up: Jemimah May Remo
1st Runner-Up: Maria Ilieme Bitare
Ms. Arellano University-Pasig 2019 : Jhanna Allysa Calingo



Crowning Moment for the AU-ABSHS

By Julius S. Macapinlac

For the third time in a row, the Senior High School Department of AU-ABC held its Mr. and Ms. Arellano University – Pasig SHS 2019 at the Campus Quadrangle last January 11, 2019.

The event was organized by the Supreme Student Government in cooperation with the OSA and different strand organizations and participated by selected pairs from the different strands of SHS.

The candidates showcased their beauty, intelligence, confidence and talents in promoting the essence of being a proud Arellanite. Students from different strands supported their colleagues.

As the highlight of the competition, candidates showed off their beauty and confidence their Post-Modern and Formal outfits they walked down the stage.

The most nerve-racking part of the pageant was the Question and Answer Portion, which showcased their intelligence and advocacies as they answered questions on current social issues.

In the end, the Accountancy and Business Management strand grabbed the titles as Mr. and Ms. Arellano University-Pasig SHS 2019. These representatives were sent to the Inter-Branch Edition of the Mr. and Ms. Arellano University 2019.

AU SHOWDOWN 2019 WINNERS

Elementary Division

- 2nd Place – AU-Mabini Fresh Kiddos
- 1st Place – AU-Jose Abad Santos Campus

Champion- AU-Jose Rizal Campus

Junior High Division

- 2nd Place - AU-Jose Abad Santos Campus
- 1st Place – AU-Andres Bonifacio Campus

Champion - AU-Jose Rizal Campus

Senior High Division

- 2nd Place: Phoenix Dance Company
- 1st Place: ATTITUDE
- Champion: Chiefs Dance Company

College Division

Champion: Unknown 2.0

81 Years with AU-ABC

By Monette Ann Siman and By John Paul Reyes

For AU-ABC, February is its foundation month and 2019 marks its 81st anniversary. A week-long celebration was held with fun and exciting activities that the students enjoyed.

The AUSSC-Pasig President Alexander F. Garcia opened the celebration by heading the Opening Parade, presenting the Supreme Student Government of the Junior High and Senior High Departments and the different Academic and Non-Academic Organizations of the College Department. To welcome the spirit of sportsmanship and teamwork, a torch was lit by Johnhel Magtubo, a Criminology student.

Our beloved Assistant Vice President, Maria Paz A. Magsalin warmly welcomed everyone into the 81st Foundation Week. And what a surprising day for AVP for she was given a bouquet of flowers and a Happy Birthday song sung by the whole community.

Mr. Alexander F. Garcia also gave his short message of gratitude and encouragement on joining the festivities. To end the opening ceremony, the highly requested Rizal Play directed by Professor Orlando Dumangcas was performed.

Afterwards, booths were fully opened. The Criminology Department prepared a Jail Booth wherein once students step on the circles drawn on the ground, they ended being locked up either to wait to pay the time or just simply pay the amount needed.

The Political Science Department let students sing a song for only 5 pesos on stage. The Education Department served sweet crowd-favorites like mais con yelo, marshmallows, palitaw, nachos, and more. The School of Business and Accountancy had fun games such as beer pong in their booth while the Information Technology held a puzzling game with a photo booth. Of course, the Senior High Department also prepared their very own booth offering delicious lumpia.

AU-ABC Sportsfest Inter Department Cup

Simultaneously, the weeklong Sportsfest Inter-Department Cup was held, spearheaded by Mr. Mohamm Saheb Castulo, AUSSC-Pasig Vice President for External Affairs.

It kicked off with the first basketball tournament with Computer Science Department, Information Technology,

Criminology Team-A, HRM Team-A and the SBA Department emerging as the winners. The second day winners were IT, Criminology Team A, Psychology Department, SBA, and HRM Team-B.

The third day was the critical stage for the teams to either win or lose their games. Three sets of games were played with HRM Team-A as the champions.

It was also on the third day that the volleyball games for both Men and Women’s Division began. Two sets were played. For the Men’s Division, the IT Department and SBA won. Meanwhile, for the Women’s Division, IT and Criminology were crowned as winners. The battle continued on the fourth day with the IT and SBA Department advancing for the Men’s Division and the IT and Tourism Department advancing for the Women’s Division.

The Chess competition kicked off on the fourth day with 10 contenders with Rogelio Serdan taking the Championship title. Ian Mark Rosas and Erol Mc Rae Averilla won 1st and 2nd places, respectively.

Finally, here comes the fight for the Championship title. Excited screams filled the venue as the different teams were preparing for their fights for the title as the strongest team in Basketball and Volleyball. Unfortunately, Criminology Team-A was not able to win the back-to-back Championship as they lost with 68 points against the IT Department’s 78 points.

And this year is truly Information Technology Department’s year as they also brought home the Championship title for both the Volleyball Men and Women’s Division.

Danielle Guatlo, SBA; Irvin Oscuro, Crim; Alvin Lee, Crim; Aaron John Laurente, IT; and, Shawn Darell Eugenio, HRM constitutes this year’s Mythical Five.

Angelo Montes from the Criminology Team-A was the Seasons Most Valuable Player while Jason Decujos was the Finals Most Valuable Player for the Basketball games.

Jhonrex Rances, SBA, was the Seasons Most Valuable Player while Jhec Villanueva, IT, was the Finals MVP for the Volleyball Men’s Division. For the women’s division, Alexis Manalansang, HRM, was the Seasons MVP while Princess Binondo, IT, was the Finals MVP.

SUPER SIREYNA QUEEN of AU-ABHS 2019

By Azeeza Garcia



The Board of Judges from left to right: Mr. Junjun Loro, Ms. Angel Dumalay Sequite Alferos, and Ms. Xandra de Guzman.

Last February 20, 2019, the AUSSC-Pasig headed by the Vice President for Internal Affairs, Ms. Aimmerine G. Sumagaysay, held the Super Sireyna Queen of AU-ABHS 2019. It was organized to give our fellow Arellanites who are part of the LGBT community to showcase not just their beauty and humor but also their intelligence.

Hosted by Mr. Sherwin Punla, the event started with the opening remarks of AUSSC-Pasig’s Adviser, Professor Robert John O. Robas. It was then followed by the introduction of the Board of Judges which was composed of Mr. Junjun Loro, Ms. Angel Dumalay Sequite Alferos, and Ms. Xandra de Guzman.

As the theme of the pageant was Indigenous Authenticity, the 17 candidates flaunted their creative and astonishing outfits as they introduced their selves with witty punchlines and quotes.

Afterwards, Top 8 then displayed their beautiful Formal Wears as they charmed the audience with their unique auras. They were Clyff Noromor, ABM;

Aishley Bautista, ABM; Karl Buen, HUMSS; Justin Ordonez, HUMSS; John Michael Garcia, HUMSS; Ralph Lucky Marundan, HUMSS; Jason Somido, Tourism; and, Jasper Cargullo, SBA.

The Question & Answer Portion came next, which tested the intelligence of the candidates.

As a tradition, Super Sireyna Queens of AUP 2017 Barbara Pena for the College Department and Carl Louis Laya for the Senior High Department took their farewell walks and speeches of gratitude and excitement for the new set of queens.

Clyff Noromor was crowned for the Senior High Department and Jasper Cargullo for the College Department as the new Super Sireyna Queens of Arellano University-Pasig 2019.

Karl Buen and Aishley Bautista won 2nd and 1st Runner Ups, respectively, for the Senior High Department. While Jason Sumido, Tourism won as 1st Runner Up for the College Department.



The Champion: The I.T Department

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Showcasing Humanista's Hidden Talents

By Meira Conde

The loud and lively music welcomes the HUMSS student of Arellano University in the early morning of Tuesday, February 26, 2019, as they celebrate the opening of HUMSS Week. The happiness that the students feel is evident on their smiles as they welcome the HUMSS Week. The stage is adorned with different designs prepared by the HUMSS Officers. Everyone is excited as they commenced the opening program. What excites the students more are the different contests that they can join.

The *Humanistas* were able to showcase their talents with the different contests prepared by the HUMSS Officers. Many students joined the different contests but only few made it to the top.

The following individual won their respective contests throughout the week-long celebration:

- **Denver Abin from HUMSS 12-** won the singing contest,
- **Eunice Astrid Villagrancia from HUMSS 11-1A** won the essay writing contest,
- **Levie Claire Delabajan from HUMSS 12-** became the back-to-back champion for winning the quiz bee contest again,



Innovations for the Future

By Christine Paraguison

The minds of the young are inquisitive, always desiring to learn and to know more. To enhance these sharp minds of the students, an oral defense and presentation of Science Investigatory Project was held at Arellano University – Elisa Esguerra Campus on February 27, 2019.

As part of their subjects Work Immersion and Research Project, the Grade 12 STEM Students AM and PM Shift from different sections presented and defended their Investigatory Project.

An Investigatory project is basically any science experiment where you start with an issue or problem and conduct research or an investigation to decide what you think the outcome will be. The presentation is filled with many innovations and experiments done by the students. Many of the

SETTING NEW TRENDS: MR. AND MS. AU-EEC 2019

By John Cedrick Regenio

The various beauty and wit of 21 candidates representing different strands amazed the crowd of Arellano University-Elisa Esguerra Campus on January 24, 2019 at the university grounds in celebrating Mr. and Ms. AU-EEC 2019 coronation night. This year's pageant set trends on the university under the annual unique theme "Setting Trends".

The crowd was hyped by the presentation of the candidates wearing their Avant Garde Theme Wear, Casual Wear, and Formal Wear. It was indeed a cross-movement of fashion and pageant. The main goal of this pageant is to showcase the beauty of fashion and creativity of living by people pinning the posture and poise of candidates.

Out of all the contestants, only 5 pairs of candidates made it to the final round. Each was asked a question which reflects the current state of the society and the youth. The candidates proved to everyone that they are not only poised and beautiful, but who also understand the current situation of the society and can think of its possible solution.

At the final stage of the pageant, the contestants from Accountancy, Business and Management and Humanities and Social Sciences were battling for the crown and title. In the end, the candidates from Humanities and Social Sciences, Mr. Delbert Jewel Natagoc and Ms. ChastineMooc, won thus making a back-to-back win for the strand in this event.

- **Jake Laurence Deang, Carlo Transpaderme, Angelie Kyle Laclac, John Carlo Fabi, and Debate Captain Miguel Luis Campos from HUMSS 12-6A** won the Debate Competition.

The Humanistas also joined the Basketball and the Volleyball competitions. They showed their teamwork and discussed their strategies with their teammates. Their determination to win is evident in their actions as they doing their best to win the competition. In this event, the *Humanistas* were able to show off their skills and proved to everyone that they are talented and com-

petitive inside and outside the classroom. With the help of Mr. Francis Jay De Guzman, the Club Adviser of HUMSS Club, the event is a success. In spite of the hectic schedules, job interviews, and piles of requirements, the Humanistas still did their best to celebrate and participate in the HUMSS Week. Their smiles never left their faces because it was indeed an amazing and spectacular event. This event will never be possible without the efforts of the HUMSS Officers.

experiments presented are aimed to make life easier without harming the environment.

The Research Coordinator, Ms. Nikka Bonaog, chose the best Science Investigatory Project from the STEM Strand to compete with other Strands (HUMSS, ABM, GAS and TECH-VOC) for the Inter-Branch Research Colloquium of Arellano University. In the end, the Investigatory Project entitled, "E-Bank Generator as an Alternative Electric Power Source" by the group led by Mr. Carlo Venz Nicor was chosen.



> FROM PAGE 1

Around 3:40 pm, The Masters of Ceremony, Mr. Robert Alabos, Ms. MarideshZafe and Mr. LeomerDela Torre, started the program through an Arellanite rendition of the classic game Hip-hip hooray; this was followed by an amazing performance of the Arellano University-EEC Dance Company and was followed by the singing of the Invocation and the singing of the National Anthem and the Arellano Hymn.

At 4:30 pm the first performer, I Belong to the Zoo, started their performance with an enthusiastic response from the crowd. The songs rendered were *Balang Araw, Porter, and Sana*.

After the breathtaking performance of I Belong to the Zoo, a second performance of AU EEC Dance Company with their coach Mr. Jay-ar Banua mesmerized the crowd. To the cheerful glee of the crowd, the second performer, Arellano University's La' Auxion, played a variety of OPM and Classic Pop songs to the crowd's enjoyment with a few being *Sa Isip mo,*

In an interview with Mr. Delbert Jewel Natagoc, he expressed his happiness on being crowned as the new Mr. AU-EEC

"Of course, I am so happy for being the Mr. AU-SHS of our branch. But besides that, I see it as a responsibility more than anything else. Mr. AU means being obligated to be an inspiration for

Anong Nangyari sa Ating Dalawa, Buwan, Sa Ngalan ng Pagibig, The Scientist, and Tadhana. This was then succeeded by the 3rd performer for the night "Down by 18", which began their stunning performance at 6:07 pm. A number of OPM and Pop songs were played with some being *Mundo, Ilsyband Buwan.* The group had a promotion online; the mechanics of the Valentine's Day Giving of Freebies was explained and were subsequently awarded to the lucky winners.

The final and the crowning performer of the night, Parokya ni Edgar, started at 7:45pm with the crowd responding with overwhelming cheer and clap from the ground to the students and teachers up in the buildings B and C. The songs played were *Halaga, Silvertoes, Your Song, Bagsakan, Buloy, Harana, Para sayo* and *Inumanna.* Time to time Chito Miranda gave out free water and interacted with his adoring crowd. At exactly 8:50pm the concert officially ended, history has been made for Elisa Esguerra Campus, and the students were filled with joy for seeing their favorite bands.

everyone and to mark and bring positive impact unto Arellanites' lives" he said.

The title holders also represented the Elisa Esguerra Campus in the Inter branch competition of Mr. and Ms. AU-SHS on March 1, 2019 at Arellano University – Juan Sumulong Campus in Legarda.



Celebration of Uniqueness: AU-EEC's Ikatlong Lahi 2019

By John Mark Aton

Arellano University-Elisa Esguerra Campus commenced the Ginoo at Binibining Ikatlong Lahi 2019 Pre-Pageant: Talent Show last February 15, 2019. The event was supervised by the Humanities and Social Sciences Club or known as The HUMSS Republic. The event aims to showcase the different skills and abilities of the LGBT students. The Pageant includes the candidates' pictorial and the showcasing of their skills in different fields. The candidates gave their best pose that shows their strong desire to win the crown. They also presented their different talents. Everyone were amazed on each candidates aptitudes and talents.

This event showed us that

the LGBT community plays an enormous part in our society. However, acceptance is not easily given to them by the people. They are discriminated by others. But even if numerous judgments and insults are thrown to them, they remain strong and brave in handling their temper and maintaining their happy attitude just to keep everything straight and in right condition.

The Coronation night will be held on March 15, 2019 and will take place at AU-EEC's ground. On that event, let us all show your full support and acceptance to their community. Best wishes to our aspiring LGBT Beauty Queens and Kings, and see you all out there Arellanites!

Gems of EEC '79 Grand Reunion

By Lardine Agustín

Reuniting once more are the precious gems of Arellano University Batch 1979 with their 40th year anniversary, held at the Multi-Purpose Hall of Elisa Esguerra Campus. It was indeed the grandest reunion they could have. Meeting in one room are the different former sections of their batch which are proud to represent their jewels-Olivine, Ruby, Sapphire, etc.

The celebration started with the proper formalities and speeches from the officers. Along with these inspirational messages is the one which came from Mrs. Maria Lourdes G. Mudlong, their former teacher and the current principal of the campus.

The Alumni from this batch left a common denominator as they pass the authority for those who are about to be the first group of graduates of the Senior High School. *"Everyone starts from the beginning. It is just a matter of time before you realize that your journey is not long enough, so might as well leave a legacy on your way to the ending."*

Fiesta Republica: Dulansangan 2019

By Jebelyn Aquino

Thursday, January 17, 2019, The City of Malolos, Bulacan, opened the 9th "Fiesta Republica", a week-long celebration with the theme; *Mito at Alamat ng Bayan mga Halaw sa Kasaysayan ng Sambayanan* in tribute to the commemoration of the 120th anniversary of the First Philippine Republic.

Different cities and provinces participated in the "Festival of Festivals" including Pampanga, Nueva Ecija, Bago City, Navotas City, and of course, Malabon City.

The *Tanghalang Bagong Sibol Theater and Dance Co.* showcased the history, the myths and legends, and the culture of Malabon City. As members of the said group, some students from Arellano University - Elisa Esguerra Campus have participated in the said event. Their jaw-dropping performance won the 2nd place award. The students who participated on the said event are the following:

- **Eunard Baguio** (GAS 11-1P)
- **Charles Mendoza** (Cookery 11 - 2P)
- **Marwin O. Arguelles** (STEM 11 - 1P)
- **Marc Cedrick Aspele** (HUMSS 11 - 5A)
- **Christian Dave S. Cabujat** (GAS 12 - 1A)
- **Renz Paulo Q. Rimon** (HUMSS 12 - 6A)

This certifies that Arellanites are not only talented in academics, but also in a lot more aspects inside and outside of the University. Hail to the Chiefs!



Passing on the Torch

By Miguel Campos

As Elisa Esguerra's first batch of students since its re-opening last school year prepares to graduate, vital campus organizations like *The Standard* are looking for worthy successors of carrying on the legacy and the prestigious lineage of being part of the school newspaper. For now, let me share with you my reason joining the organization and perhaps inspire you into joining.

Just like how titles and responsibilities of royalty are passed through generations, the same can be said for the *Standard*. The duties of a journalist and of a writer are to shine light on relevant and influential topics that are still unknown by the public, to make people aware on the happenings that shape our world, and to give soul and life to human expression through the use of words, witty diction, and drawings respectively. Once you are part of

the *Standard*, you will play a pivotal role in school affairs, you will cover important events that, for many of us, will be memorable, you will write about influential and relevant topics that shape our world, and you will see and be a part of the inner workings of an organization that strives to show the truth. You will be, in essence, the record keeper, the historian of your batch. It is you whom your fellow Arellanites will look, like a lighthouse on a stormy night at sea, to guide them, to shine the light for them, and to be their herald.

To all aspiring writers and journalist, the door is now open for you. The opportunity to be part of a historic organization that from the time of the Martial Law until today is still standing up for human rights and press freedom, playing a significant role in upholding the freedom of speech, and being on constant vigilance against malice and corruption. The *Standard*, for us, is a mere stepping ground for a brighter future. Now, you have the power to do your future-self a favor and sign up now as new journalist for the *Standard*.

ARELLANITES RUN FOR AIDS AWARENESS

By Erianne Colarte

In celebration of the World's AIDS Day, the City of Malabon held its 2nd year Fun Run with more than 3000 participants, which includes different schools in Malabon area. Hundreds of participants came from Arellano University Elisa Esguerra Campus. The Fun Run is in support of the city's advocacy in AIDS Awareness.

The Fun Run began at exactly 5:19 in the morning in front of the Malabon City Hall. It was a 5km run and every kilometer is an achievement for all the participants. Though tired from run-

ning, the Arellanites managed to smile their hearts out and take selfies with their friends. The Fun Run ended with the picture taking of different groups of people.

Gene Tunney once said that, *"To enjoy the glow of good health, you must exercise."* Organizing this kind of event improves one's health and one's awareness. Arellanites proved that they were not just academically inclined but also are a part of a physically fit and globally engaged citizens of the world who are ready to face and join others in promoting their chosen advocacies.



The Fundamentals of Stress Relief for Students

By Krizie Colene Javier

Everyone gets stressed out from time to time. We've all been there; whether it's by the hands of a looming deadline, an upcoming important quiz or test, or even our social life in general. Along with these, students suffer from academic stress too. With all of these things going on, it's important to understand that this is a part of life. It's a reaction to any potential danger or problem.

Stress can sometimes be good for you. It helps you to stay on track and complete tasks. However, too much of it is dangerous for one's health and can lead to serious problems. That is why it is important that one learns to do things that are comfortable and helpful and, be relieved from stress.

Relax. Some relax themselves by eating comfort food or go shopping, and others, with the help of their pets. These things are what we call "Stress Relievers." To be specific, stress-relievers can be as simple as going for a walk, spending time to appreciate nature, having a light workout and listening to music that can be peaceful to our ears. It may seem like a little help, but stress-relievers are one of the greatest things that makes our life easier to deal with.

As long as we know how to control our lives in our own way, it can be a great help for us to avoid the things that can stress us. We can choose our own path in our life, and know the things that can help us live this life more comfortably.

A Training Ground for Generals and Humanistas

By Delbert Jewel Natagoc

Last February 23 and 27, 2019, the Job Fair and Interview for the first batch of HUMSS and GAS students were held. For this event, the students are required to look professional and well-groomed as they talk with Human Resource Representatives. This activity is in line with their subject, Work Immersion, in order to train them on facing the possible challenges that they might encounter while finding a job. The objective of the said activity is to be a training ground for the students to take all self-negativity away and to provide knowledge on how they should act while on a job interview.

Since the combination of HUMSS and GAS students occupies the largest population in the campus, the job interviews were held by batches. As a result, the first batch occurred on February 23, while the second batch was last February 27, 2019.

The faces of Arellanites were filled with joy as they overcame their job interviews. It only shows that whatever struggle might come to Generals (GAS students) and Humanistas (HUMSS students), they still managed to wear their smiles to foster positivity and to prepare for the next challenge.

WE CAN'T HELP BUT PEEK-A-CHOO

By Dranreb Estillore

Nowadays, Valentine's Day celebration is a very common and trending event for the teenagers that possibly share the same dream of finding love. The Hearts' Day is a good chance to showcase their love to someone, be it family, friends, and most especially to significant others. If the gift-giving during the Christmas season aims to make people happy; during the Valentine's season, gift-giving aims to make the receiver feel the giver's love to them.

During the afternoon of February 14, 2019, a surprising event happened with a lucky female student of Arellano University – Elisa Esguerra Campus. Despite having a hectic schedule and stressing amount of works, she and her significant other did not fail to celebrate their romantic love story. This event inspires and makes others feel the essence of the lovely day, making them the most trending couple of the campus.

She is an ICT student named Ms. Catherine Yu of Grade 12 CP 4P. Although knowing that her boyfriend, Ricardo Dequina, was indeed a very sweet person she was still caught off guard and surprised when her partner brought her a big plushie version of Pickachu, her favorite character. He waited for hours at the gate of the campus, and his waiting has drawn the attention of the students, who are going home. Eager to witness the event's conclusion, the students patiently waited with the guy for his girlfriend. When Ms. Yu arrived, she was greeted with applause and, most importantly, the smile and greetings of her boyfriend.

Along with a rose, Pikachu, and the patience shown, Ms. Yu was overwhelmed! This rare event was also the sweetest gift of love they can both receive and share this Valentine's Day.

AU—EEC Dance Company Shines

By Levie Claire Delabajan

Hail to the Chiefs! The Arellano University - Elisa Esguerra Campus Dance Company made its back-to-back win, as the 2nd runner up in the recent "Siklab, Hataw, Sayaw: Interschool Hip-Hop Competition", held at Palacio de Maynila, Manila City, last January 30, 2019 and also as the 2nd Place in "AU Showdown" held in Arellano University - Andres Bonifacio Campus, Pasig City.

The said competition showcased the talents of students from different schools

and universities but, Arellano University was one of the highlights of the event.

Despite the struggles that they faced throughout their journey, the AU - EEC Dance Company performed a jaw-dropping dance number in all of their performances. These dancers were trained by their advisers, Mr. Roberto Alabos and Mr. Jay-Ar Banua who said, "We have been always dreaming for this day to come, I have never felt prouder for my children (AU - EEC Dance Company)."

Basic Education Exit

By Rodolfo Cabinbin III

Last February 13 & 14, 2019, an estimated 1.4 million Grade 12 Senior High School Students in all public and private schools nationwide took the Basic Education Exit Assessment (BEEA) for the School Year 2018-2019.

Administered by the Department of Education (DepEd), through the Bureau of Education Assessment (BEA) and with the assistance of school division's and secondary schools' personnel, BEEA shall cover the 21st century learning skills and the core Senior High School (SHS) learning areas of Languages, Humanities, Communication, Mathematics, Science, Social Science, and Philosophy.

The Department of Education (DepEd) specifies BEEA as; "a tool

that will enable the Department to: determine if the learners are meeting the learning standards; help provide information to improve instructional practices; assess/evaluate effectiveness and efficiency of education service delivery using learning outcomes as indicators; and provide empirical information as bases for curriculum, learning delivery assessment and policy reviews, and policy formulation."

The said assessment brought different students to relate themselves to one another. It brought the opportunity for the students to apply their knowledge on their specialization skills that they have gained from their respective Senior High School Strands and Tracks.

EEC's CHIEFS SUPPORT AU's LADY CHIEFS

By Daizen Ferese Ignacio

February 1, 2019 (Friday), the Filoil Flying V Arena Center in San Juan City was accommodated with enthusiastic Arellanites from Arellano University-Elisa Esguerra Campus. The arena was filled with energetic supports and cheers from the students as they watch the Lady Chiefs' match with Lady Altas of the University of Perpetual Help System Delta for this year's NCAA SEASON 94. The Arellanites were very active as they cheer along with the Arellano Drum Chiefs. They shout "A-R-E-L-L-A-NO ARELLANO GO" to boost the confidence of the Lady Chiefs.

They enjoyed watching the Lady Chiefs heat up on

the first game enabling them to gain the first score and end the first quarter scoring 21- 25.

Although the Lady Altas defeated them in this season's game, the Lady Chiefs was very glad to give their very best effort and hard work in order for them to win. As the Lady Chiefs fought hard in the court, the Arellanites gave their full support in spite of the game's result.

The game was concluded by singing the hymns of both schools. When the Arellano University hymn was played, the Arellanites joined the Lady Chiefs as they sang the AU Hymn with pride for their alma mater.

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Esguerra and Brome crowned Mr. and Ms. SHS 2019

By Lyra Ruth Leonardo and Faith Frances B. Miranda



Mr. and Ms. SHS 2019 between their predecessors

True beauty is born through our actions and aspirations and in the kindness we offer to others. – Alek Wek

Starting the last semester of the school year was the crowing of Mr. and Ms. Senior High School for AU-JRC.

Praise was given to Grade 11 students Ms. Alyssa Esquerra and Mr. Edwin Jr. Brome as the newly crowned couple. Ms, Marielle Carlos and Mr. Justine Villamedez placed 3rd Runner Up, Ms. Ma. Adryana Cuevas and Mr. Daniel Casimiro for 2nd Runner Up, and Ms. Hazel Saballero and Mr. James Ramada as 1st Runner Up.

“We are all one, we are equal, we should not judge others, we should not let them down. Instead, let’s build up together a peaceful community,” shared Mr. Senior High School 2019, Mr. Edwin Jr. Brome.

Each pair of representatives from different clusters of Grade 11 and 12 strutted on stage wearing their production, theme, casual and formal attire. Chosen students also had the chance to perform before the audience in between production.

Once again, Arelanites have proven that they are not just good-looking but also are talented, warm-hearted and witty.

Mr. and Ms. Ecology 2019

Last, January 14, the title of Mr. and Ms. Ecology was given to Mr. Wayne Jeremy Gallego and Ms. Desiree Mission from 9 - Narra.

The Junior High School students paraded their best selves on the stage to represent their committee and advocate for the ecology. Revolving around the theme "Conserve the Nature, Reserve the Culture," the event was not only a pageant but also involved tree planting, slogan making, gown designing, and the showcase of talents by the candidates,

Mr. Nathaniel Aliviano and Ms. Jhianne Carla

Chico from 8 - Sampaguita were the 1st runner up. They were followed by Mr. Nestor Sta. Maria and Ms. Luisa Mengote from 8 - Rosal. Next to them were Mr. Tristan Andrei Alipio and Ms. Shekinah Garduque. And last but not the least were Ms. Maverick Acab and Mr. Jeremie Cate Lacuata from 9 – Acacia.



Mr. and Ms. Ecology 2019

Cultivating Potential Heroes

By Alexandra Christine G. Salvo

A number of college students of different courses from JRC showed remarkable interest in the Municipal Disaster Risk Reduction Management Office's (MDRRMO's) seminar about Disaster Management/ Rescue First Aid Training last January 29.

Mr. Noli D. Cornel, the department’s National Service Training Program (NSTP) professor, as well as fellow instructors, reached out

to administrative officers to make the occasion possible for the students to learn basic survival skills for possible catastrophic incidents in the community.

Services taught were knot-tying, bandaging, extinguishing small fires and cardiopulmonary resuscitation (CPR). All of which the students intensely listened to and actively participated in the practical activities provided by the association.

Behind the Camera

By Jonick Pitalbo Joaquin



SOURCE: AU SHUTTERS FACEBOOK PAGE

Mr. Kean Nobleza, currently a Grade 12 student, founded AU Shutters, a well-known photography and videography organization in JRC, and has kept it running for two school years by now. Previously known as AU Photobiography, Kean and members Mr. Benjar “Bam” A. Matining Jr., and Mr. Rian Candelario have worked closely with the Student Councils of varying departments. The organization has gotten high support from Mrs. Aileen D. Cruz, High School Principal and Mr. Benjamar A. Matining III from the Office of Student Affairs.

“Nagsimula kami sa hiram lang muna ng equipment tapos ito kami ngayon nakakapagproduce na ng mga video at may nabuo na din kaming production team ngayong taon lang (We started out borrowing equipment and now we’re here producing videos and we’ve completed our production team this year),” member Bam shared.

The purpose of its

creation is because of the team’s love and passion for photography, and these values are the epitome of AU Shutter's execution.

“Kapag nakikita namin yung mga tao na nagagandahan sa mga gawa namin, yung kahit nakakapagod magshoot at magedit, nawawala lahat kapag nakikita namin na ngumingiti sila at pumapalakpak (When we see people finding our work great, the tiredness from shooting and editing fades away when we see them smile and clap),” Bam said.

With Mr. Nobleza and a fellow photographer graduating this year, the organization will have fewer hands.

AU Shutters have been going around the school premises to inform students about their upcoming photography contest. Participants will have to submit their own photographed picture and be thoroughly criticized by the present members. Chosen students shall then join seminars related to photography.



FROM LEFT TO RIGHT: Mr. Bam Matining Jr., Mr. Kean Nobleza, and Mr. Rian Candelario



The Lorax

By Celine Inah J. Dela Cruz



SOURCE: <http://showtimeattractions.com.au/>

The 2012 animated film appeals especially to younger people because of its fun, enjoyable and colorful design of the movie. Yet, it subtly tackles societal issues that we can commonly encounter and inhumane activities can lead to bigger environmental problems. We can really relate to this movie because we all know that people nowadays become so irresponsible

in their activities and how people regret it after seeing its consequences. The story is set in Thneedville, a town where all trees and plants are artificial. The protagonist is a 12-year-old boy named Ted Wiggins who lives with his mother and grandmother. Ted has a crush on a girl named Audrey, and Audrey's biggest wish is to see a real

tree someday. The adventure begins when Ted gets so thrilled and eager to find a real tree. Ted asks for advice from his grandmother and learns about a person named Once-ler who lives outside the city and may have an idea on where to find a real tree. Ted succeeds in finding the Once-ler and found out that he is behind the cutting of trees simply because of his love for money. The scene that really caught my attention was when Once-ler had cut the last tree. He did it for his own sake and wealth, to produce what he calls "thneed" and turning it into high-class fabrics. Once-ler admits that he regretted not listening to Lorax, the protector of the forest who already warned him of the consequences of cutting trees.

After hearing the story, Once-ler gives him the last seed for the real tree and told him to plant it in the city where everyone will see it. However, upon doing his mission, Mr. O'hare, the inventor of the bottled air loved by the community, feels threatened by the possibility of trees growing again and may stop his business for good. Mr. O'hare tries to sojourn Ted's attempt to plant the seed but the kid succeeds in the end, with the help of the people in the community. People then witness the seed's growth and saw how wonderful it is to be surrounded by real trees-- and fresh air.

We can sometimes relate to Once-ler because we don't tend to think of the



The town of Thneedville. SOURCE: jamartand-supplies.com



The Once-ler about to cut a Thneed. SOURCE: thoughtco.com

consequences first before doing the action which leads us to regret at the end.

This story teaches us that as one of the persons living in the community, we must be responsible for everything that we do for it as it also affects other people around us. We must always think if it's going to be good for us, especially for our community. Always think about what is best and don't make regrets in the end by choosing the right decisions just from the very start. Surely everyone will relate to this movie for it will capture everyone's heart in the end as it symbolizes love for nature and people! *"Unless someone like you cares a whole awful lot, nothing is going better. It's not."* – Dr. Seuss, *The Lorax*

> FROM PAGE 1

The participants of the college department are: Dora-do, Joemari D. Laylay, Jomari A. Palileo, Daniella C. Rosales, Jomel S. Tagle, Elyza C With the help of their coach: Ms.Gina R. Clemente The program chair and school Computer science.And for the Senior High School department's participant: Aquino, Angel Renee Calolot, Kyle Gabriel Oyanagi, Leslie With the help of Ms.Mary Grace Bayate their coach and also the SHS ICT track coordinator.

AN UNEQUIVOCAL DANCE VICTORY

By Jherald P. Beltran

Showing their fiery passion and determination, JRC brought pride and honor to this year's AU Showdown held at the Andres Bonifacio Campus last January 31. Calling on Mad Crew from the Elementary Department and the Vamos Dance Troop from Senior High, they both guaranteed their first championship to the event. The Junior High's Elite DanceVersity also made huge comeback as they placed first again for

three straight years, earning the title of 3peat Champions. Mr. RC Cervantes, Physical Education teacher of the Senior High students and the dance coach of Vamos Dance Troop, commented about the winning strike of the campus this year. He said that the students weren't merely dancing for the sake of winning and that the importance of dancing is the desire to show the students' potential and talents to the whole student body.



Elite DanceVersity celebrating their win with Mrs. Aileen Cruz and Mrs. Christine Bernardo.

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Ready, Set, Make-up

By Rhodora M. Thiam, RTRP

“I love the confidence that makeup gives me.” — Tyra Banks™

The National Service Training Program (NSTP) of AU-PC held a cosmetology makeup tutorial seminar last March 5, 2019. The participants were mothers of adapted Barangay BuroI in Mandaluyong City.

The professional makeup artists that were invited took turns to demonstrate artistically how an ordinary work day makeup would differ from special events, which made the entire event successful.



Makeup is demonstrated on a mother.

Talents among Talents

By Hershey Rivera

We will always strive to be the best among the rest; we will continue to strive for what is ours.

The Arellano University Plaridel Dance Academy (AUPDA) surely proved us that no matter what hindrance, they will still continue to push forward to claim the victory. Students Cel Justine Coe-chico (ABM 4 G12), Bea Mar Inocencio (ABM 3 G11), Daniel John Nepomuceno (STEM 2 G12), Jeffrey Buenaflor (ABM 4 G12), Scally Bulocan (STEM 2 G12) participated in many events in and out of Arellano University.

They performed in Comedy Night (Arellano University Legarda Campus), Foundation Day (Don Bosco Technical College), and Mr & Ms Arellano University Plaridel Campus.

The team is led and founded by MAPEH teacher Ms. Carlette Peronilla. The dancers describe their ad-

viser and -choreographer as a motherly figure. She not only teaches the dancers new dance moves, but also teaches them in their academics. She opened her workshop Art Through Movement with the help of her boyfriend to encourage students who want to pursue their passion at the same time pay less just to achieve perfection. The workshop was open to all students of Arellano University and other universities too.

Whenever luck was not in their side, they still continue to practice and be the best. Struggles always come; they have encountered many hindrances just to perform at an event. Problems may come and go, but their adviser sheds some helping hand so that the flames of their passion will still continue. Their passion will always strive on until to their college level, it's their comfort zone and a safe zone.



AUPDA at Foundation Day of Don Bosco Mandaluyong

Within these Walls

By Glenn Paolo Lim

Intramuros, which is Spanish for “within the wall”, is one of the most historical places in the capital of the Philippines. Intramuros has so many stories, including all the debris and destructions from the wars that have happened during the Spanish Colonial Period. Intramuros is also near to Fort Santiago of which Dr. Jose Rizal was imprisoned inside.

The historical place is now being renovated by

the Intramuros Administration to avoid further destructions and for the future generations to know the secrets and history of Manila, Philippines.

Intramuros is a 0.67 square kilometers historic place that most students from AU-PC visit to use as their subject for the “Lakbay Sanaysay” or Travel Blog for the students of Grade 12. Within these walls used to have many churches, but because of the wars that have

happened in the past, there are only a few are left standing.

Intramuros is rather a beautiful disaster than just a simple destruction for most Filipinos, for the war has not only created a fascinating surrounding, but also a historic place for the future Filipinos to be knowledgeable about what really happened during the Spanish Colonial Period in the Philippines.

> FROM PAGE 1

Education will never stop growing bigger and bolder. As a future educator myself, it is our duty and responsibility to embark and promote our learning and course.

On February 26 to March 1, 2019, the Career Fair for all of the college departments at the AU-PC took place. With a different approach and techniques showcased by the college students. they promoted and encouraged the Senior High School to enroll to their course and program.

The Education stu-

dents also promoted and created a gimmick just to entertain and at the same time encourage the student to take the Education Course. We gave pens, planners, water color pens, bookmarks, cakes, and candies. But before they receive the goodies, they had to first answer some question that was prepared by the Education students themselves. Some answered right some failed, and other just tried for pure fun.

After the career fair, it's time for the Education students to have fun and play some games too. We prepared a banquet that filled our stomachs

till they ached. We had traditional games for us to play and enjoy ourselves. There were games and a photo booth that was prepared so everyone can relieve the memories of the event.

It was indeed a week to remember. But after the celebration, it was time to be serious and focus on our career. The School of Education prepared a seminar that focuses on the “21st Teaching Strategy”, it was indeed a week to remember. We do hope that we encouraged our future students to take on the role of embarking knowledge for the next generation to come.

“The Big One”

By Mari Joy Cayabyab

In times of great catastrophe, we must always be prepared and ready for anything. The National Service Training Program (NSTP), together with Metropolitan Manila Development Authority (MMDA), prepared a seminar about being prepared and ready for anything.

Mr. Aldo Mayor Chief of Safety Division, also gave insight information on how can we determine if we will be experiencing a typhoon or catastrophe.

How to make basic survival kits were taught to the students of AU-PC. They gave tips on how students can survive if they were trapped under a pile of rocks from a collapsed building.

After the seminar, the MMDA also brought the earthquake simulator for the stu-

dents to experience firsthand how and what will be the experience during and after an earthquake.

It was indeed a meaningful seminar for the all of the students. More events and seminars like this will come to the students of AU-PC.

Awarding of Certificate and Experiencing the Earthquake Simulator



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Arellano’s Lady Chiefs Historic Three-Peat

Arellano University’s lady Chiefs bagged the volleyball crown for the third straight year after victorious win against University of Perpetual Help System Dalta, 22-25, 25-15, 25-18, 25-18 in the deciding game for the National Collegiate Athletic Association (NCAA) Season 94 women’s volleyball championship last February at the FilOil flying V Centre in San Juan City.

With three consecutive NCAA titles and four in the last five years overall, Arellano University had established a dynasty in the NCAA women’s volleyball tournament

Regine Arocha, who took home the finals MVP award for the second consecutive time, Pounded a game-high 16 points including five service aces and Nicole Ebuen as the Season MVP.

“I’m so happy. Of course, I didn’t expect that award if you watched the video I was so shocked.” Arocha said.

Sophomore spiker Princess Bello had 12 points and 18 digs, Season MVP Nicole Ebuen and Carla Donato added 11 points respectively. And Rhea Ramirez, who made a fitting exit on her final playing year, finishing with 20 ex-



PHOTO TAKEN BY ALEJANDRO JUANCHO

cellent sets for Arellano. Also, the other players who competed were Sarah Princess Verutiao, Mikaela O. Juanich, Alliah Grace Daisog, Alyana San Gregorio, Cherry Anne Buemia, Faye

Anne Marie Flores and Kimberly Gabito.

The said players are trained by Obet Javier, who was named “Coach of the Year”. — **JOEY CELESPARA**

“In the end, it's extra effort that separates a winner from second place. But winning takes a lot more than that, too. It starts with complete command of the fundamentals. Then it takes desire, determination, discipline, and self-sacrifice. And finally, it takes a great deal of love, fairness and respect for your fellow man. Put all these together, and even if you don't win, how can you lose?”

- Jesse Owens



Photo by Alejandro Juancho

Arellano University’s junior football team reached the pinnacle of NCAA football after ending San Beda University with a 1-0 victory for the National Collegiate Athletic Association Season 94 football competition, one of the oldest continuously-running men’s football competition last January 29 in San Lazaro Manila Jockey Club Carmona,

Cavite.

Jimmen Catap scored a goal in the 22nd, helped the team’s first high school title since they joined the tournament. “

First and foremost nagpapasalamat ako kay Lord dahil binigyan niya akon glakas at talinoupang magampanan koyon ng mga ayo s. Nagpapasalamat din akosabumu-

buong AU FOOTBALL TEAM magingsa AU Community nasumusporta all throughout the tournament.” Catap said.

All major awards were won by the braves, Most Valuable Player Award (MVP), Jimmen Catap; Best Defender Award, Earlmont Herrera and Best Goalkeeper Award, Charles

GOLD FOR THE BRAVES

By Joey Celestara

Ledesma. “Being awarded as Goalkeeper is of course masaya kasi ang hiningi ko lang kay GOD is mag champion yung AU kasi last playing year konasa juniors and Happy at the same time kasilahatnghardworkn g team ay nag paid off.” Ledesma said.

Also, Joining them were Christian Saligan, Kernels Velasco, Ian Ray Gatilao, Peter John Banaynal, Dan Zandro Silao, Jeric Cordon II,

Josh Daniel Bacaron, Jess Peter Lardizabal, William Café, John Cleoferd Guingon, Glenn Geralde, Eric Ferrer, Mark Edrian Cataluna, Alan Jay Cagbabanua, Paulo Rovic Balunsat, Marc Cristian Arenga, Patrick John Feranil, Allen Natanauan, Jhon Berlon Ladines.

The team was headed by Mr. Ravelo Saluria, Head Coach, who was named “Coach of the Year”, Judy Saluria, Asst. Coach, Angelo Guengon, Trainer and Bernard Lelis, Goal keeping Coach.



CHILDREN BEHIND BARS: A CRACK TO LOWER AGE OF CRIMINAL LIABILITY

Venz Carlo U. Nicor

With the calls to lower the age of criminal liability, pro-child groups and other social workers voice their concern for people to discern the proper implementation of the law and not the amendment as a core solution to the children with conflict of the law.

The House of Representatives is set to approve a bill lowering the age of criminal liability from 15 years old to nine years old. In line with the law's proposition, President Rodrigo Duterte echoes as early as the campaign had sought to push the said law of Republic Act 9344 (R.A. 9344) or the Juvenile Justice Act of 2006 to be amended. The R.A. 9344 is a law which allow children below 15 years of age to get away with their crimes – provided that they undergo rehabilitation. Basically, this runs down to a question: “Should kids as young as 9 years old be held accountable for their actions?”

The law boils down to many debatable issues and sparking opinions as how the passage neglects the ‘real’ problem and is considered to be as a shortsighted solution for the problem’s cause. Despite the preference expressed by no less than the president, pro-child advocates and social workers condemn and call the House Committee on the Justice’s Approval to be an ‘anti child’ which lets the children labeled as criminal to imbibe a real sense of criminal identity. The haste in the finalization of the Justice Committee to have the bill passed without scientific and factual basis makes it incompetent. This shows the incapacity of the law to be implemented at this current time where poverty, corruptions and criminality is rampant.

Currently, the capacity of the government to rehabilitate criminals is limited. Detention centers are overcrowded, and to think that mixing adult offenders to children who are in conflict with the law in crowded detention facilities is beyond imaginable. Children are victims as well. It is not, and will never be, a qualified option to put children behind bars as a solution to this problem. What the society need to solve this problem is to strengthen the discipline and to encourage the parental responsibility for every member.

Above all, the government must conduct further investigations and evidence-based facts before taking laws into actions. The hand of justice that the children must face should be done by their parents and not by lawmakers. In the end, it is as much as ethically preferable to let a child face behind walls than letting them to face a sentence behind bars.

LOWERING AGE OR CRIMINAL LIABILITY

Roman Christopher M. Malicdem

An argument on lowering the age of criminal liability took place when the House of Justice committee agreed upon the House Bill (HB) 8858 on January 22, 2019. According to the proposed bill, children aged 9 to 12 will face criminal charges if found guilty of committing serious crimes. These crimes involve kidnapping, murder, parricide, infanticide, and serious illegal detention.

The bill seeks to amend Republic Act 9344 or the Juvenile Justice Act of 2006 which exempts 15- to 18-year-olds from criminal liability.

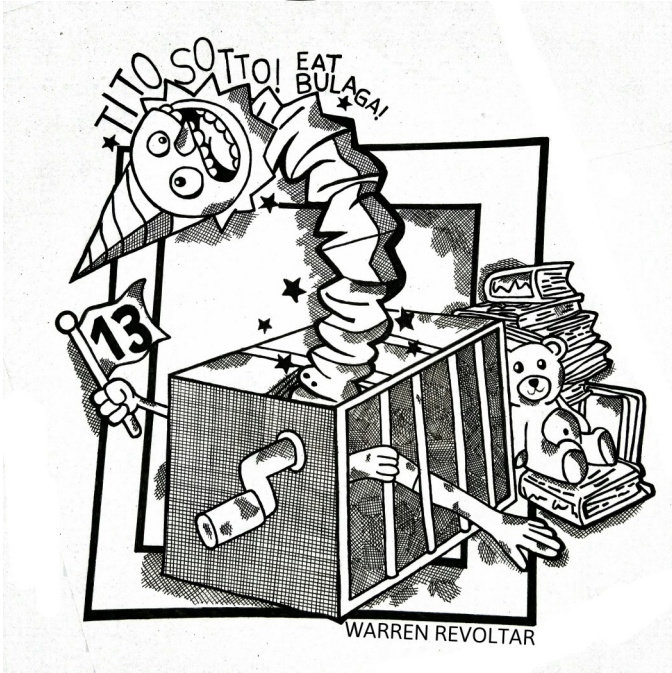
As stated in Republic Act No. 9344, a child above fifteen (15) years but below eighteen (18) years of age shall likewise be exempt from criminal liability and be subjected to an intervention program unless he/she has acted with discernment, in which case, such child shall be subjected to the appropriate proceedings in accordance with this Act.

However, it has been frequently complained that criminals and criminal syndicates employ children old enough to accomplish criminal assignments proficiently but underneath the edge of criminal obligation, they get away with and can execute crime. There is therefore

the proposal of lowering the age of Criminal Responsibility.

In a world where crimes are committed daily, children are detained and arrested for their wrongdoings, and where there are errors in the justice system, the rights of children ought to be looked into. Furthermore, in a nation like the Philippines, where poverty remains unsolved, there is a higher chance of teenage misconduct with a large number of reasons as to why the crime was committed. In this manner, the minimum age of Criminal Liability in the Philippines should be lowered to 12 years old because of the predisposition and inability in decision-making. Children below 12 are still psychosocially immature; hence they are vulnerable to peer pressure because they seek for a sense of belongingness.

Moreover, greater efforts to enforce laws that prosecute adults who compel children to be included in criminal behavior must be done. It is the policy of the State to guarantee that children might be instructed to acknowledge responsibility for their words and deeds. It is the government’s part to protect and restore teenage offenders through restorative and helpful measures.



PENALIZING THE YOUNG

Andre Mae Bacolod

The argument about lowering the age of criminal liability does not just alarm the law makers but common Filipinos as well for the bill proposes that children as young as nine years-old will be liable for criminal charges if proven guilty of committing serious crimes such as rape, murder, patricide, infanticide, serious illegal detention and/or homicide.

In this millennial era, individuals tend to be quite deviant, to the point of taking part in violating laws at an early age. These offenses are apparent enough that some legislators are urging to lower the age of criminal responsibility. Others, on the other hand, are objecting said idea.

A lot of people are saying that poverty is the main reason of these transgressions. But is it sufficient enough to be reason? As per Rush Limbaugh, "Poverty is not the root cause of crimes". Killing a person nor raping somebody are choices made and being poor is not an excuse for doing so. It is someone's free will to be capable of doing such major misdemeanors.

EDAD NG PANANAGUTAN SA KRIMEN IBINABA!

JOHN DOMINIC ACOBERA

Sa panahon ng ayon, maraming bata ang ginagamit ng mga masasamang tao upang gumawa ng iba-ibang krimen kaya naman marami ring magulang ang nababahala para sa kanilang mga anak lalo na ngayon at may panibagong batas na naiipatupad, ang pagbaba ng edad sa pananagutan ng krimen o ang "lowering the age of criminal responsibility".

Ayon dito sa batas na ito, ang bata na nakagawa ng isang krimen ay maaring dalhin sa bahay pag-asa, rehabilitation, at DSWD.

Furthermore, the age of perpetrators should not take away the right of the victims to attain justice. Criminal behavior must not be tolerated even among the young. These people are resistant to criminal prosecution because of their age. Hence, it should be the gravity of the offense that ought to be judged and not the age of the offender. It conforms the idea that they will be adjudicated on the basis of the intent. In other words, crimes that are committed by these individuals are intended and pretense to be punished with the corresponding sanction.

Moreover, the bill, on the good side, will strengthen the parents' duty to look after their kids even more and will enhance the society's security for its people. "Treatment without prevention is simply unsustainable", according to Bill Gates. We need to stop the crime before it may even take place.

If the age is the only consideration, then how old should someone has to be in order to be deemed accountable for criminal acts? It is not about how young or old the criminal is but how serious the committed crime is.

Pagtapos maipatupad ang batas na ito ay iba-ibang opinyon ang lumabas lalo na sa mga magulang na naapektuhan ang kanilang mga anak. Ngunit lingid sa kaalaman ng iba na ang ating gobyerno ay tinutulungan lamang ang mga batang nakagawa ng krimen upang magbagong buhay at mabigyan ng pangalawang pagkakataon.

Nakagawa man tayo ng kasalanan, hindi parin natin gugustuhin na malayo sa ating magulang.

Halimbawa nang lang na kung ang studyante ay bumagsak sa pagsusulit at ikaw bilang guro ay ikinulong mo ang bata sa kwarto

BUILDING A BETTER COMMUNITY

Patrick Yeoj Alcantara

PLARIDEL

In my own opinion, I think we should lower the age for criminal sentencing because the “Sindikado” or the person who forces or order the children to do heinous crime uses them more often because of the minimal judicial act to the children that was involve in a crime. I for one experience it first hand when 4 street children robbed me during daylight while carrying 4 rust knives. They are not afraid of what may happen to them once they are caught by the authority because they know they will only be put on rehab and be freed after a few months.

I know it’s not fair for them to experience the nightmare inside the prison cell, but it’s not fair too that we have to cover them up for their own disobedience act. We have to act before it’s too late, let’s build a better community for our own sake too.

JUVENILE DELINQUENCY: STOP SAVING THE EVIL CHILD FROM FIRES OF HELL

Dian Mantiles

JUAN S.

In Philippine society, despite the continuous efforts of inclining to confer the reduction of crime and other extreme offenses, there is still an exception of crime because of the default retribution in the ‘*age of criminal liability*’. The House Committee on Justice, after months of deliberation and consultation with its stakeholders, is now completing the Bill of Criminal Age Liability seeking to revoke the Republic Act 9344 (Juvenile Justice and Welfare System of 2006). It is also in the month of January 2019 when Oriental Mindoro Rep. Doy Leachon and his panel started to regulate hearings for the passage of the bill narrowing down the minimum age for juvenile detention, in hopes that this will be passed into law before the end of the 17th Congress. In the Philippines where democratic supremacy is present, penalties of any offense under the law (including juvenile crimes) should be neutrally enforced for even these kind of crimes committed are proportion to the evil a typical criminal produce to society.

In 2017, President Rodrigo Duterte appealed to Congress to lower the age of juvenile detention to guarantee that the Filipino youth would take responsibility for their offenses and be prospect to government intervention programs. In support, the Philippine National Police (PNP) has also expressed its full provision for the bill, referencing the occurrences of juvenile crimes that have been purposely present due to how youth below 18 years cannot be detained under the present law. This propositional bill to inhibit the expanding slope of crimes should be more powerful and visible to the common Filipino people with accordance to the fair

measures in the minimum criminal age of liability. Minors who engage in crimes should be held responsible; however, the weight of the offense should be taken into consideration in determining the punishment. Moreover, it is also unjust to detain and prosecute youth offenders, regardless of the crime, without giving them due process of law. In this situation, the rights of a child should also be given consideration by recognizing his moral and intellectual growth.

In our country where poverty is rampant and remains unsolved, it is necessary to implement the bill of lowering the age of criminal to prevent the abusive culture of using ‘age’ as exception to the spirit of justice. In many parts of the country, syndicates use children to take advantage over their victims. The first is the syndicate on the streets that use them and the other is the syndicate in government that criminalizes them in the appearance of protecting them. These crimes increase in proportion to the number of people and circumstances being victimized over the time. If we depend on the welfare of the general, we shall find that these crimes as a growing threat in every region of the Philippines without central extents. We should believe that crimes are more effectually prevented by the severity of punishment - where ‘discipline’ is fostered firmly. The necessity of legal and fair punishment becomes a useful virtue for legislation upon the finalization of the bill of criminal age of liability. The certainty of such bill will make a stronger impression and fear to all people with the hopes of committing crime for it is in the nature of an individual to be petrified at the approach of the smallest relevant delinquencies, even to a guilty CHILD.

kasama ang libro, sa tingin mo kaya ay matututo ang bata? Hindi ba’t mas matututo ang bata kung kuhaan siya ng magtuturo sa kanya kaysa ikulong siya sa kwarto kasma ang libro.

Alam natin na ang bata ay hindi pa ganon kumpleto mag-isip kaya’t may mga nagagawa silang mali na hindi nila alam,

ngunit tama ba na sa murang edad ay malayo sila sa kanilang magulang at bata palang sila ay makakaranas na sila ng parusa? Sa kining pananaw ang batas ni pinapababa ng edad na makakakuha ng responsibilidad sa kaniyang ginawang krimen ay hindi dapat ipagpatuloy ng gobyerno.



JOSE R. *Thy Poet*
by Janna Clarisse A. Morante

What is a sad poet?
Does such thing even exist?
Is he who writes about sorrows and woes?
What is a sad poet?
Is he the one who tries to colour those?

Who dwells and re-reads their past
Who fights battles that might be their last?
What is a sad poet?
The one they claim to be so sad
Unable to write such happiness and glad

What is a sad poet?
A man committed by an oath
A man whose feelings written in hidden notes
He who knew love but still his heart got broken the most.

ELISA E. *Ozone*
by John Carlo Fabi

“No!” Klaus exclaimed as he awakened, trembling, on his dull-white, lifeless bed.
His blanket started to get wet as his tears rapidly stream down his miserable and melancholic eyes. He then, bent down looking for his unicorn plushie, where he stashes his amphetamine and heroin.
“Stop! Please stop!” his voice was trembling as he scatters his hands looking under the bed.
“I want to be numb! I don’t want to feel anything!” he said as he popped the pills onto his mouth.
As the pills took effect, he fainted.
After a while, he was awakened by the deafening sound of upbeat and groovy music. He found himself lying down on the dancefloor. He can barely open his eyes because of the dashing and flashing lights everywhere. He was trying to get up when a woman approached him and offered her hand.
“Get up there, silly. You shouldn’t be missing this moment!” the woman said enthusiastically.
Klaus is puzzled and frozen at the moment. He then tidied himself and reached for her hand. The moment was invigorating. Klaus is still puzzled for the reason that he was not numb. He has never felt this alive.
“Come on, dance with me!” the woman invited Klaus.
He then took her hands and followed her lead. Their eyes were locked onto each other as they danced to the beat of the music.
“I—I’m Klaus!” he greeted. “What is your name?” he added.

“It doesn’t matter, just keep on dancing!” she replied.
He felt so alive, it was a cloud-nine times nine kind of moment. As they dance, he smell something. Smoke. He looked around, wondering where that could possibly be coming from.
“Do you smell anything?” Klaus asked the woman.
“I smell nothing.” She replied.
Then suddenly, he saw the woman’s feet on fire.
“You’re on fire!” he exclaimed.
The woman does not seem to hear and see him. She just continued dancing. The fire slowly scattered onto the nearby fellows, then onto the whole dance-floor. Klaus screamed, calling everyone out, but they do not seem to hear his screams.
He tried to grab his partner out but she does not seem to care as she keeps on dancing.
Klaus ran out of the building. After a few moments, he can hear everybody screaming inside, calling for help. The fire grew as the screams go louder. He can hear their agony and their pain.
The screams start to echo into Klaus’ ears.
“No!” Klaus exclaimed as he awakened, trembling, on his dull-white, lifeless bed.

Twenty-one
by Ressie Joy Catherine Felices

Before extinguishing the candles on my cake,
Every wish I made must be exhaled.
No longer wanting to be reminded of my new age,
My timeline was littered with a “Happy Birthday” message.
Engraving the blessings that accompanied me so far,
Uttering a silent prayer, thanking for finishing another round.
Now candles have been blown on my cake,
One year has been added to my age.

PASIG *Descent into the Darkness*
by Santos Romorosa

The world that I used to live in is a peaceful one
Away from the darkness, like a shining hope
Guided by my guardians, they showed me the way
Into a new world, I will face it alone

Then I realized a tragic truth about the light
Blinded by happiness, I saw a grim reality
The real world is tainted by their might
From their abuse, I have lack pure empathy

From there, I have learned to trust no man
As the bitter darkness had swallowed me whole
I have to embrace this dark path of mine
Until the bitter end when my life is in Heaven

PLARIDEL *Will I Ever Recover?*
by Sheila Marie Boncay

You were the accidental surrender
that my heart never intended to make,
You are the poem I never wanted to write
because to do so would be to admit
that the season of you and I has passed
that our chapter has concluded
that our roads have diverged
that the electric reaction your life has had on mine
has flickered out
and yet this spark of lust for you
burns endlessly on.
You were the door that I never meant to open,
through which the entire world burst through,
You were the single greatest misstep
that I didn’t mean to make, you were the story
that I never thought would be my own to tell
And you are the kind of man
From which women like myself
Never entirely recover.

JOSE R. *Dating Tayo*
by James Ramada

<i>Tila kay bilis ng oras</i>	<i>Ikaw sa aki’y nanlamig</i>
<i>Hindi man lang mapaattras</i>	<i>Di makita ang pag-ibig</i>
<i>Pagmamahal ay lumipas</i>	<i>Salita sa iyong bibig</i>
<i>Sa kilos mong namimintas</i>	<i>Masakit na sa pandinig</i>
<i>At ano ba ang nangyari?</i>	<i>Mahal paalam na sa ’yo</i>
<i>Ako’y iniwan mo sa ere</i>	<i>Hanggang dito na lng tayo</i>
<i>May nasabi ba kong mali?</i>	<i>Wala na nga ang pangako</i>
<i>O may iba kang katali?</i>	

Mundo ko’y umikot sayo
Ikaw lang ang naging bisyo
Ika’y parating hanap ko

Oh Doctor, tell me they're false, the words you say.
A life should be counted with years, not just through day.
Is it true? Is my end coming closer? But comes as may,
I'll persevere, my heart shall not give up, I shall stay!

Oh Doctor, tell me why must it be me who suffers?
Why must I, a modest man, wait as my tale slowly buffers.
Around me, they all speak of my sorry fate in whispers and mutters,
The machine beside me speaks of my sorry state, with the few sound it utters.

Oh Doctor, forgive my recent outbursts of selfishness,
My story is coming to an end, might as well end it with selflessness.
I offer this meagre amount, to those who need it more, for their wellness,
Though I am faithless, I've seen the virtue of the soul, of what man calls fairness.

Oh Doctor, I can feel it, the beat becoming unhurried,
My breath is shallow pasty, yet my soul unworried.
My eyes see nothing, my ears have given up, my words are slurred.
I'll lie down for eternity now, let my ashes spread into the wind, the memory of me buried.

O Ye of Little Faith
by Ezekiel Senobio

I can't see the ending here,
Anxiety, insecurity and fear
As I walk in the forest I made,
Misbelief conquers my faith

I'm searching for what is right
'cause I'm having a depraved mind
Cast me out of this hive
I don't want to be left behind

I want to remove the skin
Turn the reality to a dream
I need someone to dive in
Cause I want to stay alive

Please wash me with your water
I'm begging you please, my father
I know this is not a delusion
Don't let it take my only vision

My only vision is my hope
My head is hanging in the rope
The forest is taking me back
Giving me a writer's block

Let me see the beauty of your power
You're the prince and the mighty savior
I know I'm a sinner and I want to repent
My life and my soul into you I depend

Le Afficionado
by Magie Ramos

Come to me
Come with me
And I will set thy free
I will vanish the frayed affliction
Together with my pure affection
Letting you be consumed with thy rhapsody

I will suffice thy liters of anguish of yours
And fill thine pair of orbs with thy joy
Let me shovel your secrets
I will throw off my gavel
And be your hidden fortress
Just let me be with thee
I will set you free
That I'm your epiphany

The Patient
by Mrthy Viana

MABINI

JOSE A.S.

JOSE A.S.



LET’S TALK ABOUT CATCALLING

by Germaine Romina

JUAN S.

“Hi, Miss Byutipul!”

Ah, street harassment a.k.a catcalling. In simple terms, it is when a total stranger gives you a creepy looking smile, a freaky whistle or maybe a not-so flattering comment when you pass by the streets. Take note that catcalling is not a form of compliment, but rather, a sexual harassment.

Is it an everyday experience? Have you called out their attention and told them that it was not okay? Or maybe you ran out of words to say because you were in total shock so you just kept it to yourself?

“Miss, miss, pakiss”. The old man yells in broad daylight. I wondered to myself, “Was I showing a lot of skin?”, “Does my way of clothing permits them to disrespect me?”, “Must I change how I dress?”, “Are provocative clothes a measure of consent?”.

Dear society, I have a question for you. Do we get to blame the woman for wearing such clothes (given if she is covered or not) or do we blame the man for being so disrespectful? Or should we just brush it off *kasi babae lang kami* (because we’re just women) and men are far superior and dominant than us?

One may feel dumbfounded, caught off guard and angry; however, majority of women become helpless and speechless. It is like a major shock to our system. Women become extra conscious about their body. We become uncomfortable. We’re starting to feel threatened. We become powerless.



To tell you the truth, it takes time to recover when street harassed. As a result, the moment passes and the guy who told you, “*Ingat ka pauwi, sexy*” (Have a safe trip home, sexy)” walks away scot-free.

I thought shrugging this thing off and ignoring these ill-mannered people would make them stop. But no. They will never stop unless you called out to them. It is not okay and girl, it will never be okay.

That very same day I decided to put a stop into this. It was past noon time when my friend and I are out applying for internship programs. We were wearing our formal attire (a skirt that was neither too high nor too short plus our long sleeves polo). It was scorching hot and we were riding a jeepney, when these two guys in a rusty, old looking truck drove near us and gawked at our legs and said, “*Sarap naman* (Looks good).” then laughed their heads off. Is this even real? Just who in the right mind would say such words?

I was enraged. I was afraid I’ll turn like The Hulk in any moment. Adrenaline rushed through my system. *Girl, sakto,*

stoplight! (Girl, right timing! Stoplight!) We decided to go down the jeep and confront these two. With our phones recording them, we told them how unfortunate they are that they chose the wrong ones to catcall. The other guy still have the guts to say “Hi!” to the camera while the other one is covering his face in regret. Serves him right! We didn't feel guilt at all. In fact, we felt empowered. We felt great to finally speak up .

Men like them walk in the streets and victimize women every day. We can't put a stop to this unless us women make a move. The reason it still happens every day is that while we think it's not okay, we don't show them it isn't. That's why you shouldn't turn a blind eye and learn to fight back.

As they say, “*Hindi ka babae lang. Babae ka.*” If there's one thing you learn in this article is that, you should never apologize for defending your own honor, your own dignity. *Laban, kababaihan!*

by Ashley D. Urdelas

PLARIDEL



TO BE CONTINUED...

JUAN S.

FAREWELL, OPPY!

by Argellyne Jean Jaelenei Moriones

At first glance, it was just a machine crafted by humans hands to explore a planet and send data back to Earth; a rover designed to operate at 90 Martian days but exceeded its life expectancy extending up to 15 years. But when the news broke the internet with NASA officially declaring its demise, scientists and the public went sentimental over the tiny machine's heartbreaking last words.

Opportunity Mars Rover, also known as 'Oppy' was launched by NASA in 2003 together with its identical twin, Spirit. Both surpassed our expectations with Spirit being able to cover more than 7 kilometers and stopped sending data on 2010. That's 6 years after it landed on the red planet's surface on 2004. Oppy, on the other hand, continued exploring until mid-2018 and covered 45 kilometers.

However, after spending a decade and a half on Mars and sending thousands of images from the planet's surface, NASA declared the mission over on February 2019 despite of the agency's efforts to wake the robot up daily with different songs. NASA even published

their, 'Opportunity, Wake Up!' playlist on Spotify. More than 1,000 recovery commands were also sent but the flight controllers received no response from the robot.

It was reported that a dust storm hit and disconnected Oppy. The dust storm caused the sky to darken for months, preventing the sunlight to reach the little machine's solar panel. But before it finally shut down, it sent its last message to scientists which translates to: "my battery is low and it's getting dark." After 15 years of sending data bursts, it was the first time it had sent words. If you are going to read it again, the words would feel so human you'd definitely remember Wall-E from Disney Pixar.

Rest in peace now our beloved Oppy, you did a great job. You had opened doors which would lead to new discoveries on the Red planet and that is a huge contribution to human learning. Congratulations! You completed the mission.

What if just like in the colleges and universities in the Muggle World, Hogwarts School of Witchcraft & Wizardry would also mandate its students to present a dissertation on their 7th year?

Hermione would probably write a thousand-page long thesis introduction just on the first day alone. Luna Lovegood who is “as sane as we are” would probably be that student on the day of the thesis defense who will not be afraid to get her words out there, however wonderfully weird they may be. Ron Weasley would for sure not wear that hideous second-hand dress robe his mother bought for him for the Yule Ball on the thesis defense day; instead, he'll wear Bill, Charlie, Percy, Fred or George's hand-me-down suit.

Neville Longbottom, on the other hand, would probably freeze during that dreaded thesis day as if he was under a *Petrificus Totalus* curse. Meanwhile, Fred and George would probably set off their entire supply of Weasleys' Wildfire Whiz-bangs on the defense day just to ditch it. Draco Malfoy, the “Boy Who Had No Choice” would definitely try to outdo and outperform his rival Harry, “The Boy Who Lived”, on the thesis defense day. And if not given a grade that he expected and desires, expect him to yelp “My Father will hear about this!”. Hopefully for Cedric Diggory, He-Who-Must-Not-Be-Named will not sit as a panelist or else you know what will happen - *Avada Kedavra!*

Also, Harry Potter may not be as skilled as someone like Hermione but he'll still for sure be able to get the job done any

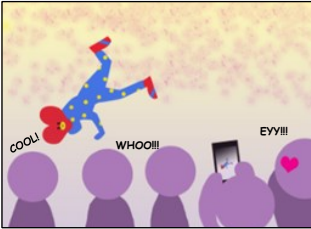
way. His temper often got in the way of his skills but he was a quick thinker so he'll easily dispatch this thesis defense day just like how he annihilated Aragog, the Basilisk in the Chamber of Secrets, Dementors, Troll, Hungarian Horntail, Voldemort's horcruxes and Voldemort himself.

Howbeit, not all wizards and muggles are prepared enough to face the dire thesis defense day. So to somehow help them, here are some tips from finishyourthesis.com on how a thesis presenter could possibly ace it with flying colors as colorful and majestic as Fawke's feathers.

Firstly, it's always a good idea to prepare and practice for some questions before your thesis defense. But don't get stuck thinking you'll be expected to know everything in order to pass your defense. If you've conducted your research and written your thesis, you're already, by definition, an expert in your field.

Secondly, as you know, research is a never-ending journey, and there's always more to learn no matter your level of expertise. Your thesis panelist knows this, too. It's okay to not have all the answers. Thirdly, if you're asked a question you're not sure about, it's okay to admit you don't know. In fact, it's good! Don't try to make up an answer. Your panelist will see through it. Instead, explain how you would find out the answer.

Fourthly, this is your research, your education, and your future that's on the line. It's normal for your thesis panelists to challenge you, and hold you to a rigorous standard. While you're settling on a thesis topic and conducting your research, it can even be preferable to have a “tough”



JUAN S.

Harry Potter and the Deadly Thesis

by Warren Ryan P. Revoltar

thesis panelists. But in the end, your panelists wants you to finish your thesis and get your degree. Your panelists doesn't want to see you trapped in your program any more than you do. It's in your panelists' best interest that your thesis defense goes well.

Lastly, everyone takes a unique path to finishing their thesis and getting their degree, and it's almost never easy. If you struggled, take comfort in knowing that most of your peers probably thought the same thing at some point. But a bumpy road to finishing your thesis doesn't mean your defense won't go smoothly. And even if the worst happens and you have to make revisions to your thesis, your graduation probably still won't be delayed.

Just be confident during your thesis defense, it'll shine through and remember, if you've made it to your thesis defense, the hard part is over. You've already had your topic approved, done your research, and survived writing your thesis. Yes, your final thesis rating may not be a guaranteed pass, as unsure as the taste of Bertie Bott's Every-Flavour Beans, but whatever it may be if you gave your 101% percent unto it, satisfaction will come to you as fast as the Hogwarts Express and the diploma and degree you wish to achieve will be delivered to your house's doorsteps by Hedwig... AND ALL IS WELL.